

## Coaching The Tiki Taka Style Of Play

Pep's wife, Cristina Serra, told me, 'I think Pep shares too much in your book. Too much tactical information. He's very open about these things in his press conferences too. Other coaches don't do that. Any coach who reads your book will get a complete run down of Pep's tactics . . .' For three extraordinary seasons, Martí Perarnau was given total access around Bayern Munich – to its players, its backroom staff, its board members and, above all, to its manager, Pep Guardiola. In the follow-up to his critically acclaimed account of Guardiola's first full season at Bayern, Pep Confidential, Perarnau now lifts the lid on the Catalan's whole tenure in Bavaria. Pep Guardiola: The Evolution takes the reader on a journey through three action packed seasons as Bayern smashed domestic records yet struggled to emulate that dominance in Europe, analysing Guardiola's management style through key moments on and off the field. As the author shadows the manager and his superstar players during training and matchdays, he delivers a portrait of some of football's most spellbinding individuals that is as enthralling as it is utterly unique. Perarnau reveals how Guardiola improved as a manager at Bayern despite failing to land the ultimate prize in European football, examines his decision to leave Germany to take up the challenge at Manchester City and how his managerial style will continue to evolve in the Premier League. This is more than the story of three seasons with one of the biggest clubs in the game, it is a

portrait and analysis of a manager and the footballing philosophies that have beguiled the world.

Grandmaster Nigel Davies presents a major study of the Catalan, providing a reliable and dynamic repertoire for White and covering the main plans for both sides.

Through the years a wealth of information has been accumulated in soccer.

Experiential and science-based knowledge abounds in the sport. Yet the scientific information has not been sufficiently disseminated to those who would benefit most from it. Soccer Science fills the void with the best and most up-to-date research in the sport. With editor Tony Strudwick and a who's-who list of international experts on the sport, Soccer Science offers you an unprecedented wealth of advanced yet accessible information on biomechanics, physiology, psychology, skill acquisition and coaching, tactical approaches and performance and match analysis. It is simply the most significant and comprehensive published work on the sport.

Gerard Houllier the former Liverpool, PSG and Lyon Manager said, "The important moment in the game today is when the ball is won or lost." Gegenpressing means to pressure the ball the instant possession is lost, with the intent of launching a quick counter attack when possession is regained. It is different than ordinary pressing where play is always directed into pre-determined pressing areas of the field. Gegenpressing is literally a swarm of intense high-energy players immediately trying to win the ball back after possession is lost, in most cases this is carried out high up the field. The idea

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behind this type of counter pressing is to force the opposition into hurried decisions and inaccurate passes, coupled with a heavy psychological pressure on the player in possession. This book provides insight into Jurgen Klopp's Gegenpressing tactics along with training exercises that teach Gegenpressing.

The Barcelona Inheritance

Team Training Exercises Using the Positional Grid

How to Create a High-Performance Culture

The Linguistics of Football

Ren é Meulensteen & Man Utd Methods of Success (2007-2013) - Ren é 's Coaching Philosophy and Training Sessions (94 Practices), Sir Alex Ferguson's Management, Culture, Principles and Tactics

The positional grid is like a cognitive road map for players when in possession. Depending on where the ball is located, players are responsible to fill a specific a location in the positional grid. The end result is that a team shape or structure will develop in possession, resulting in a positional soccer style of play. However, the game of soccer has unlimited ever changing situations and variables, so there will always be freedom within the provided positional structure to make adaptations. The positional soccer grid divides the training pitch into 20 sections, basically five vertical rows and four cross-field sections. The widest channels are referred to as the low option areas, because there are limited passing opportunities that can be made from out wide. The

