

## Heads Up Baseball Playing The Game One Pitch At A Time

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Heads Up Baseball Playing The

What does it mean to play heads-up baseball? A heads-up player has confidence in his ability, keeps control in pressure situations, and focuses on one pitch at a time. His mental skills enable him to play consistently at or near his best despite the adversity baseball presents each day.

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Many of the citations of this meaning refer to sports, especially baseball and American football. There's a style of play in baseball that is called 'Heads up baseball'; for example, from the New York Times, June 1924, we have: "The entire Tiger team played heads-up ball and closed the year with nineteen victories and four defeats."

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'Heads up' - meaning and origin.

Heads-Up Baseball : Playing the Game One Pitch at a Time. Hanson, Tom", "Ravizza, Ken". Published by McGraw-Hill Education (1998) ISBN 10: 1570280215 ISBN 13: 9781570280214. New Paperback Quantity Available: > 20. Seller: booksXpress. (Freehold, NJ, U.S.A.) Rating.

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