

Harvard Medical School Hms Harvard University

"Since 1782 Harvard Medical School has been associated with most of the world's great developments in medicine, often as either creator or challenger. This generously documented assessment of Harvard's contributions contains no chronologies of names and dates. Instead, the authors use the framework of medical education to introduce the key discoveries, and the ideas that made them possible. The emphasis is upon both the men themselves- in the classroom, the laboratory, the hospital- and the medicine they made. The book fills a long-standing gap in the history of Harvard and of modern medical education."--Jacket. This book is a bold, modern recasting of the age-old nature-nurture debate, informed by revolutionary insights from brain science, artificial intelligence, psychiatry, linguistics, evolutionary biology, child development, ethics, and even cosmology.

Inspiring autobiography of a Western-Canadian Mennonite's determined rise to become Dean of Harvard Medical School.

Primary care, the fundamental practice of medicine, is at a crossroads. Changes in population demographics and in the financing and organization of the health care system are forcing changes in the role of physicians. This book presents fills a gap in the literature and offers a view that is at once authoritative, innovative and controversial.

Eat, Drink, and Be Healthy

The New England Journal of Medicine and Surgery

Harvard Medical School Guide to Achieving Optimal Memory

The Development of Harvard University Since the Inauguration of President Eliot, 1869-1929

My Escape from China and the Cultural Revolution

Rebuilding the Foundation of Health Care

The Brigham Intensive Review of Internal Medicine

A longtime teacher and Harvard researcher presents the latest science on the benefits of T'ai Chi as well as a practical daily program for practitioners of all ages
Conventional medical science on the Chinese art of T'ai Chi now shows what T'ai Chi masters have known for centuries: regular practice leads to more vigor and flexibility, better balance and mobility, and a sense of well-being. Cutting-edge research from Harvard Medical School also supports the long-standing claims that T'ai Chi also has a beneficial impact on the health of the heart, bones, nerves and muscles, immune system, and the mind. This research provides fascinating insight into the underlying physiological mechanisms that explain how T'ai Chi actually works. Dr. Peter M. Wayne, a longtime T'ai Chi teacher and a researcher at Harvard Medical School, developed and tested protocols similar to the simplified program he includes in this book, which is suited to people of all ages, and can be done in just a few minutes a day. This book includes:

- The basic program, illustrated by more than 50 photographs*
- Practical tips for integrating T'ai Chi into everyday activities*
- An introduction to the traditional principles of T'ai Chi*
- Up-to-date summaries of the research on the health benefits of T'ai Chi*
- How T'ai Chi can enhance work productivity, creativity, and sports performance*
- And much more*

The Pacific Symposium on Biocomputing (PSB) 2016 is an international, multidisciplinary conference for the presentation and discussion of current research in the theory and application of computational methods in problems of biological significance. Presentations are rigorously peer reviewed and are published in an archival proceedings volume. PSB 2016 will be held on January 4 – 8, 2016 in Kohala Coast, Hawaii. Tutorials and workshops will be offered prior to the start of the conference. PSB 2016 will bring together top researchers from the US, the Asian Pacific nations, and around the world to exchange research results and address open issues in all aspects of computational biology. It is a forum for the presentation of work in databases, algorithms, interfaces, visualization, modeling, and other computational methods, as applied to biological problems, with emphasis on applications in data-rich areas of molecular biology. The PSB has been designed to be responsive to the need for critical mass in sub-disciplines within biocomputing. For that reason, it is the only meeting whose sessions are defined dynamically each year in response to specific proposals. PSB sessions are organized by leaders of research in biocomputing's "hot topics." In this way, the meeting provides an early forum for serious examination of emerging methods and approaches in this rapidly changing field.

On February 26, 2020, the Board on Health Sciences Policy of the National Academies of Sciences, Engineering, and Medicine hosted a 1-day public workshop in Washington, DC, to examine current and emerging bioethical issues that might arise in the context of biomedical research and to consider research topics in bioethics that could benefit from further attention. The scope of bioethical issues in research is broad, but this workshop focused on issues related to the development and use of digital technologies, artificial intelligence, and machine learning in research and clinical practice; issues emerging as nontraditional approaches to health research become more widespread; the role of bioethics in addressing racial and structural inequalities in health; and enhancing the capacity and diversity of the bioethics workforce. This publication summarizes the presentations and discussions from the workshop.