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widest areas are utilized often to draw the defense out, moving them from side to side to open up space in between the defenders or on the far side. The next space that borders the wide channel is called a "half space". The half space is a dangerous area because penetrating balls and shots on goal can be taken from this position. Guardiola often liked his most dangerous players like Robben or Messi to receive the ball in the half spaces. How many goals have we seen those two players create by cutting inside and shooting to the far post! The next space is the large space on top of the 18-yard box, this space is considered the most dangerous area on the soccer field. This large box is so dangerous because more goals are created from this area than anywhere else. However, quick 1-touch play is critical in this area to be effective, with the largest concentration of defenders located in this space. Of course players like Messi are invaluable in areas like this, as they can make the impossible happen, changing the game. The positional grid offers a structure and provides cues for players, letting them know to adjust their position depending in which zone the ball is in, they must know when to fill an empty zone when it has been vacated, or to move into a zone to create superiority of numbers. A general rule of thumb is that no more than three players will be in a horizontal line, and not more than two in a vertical line, this helps give the player on the ball two-three passing options. The entire game can be taught using the grid, from build-up play to the attacking third. When using the grid to teach positional soccer there are many ways to utilize it. One way is to set-up trainings that require players to operate inside the positional grid, adhering to specific conditions, but still allowing a degree tactical freedom while encouraging problem solving. An example of this would

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be requiring five shorter passes on one side of the field before a long pass can be made, switching the field to the far wide player. The next type of training can use the grid as more of specific road map that must be strictly adhered to. An example of this would be working on playing the ball out of the back. Each player will be assigned a specific part of the grid to be in, as a standard way of operating out of the back is established. The other beneficial aspect of using the positional grid is that it organizes space on the field in a realistic way for players. When players train tactics in specific game realistic spaces, their soccer awareness, tactical sense and soccer IQ benefit. Training in the positional grid helps players better judge distance, space and time in relationship to carrying out the desired tactics. I recommend training with the grid and then removing the grid at the end, so that spatial relationship is further reinforced. The Real Giants of Soccer Coaching is a collection of the curated thoughts of nearly 30 top soccer coaches from around the globe. In this book, you will gain access to the depth and breadth of experience from some of the best coaches across all areas of the beautiful game: from grassroots to premier leagues and everything in between. You will learn theoretical details about tactical periodization, positional play, and the science of motor learning. You will also learn from Youth National Team coaches, NCAA National Championship winning coaches, and First Division coaches from top European clubs. This book is a resource that can direct your coaching education over and around the perilous pitfalls that often consume most coaches. After reading this book, you will have gained the experience, knowledge, and wisdom of some of the best coaches across all areas of the game. You don't have to go your coaching path alone. Take this

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book and bring the wisdom of these top coaches with you to help navigate every corner, turn, and hazard along your way to becoming a great coach.

Coaching the Tiki Taka Style of PlaySoccertutor.com Limited

'Does culture create competitive advantage? Case closed in this compelling analysis of sporting success. Read it.' – James Kerr, bestselling author of *Legacy*. In *The Barcelona Way*, sports psychologist Prof. Damian Hughes draws on exclusive insight into FCB as well as first-hand research from organizational psychology, to set out a method to create your own high-performance culture. At the heart of FCB's winning culture are a set of principles, epitomized by Pep Guardiola, Johan Cruyff, Lionel Messi and many other FCB legends, which govern how to nurture talent, prepare for change and provide the best environment to build a culture of sustained success. These principles: Big Picture, Arc of Change, Repetition, Cultural Architects, Authentic Leadership are at the heart of FCB's unprecedented domination of football, and are the key to developing high-performance cultures in any team-based organisation across every industry. *The Barcelona Way* is a hugely practical must-read that sets out a clear plan, based on the same principles, for you to create a culture of success and get the best of yourself and your team.

Pep Guardiola

Barça

Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices

Mapping the Pitch

Soccer Tactics 2014: What the World Cup Taught Us

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Pep Guardiola - 88 Attacking Combinations and Positional Patterns of Play Direct from Pep's Training Sessions

*FC Barcelona are the greatest football team in the world, the greatest for a generation and possibly the greatest of all time. This is the inside story of how the team came to redefine how the game is played, told by the journalist closer to it than any other. This edition contains a new epilogue reflecting on the departure of Pep Guardiola and Spain's victory at Euro 2012.*

*You've never seen football formations and tactic explored like they are in Total Football ever before. A must-have for football experts! A goalkeeper, two defenders and eight attackers - it's no surprise that in the 1950s under this popular formation scores like 9-3 were common. So what changed? Total Football tells the evolution of football tactics: from the birth of Total Football in the Netherlands to the dominance of tiki taka in Spain and Brazil, each chapter explores an iconic tactic. Innovative graphics alongside expert text guide you through the manager*

