

Kidney Disease A Guide For Living

More Than a Kidney Cookbook: Your 28-Day Action Plan to Kick-Start a Kidney-Healthy Diet "Susan has done a masterful job in educating patients about their disease, explaining why watching your diet is important, and offering meal plans and recipes that encourage compliance and fun. - John Wigneswaran, MD, VP Clinical Affairs DaVita Healthcare Partners While a kidney disease diagnosis can be overwhelming, you're not alone. Nearly 26 million adults are affected by chronic kidney disease. But there is hope. Your diet. In the Renal Diet Cookbook, renal dietician Susan Zogheib, MHS, RD, LDN provides a 28-day plan to establish long-term dietary changes to slow the progression of kidney disease. She knows it can be confusing to figure out which foods to eat and which to avoid. In her comprehensive renal diet cookbook, she details weekly meal plans featuring recipes that keep your potassium, sodium, and phosphorus levels in check. This kidney cookbook removes the mystery and stress of figuring out what foods to eat, with: Targeted weekly meal plans to preserve your kidney health. Recipe modifications for dialysis patients. Helpful FAQs about managing chronic kidney disease. Arm yourself with all the knowledge you need with the Renal Diet Cookbook.

Chronic Kidney Disease The Essential Guide To CKD - Learn Everything You Need To Know About Chronic Kidney Disease Chronic kidney disease affects 26 million adults; it is a disease that causes measured loss of kidney function over time. The best way to deal with any disease is to learn all you can and become an active participant in your care or the care of loved ones. When you are active in your own care or the care of loved ones, treatment is more effective because you understand the condition and its effects on the body. If you are waiting for a kidney transplant, receiving dialysis, or have just been diagnosed, this book will provide much needed information on this condition, from symptoms and causes to treatment. Here is a preview of what you'll learn: The causes of chronic kidney disease The symptoms Diagnosis The connection between hypertension, diabetes, and CKD The treatments available for CKD

In this kidney disease cookbook, you will learn 30 scrumptious and easy recipes that are kidney-friendly. Each recipe is prepared with ingredients that help the kidneys function properly and provide them energy. The basic of a healthy diet plan is calories, protein, carbohydrates, fat, and portion. This cookbook has covered these 5 essential basics while accumulating these recipes. Kidney failure is one of the most painful experiences and takes a toll on the human body. In order to avoid such experiences, grab your copy of this kidney disease 101 guide now. This kidney disease diet plan is not only suitable for people on dialysis but these meals can also be consumed by anyone as they only promote your wellbeing so, eat well and feel good.

The Oxford Handbook of Dialysis provides a patient-centred and comprehensive guide to all aspects of dialysis, covering everything from patient preparation and details of both haemo- and peritoneal dialysis, to continuous haemofiltration techniques and complications of end stage kidney disease. In this new edition, all sections have been completely updated, with new chapters on transplantation and dialysis in Acute Kidney Injury, including references to the mostup-to-date clinical guidelines. This handbook continues to be the essential, compact resource for anyone managing patients with end stage renal failure.

Kidney Diseases

Renal Diet Cookbook

A Guide for Public Health Personnel

Stopping Kidney Disease Food Guide

Chronic Kidney Disease, Dialysis, and Transplantation E-Book

A Complete Guide To Improve Kidney Function

Tanya's Comprehensive Guide to Feline Chronic Kidney Disease

Chronic kidney disease (CKD) is a major global public health problem, affecting nearly one in seven adults in the United States alone. It is a disease that integrates chronic illness at several levels, and the progressive condition is associated with high rates of co-morbidity. This text provides a comprehensive, current state-of-the art review of this field, serving as a valuable resource for primary care providers and non-nephrology clinicians that treat patients with CKD. It is comprised of 24 chapters focused on specific aspects of the disease. The first 2 chapters provide a bit of background on the disease, describing the anatomy and physiology of the kidney as well as the definition and epidemiology of the disease. The following 3 chapters discuss the detection, prevention and progression of the disease. The next 6 chapters describe the relationship of the disease with other conditions and most common co-morbidities such as diabetes and hypertension. The chapters, that follow focus on the CKD associated complications and the CKD within special populations such as the elderly and minorities as well as dietary restrictions and drug dosing. The book concludes with discussion on preparation for renal replacement therapy and preemptive organ transplantation as an alternative to dialysis in the management of the advanced CKD. Written by experts in the field, Approach to Chronic Kidney Disease is a comprehensive guide for clinicians, especially primary care providers including residents and fellows in training, who take care of chronic kidney disease patients. It is also a useful tool for researchers dealing with this challenging field.

