

My Cross To Bear Gregg Allman

Gregg Allman on memoir, \"My Cross to Bear\" *Gregg Allman Band - It's not my cross to bear (by Gregory L. Allman)* It's Not My Cross To Bear Not My Cross To Bear - The Allman Brothers *It's Not My Cross To Bear* Gregg Allman 1988 It's Not My Cross To Bear *Gregg Allman Band It's Not My Cross To Bear with Lyrics in Description* Allman Brothers Band - It's Not My Cross To Bear - 11/22/10 - Roseland, NYC The Allman Brothers Band - It's Not My Cross To Bear - 4/20/1979 - Capitol Theatre (Official) *Don't Want You No More/It's Not My Cross To Bear The Allman Brothers Duane Allman Gregg Allman's MY CROSS TO BEAR Gregg Allman Focuses on the Funny in His Memoir 'My Cross to Bear' Allman Brothers, 'Into The Mystic'* 12/3/2011 *Orpheum Theater Boston, MA Whipping Post The Allman Brothers Band - Whipping Post - 9/23/1970 - Fillmore East (Official) Gregg Allman (and Redd Foxx) on Letterman, November 18, 1987 Gregg Allman - Come And Go Blues - 12/11/1981 - unknown (Official) The Allman Brothers Band - One Way Out - At Fillmore East 1971 (HQ) Gregg Allman - 1989 Pontiac Silverdome, MI! ALLMAN BROTHERS Not My Cross To Bear 2004 LIVE @ Gilford Allman Brothers - Stormy Monday - 3/5/13 - Beacon Theater Allman Brothers: Dreams (lyrics) Gregg Allman Tells His Story in My Cross to Bear It's Not My Cross To Bear* Gregg Allman Tells His Story in 'My Cross to Bear' Gregg Allman - My Cross To Bear \"Not My Cross To Bear\" Allman Brothers Band - It's Not My Cross To Bear - 7/27/11 - Beacon Theater, NYC It's Not My Cross To Bear Guitar Lesson - Allman Brothers Gregg Allman Band . Not My Cross To Bear . 11.11.88 My Cross To Bear Gregg

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My Cross to Bear: Amazon.co.uk: Allman, Gregg ...

My Cross to Bear is an autobiographic memoir of American songwriter-musician Gregg Allman, co-founder of the Allman Brothers Band. It was written by Allman and American journalist Alan Light. The book was published by William Morrow and Company on May 1, 2012. The book's title stems from the Allman Brothers Band song "It's Not My Cross to Bear" (1969). Allman first began keeping a journal in the 1980s, with the intention to possibly write a memoir at some point.

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Gregg Allman. Producer (s) Adrian Barber. "It's Not My Cross to Bear " is a song by the Allman Brothers Band written by Gregg Allman that was released on their 1969 debut album. The song was written about a former lover that Gregg knew . It was also one of the first songs Gregg introduced to the group. The song was often performed live in conjunction with Spencer Davis ' "Don't Want You No More" due to the way the record was produced.

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