*decisions that developed new formations, the pure talent of players that defined each playing style and the matches that propelled the winning tactic to legendary status. Sanjeev Shetty explores how each tactic works, how they came to dominate and how opponents worked to find a way to beat them. From Pele to Messi, Cruyff to Mourinho, Total Football explores the tactics that made the legends, giving you a new understanding of how the beautiful game is played.*

*Rondos develop a player's speed of thought, speed of play, individual and collective ball retention capabilities, footwork, agility, soccer problem solving skills, team work and ability to create a rhythm or tempo of play. These are essential and critical skills in the game of soccer. Watch a full 11v11 game and see how many touches each player gets. Research indicates players will touch the ball 20-40 times in the course of a 90 minute game. Rondo can increase a player's skill level quickly because they are put in realistic game-like situations over and over again in a small time frame. A player can touch the ball twenty to*

*forty times in a 5 minute period playing rondo. The touches in rondo are meaning full touches as well; they require players to find solutions to high pressure defending situations that are game related and virtually non-stop. "The Science of Rondo" is the ultimate book for coaches who want their teams to develop by using rondo training. The book includes my personal rondo-training curriculum that I use with my team. It contains rondo variations, progressions and transitions. I show you how to combine rondos with passing patterns, fitness exercises and game related possession drills. If you want to understand rondo and rondo training methods, than this book is for you. Enjoy. This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best coaches in the history of football. The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City, Bayern Munich and FC Barcelona. Goalkeeper Training Program - 120 Drills to Produce Top*

*Class Goalkeepers*

*Key to A Practical Course in Interactive English Grammar  
9-10*

*Soccer Science*

*Mastering the Modern Game*

*Play Like Pep Guardiola's Barcelona*

*Play the Catalan*

**René Meulensteen (UEFA Pro Licence) spent 12 years at Manchester United and was Sir Alex Ferguson's First Team Coach during the most successful years in the club's history (2007- 2013). René's expertise provides coaches of all levels a great insight into the key aspects and methods behind Manchester United's success when they won 1 x UEFA Champions League (+2 Runner-up), 4 x Premier Leagues and 1 x League Cup all within 6 seasons. During this period, René was responsible for creating and coaching all of the first team training sessions. He kept a record of every single training session in organised folders, and these Technical and Tactical Practices and Sessions form the basis of this book (94 Practices included). This book provides a detailed blueprint of the successful structure and organisation of Manchester United, as well as the Management, Leadership, Principles, Tactics and Philosophy of Play of the greatest British manager in history, Sir Alex Ferguson. Find out how Manchester United produced such a High Speed of Play, created Waves of Attacks, and how they scored so many late goals using Scenario Training ("Fergie Time"). All of this content will provide**

**you with a great understanding of the methods behind Manchester United's success, from the training pitch to match days. This is your chance to practice and apply René's exact Manchester United training sessions, enabling your team to reproduce Alex Ferguson's team's fantastic attacking style. MANCHESTER UNITED PRACTICE / SESSION TOPIC EXAMPLES: Build-up Play Switching Play Forward Passes and Runs to Break the Lines Attacking Overloads Crosses and Box Runs Attacking Combination Play Dominating 1v1 Situations and Finishing Defensive Shape, Pressing and Recovery Transition from Defence to Attack (Counter Attacks) "Fergie Time" Scenario Training As well as the first team training sessions, this book also shows you René's Development Model, Coaching Philosophy, and the importance of Specific Technical Training (1v1s and Finishing). During his time at Manchester United, René was attributed to improving the individual technique and performances of Cristiano Ronaldo, Ryan Giggs, Ruud van Nistelrooy, Robin van Persie, Nani, and many others. The practices he used for individual or small group training are included in this book.**