Written by a catlover for catlovers, Tanya's Comprehensive Guide to Feline Chronic Kidney Disease provides a complete guide to caring for your cat at a time when he or she needs your help the most. Helen Fitzsimons knows just what you and your cat are going through: combining sympathy with understanding, she brings a wealth of knowledge and research to bear on helping you through your chronic kidney disease journey. Most of all, she gives you hope. All the information you need is in this book which, comprehensive and detailed though it is, is easily accessible through being written in lay-person's language. The chapter on where to obtain supplies at reasonable prices in the USA, UK and Canada alone makes the book worth buying.

If you have kidney failure, you need to adapt and change what you eat. But, as this practical and exciting book shows, you don't need to go on a crash diet, or to deny yourself the foods you love – you just need to adapt your favourite recipes with kidney-friendly foods. You can eat well, enjoy your food, and give your body the nutrition it needs. This brilliant book provides a clear guide to eating well with kidney failure, as well as a collection of more than fifty delicious recipes to show you how it all works in practice. The recipes have been analysed for their nutritional content and are coded to help you choose most appropriate dishes for your individual requirements. The authors, all dietitians specialising in kidney failure, have more than 20 years experience and are passionate about helping you to enjoy your mealtimes, giving you: - Plenty of hints and tips to help you eat in a healthy and enjoyable way. - Advice on choosing meals, showing you step-by-step what to look for in takeaways and pre-packaged foods - Over 50 delicious and attractive recipes, from quick snacks to special occasion meals - Practical advice to help you to adapt your favourite dishes in a kidney-friendly way

Contains expanded content on economics and outcomes of treatment, as well as acute kidney injury. Covers hot topics such as the genetic causes of chronic kidney disease, ethical challenges and palliative care, and home hemodialysis. Discusses the latest advances in hypertensive kidney disease, vitamin D deficiency, diabetes management, transplantation, and more. Provides a clear visual understanding of complex information with high-quality line drawings, photographs, and diagnostic and treatment algorithms.

Chronic Kidney Disease

A Recipe, Nutrition and Meal Planning Guide to Treat the Factors Driving the Progression of Incurable Kidney Disease

Cooking for Kidney Diseases

Handbook of Chronic Kidney Disease Management

Your Ultimate Guide for Kidney Disease Diet

A Clinician's Guide

Everything You Need to Know to Help Your Cat

In this latest edition, Hunt adds new sections on emerging subjects, including; coping skills for caregivers; kidney disease in children; environmental causes of chronic kidney failure; conservative care for those who wish to decline treatment; related conditions like gout, depression, and sleep disturbances; diet after transplantation; how best to work with your care team; insurance issues; potential new treatmentsA useful guide for the healthcare professionals who work with individuals with kidney problems.

Approaches to Chronic Kidney DiseaseA Guide for Primary Care Providers and Non-NephrologistsSpringer

Kidney disease affects approximately ten percent of the population worldwide, with more than 2.6 million individuals estimated to be receiving renal replacement therapy. Chronic kidney disease (CKD) is fast becoming a major public health issue, with increasing incidence and death rates throughout the world. Many strategies have been proposed to reduce the growing burden of kidney disease; but while early identification and improved access to renal replacement therapies and transplantation are important, they are unlikely to solve this enormous problem. Efforts focused on primary prevention, protection, and slowing the progression of kidney disease are needed as well. Renal protection is a vital and critical component of protecting the kidneys, promoting recovery, and preventing further renal loss, yet observational data suggests that awareness of renal protection remains low and the concept of renal protection under-recognized.. Kidney Protection: A Practical Guide to Preserving Renal Function in Acute and Chronic Disease is a clinically focused review that aims to address this awareness and knowledge gap. It assembles clinically pertinent information in a concise and lucid format with the goal of helping the clinician protect the kidneys, whether in the ICU, perioperative, or out-patient setting. The authors' interdisciplinary approach is inclusive of nephrology, urology, critical care, anesthesia, and emergency medicine. Chapters review understanding kidney disease, general concepts in protecting renal function, patient selection, assessment, pharmacologic issues, and kidney protection in systemic illness. The latest evidence-based practical guidelines for optimal renal outcomes are also included.

