The Lentil Cookbook Make The Most Of The Powerhouse Pulse With 100 Healthy And Delicious Recipes

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Drain the lentils when done. Place the coconut oil in a large skillet and heat over medium-high heat. Add the onion and bell pepper and cook for 5 minutes. Add the grated carrot and cook for another 5 minutes. Place the mushrooms in a food processor and pulse a couple of times until coarsely chopped.

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