

## ***Shakti The Feminine Power Of Yoga***

Revised and updated edition, includes new preface: "Author's Warning" In this courageous and radical book, Uma Dinsmore-Tuli explores the sexual politics of yoga from a perspective that sees women's spiritual transformation as the most revolutionary force. Packed with fascinating real life stories and vibrant testimony, as well as history and philosophy and practical guidance, Yoni Shakti is about freedom and power, encompassing yoga, sex, health and spirituality. Always refreshing, irreverent and inspiring, Yoni Shakti brings womb yoga, Goddess-focused tantra and vibrant feminism together in an astonishingly potent combination.

Photographer Victoria Davis presents Shakti: The Feminine Power of Yoga. This beautiful coffee table book unleashes the energy and beauty of yoga in classic black and white photographs.

Presents the mystery of the Divine Mother in all her manifold aspects • Explores more than 30 different goddess aspects of the Shakti force, both beneficial and malefic • Includes Sanskrit hymns and classic verses by Sri Aurobindo for each of the goddesses Shakti is synonymous with the Devi, the Divine Mother or divine power that manifests, sustains, and transforms the universe. She is the womb of all creatures, and it is through her that the One becomes the many. Our first and primary relationship to the world is through the mother, the source of love, security, and nourishment. Extending this relationship to worship of a cosmic being as mother was a natural step found not only in the Shakti cult of Hinduism but also in ancient Greek, Egyptian, and Babylonian cultures. Shakti presents more than 30 goddess incarnations of the Divine Mother that represent both the beneficial and malefic aspects of the Shakti force. From Lakshmi, Parvati, and Saraswati to Durga, Chandika, and Kali--each of the different functions of the female goddesses in the Hindu pantheon is revealed, accompanied by traditional Sanskrit hymns, classic verses by Sri Aurobindo, and discussions of tantric philosophy. The author draws from the Devi Bhagavatham, which describes all the stories of Shakti, and the Devi Mahatmyam, the most powerful scriptural text that glorifies Shakti in her form as Durga. Using these texts she shows that through the power and grace of the Divine Mother we may be released from the darkness of ignorance and taken to the abode of knowledge, immortality, and bliss--the source from which we have come.

Too many leaders, men and women alike, have bought into the notion of leadership that exclusively emphasizes traditionally 'masculine' qualities: hierarchical, militaristic, win-at-all-costs. The result has been corruption, environmental degradation, social breakdown, stress,

depression and a host of other serious problems. But there is another way, one that restores a balance to this lopsided way of leading. Reaching into ancient spiritual and mythical teachings, Nilima Bhat and Raj Sisodia revive a feminine archetype of leadership: generative, cooperative, creative, empathetic. While these qualities are often thought of as 'feminine', we all have them. However, for people in leadership positions, they tend to be undervalued and underdeveloped. In the Indian yogic tradition, this feminine principle is recognized as supremely intelligent and responsive. It is personified as the Great Mother or Goddess Shakti and is the source that powers the cycle of life.

The Lord of Yoga

The Ultimate Guide to Tapping Into the Divine Feminine Energy, Including Mantras and Tips for Harnessing the Power of this Goddess in Yoga

Embracing Shadow and Light on the Goddess Path to Wholeness  
Goddess Durga and Sacred Female Power

The Divine Feminine

The Feminine Power of Yoga

Awakening the Creative and Forgotten Powers of the Feminine  
*Learn to reignite ancient feminine wisdom and power through thirteen gateways and archetypal Goddesses.*

*A ground-breaking work about yoga and feminine power written by Uma Dinsmore-Tuli, renowned yoga therapist, yoga teacher-trainer, mother and author. Yoni Shakti combines real life stories with radical feminism, poetic meditations with guided yoga practices, and historical explorations with philosophical debates. Literally translated as "Source Power," Yoni Shakti unearths the freedom and power that women can experience through a feminine approach to yoga that nourishes their health, self-esteem, sexuality and spirituality.*