A complement to Guidelines for Nutrition Care of Renal Patients, 3e and Renal Care: Resources and Practical Applications Features practical and authoritative guidelines for all stages and treatments of renal disease Addresses the National Kidney Foundation's Disease Outcome Quality Initiative (NKF KDOQI) Guidelines Provides practical nutrition intervention sections Examines useful case studies Offers helpful hints to treat common patient problems Includes the latest information on Medical Nutrition Therapy Represents a consensus formed by clinical practitioners on the basis of current scientific literature and experience A Clinical Guide to Nutrition Care in Kidney Disease can also be used as a study tool for the CSR exam

Staying Healthy with Kidney Disease

A Practical Guide to Preserving Renal Function in Acute and Chronic Disease

A Practical Guide to Clinical Management

The Doctor's Kidney Diets Frailty and Kidney Disease

A Complete Guide for Patients

? 55% OFF for Bookstores! NOW at \$ 13.17 instead of \$ 23.97! LAST DAYS! ? Have you been diagnosed with kidney disease, and are you looking for a solution to avoid dialysis as long as possible? Kidney Disease Cookbook aims to help you in this. Your Customers Never Stop to Use this Awesome Cookbook! Instead of recipes made from foods that push your kidney to the edge (processed, refined) balanced diet that will help your kidneys heal. It is a collection of recipes specifically tailored for patients with kidney disease, those at risk of developing it, people with diabetes, and anyone else looking for good health and nutrition. This book is a ground-breaking project to support people with kidney disease and give you the tools and motivation you need to regain your health and vitality. The recipes are simple and succeed, the results may inspire you to explore more. The present cookbook covers: The Importance of a Healthy Lifestyle and Renal Diet Kidney Diseases and Causes How to Understand if Your Kidneys Have Failed Why the Renal Diet is Fundamental for Improving Your Kidney Diseases and How the Renal Diet Supports the Kidneys Functioning What You Can Have and What You Must Avoid Du Repair Kidneys Main Dietary Guidelines 28 days Meal Plan & Shopping List Recipes section And much more! ..And much more! So, what are you waiting for? Buy it NOW and let your customers get addicted to this amazing book

By understanding kidney failure—what causes it, how it may affect their lives, and what treatment options they have—people with the disease can improve their quality of life and achieve the best possible outcome.

A revolutionary program that can indefinitely postpone the need for dialysis If you've been diagnosed with kidney failure, this book could save your life. If you suffer from diabetes, hypertension, obesity, or any of a host of conditions that put you at risk for kidney disease, you owe it to yourself to read what is in this book. If you are among the 60,000 North Americans who go on dialysis each year, you need to know how to improve your quality of life. In Coping with Kidney Disease, a leading expert tells you, in plain English, what you need to know to:
* Understand kidney failure
* Recognize early warning signs of kidney failure
* Get a proper diagnosis
* Talk with your doctors about it
* Confidently evaluate treatment options
* Take charge of your treatment
* Delay dialysis or even avoid the need for it altogether
The Dr. Walsler's revolutionary 12-step program for avoiding dialysis. Based on treatments he has pioneered with his own patients at the Johns Hopkins University School of Medicine, the program calls for a supplemented low-protein diet supported by treatments to control blood pressure and correct high cholesterol. So effective has this breakthrough strategy proven to be that in many patients it has even delayed kidney failure to the end stage. Knowledge is power. Coping with Kidney Disease empowers you with what you need to take charge of kidney disease.

