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Strategies For Impact Without Burnout

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Happy, Healthy Nonprofit with Beth Kanter

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Beth Kanter Happy Healthy Nonprofit

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How to Create a The Happy Healthy Nonprofit

The Happy, Healthy Nonprofit, #MindfulSocial

With Beth Kanter and Aliza Sherman Nonprofit

Management Master Class Lecture by Dr. Adrian

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of individual self-care and WE-care in the workplace. The Happy Healthy Nonprofit takes off where The Networked Nonprofit and Measuring the Networked Nonprofit left off — helping individuals and the nonprofit organizations where they work how to live and work in more sustainable ways.

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The Happy, Healthy Nonprofit presents realistic strategies for leaders looking to optimize organizational achievement while avoiding the common nonprofit burnout. With a

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The Happy, Healthy Nonprofit: Strategies for Impact ...

The Happy, Healthy Nonprofit: Strategies for Impact Without Burnout. by. Beth Kanter, Aliza Sherman (Goodreads Author) 3.91 · Rating details · 122 ratings · 18 reviews. Steer your organization away from burnout

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On Friday, February 10, co-authors Aliza Sherman and Beth Kanter joined Georgetown University's Center for Social Impact Communication for a discussion on their new book, *The Happy, Healthy Nonprofit: Strategies for Impact Without Burnout*. The conversation, moderated by Managing Director

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John Trybus, featured candid, eye-opening insight on the burnout fueled by nonprofit culture, and offered long-term strategies on how to flip the switch from burnout to healthier, more sustainable structures.

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Downloadable Printable Assessments & Checklists Honest and thoughtful self-assessment can help you identify bad habits you need to change and good habits you should adopt to bring you to a happier, healthier way of living and working. By doing so, you

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The Happy, Healthy Nonprofit: Strategies for Impact Without Burnout will take on the outdated work ethic that plagues many nonprofits: "The Scarcity Mindset" of working long hours with few resources without investing in an organizational strategy for self-care. This book is a manifesto for mindset change in our sector, raising the conversations about the importance of self-care.

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