In this national bestseller based on Harvard Medical School and Harvard School of Public Health research, Dr. Willett explains why the USDA guidelines--the famous food pyramid--are not only wrong but also dangerous.

On Nature and Nurture, Knowledge and Values

Foundations of Corneal Disease

Your Successful Preschooler

Better But Not Well

Against All Odds

Mental Health, Legal Capacity, and Human Rights

The First Three Hundred Years

To fill this void, Frank and Glied suggest that institutional resources be applied systematically and routinely to examine and address how federal and state programs affect the well-being of people with mental illness.

When you hear the term "strength training," perhaps you envision someone with bulging biceps and rippling abdominal muscles. But strength training can benefit people of all ages and athletic abilitieswhether you are 40 or 85, well toned or unable to rise from a wheelchair without assistance.

Provides practical solutions for ending coercion in mental health care and realizing the universal right to legal capacity.

While 36.7 million Americans practice yoga, there are still plenty who don't yet: in fact, half of all Americans profess interest in this ancient tradition and more studies show the benefits of yoga for stress reduction, physical fitness, and chronic conditions each year. The Harvard Medical School Guide to Yoga is a comprehensive guide that gets to the true healing heart of yoga and its latest research, through the techniques that authors Marlynn Wei and James Groves have used to great success with their clients. With a streamlined eight--week program, illustrations, adaptable sequences, principles of yoga safety, and an unpacking of the "eight limbs" of yoga—including breathing techniques and meditation, The Harvard Medical School Guide to Yoga is a medically sound overview of the practice. from a known and trusted brand.

Advice From A Medical School Admissions Dean

Alfalfa to Ivy

Support of Health Sciences Education by Integrated Academic Information Management Systems (IAIMS) : Proceedings of a Symposium Sponsored by the National Library of Medicine, March 12, 1986

Mental Health Policy in the United States since 1950

Premed Prep

Ten Skills Children Need to Become Confident and Socially Engaged

Body, Self, and Society

If you're a student hoping to apply to medical school, you might be anxious or stressed about how best to prepare. What classes should you take? What kinds of research, clinical, and volunteer opportunities should you be pursuing? What grades and MCAT scores do you need? How can you stand out among thousands of applicants? Premed Prep answers all these questions and more, with detailed case studies and insider tips that can help premed students authentically prepare and enjoy the journey from the very beginning. Dr. Sunny Nakae draws from her many years of experience as a medical school admissions dean to offer wise and compassionate advice that can help premed students of all backgrounds. She also has specific tips for students who are first-generation, minority, non-traditional, and undocumented. Both forthright and supportive, Dr. Nakae's advice is offered in a keep-it-real style that gives premed students a unique window into how admissions committees view and assess them. The case studies are drawn from her years of supporting students en route to medical school. Premed Prep covers how to approach preparation with a focus on exploration and growth, and how to stop obsessing over med school application checklists. This book will do more than help you get a seat in medical school; it will start you on the process of becoming a successful future physician.

How does one become a successful leader? This book teaches the theories and concepts behind leadership and explains the skills and traits needed to become a good leader. Teaching surgical faculty and trainees (i.e., residents and fellows) how to successfully lead will create more effective surgeon leaders. The skills and theories reviewed in this Volume are highly useful for numerous leadership situations, ranging from heading a committee, leading a research laboratory, directing a clinical effort, leading a Division, leading a Department, among others. By gathering these skills and theories into one comprehensive, portable book, more readers will have access to them.