This renal and kidney diet guide is for kidney or renal patients who want to try to slow or stop the progression of incurable kidney disease. The chronic kidney disease diet and CKD recipes and eating plan in this book are based on the research in Stopping Kidney Disease, the highest rated book on kidney disease which has benefited hundreds of patients. It's simple. We as patients want our kidneys to last longer and better lives. We want a cure, but if we can't get a cure we want to slow the kidney disease progression to a snail's pace. That's what we want and deserve. The problem is today's kidney diets have nothing in common with our real goals. Traditional and other current kidney diets focus on treating just three conditions as we all know: sodium, phosphorus, and potassium. However, most current kidney diets are worse by traditional kidney diets. We need to try and treat, cure or manage as many conditions as possible, not just three. You would never know you need treat other conditions or have other dietary options unless you get educated. The Stopping Kidney Disease Food Guide contains: How to treat as many factors as possible that are contributing to kidney disease progression Foods that are good for kidney disease diet meal planning Chronic kidney disease or CKD diet information and restrictions The mathematics of slowing incurable kidney disease The first kidney disease diet book or renal disease guide book with acid load and antioxidant values Sample meal plans based on different cuisines A reference guide for the most common fruit and vegetables in grocery stores with information on potential renal disease diet phosphorus, and antioxidant values(ORAC), nitrates polyphenols and AGE's for each meal And much more The diet can be customized for Stage 3, Stage 4, and Stage 5 kidney disease patients. Educated patients live longer and better lives. Education on your disease and treatment options will likely be the greatest factor in your success or failure in dealing with this disease. This book is meant to help you understand your disease and how to manage it.

A Guide to Clinical Practice

Stopping Kidney Disease

Renal Diet

A Practical Guide to Understanding and Management

Clinical Practice Guidelines For Chronic Kidney Disease

Kidney Disease Solution

Kidney Disease

If you are looking for a solution for solving your renal issues, then keep reading... Going through life with major organ failure is a tough endeavor. You can neither do the same things nor eat the same food you used to, and if you decide to slack off from caution, it could result in an adverse outcome. Everything should be checked and done with care. To maintain a steady monitored life, you need all the information you can get from what foods to eat, what to avoid, and why certain foods need to be avoided. In a state of compromised health, the last thing you need to do is to worry aimlessly about every single aspect. Details of certain kidney diseases are provided. All the aspects you need to know about renal dieting are provided later on, from foods to eat to how to live a much more fulfilling and stress-free life following them. Here, details of making easy to-go meals and meal planning are discussed. Also, nutritional information is given and tips on how to customize them according to your taste. If you have been recently diagnosed with chronic kidney disease or have any illness regarding the renal system, then you first need to understand that there are thousands of people in the world living good lives with diseases such as yourself. It is not the end of the world, and with proper care and lifestyle changes, you can start living a happy life as well. Whether recently diagnosed or not, this dieting plan will reduce the load on your kidneys and help you live a healthier life. To care for yourself is to care for your loved ones too. Your life is important to everyone that is precious to you, and you must improve as much as possible. This book covers the following topics: - What's the kidney? What's it for? - Introduction to power supply - Diet plan - Recipes ...And much more Kidney problems are complicated and require adequate management. Diet is an integral component of treatment for kidney disease and the best way to prevent potential complications such as dialysis or organ transplant. A renal diet is easier to follow than most people think once you understand what to eat and avoid. The main purpose of this book is to introduce you to the world of renal diet and show some delicious yet healthy foods you can prepare easily in your kitchen. Throughout the pages of this book, you'll learn more about kidney diseases and their causes, but also get valuable insight into renal diet, find out what you should eat and avoid, and so much more. Of course, the central component of the book is a cookbook with a 14-day renal diet plan, 60 recipes, and easy instructions. The best thing about this cook is simplicity. All recipes are easy to make and feature accessible ingredients that won't be difficult to find, buy, and use. With our cookbook, you'll be able to improve the function of your kidneys and cut this risk of dialysis. This is also a great present for someone who has kidney disease and struggles to manage it. So, let's get started!

This book provides primary care physicians and non-nephrology specialists with an introduction to and insights into chronic kidney disease (CKD) with a practical and focused approach to key topics in the field including epidemiology and diagnosis and management, as well as the impact of CKD on chronic, non-communicable disease.