*Shakti is the pure feminine principle personified by the goddesses of the yoga tradition. The Shakti Coloring Book was created to help anyone begin to activate the transformational currents of this sacred energy in their own lives. Ekabhumi brings readers a serious yet thoroughly enjoyable spiritual practice in ink-and-paper form, including: Twenty beautiful images of Indian, Tibetan, and Nepalese goddesses with written descriptions and mantras of greeting  
Twenty yantras and mandalas (mystical diagrams based on sacred geometry), one for each goddess and intended to expand and liberate consciousness  
Dozens of pictures illustrating key principles to deepen your practice  
Boundless compassion. Unconditional love. Unshakable courage. These are just some of the empowering attributes you are invited to make manifest in your own life with The Shakti Coloring Book. Foreword by Sally Kempton.*

*Women have absolute power within themselves to heal. A living testament to*

the healing efficacy of her teachings, the author freed herself from "terminal" ovarian cancer at the age of 23. More than 25 years later--having been recognized by the Parliament of the World's Religions for her outstanding contribution to humanity--she shares the healing wisdom that literally saved her life.

Womb Wisdom

The Oxford Handbook of Feminist Theology

Awakening the Wisdom of the Divine Feminine in Your Life

A Woman's Exploration Into the Divine Feminine : Women's Ritual, Poetry, and Paper

The Shakti Awakening - Madhuri

Royalty, Fundamentalism, and Global Power

History Of Ancient India (portraits Of A Nation), 1/e

*If You Want to Awaken the Shakti Within, Then Keep Reading... Are you a yoga practitioner who wants to learn more about the power of yoga? Are you interested in Kundalini Yoga but do not know where to begin? Are you a researcher who wants to know more about Eastern mysticism, cults, and practices of the Indian subcontinent? Do you want to harness the power of the divine mother goddess or Shakti? Do you want to learn more about how Shakti can transform your life forever? If you answered yes to any of these questions, then you are in the right place. This book will explain the various concepts related to Shakti and Kundalini in an efficient, simple, and lucid manner. It will surely help you understand the basics of Shakti in basic terms. In the course of this book, you will learn: What Shakti or the Divine Feminine Energy is The relevance of Shakti in today's world Different theoretical practices associated with Shakti Practical practices associated with Shakti Shakti Mantras Shakti Tantra Shakti Yantras The Worship of Shakti in Buddhism, Hinduism, and Taoism The Cult of Shakti in India and Tibet Kriyatmaka Shakti The Ten Manifestations of Tantric Goddesses Agama Yoginis and Dakinis Kundalini Shakti and its Awakening Dualism of Shakti And a lot more! With this handy little guidebook as your starting point, you will become an expert in the basics of Shakti and the Shakta tradition. It is highly focused on the practical and the theoretical aspects of the Shakti. This dual focus makes this book perfect for not only practitioners but researchers too. Harnessing the power of Shakti in your life will surely change it for the better. Get this book now by clicking the "add to cart" button and let the Divine power change your life forever.*

*Hindu Goddesses is a valuable sourcebook and reference work for students and scholars of Hindu goddesses and of Hinduism in general. Each goddess is dealt with as an independent deity with a coherent mythology, theology and, in some cases, cult of her own. Within the complex, diverse, and rich goddess traditions of Hinduism, one can find suggestions of nearly every important theme in the Hindu religion. In many ways, this book is as much a study of the Hindu tradition itself as it is a study of one aspect of that tradition. No other living religious tradition has displayed such an ancient, continuous, and diverse history of goddess worship. This volume highlights the relevance of globalization and the insights of gender studies and religious studies for feminist theology. It focuses on the changing global contexts for the field and its movement towards new models of theology, distinct from the forms of traditional Christian systematic theology and of secular feminism.*

*Teaching Yoga is an essential resource for new and experienced teachers as well as a guide for*

*all yoga students interested in refining their skills and knowledge. Addressing 100% of the teacher training curriculum standards set by Yoga Alliance, the world's leading registry and accreditation source for yoga teachers and schools, Teaching Yoga is also ideal for use as a core textbook in yoga teacher training programs. Drawing on a wide spectrum of perspectives, and featuring more than 150 photographs and illustrations, the book covers fundamental topics of yoga philosophy and history, including a historical presentation of classical yoga literature: the Vedas, Upanishads, Bhagavad Gita, Yoga Sutras of Pataljali, and the main historical sources on tantra and early hatha yoga. Each of the eleven major styles of contemporary yoga is described, with a brief history of its development and the distinguishing elements of its teachings. Exploring traditional and modern aspects of anatomy and physiology, the book provides extensive support and tools for teaching 108 yoga poses (asanas), breathing techniques (pranayama), and meditation. Teaching Yoga offers practical advice for classroom setup, planning and sequencing classes, as well as the process involved in becoming a teacher and sustaining oneself in the profession. The book has over 200 bibliographic sources, a comprehensive index, and a useful appendix that lists associations, institutes, organizations, and professional resources for yoga teachers. From the Trade Paperback edition.*