**The Spaniards' approach to the beautiful game is not just a matter of radical short passing combinations, or very skilled players, or organized teams during the defensive phase. It is all that and much more. For many years, in Spain we have been strongly influenced by at least a dozen different football cultures and we have been lucky to learn from all of them, resulting in the creation of our own way of understanding the game. It would be better to say 'our own several ways of understanding the game', because Spanish football includes Rafa Benítez, Julen Lopetegui, Pep Guardiola, Marcelino García-Toral, Ernesto Valverde, Roberto Martínez, Unai Emery, Luis Enrique**

at the same time... and many others whose coaching personality may be night and day, but who always keep three guidelines in common: passion for coaching, deep understanding of the game and excellence in professional performance. This book firstly analyses what we could call a 'hybrid' tactical approach, one of those many ways of understanding the game, and later lays out another combined idea, this time looking at the grassroots level and the management of football academies, as a summary of the best practices of the Spanish elite clubs, above all in training methodologies.

Maarten Arts (UEFA A Coaching Licence) has many years of coaching experience at the elite level all around the world and has created a full blueprint of 120 Drills to produce top class goalkeepers. This training program has proved to create better, all round goalkeepers at every level, from juniors up to top-level international goalkeepers. This book shows you how to develop goalkeepers with specific drills, but it will also inspire you to create your own drills in the image of this program. Included with each drill, there are detailed coaching points which are essential to develop goalkeepers in the best way. This book focuses on the fundamental technical skills needed to become a top class goalkeeper and includes chapters "Drills with Outfield Players" and "Goalkeeper Games" to show you how to use these skills in situations similar to a match. Each of the 12 chapters in this book includes 10 Drills on a specific goalkeeping technique or topic: 1. CATCHING 2. FALLING 3. DIVING 4. PUNCHING 5. PARRYING 6. HIGH BALLS 7. ONE V ONE 8. TECHNICAL SKILLS WITH THE FEET 9. FOOTWORK 10. DISTRIBUTION 11. DRILLS WITH OUTFIELD PLAYERS 12. GOALKEEPER GAMES Maarten Arts UEFA A

**Coaching Licence Royal Union Saint Gilloise (Belgium) Goalkeeping Coach (2018 - Present) Al Wahda (Abu Dhabi) Head Goalkeeping Coach (2017 - 2018) Wadi Degla FC (Egypt) Head Goalkeeping Coach (2015 - 2017) Lierse SK (Belgium) Goalkeeping Coach (2014 - 2015) Saudi Arabia National Team Goalkeeping Coach (2013 - 2014) Umm Salal (Qatar) Goalkeeping Coach (2010 - 2013) FC Utrecht Goalkeeping Coach (1998 - 2009) "I wish you all great success in your careers and I hope the drills in this book will help make your goalkeepers TOP Class." - Maarten Arts**

**Jed Davies outlines in detail the Tiki-Taka football philosophy popularised by Barcelona and Spain and shows you, the coach, how to implement this style of play. Davies has studied the methods used at FC Barcelona, Liverpool FC, Swansea City FC, Villarreal CF and AFC Ajax who have all developed possession based philosophies as a way of controlling and winning games. Part 1 explores the development theory that requires an understanding before you are able to produce the Tiki-Taka style of football, this includes: Establishing a Football Philosophy, Identifying Local Talent and Purposeful Training. Part 2 looks at the Tiki-Taka philosophy and how it can be developed through purpose designed training sessions. 50 practices are provided from professional clubs including FC Barcelona, AFC Ajax, Athletic Bilbao and Liverpool FC. Part 3 looks at the influential figures in the evolution of Tiki-Taka with chapters on Rinus Michels ('The Father of Football'), Johan Cruyff and Pep Guardiola among others. Part 4 looks at the Tactical Theory and provides a blueprint of how to play with the Tiki-Taka brand of football. It analyses positional systems, game realistic situations and solves tactical problems such as when the opposition are sitting in a deep low block ('Parking the**

**Bus'), all using the advice provided from professional coaches who have been involved in the implementation of the Tiki-Taka philosophy. Included: Guardiola, Cruyff and Van Gaal's Positional Systems Ball Circulation Transition Phases Collective Pressing (inc.Barca's 6 Second Rule) Creating Goal Scoring Opportunities Tactical Solutions/Variations Individual Player Roles & Responsibilities Developing Game Intelligence in Soccer Coaching the Juventus 3-5-2 - Tactical Analysis and Sessions Pep Guardiola Attacking Tactics - Tactical Analysis and Sessions from Manchester City's 4-3-3 Dutch Academy Football Coaching (U12-13) - Technical and Tactical Practices from Top Dutch Coaches The Barcelona Way**

**Coaching Positional Play - "Expansive Football" Attacking Tactics & Practices**

Key to A Practical Course in Interactive English Grammar 9-10

The ebook version does not contain CD.