Kidney Disease: From advanced disease to bereavement provides guidance to renal and palliative care professionals dealing with patients with advanced kidney disease, who are approaching end of life. The book describes the tools used to achieve a good death including advance care planning, symptom control law and ethics, recognizing dying, withdrawal of treatment, and a holistic approach to patient care. By using case histories, the book highlights how to facilitate good communication between patients, families and their renal and palliative teams. There are also chapters on support for carers and bereavement. Revised and updated, this new edition is written in a bullet point style to provide an indispensable guide to the day-to-day management of patient care. This pocketbook will be an essential guide for nephrologists, renal nurses, nephrologist trainees, and doctors and nurses working in palliative care.

This book written for the average reader, offers useful information for patients with very mild CKD to those patients who need to plan for dialysis or kidney transplant. It offers scientifically proven ways to slow progression of CKD, including a chapter on a Smart Diet for all CKD patients. This diet not only can slow CKD progression but can also help patients to live longer and better. It offers the best treatments for the medical problems that can come with a diagnosis of CKD. For most patients this book will alleviate concerns about having CKD and for some patients with advanced CKD it offers an approach that can delay the start of dialysis for many months or even years in some cases. It explains why low and very low protein diets, promoted by many kidney books for patients, is usually not beneficial and may even be harmful. It provides the latest recommendations for treatment of CKD that comes from international kidney doctor organizations. The book is organized in a way that provides information for all patients with CKD in the first part of the book and has information in later chapters for patients whose CKD has progressed. For those patients who want to get the "meal" of the book, the final chapter provides a summary of all the book's material. Some patients may want to start here and read the full chapters at their leisure. The book is referenced with current kidney disease publications. It explains situations where kidney disease is reversible and ways to prevent reversible declines in kidney function. It dispels many myths about CKD treatment that have no benefit and, in some cases, may be dangerous. For patients who are wondering about whether dialysis is in their future, the book offers several ways to predict if dialysis is very likely or very unlikely in a CKD patient's future. It lays out pros and cons of the various options for patients who are considering a kidney transplant or dialysis and explains why getting a kidney transplant before dialysis is ever started or choosing home peritoneal dialysis are the two best options for most CKD patients who require a kidney replacement therapy.

A Nutritional Guide to Managing and Slowing the Progression of Chronic Kidney Disease

From advanced disease to bereavement

A Guide for Living

Kidney Disease Cookbook

Cure Kidney Disease

Oxford Handbook of Dialysis

Natural Remedies to Cure Kidney Disease, the Complete Guide to Managing Kidney Disease and Avoid Dialysis, Stopping Kidney Disease

Since 2006, the management of chronic kidney disease (CKD) has become part of routine primary care practice. This book offers primary care practitioners a clinically based, practical understanding of how to diagnose and manage kidney disease (and what this means for the patient). It also fills the gap between the recent plethora of guidelines, protocols and recommendations on CKD and the questions patients ask in everyday clinical practice. Armed with this deeper understanding, healthcare professionals without specialist training in nephrology will be sufficiently informed to be

able to manage renal disease with greater safety, effectiveness and efficiency. The author, Robert Lewis, has been a Consultant Renal Physician at the Wessex Regional Renal and Transplant Service, Portsmouth, UK, for 15 years. He has held executive roles in the major national renal organisations and has extensive practical experience of educating primary care practitioners on CKD. He was a founder member of the CKD Forum, which aims to improve the interface between primary and secondary care in the management of CKD. Chronic kidney disease, also called chronic kidney failure, describes the gradual loss of kidney function. Your kidneys filter wastes and excess fluids from your blood, which are then excreted in your urine. When chronic kidney disease reaches an advanced stage, dangerous levels of fluid, electrolytes and wastes can build up in your body. In the early stages of chronic kidney disease, you may have few signs or symptoms. Chronic kidney disease may not become apparent until your kidney function is significantly impaired. Treatment for chronic kidney disease focuses on slowing the progression of the kidney damage, usually by controlling the underlying cause. Chronic kidney disease can progress to end-stage kidney failure, which is fatal without artificial filtering (dialysis) or a kidney transplant. Moe, who has sick kidneys, explains to his friend Milko what the kidneys do and what happens when they get sick. He describes what he does to look after his kidneys, including what it is like to use a dialysis machine. This unique book reviews the information available in the literature regarding the new syndrome, frailty, in patients with various renal conditions, such as acute kidney injury, chronic kidney disease, as well as dialysis and transplant patients. The topic is of importance in nephrology, specifically nephrogeriatrics, since frailty is a condition affecting many elderly patients and which is becoming increasingly common in medical practice. As such, there is a considerable need for information to assist professionals treating these patients. The book includes chapters on the frailty syndrome (definition, evaluation and treatment), the main geriatric syndromes (gait disorder, falls, incontinence, and delirium), the main renal syndromes (acute renal injury, chronic kidney disease) as well as dialysis and kidney transplant, and the relationship between geriatrics and renal syndromes. Frailty and Kidney Disease: A Practical Guide to Clinical Management is an essential resource for general practitioners, researchers, internal medicine physicians, geriatricians, and nephrologists.