Progress in information technology has fostered a global explosion of data generation. Accumulated big data are now estimated to be 4.4 zettabytes in the digital universe; and trends predict an exponential increase in the future. Health data are gathered from professional routine care and other expanded sources including the social determinants of health, such as Internet of Things. Biomedical research has recently moved through three stages in digital healthcare: (1) data collection; (2) data sharing; and (3) data analytics. With the explosion of stored health data, dental medicine is edging into its fourth stage of digitization using new technologies including augmented and virtual reality, artificial intelligence, and blockchain. Big data collaborations involve interactions between a diverse range of stakeholders with analytical, technical and political focus. In oral healthcare, data technology has many areas of application: prognostic analysis and predictive modeling, the identification of unknown correlations of diseases, clinical decision support for novel treatment concepts, public health surveys and population-based clinical research, as well as the evaluation of healthcare systems. The objective of this Special Issue is to provide an update on the current knowledge with state-of-the-art theory and practical information on human and social perspectives that determine the uptake of technological innovations in big data science in the field of dental medicine. Moreover, it will focus on the identification of future research needs to manage the continuous increase in health data and to accomplish its clinical translation for patient-centered research and personalized dentistry. This Special Issue welcomes all types of studies and reviews considering the perspectives of different stakeholders on technological innovations for big data science in all dental disciplines. Kind regards,

From a leading expert at one of the world's most respected medical schools--a complete program for achieving optimal memory, for life! Ever find yourself walking into a room and forgetting why? Having trouble remembering that pesky password or your siblings' birthdays? Don't panic. Memory lapses like these are common, especially after age forty. But memory loss isn't inevitable or irreversible. You can achieve optimal memory at any age--and this book shows you how. Dr. Aaron P. Nelson, a member of the Harvard Medical School faculty and a clinical neuropsychologist, has helped thousands of patients with memory and other cognitive problems. In his easy-to-understand guide you'll find: How to know if you've got a problem and how to have it evaluated How factors such as smoking, poor nutrition, and a sedentary lifestyle can hurt your memory A complete memory-optimizing program, including mental exercises, nutrition, tips for remembering important things, and more Current and future treatment options for serious memory impairment About the Harvard Medical School health guide series Each book from Harvard Medical School gives you the knowledge you need to understand and take control of your health. In every book, a world-renowned expert from Harvard Medical School provides you with the latest information on diagnosis, traditional and alternative treatments, home remedies, and lifestyle changes that can make a powerful difference in your health.

Swimming to Freedom

Becoming A Doctor At Harvard Medical School

Harvard Medical School Family Health Guide

The Harvard Medical School Guide to Yoga

The Whole Brain Atlas

An Examination of Emerging Bioethical Issues in Biomedical Research

50 Successful Harvard Medical School Essays

"This is a poignant and moving narrative collection from women who each in their own way were pioneers in their field of surgery. The story of the courage, physical strength, stamina and, most of all, the mental fortitude required to complete surgical training is beautifully conveyed here. This collection will hopefully both inspire and make the path easier for the next generation of surgeons, both women and men." - Abraham Verghese, MD; best-selling author of Cutting for Stone, The Tennis Partner, and My Own Country
"This book is an enthralling read. It is all too rare to hear the stories of surgeons, and even rarer to hear those of women surgeons. Yet here they are, told straight out, fearlessly, by residents and retirees alike. The stories are by turns funny, heartbreaking, flabbergasting, infuriating, inspiring-and at times all of these at once. Each voice here is singular and fascinating. But the collective effect is overwhelmingly moving. You want to hear more." - Atul Gawande, MD; staff writer for The New Yorker; surgeon; researcher; best-selling author of Complications, The Checklist Manifesto, and Better "An inspiring compendium of stories that challenged a generation and defined an era. Being a Woman Surgeon will be the archival account of the women who dared to radically advance the world's greatest profession." - Marty Makary, MD, MPH; Johns Hopkins surgeon; New York Times best-selling author of Unaccountable "An extraordinary collection of essays written by an even more extraordinary group of women, this book offers an unparalleled view of what it is like to be a woman surgeon. It is the book that I wish I had as a medical student and that even now I find inspiring." - Pauline Chen, New York Times columnist; surgeon; author of Final Exam-A Surgeon's Reflections on Mortality "Dr. John has carefully collected an illuminating anthology of experiential writings from women surgeons. Her contributors vary in surgical specialty, years of experience, and personal situation. This rich and literate collection will prove fascinating reading for anyone interested in the world of medicine." - Carol Scott-Conner, MD, FACS; surgeon; author of A Few Small Moments
Dr. Preeti R. John is a critical care surgeon who works in Baltimore, Maryland. She is triple board certified in General Surgery, Surgical Critical Care and Hospice and Palliative Medicine.