*The Power Of The Feminine: Shiv Shakti Hindu Temple*

*The Yogic and Ayurvedic Secrets of the Ashwin Gods*

*Embracing Feminine and Masculine Power in Business*

*Shakti Power*

*Women's Power to Heal*

*Sanatana Dharma*

*Shakti Rising*

*Shakti, one of the most important goddesses in the Hindu pantheon, is really a divine cosmic energy that represents feminine energy and the dynamic forces that move through the universe. Shakti, who is responsible for creation and can also be an agent of change, is often manifested to destroy demonic forces and restore balance. Pulling from Eastern traditions including tantra and yoga, and focusing on the feminine principle of divine energy also known as Shakti, this book bridges the divide between dualistic concepts and non-dual philosophy. By exploring the symbolism of the Mahavidyas (Kali, Tara, Tripurasundari, Bhuvaneshwari, Tripura Bhairavi, Chinnamasta, Dhumavati, Baglamukhi, Matangi, and Kamalatmika)--each with a veiled face representing a destructive quality that perpetuates ignorance and suffering, and a true face representing the wisdom that stimulates profound transformation and liberation--you'll learn to embrace and incorporate every aspect of who you are.*

*SHAKTI MANTRAS Tapping into the Great Goddess Energy Within • Enhance your spiritual gifts • Lighten your karmic burden • Improve your health and increase prosperity • Live in harmony with the universe Now, with Shakti Mantras, we can all benefit from this ancient practice. Thomas Ashley-Farrand, a Vedic priest, is an American expert in the intricacies of Sanskrit*

mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific applications—he enables us to increase our “shakti” (power) and use it to solve problems, ensure abundance, create health and well-being, summon protection, and invoke personal and universal peace. Whether you’re new to chanting or an old hand, Shakti Mantras will take you places you’ve never been before . . . and measurably enrich your life.

She is the Mother Goddess, Mahamaya—the enchantress, the supreme consciousness, the pure source from which all creation emerges and to whom all must eventually return. As Usas, the enchanting goddess of the dawn, she is loved passionately and hated fiercely, leading to a horrific tragedy. As Durga, the invincible warrior, she defeats the savage Mahishasura, whom none of the male gods could vanquish. As Kali, the fearsome dark goddess, she delights in chaos. Yet she is also Shakti, beloved of all, who, when united with Shiva, restores balance to the universe. In this captivating narrative, explore the contrasting facets of the sacred feminine; experience her awesome power, forged on the flames of love and hate; and watch her teach the male-dominated pantheon a lesson in compassion. Witty, engaging and thought-provoking, *Shakti: The Feminine Divine* will force readers to re-evaluate everything they know about the gods and goddesses and inspire all to embrace the Shakti within.

*The Transformative Power of The Goddesses of Yoga* How do you live a life of spiritual awakening as well as outer abundance, inner freedom as well as deep intimacy? How do you serve the world selflessly, yet passionately celebrate your life? The sages of Tantra have known for centuries that when you follow the path of Shakti – the sacred feminine principle personified by the goddesses of yoga – these gifts can manifest spontaneously. Yet most of us, women as well as men, have yet to experience the full potential of our inner feminine energies. In *Awakening Shakti*, you will learn how to recognize and invite:

- Kali, bringer of strength, fierce love, and untamed freedom
- Lakshmi, who confers prosperity and beauty
- Saraswati, for clarity of communication and intuition
- Radha, who carries the divine energy of spiritual longing
- Bhuvaneshvari, who creates the space for sacred transformation
- Parvati, to awaken