A Guide for the Non-Specialist

A Clinical Guide to Nutrition Care in Kidney Disease

A Science Based Treatment Plan to Use Your Doctor, Drugs, Diet and Exercise to Slow Or Stop the Progression of Incurable Kidney Disease

A practical guide and cookbook

Kidney Protection

Guide for the Management of Kidney Diseases, with Food Plan and Meal Planning with Low Sodium, Low Phosphorus, Low Potassium and Liquid Intake

A Guide for Primary Care Providers and Non-Nephrologists

Stopping Kidney Disease is the most comprehensive guide to understanding how your kidneys work and how to make your remaining kidney function last as long as possible. Lee Hull wrote this book to share what he has learned after living successfully with incurable kidney disease for over twenty years.

You are about to discover how to take care of your kidneys and reset their functioning with this complete renal diet guide that's specially designed for complete beginners!

The Handbook of Chronic Kidney Disease Management focuses on practical aspects of managing patients with mild to moderate Chronic Kidney Disease (CKD), incorporating the expertise of cardiologists, endocrinologists, general internists, and nephrologists. Chapters include case vignettes and management algorithms, and treatment recommendations reconcile recently published clinical guidelines from NKF, AHA, NCEP, and ADA. In addition, treatment recommendations in this handbook take into account the realities of reimbursements in the U.S.

* Winner of the IBPA Benjamin Franklin Award for Best Health Title In the United States alone, 26 million adults have chronic kidney disease (CKD), and experts project that over half the country may develop CKD due to rising rates of disorders such as diabetes. While nephrologists can monitor kidney function and treat patients with medications, they can't always offer the nutritional guidance that every kidney patient requires. To fill this information gap, Dr. Mandip Kang has written The Doctor's Kidney Diets, a comprehensive guide to managing, slowing down, and even stopping the progression of CKD through diet. The book is divided into two parts. Part One provides a clear overview of kidney function, kidney disease, and the role that nutrition plays in the treatment of kidney problems. The doctor then reviews the special dietary considerations of individuals with CKD, including the need to limit certain nutrients, fluids, and other dietary components. Because different patients have different nutritional requirements, the doctor discusses the most commonly prescribed CKD diets—the DASH diet, heart disease and diabetes diets, diets for dialysis, and more—and concludes with important tips for enhancing overall health and maximizing treatment success. Then Part Two offers a wide variety of recipes for dishes that follow the dietary guidelines highlighted in Part One. Smart nutrition is essential to the treatment of kidney disease. With The Doctor's Kidney Diets, you can become an active, effective participant in your own treatment plan.

The Low Sodium, Low Potassium, Healthy Kidney Cookbook

A Practical Guide to Using Conventional and Complementary Treatments

Learn the Facts about Kidney Disease

Approaches to Chronic Kidney Disease

A 12-Step Treatment Program to Help You Avoid Dialysis

What You Must Know About Kidney Disease

Kidney Disease, a Guide for Patients and Their Families

While the news that you or a loved one has kidney disease can be shocking, for over 26 million Americans, it is a reality. After the initial diagnosis, patients and families usually have a myriad of questions about treatment options. What You Must Know About Kidney Disease is designed not only to answer these questions, but also to provide the up-to-date information you need to cope with this potentially devastating problem. The book is divided into three parts. Part One provides an overview of the kidneys' structure and function, as well as common kidney disorders. It also guides you in asking your doctor questions that will help you better understand both status and prognosis. Part Two examines kidney problems and their conventional treatments. Part Three provides an indepth look at the most effective complementary treatments, from lifestyle changes to alternative healing methods. The diagnosis of kidney disease is the first step of an unexpected journey. What You Must Know About Kidney Disease will help you understand the challenges ahead and choose the very best treatments available.