An accessible guide to family health care discusses drug interactions, symptoms, first aid, and how to choose a family doctor, including a new research about hormone therapy and heart surgery.

A deeply personal, heart-wrenching memoir of the author's upbringing in Communist China during the Cultural Revolution and his tenacious flight to freedom against all odds
When Kent Wong was a young boy, his father, a patriotic Chinese official in the customs office in Hong Kong, joined an insurrection at work and returned with the family to the newly established People's Republic of China. Hailed as heroes, they settled in the southern city of Canton. But Mao's China was dangerous and unstable, with landlords executed en masse and millions dying of starvation during the Great Leap Forward. Kent Wong's Swimming to Freedom is a memoir of a childhood amid revolutionary times, where boyish adventures and school days mixed with dire poverty and political persecution, and a moving story of an inextinguishable yearning to be free. Mao's Hundred Flower Campaign ensnared Kent's father. A decade later the Cultural Revolution closed schools, plunged the country into chaos, and scattered Kent and his sisters to disparate villages where they struggled to eke out a bare existence. Kent began to realize that with higher education closed to him (as the son of a “capitalist rightist”), he had no future in China. So, when he hooked up with a dissident underground and heard about fellow countrymen braving extraordinary hardship to reach freedom by swimming across miles of open water to Hong Kong, he decided to risk his life for a better future. Swimming to Freedom is an extraordinary account of a largely unknown chapter in history, when an estimated half million “Freedom Swimmers” risked everything to escape hardship and oppression. It is a gripping memoir and a moving testament to the human spirit.

Mental Health, Legal Capacity, and Human RightsCambridge University Press

The Future of Primary Care

IAIMS and Health Sciences Education

Blind Spot

Health Law and Bioethics

How Neoliberalism Infiltrated Global Health

Proceedings of a Workshop

12 Weeks to a Healthy Body, Strong Heart, and Sharp Mind

Conventional medical science on the Chinese art of Tai Chi now shows what Tai Chi masters have known for centuries: regular practice leads to more vigor and flexibility, better balance and mobility, and a sense of well-being. Cutting-edge research from Harvard Medical School also supports the long-standing claims that Tai Chi also has a beneficial impact on the health of the heart, bones, nerves and muscles, immune system, and the mind. This research provides fascinating insight into the underlying physiological mechanisms that explain how Tai Chi actually works. Dr. Peter M. Wayne, a longtime Tai Chi teacher and a researcher at Harvard Medical School, developed and tested protocols similar to the simplified program he includes in this book, which is suited to people of all ages, and can be done in just a few minutes a day. This book includes:

- The basic program, illustrated by more than 50 photographs
- Practical tips for integrating Tai Chi into everyday activities
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- Up-to-date summaries of the research literature on the health benefits of Tai Chi
- How Tai Chi can enhance work productivity, creativity, and sports performance
- And much more

Fifty all-new essays that got their authors into Harvard Medical School, including MCAT scores, showing what worked, what didn't, and how you can do it too. Competition to get into the nation's top medical schools has never been more intense. Harvard Medical School in particular draws thousands of elite applicants from around the world. As admissions departments become increasingly selective, even the best and brightest need an edge. Writing a personal statement is a daunting part of the application process. In less than 5,300 characters, applicants must weave together experiences and passions into a memorable narrative to set them apart from thousands of other applicants. While there is no magic formula for writing the perfect essay, picking up this book will put them on the right track. 50 Successful Harvard Medical School Essays is the first in a new line of books published by the Staff of the Harvard Crimson. It includes fifty standout essays from students who successfully secured a spot at Harvard Medical School. Each student has a unique set of experiences that led them to medicine. Each essay includes analysis by Crimson editors on essay qualities and techniques that worked, so readers can apply them to their own writing. This book will aid applicants in composing essays that reveal their passion for medicine and the discipline they will bring to this demanding program and profession. It will give them the extra help they need to get into the best medical school programs in the world.

