

## The Other Side Of Happiness A Perfect Love A Cherished Daughter A Dark Secret

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~~The Other Side of Happiness: Embracing a More Fearless Approach to Living | By Bastian Brock • "Happiness is often found in those moments we are most vulnerable, alone or in pain. Happiness is there, on the edges of these experiences, and when we get a glimpse of that kind of happiness it is powerful, transcendent and compelling."~~

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Bastian is a brilliant researcher and deep thinker and *THE OTHER SIDE OF HAPPINESS* is a delight to read--Paul Bloom, author of *AGAINST EMPATHY* Brock Bastian skilfully shatters the zeitgeist of positive thinking, showing how struggle and suffering are vital elements of a life well lived--Adam Grant, author of *ORIGINALS* and *OPTION B* with Sheryl Sandberg This is a marvellous, thought-provoking challenge to how we think about and go about the pursuit of happiness.

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