*creativity and the capacity to love With a wealth of meditations, visualizations, mantras, teachings, and beautifully told stories, Awakening Shakti provides a practical guide for activating the currents of the divine feminine in every aspect of your life. Sally Kempton has been studying and teaching the wisdom of yoga for 45 years. A highly regarded teacher of meditation and spiritual philosophy, she writes the popular Yoga Journal column "Wisdom." Sally teaches retreats, teleclasses and workshops internationally. She resides in Carmel Valley, California. Illustrator Ekabhumi Charles Ellick is a poet, artist, husband, student, and teacher of Classical Tantric Hatha Yoga. A student of Nepalese master painter Dinesh Charan, he also studied painting in the lineage of Harish Johari. Tapping into the Great Goddess Energy Within Wisdom. Soul. Startup.*

*18 Pathways to Ignite the Energy of the Divine Woman Shiva*

*Goddesses, Mandalas, and the Power of Sacred Geometry Goddess Reclaimed*

*13 Initiations to Unleash Your Sacred Feminine Power*

What is one to make of a group of goddesses that includes a goddess who cuts her own head off, a goddess who sits on a corpse while pulling the tongue of a demon, or a goddess who prefers sex with corpses? Tantra visions of the Divine Feminine deals with "Amazzone's voice is strong and clear. Goddess Durga promises the transformation, empowerment, and dignity that is our birthright."-Marisa Tomei, Academy Award-winning actor.

The all-in-one guide to the world of Yoga, Vedanta, meditation and Hinduism. This book is an unmatched celebration of the tradition of Vedic spirituality. In this magnum opus, Sri Dharma Pravartaka Acharya has provided us with a valuable introduction to the philosophy and practice of this ancient spiritual path. Sanatana Dharma: The Eternal Natural Way is the most comprehensive summary of this profound spiritual tradition ever written. It is the first English language systematic theological and philosophical exposition of the entire world-view of Sanatana Dharma. With an easy to follow format, detailed glossary, and style of writing that is both authoritative, yet inviting to any reader, this book is your doorway to a rarely visited realm of spiritual awakening. [www.dharmacentral.com](http://www.dharmacentral.com)

ShaktiThe Feminine Power of YogaDavis Designs

Goddess Wisdom Made Easy

24 Stories That Will Heighten Your Capacity to Open Spiritually, Love Deeply and Fearlessly and Find Your Purpose

The Ten Mahavidyas

Awakening the Goddess

The Shakti Awakening

Spirited

Shakti Leadership: Embracing Feminine and Masculine Power

"[This thesis concerns] the growth and consciousness of women's spirituality. [The author's] goal is to bring awareness and expression to the power of the 'Fourfold Wisdom of Women' within the Sophia Program [at Holy Names University]. [The author] will accomplish this by exploring and revealing our ancient, feminine, divinity through Shakti consciousness." -- from, p.1.

Release Your Ego. Manifesting a vision may seem an impossible dream, but this story explains how releasing your ego and following your soul path is the key to manifesting your dreams. In this inspiring book, Janice Taylor shares her story of the lessons learned growing up through tough times in Saskatchewan, and how she searched for, and found, the wisdom to turn her life around. From appearing as a guest on The Oprah Winfrey Show to working with the NBA, NFL, and NHL as CEO of a successful technology startup, Janice's journey is a remarkable success story. And she did it all by listening to her soul. Surrender to Your Soul. When she walked away from everything she knew, Taylor did not know where her journey would take her. With no more than an idea in her head, she jumped onto a roller-coaster ride that made her look deep within to overcome obstacles, discover miracles, and begin living a life of abundance and Great Love. Each chapter includes stories of soul and ego that we can all relate to, showing us how we, too, can release the behaviours that hold us back, and start living life with purpose, joy, and love. Start Up Your Life. When you have reached the point where you are ready to turn your life around, this book will guide and inspire as you navigate the paths of soul and ego. Throughout these pages, you will find journalling exercises to help you recognize the ego at work and discover the soul purpose in your life. This collection of life-lessons and age-old wisdom is every woman's journey. Each story is designed to help shed light and understanding on the obstacles we face, and, ultimately, to help each of us begin our own startup journey. Contributors: Henrietta Poirier, Editor Harvey Bremner, Photographer