High-quality primary care is the foundation of the health care system. It provides continuous, person-centered, relationship-based care that considers the needs and preferences of individuals, families, and communities. Without access to high-quality primary care, minor health problems can spiral into chronic disease, chronic disease management becomes difficult and uncoordinated, visits to emergency departments increase, preventive care lags, and health care spending soars to unsustainable levels. Unequal access to primary care remains a concern, and the COVID-19 pandemic amplified pervasive economic, mental health, and social health disparities that ubiquitous, high-quality primary care might have reduced. Primary care is the only health care component where an increased supply is associated with better population health and more equitable outcomes. For this reason, primary care is a common good, which makes the strength and quality of the country's primary care services a public concern. Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care puts forth an evidence-based plan with actionable objectives and recommendations for implementing high-quality primary care in the United States. The implementation plan of this report balances national needs for scalable solutions while allowing for adaptations to meet local needs.

A unique offering in this field from a sterling author team, **Health Law and Bioethics: Cases in Context** presents the stories and context of landmark cases in the field. By conveying back story and creating context, this brief text hooks students' interest and deepens their understanding of the law and policy implications of each case.

Sixty Women Share Their Stories

A Guide for Adults of All Ages

Biocomputing 2016

8 Weeks to Strength, Awareness, and Flexibility

Fevers, Feuds, and Diamonds

Proceedings of the Pacific Symposium

Ebola and the Ravages of History

A complete guide to understanding, treating, and living with thyroid disease, from Harvard Medical School More than 13 million people in the United States suffer from some form of thyroid disease, and that number is expected to rise precipitously as the baby boomer generation approaches its sixties. Written by an internationally respected authority on thyroid disease, Dr. Jeffrey R. Garber, The Harvard Medical School Guide to Overcoming Thyroid Problems is an up-to-the minute, authoritative source of practical information for thyroid patients and those who think they may have a thyroid problem. Working from the belief that "being informed is your best cure," Garber: Explains how the thyroid works, what can go wrong and why, and how to work with a doctor to feel better and stay healthy Dispels common myths and misconceptions about thyroid disease and describes the best diagnostic tests and both conventional and alternative treatment approaches Covers the most common forms of thyroid disease in detail, including Graves' disease, Hashimoto's disease, and thyroid cancer

All your life, your skin has been making a first impression for you. It can reveal whether you're hot or cold, tired or rested, sick or healthy. As you age, your skin changes in response to the elements that assail it, particularly the sun. On the inside, you may feel as good as ever, but the toll of years on your skin may send a different message.

Anne E. Becker examines the cultural context of the embodied self through her ethnography of bodily aesthetics, food exchange, care, and social relationships in Fiji. She contrasts the cultivation of the body/self in Fijian and American society, arguing that the motivation of Americans to work on their bodies' shapes as a personal endeavor is permitted by their notion that the self is individuated and autonomous. On the other hand, because Fijians concern themselves with the cultivation of social relationships largely expressed through nurturing and food exchange, there is a vested interest in cultivating others' bodies rather than one's own.

This multimedia CD-ROM is a comprehensive and interactive visual guide to normal brain anatomy and brain pathology as seen on tomographic images. The CD-ROM contains over 13,000 MRI, PET, SPECT, and CT images and video clips of normal brain structures and pathologic changes in cerebrovascular, neoplastic, degenerative, and inflammatory/infectious diseases. Thirty illustrative cases integrate whole-brain imaging data sets from real patients with clinical information. Unique software navigational tools enable the user to / compare normal and abnormal images / view transaxial slices of the brain / superimpose images in different modalities / take guided video "tours" of brain structures and disease states.An Atlas of Normal Structure and Blood Flow depicts 100 major brain structures. Complete demonstrations of vascular anatomy and normal aging are also included. The 30 cases consist of full volume data sets in one or several imaging modalities. Some cases include images acquired at several points in the course of a disease. The images can be superimposed to allow direct spatial and temporal comparisons between image types and between points in time.Windows / Macintosh Compatible Compatibility: BlackBerry® OS 4.1 or Higher / iPhone/iPod Touch 2.0 or Higher /Palm OS 3.5 or higher / Palm Pre Classic / Symbian S60, 3rd edition (Nokia) / Windows Mobile™ Pocket PC (all versions) / Windows Mobile Smartphone / Windows 98SE/2000/ME/XP/Vista/Tablet PC