After the hugely popular Volume 1, Volume 2 gives you another rare opportunity into Pep Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos, Positional and Possession Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona.

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Coach your young players to their maximum potential! Developing Youth Football Players combines proven coaching methods with engaging games that allow young athletes to develop their skills, understand team play and appreciate the sport.

An absolutely essential book for every modern football fan, about the development of Premier League tactics, published to coincide with 25 years of the competition.

How To Watch Football

Developing Youth Football Players

Tactical Periodization - A Proven Successful Training Model

Train Like Barcelona - Play Like Barcelona

The Mixer: The Story of Premier League Tactics, from Route One to False Nines

Spanish Football: Much more than "Tiki Taka"

This book is not designed to break down Arsenal's 4-4-2 or 4-2-3-1 Formation. It is not an in depth tactical analysis of each player's roles and responsibilities in the system. If you are interested in details of specific systems you can pick up my book "Playing The Modern 4-2-3-1" or "Playing The Modern 4-4-2 Diamond". The focus of this book is to provide you with training ground exercises that focus on the major principles and concepts that Arsenal embrace in their style of play. Many of the exercises are directly from Arsenal FC. Each exercise directly relates to the "Training Model" that fits with Arsenal's "Game Model". The exercises focus on the four

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phases of the game: attacking transition, attacking organization, defensive transition and defensive organization. Arsenal is known for their ball circulation (attacking organization), quality of passing, movement off the ball and penetrating passing in the final third. Playing the Arsenal style requires excellent technical players, a belief in a passing system, tactical intelligence and the ability to break down teams and finish in the attacking third. Playing against Arsenal can be very difficult because the majority of possession is usually with Arsenal. Sessions focus on ball circulation, penetrating the attacking 1/3 and developing quick technical passing ability. These exercises will have your team training like Arsenal and after time playing like Arsenal (training model = game model). I would strongly recommend that you also read my book "Tactical Periodization: Made Simple" in order to get a greater understanding of how to organize and create a training system like the ones the top clubs in the world use. I hope you find the exercises rewarding!

World Cups throw up unique tactical variations. Countries and football cultures from around the globe converge, in one place, to battle it out for world soccer supremacy. The 2014 World Cup in Brazil was no different, arguably throwing up tactical differences like never seen at a competition in modern times. Contests are not just won by strong work ethics and technical brilliance, but by tactical discipline, fluidity, effective strategies, and (even) unique national traits. Soccer Tactics 2014 analyses the intricacies of modern international systems, through the lens of matches in Brazil. Covering formations, game plans, key playing positions, and individuals who bring football tactics to life - the book offers analysis and insights for soccer coaches, football players, and fans the world over. Whether it is Tiki-Taka, counter-attacking, or David defending heroically to defeat Goliath - this book sheds light on where football tactics

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currently stand... and where they are going. This colour title includes analysis of group matches, the knock out stages, and the final.

More than 6 years after his death David Halberstam remains one of this country's most respected journalists and revered authorities on American life and history in the years since WWII. A Pulitzer Prize-winner for his ground-breaking reporting on the Vietnam War, Halberstam wrote more than 20 books, almost all of them bestsellers. His work has stood the test of time and has become the standard by which all journalists measure themselves. Bill Belichick's thirty-one years in the NFL have been marked by amazing success--most recently with the New England Patriots. In this groundbreaking book, *THE EDUCATION OF A COACH*, David Halberstam explores the nuances of both the game and the man behind it. He uncovers what makes Bill Belichick tick both on and off the field.

