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theoretical and*

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suffer from conditions such as migraine headaches, arthritis, mood disorders, chronic fatigue, asthma, allergies, and menstrual dysfunction, which are all related to a disorder in digestive health. Despite the

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approaches to
treatment and
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these approaches are
largely overlooked
in treating
gastrointestinal
disorders. Rather,
treatment plans tend*

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through designing, conducting and disseminating primary care research, a growing discipline internationally. The vast majority of health care issues are experienced by people in community settings, who are not adequately

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tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy, practice, and research. Each individual chapter contribution is

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organized around a central theme: that the integration of theory, clinical wisdom, and practical and meaningful research produce the best understanding of couple and family relationships, and the best treatment options. The handbook contains

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five parts: • Part I describes the history of the field and its current core theoretical constructs • Part II analyzes the theories that form the foundation of couple and family therapy, chosen because they best represent the broad range of schools of

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- Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative, evidence-based, and clinically responsive
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common mistakes involved with supervision, the skills described in this section create an atmosphere conducive to learning and maintaining a working trainer-trainee relationship, and finally, for training of supervisors. Practical guidelines for using live and

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video supervision are included. Section III features family therapy trainers in such diverse fields as psychiatry, psychology, family medicine, social work, nursing, free-standing and academic family therapy programs, who describe the problems and advantages they

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encounter teaching these new ideas within their idiosyncratic contexts. The book closes with a section that includes reflections on the field by such innovative and respected leaders as Cloe Madanes and Jay Haley. Among topics covered are perspectives and recommendations for

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*evaluating family
therapy, practical
advice for
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An appendix follows
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by subject for easy reference. Given the level and scope of this extraordinary text, FAMILY THERAPY TRAINING AND SUPERVISION is an invaluable resource for anyone interested in teaching, learning, or simply appreciating family therapy.

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