The Harvard Medical School Guide to Tai Chi

Overcoming Addiction: Paths toward recovery

Dependents' Educational Assistance Program (DEA)

Implementing High-Quality Primary Care

The View from Fiji

Cases in Context

The Legacy of Students of African Descent at Harvard Medical School Before Affirmative Action, 1850-1968

White Coat is Dr. Ellen Lerner Rothman's vivid account of her four years at Harvard Medical School. Describing the grueling hours and emotional hurdles she underwent to earn the degree of M.D., Dr. Rothman tells the story of one woman's transformation from a terrified first-year medical studen into a confident, competent doctor. Touching on the most relevant issues in medicine today--such as HMOs, aIDs, and assisted suicide--Dr. Rothman recounts her despair and exhilaration as a medical student, from the stress of exams to th hard-won rewards that came from treating patients. The anecdotes in White Coat are funny, heartbreaking, and at times horrifying. Each chapter tae us deeper into Dr. Rothman's medical school experience, illuminating her struggle to walk the line between too much and not enough intimacy with her patients. For readers of Perri Klass and Richard Selzer, Dr. Rothman looks candidly at medicine and presents an unvarnished perspective on a subject that matters to us all. White Coat opens the infamously closed door between patient and doctor in a book that will change the way we look at our medical establishment. In White Coat, Ellen Rothman offers a vivid account of her four years at one of the best medical schools in the country, and opens the infamously closed door between patient and doctor. Touching on today's most important medical issues -- such as HMOs, AIDS, and assisted suicide -- the author navigates her way through despair, exhilaration, and a lot of exhaustion in Harvard's classrooms and Boston's hospitals to earn the indisputable title to which we entrust our lives. With a thoughtful, candid voice, Rothman writes about a wide range of experiences -- from a dream about holding the hand of a cadaver she had dissected to the acute embarrassment she felt when asking patients about their sexual histories. She shares her horror at treating a patient with a flesh-eating skin infection, the anxiety of being "pimped" by doctors for information (when doctors quiz students on anatomy and medicine), as well as the ultimate reward of making the transformation and of earning a doctor's white coat. For readers of Perri Klass, Richard Selzer, and the millions of fans of ER, White Coat is a fascinating account of one woman's journey through school and into the high-stakes drama of the medical world. In White Coat, Ellen Rothman offers a vivid account of her four years at one of the best medical schools in the country, and opens the infamously closed door between patient and doctor. Touching on today's most important medical issues -- such as HMOs, AIDS, and assisted suicide -- the author navigates her way through despair, exhilaration, and a lot of exhaustion in Harvard's classrooms and Boston's hospitals to earn the indisputable title to which we entrust our lives. With a thoughtful, candid voice, Rothman writes about a wide range of experiences -- from a dream about holding the hand of a cadaver she had dissected to the acute embarrassment she felt when asking patients about their sexual histories. She shares her horror at treating a patient with a flesh-eating skin infection, the anxiety of being "pimped" by doctors for information (when doctors quiz students on anatomy and medicine), as well as the ultimate reward of making the transformation and of earning a doctor's white coat. For readers of Perri Klass, Richard Selzer, and the millions of fans of ER, White Coat is a fascinating account of one woman's journey through school and into the high-stakes drama of the medical world.