Since 2006, the management of chronic kidney disease (CKD) has become part of routine primary care practice. This book offers primary care practitioners a clinically based, practical understanding of how to diagnose and manage kidney disease (and what this means for the patient). It also fills the gap between the recent plethora of guidelines, protocols and recommendations on CKD and the questions patients ask in everyday clinical practice. Armed with this deeper understanding, healthcare professionals without specialist training in nephrology will be sufficiently informed to be able to manage renal disease with greater safety, effectiveness and efficiency. The author, Robert Lewis, has been a Consultant Renal Physician at the Wessex Regional Renal and Transplant Service, Portsmouth, UK, for 15 years. He has held executive roles in the major national renal organisations and has extensive practical experience of educating primary care practitioners on CKD. He was a founder member of the CKD Forum, which aims to improve the interface between primary and secondary care in the management of CKD.

Handbook to be used as practice guide for healthcare professionals who are new to the field of nephrology or those who are working in primary care and wish to know more about early chronic kidney disease.

This book presents a comprehensive and instructive management plan for physicians who care for CKD patients. Basic aspects of CKD, clinical assessment, evaluation and management of risk factors, cardiovascular disease in the context of CKD, assessment and management of CKD complications, special circumstances in CKD patients, and the path to renal replacement therapy are all thoroughly covered. Diagnostic and therapeutic approaches are presented according to the latest staging system for CKD, with patient care being discussed separately for each disease stage. The proposed management plan is both “best available evidence based” and “practice based”. The book also recognizes the needs of busy clinicians by including helpful boxes summarizing the evidence on diagnostic and therapeutic issues and practice pearls based on guidelines. The authors are recognized experts from across the world, ensuring global coverage of the problem, and most have participated in writing guidelines on CKD.

A Comprehensive Guide to Coping with Kidney Disease : a Comprehensive Guide to Coping with Kidney Disease

Coping with Kidney Disease

Management of Chronic Kidney Disease

Moe's Sick Kidneys

The Complete Guide To Kidney Disease: Everything You Need To Know About Kidney Disease And To Completely Heal Yourself

A Companion to Brenner and Rector's The Kidney

Kidney Disease Cookbook: The Comprehensive Guide With Nourishing And Healthy Recipes To Manage Kidney Problems

Kidneys are without one of the most important organs, as they play a very critical role of removing waste products and excess fluid from the body. The truth is; they do a lot more than removing excess fluid and waste products. It is only until we are diagnosed with kidney disease that we wake up from our slumber and understand the far-reaching effects of malfunctioning kidneys. From swelling ankles and overall fluid retention to constant vomiting, confusion, nausea, shortness of breath, overall weakness, lack of sleep, chronic fatigue, irregular heartbeat and much more; these are all effects of a kidney problem. And left untreated, kidney disease can be fatal-you probably know that. By virtue that you are reading this, you probably have been diagnosed with kidney disease, have a loved one who has been diagnosed of the condition or are just thirsty for knowledge about kidney disease. You perhaps are confused and overwhelmed after reading a lot about the condition from various sources online and offline. You are wondering what is right and what is not true. You are looking for answers as to how to cure and if not cure, slow down the progression of kidney disease to ensure you never have to go through dialysis or need a kidney transplant.

A Guide for the Non-specialist

Eating Well with Kidney Failure

Thriving with Kidney Disease

The Essential Guide to CKD - Learn Everything You Need to Know about Chronic Kidney Disease

Living with Kidney Disease

A Practical Guide to Taking Care of Your Kidneys and Yourself

A Self-Help Guide to Better Kidney Health with Proven Therapies