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Loneliness Updated offers the latest research on how loneliness can affect us in our daily lives, and how it is expressed as we travel through life from childhood to old age. It will be a highly interesting read for scholars, students and researchers of clinical psychology, particularly those interested in further exploring the effects and consequences of loneliness.

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Scientists show what loneliness looks like in the brain

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Another major cause for loneliness is the increased number of people we know who are coupling. Especially when you're feeling lonely, you will find couples even in squirrels, pigeons, extremely old seniors in wheelchairs. Netflix will suddenly only produce rom coms, and the leading drama everyone is talking about will be a love story.

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Expert offers tips for those experiencing loneliness ...

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Podcast: Loneliness and Litigation: A Lawyer's Case Study

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a regular modern career-minded lawyer, with common looks and life but an uncommon ...

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Chronic Loneliness in the Elderly: Helping Yourself or Others

Many people, especially codependents, are haunted by inner loneliness. Twenty percent (60 million) of Americans report that loneliness is the source of their suffering. In fact, our emotional reaction

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Many men prioritize the pursuit of status, power, and autonomy, which can have its advantages in moving them towards financial security and up society's ladder. But as my guest lays out in his book, *Lonely at the Top: The High Cost of Men's Success*, a focus on work over relationships can also come with significant,

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