"Paul Farmer brings his considerable intellect, empathy, and expertise to bear in this powerful and deeply researched account of the Ebola outbreak that struck West Africa in 2014. It is hard to imagine a more timely or important book." —Bill and Melinda Gates "[The] history is as powerfully conveyed as it is tragic . . . Illuminating . . . Invaluable." —Steven Johnson, The New York Times Book Review In 2014, Sierra Leone, Liberia, and Guinea suffered the worst epidemic of Ebola in history. The brutal virus spread rapidly through a clinical desert where basic health-care facilities were few and far between. Causing severe loss of life and economic disruption, the Ebola crisis was a major tragedy of modern medicine. But why did it happen, and what can we learn from it? Paul Farmer, the internationally renowned doctor and anthropologist, experienced the Ebola outbreak firsthand—Partners in Health, the organization he founded, was among the international responders. In Fevers, Feuds, and Diamonds, he offers the first substantive account of this frightening, fast-moving episode and its implications. In vibrant prose, Farmer tells the harrowing stories of Ebola victims while showing why the medical response was slow and insufficient. Rebutting misleading claims about the origins of Ebola and why it spread so rapidly, he traces West Africa's chronic health failures back to centuries of exploitation and injustice. Under formal colonial rule, disease containment was a priority but care was not – and the region's health care woes worsened, with devastating consequences that Farmer traces up to the present. This thorough and hopeful narrative is a definitive work of reportage, history, and advocacy, and a crucial intervention in public-health discussions around the world.

The latest research shows that children can be taught—at very early ages—the tools they need to become successful and connected to others. This new book offers parents and teachers the information they need to teach children the most effective ways to engage peers and make social interactions easier and more meaningful. Your Successful Preschooler: Shows how facilitated play can become an opportunity to improve your child's emotional connections with peers Teaches parents and educators how to foster growth in vocabulary and language during play, key ingredients to academic success Presents dozens of anecdotes with dialogues parents can use to teach children how to better relate to their peers Using the methods outlined in the book, parents and teachers can support activities that lead to a lifetime of social success and likeability that are crucial for every child's emotional stability.

Neoliberalism has been the defining paradigm in global health since the latter part of the twentieth century. What started as an untested and unproven theory that the creation of unfettered markets would give rise to political democracy led to policies that promoted the belief that private markets were the optimal agents for the distribution of social goods, including health care. A vivid illustration of the infiltration of neoliberal ideology into the design and implementation of development programs, this case study, set in post-Soviet Tajikistan's remote eastern province of Badakhshan, draws on extensive ethnographic and historical material to examine a "revolving drug fund" program—used by numerous nongovernmental organizations globally to address shortages of high-quality pharmaceuticals in poor communities. Provocative, rigorous, and accessible, Blind Spot offers a cautionary tale about the forces driving decision making in health and development policy today, illustrating how the privatization of health care can have catastrophic outcomes for some of the world's most vulnerable populations.

Medicine at Harvard

Skin Care and Repair

Strength and Power Training

Leadership in Surgery

Lessons from an Optical Illusion

Memoir of a Harvard Medical School Dean

Providing a practical, current, evidence-based approach to all aspects of perioperative care for the patient with vascular disease, this title is an essential read for all vascular anaesthetists, anaesthetic nurses and all those involved in the care of vascular patients throughout the world. The field of cornea has seen tremendous advances over the last 40 years—this uniquely comprehensive book will discuss the history of these advances, current best practices in important diseases of the cornea and ocular surface, and examine future directions in diagnosis and management.

Written by leading experts, many of whom trained under Claes Henrik Dohlman, MD, PhD, whose influence and many invaluable contributions have defined and shaped the field of cornea, each chapter will reflect the state of the art in the various aspects of cornea. Foundations of Corneal Disease: Past, Present, and Future contains six different sections, opening with an introduction which delves into the evolution of subspecialty training in cornea, and provides a historical perspective of our understanding of ocular surface disease. Section Two addresses perspectives on important corneal and external diseases including infectious keratitis, dry eye, and herpes simplex. Section Three and Section Four address surgery and surgical alternatives, and frontiers in corneal research. Section Six closes this book with a discussion of special topics: imaging the cornea, corneal blindness, eye banking, and clinical trials in dry eye, and explores future directions in this fast-paced field. Foundations of Corneal Disease: Past, Present, and Future contains is an ideal guide for corneal specialists, ophthalmology residents and fellows planning to enter cornea, corneal scientists, and to those in ophthalmology and visual science interested in a comprehensive resource on cornea and the history of this field.

Big Data in Dental Research and Oral Healthcare

White Coat

Harvard Medical School Guide to Overcoming Thyroid Problems

The Harvard Medical School Guide to Healthy Eating

Past, Present and Future

Being a Woman Surgeon