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SAS Urban Survival Handbook: How to Protect Yourself Against Terrorism, Natural Disasters, Fires, Home Invasions, and Everyday Health and Safety Hazards Paperback - April 24, 2013. by John "Lofty" Wiseman (Author) 3.8 out of 5 stars 155 ratings. See all formats and editions. Hide other formats and editions.

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The SAS Urban Survival Handbook shows you strategies and techniques for: combating the problems and stresses of urban life for you and your family; making and keeping your home safe; avoiding accidents and injury from tools, chemicals, and poisonous plants; insuring home security; dealing with travel dangers; combating threats from letter bombs, hijack, and kidnap; and coping with natural disasters. It also includes self-defense techniques to counter attacks of all kinds, first-aid ...

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19 reviews. Written by the former SAS Chief Survival Instructor, this guide shows how to make your home safe and avoid domestic accident or injury. It shows the dangers of DIY tools, chemicals and poisonous plants in your home and garden and gives help and strategies for home security and fire prevention.

SAS Urban Survival Handbook by John Wiseman

What is the best survival book? Although this is a subjective and nuanced answer, one of the most popular survival guides of all time is the SAS Survival Handbook, by John 'Lofty' Wiseman.It has had multiple revisions over the years, and has been the launchpad for related titles (such as the SAS Urban Survival Handbook).

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