Refreshingly real and practical, Spirited gets straight to the heart of Pagan living and Pagan spirituality today. Featuring real-life stories and first-hand experiences from the author and other young Pagans who've actually been there, this book gives you insight into the philosophy and spirituality of current Pagan rituals and practices. You'll get crucial advice on Witchcraft, spellcraft ethics, modern magic spells, coven and solitary work, magic theory and practice, dealing with discrimination and negativity, and incorporating your spiritual beliefs into all the important areas of your life: Love Sexuality Family Friends School Work

If you want to love yourself deeply, feel worthy of the life of your dreams, let go of limiting beliefs and pains from the past, while stepping into your own power, sensuality and sovereignty, this book is for you. Author Krystal Aranyani openly shares her personal struggle and the steps she took to reach all of the above, and then some. In Awakening the Goddess, she invites you

along this sacred journey including thirty-three practices, rituals and Goddess wisdoms she learned from powerful healers around the world. In this book you will learn: How to Fall Madly in Love with your-Self. Meditations, Rituals and Sacred Practices. How to Use Goddess Archetypes for Self-Growth. How to Fully Embody the Divine Goddess within YOU. Foundations of Natural Healing, Yoga, Tantra & Sacred Sensuality. And Many more Divine Practices for Self-Discovery!

A Woman's Guide to Power and Freedom Through Yoga and Tantra

Ashwini Rahasya

The Formation of Feminine Power Through the Life Cycle of Liminal Hindu Women of Varanasi

Awakening Shakti

Teaching Yoga

Art and Science of Vedic Counseling

Tantric Visions of the Divine Feminine

**Learn about the ancient goddess traditions and reconnect with your femininity, your natural cycles and your intuition. Ancient civilizations once worshipped female deities and women were the leaders, counsellors and healers of their communities. Through the ages, the wisdom of the Goddess was then forgotten, and people around the world lost their connection to ancient feminine wisdom. In this practical guide, Tanishka, a leading teacher and author of women's wisdom traditions, introduces the main Goddess cultures and explains how their teachings and practices can empower and transform your life today. You will learn: • the history, philosophy and practices of ancient Goddess traditions • the seven Goddess archetypes and their corresponding chakras • the life stages of the feminine journey and how to transition through each one • rituals to reconnect with your inner goddess • insight and tools to understand and align with the cycles of nature This book was previously published under the title Goddess Wisdom (Hay House Basics series).**

**Winner of the 2017 Nautilus Gold Book Award! The wisdom of the Mahavidyas, the ten wisdom goddesses who represent the interconnected darkness and light within all of us, has been steeped in esoteric and mystical descriptions that made them seem irrelevant to ordinary life. But with this book, written by a respected cardiologist who found herself on a spiritual search for the highest truth, you're invited to explore this ancient knowledge and learn how it can be applied to daily struggles and triumphs—and how it can help you find unreserved self-love and acceptance. The pursuit of contentment is an innate part of the human experience, arising from a fundamental sense of lack or inadequacy—all the things we believe to be wrong with us when we compare or judge ourselves. In our search for peace and happiness, we may find ourselves fighting the shadows within us, trying to repress or disown certain qualities, especially our anger, violence, discomfort, craving, and disappointment. But in order to stop this fight, we must expand our understanding beyond the dualities of good versus bad, right versus wrong, and beautiful versus ugly, and accept the parts of ourselves we've tried to deny. Pulling from Eastern traditions including tantra and yoga, and focusing on the feminine principle of divine energy also known as Shakti, this book bridges the divide between dualistic concepts and non-dual philosophy. By**

exploring the symbolism of the Mahavidyas (Kali, Tara, Tripurasundari, Bhuvaneshwari, Tripura Bhairavi, Chinnamasta, Dhumavati, Baglamukhi, Matangi, and Kamalatmika)—each with a veiled face representing a destructive quality that perpetuates ignorance and suffering, and a true face representing the wisdom that stimulates profound transformation and liberation—you'll learn to embrace and incorporate every aspect of who you are. With practices, self-inquiry prompts, and stories from the author's own spiritual seeking, this exploration of the divine feminine will gently reveal the source of your fear, pain, and suffering, showing you that when you allow those parts of yourself to arise and simply be, you can finally begin to heal, overcome your limitations, and open to the light and beauty of your true nature.

