

## The Passion Trap

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~~u0026 Adrenalin addiction~~ **The Passion Paradox with Brad Stulberg** ~~The trap of passion. The paradox which can destroy your relationship~~ *2eleven The Movie*   
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**Don't Follow Your Passion** The  
Passion Trap~~

Therein lies the trap - with passion being beholden to a set of actions, rather than passion threading through all actions. The sustainable keyhole to living with passion is greeted at your ability to reorient your mind back to "this moment" - regardless of what you are materially doing.

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### Create

The Passion Trap is the genesis, IMO, where all relationships start failing. Other books (and I've read many) on relationships may hone in on this or that issue and offer advice for remedies, but this book starts at the bedrock level of troubled relationships. It is almost spooky how this dynamic works in all relationships. One of the partners is always more invested than the other which keeps ...

### ~~The Passion Trap: How to Right an Unbalanced Relationship ...~~

Dean C. Delis delves into the most puzzling and intuitive, yet brilliantly invisible and paradoxical dilemma of every relationship: the

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aptly named Passion Trap. The book simply states that in every relationship, over time, som

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The passion trap has roots in a basic truth: Your intense devotion to your business concept can bring danger along with its obvious benefits. Passion provides courage, energy, and optimism to propel you on your flight forward, but it also can blind and deafen you to helpful data and ideas.

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My summer of reading continues as I'm currently engrossed in a

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It's the catch-22 of romantic relationships: The more deeply one partner falls in love, the more distant the other becomes. This is the passion trap, an emotional dynamic that results in increasing desire and desperation in the "one-down" lover, and dissatisfaction, often mingled with guilt and withdrawal, in the "one-up."

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### ~~Right an Unbalanced ...~~

Both have a similar foundation - Avoidant vs Anxious in Attachment Theory is called One-up vs One-down in Passion Trap, Protest Behaviors in Attachment Theory are called Solutions in Passion Trap. But the biggest benefit the Passion Trap model has over Attachment Theory is the understanding that roles are dynamic. Attachment Theory tends to stick people in boxes and keep them there - IE if you ...

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The trap: the false belief that you have to do something (the right job) in order to be something (passionate). This model is dependent solely on what you do, not how you experience what you do....

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