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She founded Fertility Awareness Counseling and Training Seminars (FACTS) in 1986, and has lectured at hospitals, clinics, and universities since 1982. She recently helped develop cycle-tracking software as an adjunct to her book, Taking Charge of Your Fertility.

Taking Charge of Your Fertility: The Definitive Guide to ...

Taking Charge of Your Fertility The Definitive Guide to Natural Birth Control, Pregnancy Achievement and Reproductive Wealth by Weschler, Toni (Author) ON May-08-2003, Paperback by Toni Weschler | 8 May 2003 3.2 out of 5 stars 3

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Take Charge Campaign. Our goal is to create awareness around Oncofertility, help start conversations about fertility and support fertility preservation for cancer patients. Together we aim to provide reproductive health education for all and to empower people to Take Charge of their fertility.

Take Charge

Taking Charge of Your Fertility has helped literally hundreds of thousands of women avoid pregnancy naturally, maximize their chances of getting pregnant, or simply gain

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better control of their gynecological and sexual health. Toni Weschler thoroughly explains the empowering Fertility Awareness Method (FAM), which in only a couple of minutes a day allows you to:

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