**In The Battle for Saudi Arabia: Royalty, Fundamentalism, and Global Power** , Professor As`ad AbuKhalil confronts the contradictory nature of Saudi Arabia—questions that both the Saudi government, long shrouded in mystery, and the United States government, ever protective of its own interests, seem unwilling to answer. In this unsparing probe into the history and power structure of the kingdom, Professor AbuKhalil, author of Bin Laden, Islam, and America's New "War on Terrorism", affords the reader unique insight into the intense friction that underlies the increasingly precarious balance between the Saudi royal family and the fundamentalist clerical establishment.

**Tools to awaken the creative powers of the womb** • Contains exercises to open the womb's energetic pathways, release toxic emotions, and harness creative potential • Reveals how the womb's energies are crucial for the spiritual shift of 2012: birthing a new civilization • Shows how the awakened womb can also bring about male spiritual transformation In the past and in present-day indigenous traditions, women have known that the womb houses the greatest power a woman possesses: the power to create on all levels. Utilized in the process of giving birth, this power of creation can also be tapped in the birth of projects, careers, personal healing, spirituality, and relationships. However, because the womb stores the energetic imprint of every intimate encounter--loving or not--the creative voice of the womb is often muffled or absent altogether, affecting the emotional, mental, and spiritual health of women and their relationships. Drawing on sacred traditions from ancient India, Tibet, Egypt, Gnostic Christianity, and Judaism, the practice of Womb Wisdom empowers women to become aware of the intuitive voice of the womb outside of pregnancy and the moon cycle to unlock this potent inner source for creativity, birthing the new conscious children, spiritual growth, and transformation not only for themselves but also for their male partners. The authors include exercises to clear the past, release toxic emotions, open the womb's energetic pathways, activate the sacred sensual self, bring balance to relationships, and harness creative potential. Including intimate, individual stories of women experiencing the opening of the womb, this book also explores the forgotten sacred sites of the womb around the world as well as how the womb's energies are crucial to birth a new civilization in the spiritual shift of 2012.

**The Power of Shakti**

**Goddess Power**

**Shakti**

**Shakti Mantras**

**Through Inner Medicine**

## **Shakti Leadership**

**Feminine Empowerment Path of the Goddess: At the dawn of religion, God was a Woman. The Divine Feminine is known by innumerable names and symbol-rich manifestations across the world's cultures. Throughout the ages the Goddess has been honored and worshiped as the Virgin Mary, Isis, Inanna, Asherah, Diana, Kuan Yin, Kali, Oshun, Athena, Pele, Sarasvati, Demeter, and White Buffalo Calf Woman, to mention just a few. Many conceptions of the Goddess are mysterious and seemingly paradoxical. Yet at its source, the Divine Feminine is one. I Am (With) Her takes you on a fascinating and, at times, surprising journey into the enduring essence of the Divine Feminine. Inside this book you will learn:**

- How the Goddess path offers an empowering message and inspiration**
- The importance of re-establishing a healthy balance and integration of both the "masculine" and the "feminine" archetypes**
- That the notion of God as archetypal "Sky-Father" is fairly recent in Western culture**
- Why the wisdom of the Goddess/Sacred Feminine has been ignored, distorted, and oppressed for centuries**
- How archetypes, mythic narratives, and qualities of Goddesses are alive within you and how they reveal intimate truths about yourself and others**
- How Goddesses can serve as empowering guides in your personal and professional life**
- Why especially black Goddesses/dark-skinned Mothers (e.g., Kali or Black Madonna) are a powerful symbol and catalyst for change in our times, both individually and collectively**
- And much, much more!**

**The Art and Science of Vedic Counseling is the best counseling guide available for students, teachers, and practitioners of Ayurveda, Yoga, and related healing arts. The book is an ever-cherished collection of knowledge, wisdom and a practical, clinical reference. I highly recommend the book to all those who love Yoga & Ayurveda. -Vasant Lad, B.A.M.&S., M.A.Sc - Ayurvedic Physician**

