

Condition Support Guide For Diabetes Genesis Pure

~~10 Food Tips for Diabetes Treatment and Management of Type 2 Diabetes~~

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~~How to manage your diabetes \ Living with diabetes \u2013~~

~~Courses like DAFNE (for Type 1 diabetes) and DESMOND (for Type 2 diabetes) make a big difference to how well someone with diabetes can manage their condition. They can improve a person\u2032s health in the long term and reduce time off due to complications.~~

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~~Prediabetes \ Diabetes UK \ Reduce risk type 2 diabetes~~

~~Type 2 diabetes is a common condition that causes the level of sugar (glucose) in the blood to become too high. It can cause symptoms like excessive thirst, needing to pee a lot and tiredness. It can also increase your risk of getting serious problems with your eyes, heart and nerves. It\u2032s a lifelong condition that can affect your everyday life. You may need to change your diet, take medicines and have regular check-ups.~~

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~~Whether you are newly diagnosed, looking to improve your diabetes management, or in need of information to support others, we are here to help. We\u2032ve got lots more information about: Living with type 1 diabetes. Hear from people living with type 1 diabetes as they share their experiences of treating and managing their condition.~~

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~~Long-term complications Having type 2 diabetes means that you are more likely to get a number of other health problems. You can help to prevent or delay these by keeping your blood glucose levels, blood pressure and cholesterol levels as normal as possible.~~

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