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ancient Chinese Kungfu Liniment used by
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to treat bruises, sprains, sore muscles &
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prepare this unique formula are also believed to be helpful in the relief of back pains and arthritis pains.

Shaolin I-Ching Ling - Chinese martial arts I Ching With Shaolin Kung About the product: Shaolin I-Ching Ling is an ancient Chinese Kungfu Liniment used by martial art practitioners for thousands of year to treat bruises, sprains, sore muscles & tendons, rheumatism, and other pains & sores frequently suffered during practices and

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Energy Flow A Path of Development and
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T'o Chinese philosopher and physician.***

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I-Ching 9 Elementos Médicos - I Chi Kung
I chin ching is the basis for the shaolin art. It is an extraordinary exercise program. Over the years I have met 2 people who have been able to do all 49 postures for 49 breaths. Their abilities were amazing. Outside of the Boulder school there is a large green electrical box. One of the 2 individuals was able to take only 1 step and jump on top of it.

Shao-lin Kung Fu: I Chin Ching
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Yijin Jing - Wikipedia

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It is the essence of Shaolin Chi Kung that develops tremendous internal force as well as fast reflexes, mental freshness, courage, integrity and righteousness. When we are ready, it enables us to have a glimpse of our Original Face. It is the Shaolin Chi Kung that trains us to become warrior-monks, the Shaolin ideal.

Selections from Shaolin Wahnam Discussion Forum

Shaolin Kung Fu, also called Shaolin Wushu

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or Shaolin quan, is one of the oldest, largest, and most famous styles of wushu or kung fu. It combines Ch'an philosophy and martial arts and originated and was developed in the Shaolin temple in Henan province, China during its 1500-year history. Popular sayings in Chinese folklore related to this practice include "All martial arts under heaven originated from Shaolin" and "Shaolin kung fu is the best under heaven," indicating the influence of Shaolin

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Shaolin Kung Fu - Wikipedia

Directed by James Nam. With Bruce Le, Bing-Hung Li, Nelson Lee, Su-cheon Bae. Lee Ching Lung has survived the dishonorable attempt on his life by the Japanese and is recovering with the help of a poor farmer. The Japanese general learns this and is determined to kill everyone in the way of disposing of Lee.

***Huo shao shao lin men (1978) - IMDb
Storyline. Prince Chien Lung, who soon***

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became the Ching Dynasty's most famous and far-reaching emperor, travels with his bodyguard to locate a secret document offering evidence of the prince's Han Chinese heritage. The document is held within Shaolin Temple. The Prince enlists the help of his cousin, who is a Kung Fu expert to go and get the document.

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***Shaolin Kung Fu -Kunyu Mountain Kung Fu
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Shao-lin Kung Fu: I Chin Ching

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***martial arts than China's Shaolin Temple,
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