**'Shakti' or "power, ability, strength, might, effort, energy, capability" is the divine energy which flows through the entire Universe. Shakti is also a personification of the divine feminine power residing in all of us. The Shakti Awakening is a story saga of 24 ordinary women who rose up and showed courage in everyday life redefining feminism. Women, like you and me waking up to their true Shakti and showing what women empowerment is actually about. Each story is a tale of courage to inspire and start a movement across. A movement where all**

**the Shaktis hold hands to unite, help each other rise higher and thereby create a world where the light shines brighter than the darkness.**

**Transformational wisdom designed for both women and men to access and enhance the inner power of the Divine • Reveals how to activate your sacred sexual self and find your soul mission • Shows how to access the wisdom of the Galactic Center • Explains why men need the Shakti Circuit to connect with the Divine Masculine Shakti is the Divine life force that ceaselessly manifests, creates, and activates. Igniting this living power within is the key for both men and women to transform themselves and attain union, harmony, and peace. The fluid intelligence of Shakti enflames, empowers, and awakens, igniting life force, joy, and organic wisdom within. Uniting the forms of Tantra Yoga found in Indian, Tibetan, and Aramaic sacred traditions, Padma Aon Prakasha reveals how to activate the power of Shakti by opening the 18 energetic pathways of the Shakti Circuit. The Circuit begins with galactic energy entering the body at the Alta Major chakra, located at the back of the head. Traveling down the pillar of the spine through the root chakra, the Circuit passes through the Seven Gates of the Womb-Grail to link the sacred sexual center and the heart center. From the heart, the energy completes the Circuit by traveling to the third eye and back to the Alta Major starting point to reveal the All-seeing eye. Centered on the womb in women and the hara in men, the Shakti Circuit links the soul, body-mind, emotions, and chakras to the power and loving wisdom of the Galactic Center. The Power of Shakti includes the insights and experiences of both men and women as they activate the power of Shakti and shows that clearing all 18 pathways of the Shakti Circuit enables us to activate our sacred sexual self and find our soul mission.**

**Yoni Shakti**

**Realm of the Divine Mother**

**Shaping Shakti**

**Taking Paganism Beyond the Circle**

**Essential Foundations and Techniques**

**Visions of the Divine Feminine in the Hindu Religious Tradition**

**The Eternal Natural Way**

Unlocking the Source for True Leadership Too many people, men and women alike, have bought into a notion of leadership that exclusively emphasizes traditionally "masculine" qualities: hierarchical, militaristic, win-at-all-costs. The result has been corruption, environmental degradation, social breakdown, stress

depression, and a host of other serious problems. Nilima Bhat and Raj Sisodia show us a more balanced way, an archetype of leadership that is generative, cooperative, creative, inclusive, and empathetic. While these are traditionally regarded as “feminine” qualities, we all have them. In the Indian yogic tradition they're symbolized by Shakti, the source that powers all life. Through exercises and inspirational examples, Bhat and Sisodia show how to access this infinite energy and lead with your whole self. Male or female, leaders who understand and practice Shakti Leadership act from a consciousness of life-giving caring, creativity, and sustainability to achieve self-mastery internally and be of selfless service to the world.

Daily mantras of love and sacred feminine power. Messages From Shakti provides 24 days of illumination on inner power, inspiration to cultivate more sacred self-love, and mantras to attract more confidence and beauty to you. This is a must-have guide to make strength, beauty, power and grace a foundation for your life. This book is more than daily mantras and a self-help guide. It is a tool for turning on your feminine light and a path to power and freedom from pain. A healing process requires a dedicated practice, and the wisdom contained in these pages will guide you to open your heart and create a life you desire and deserve.

Lord Shiva is the personification of all the main practices of Yoga, as the origin and ruling power over asana, prana, mantra, inner seeing and meditation. The current book unfolds the presence, light, energy and consciousness of the Supreme Shiva to take us beyond all death and duality.

The Battle for Saudi Arabia

Connect to the Power of the Sacred Feminine through Ancient Teachings and Practices

The Shakti Coloring Book

24 Stories that Will Heighten Your Capacity to Open Spiritually, Love Deeply and Fearlessly and Find Your Purpose

Hindu Goddesses

Messages from Shakti

33 Sacred Practices for Healing, Self-love & Embodying the Divine Feminine