From Cruyff's "Total Football" to the epic rivalry between Guardiola and Mourinho, a gripping chronicle of the rise and fall of Barcelona's dominance in world soccer. Barcelona's style of play -- pressing and possessing -- is the single biggest influence on modern soccer. In *The Barcelona Inheritance*, Jonathan Wilson reveals how and why this came to pass, offering a deep analysis of the evolution of soccer tactics and style. In the late 1990s, Johan Cruyff's Dream Team was disintegrating and the revolutionary manager had departed, but his style gave birth to a new generation of thinkers, including Pep Guardiola and Jos é ourinho. Today, their teams are first and second in the Premier League, marking the latest installment in a rivalry that can be traced back twenty-five years. *The Barcelona Inheritance* is a book about the tactics, the personalities, the friendships, and, in one case, an apocalyptic falling-out that continue to shape the game today.

Pep Guardiola's Positional Grid

Coaching the Tiki Taka Style of Play

The Real Giants of Soccer Coaching

25+ of the Best Training Exercises Used by Fc Barcelona.

Gegenpressing - Counter Pressing Made Simple

15 Training Ground Exercises That Will Have Your Team Playing Like Arsenal Fc

*Written by Agustin Peraita, FCB Escola Project Director at Sao Paulo FC*

*Barcelona, this book is for soccer coaches looking to understand and implement*

*Pep Guardiola's tactical approach and coaching methodology for his 2009-2010*

*Barca side. Contains over 50 illustrations, detailing on-field drills, tactical diagrams and weekly planning schedules."*

*This book takes an informal and entertaining look at some of the most influential football coaches and teams in the game's history as well as exploring some of the origins of football's more well-known formations and the players who were an integral part of them. By taking an informative yet informal and entertaining look at the history and evolution of football formations and tactics, the author identifies just a few of some of the pioneering figures in the early years of the game, people like Jack Hunter, the visionary coach of Blackburn Olympic who prepared his team for a crucial match by taking them to the seaside for a few days of "...hard running on the towns famous sands as well as a regular diet of oysters, and, very strictly, no beer" and the players of Queens Park FC who conceived and played tiki-taka football over a century before Pep Guardiola and his all*

*conquering Barcelona players were even born. Mapping The Pitch also looks at some of the great international sides in the games history, including the Hungary team which so astonished and captivated the sporting world in the 1950's, not least because of the role played by and exceptional ability of a player very few people will have heard of today, Nándor Hidegkuti, one of the forerunners of the position that made players like Pele, Cruyff and Maradona so revered in the modern game. It also explores the contemporary theme within the game that sees teams enter matches with a mentality of looking not to lose rather than to win, a telling but subtle difference between football today and how it was half a century and more ago, one typified by an emphasis on midfield domination and possession-one that is not so dissimilar to the priorities teams adopted in mob football in the middle ages. "A rich and privileged team of the upper classes set to take on the working class, cloth capped men of the town that relied upon the cotton industry to house and feed its poor against the top-hatted and tailed men of the aristocracy. There's a big budget movie in there somewhere, one with, as it turns out, a happy ending."*

*How can one striker be better than three? Why do the best defenders never need to make a tackle? What's the secret of Tiki-taka? Welcome to Ruud Gullit's masterclass on how to 'read' a match. From his unrivalled perspective as player, manager and pundit, the Dutch football legend shows us everything to look for in a 90 minute match. From formations and tactical decisions to player qualities and pivotal moments, Ruud Gullit unveils the hidden patterns on the pitch. Packed*

*with his acute insights, original observations and talking points, How to Watch Football will quite simply change the way you see the beautiful game. An insightful, comprehensive and always entertaining appreciation of how European football has developed over the last three decades by the author of the much heralded The Mixer.*

### *Attacking*

*The Making of the Greatest Team in the World*

*The Education of a Coach*

*The Science of Rondo*

*The evolution of football formations and plays*

*The Evolution of Winning Soccer Tactics from Cruyff to Guardiola*

Juventus are the most successful team using the 3-5-2 formation in modern football. Juve have won 4 consecutive Serie A league titles including an unbeaten run of 49 games, 1 Coppa Italia and reached the Champions League final in 2014. Juventus are a very successful attacking team that focus on exploiting their numerical advantage at the back, patient build up play, pushing many players into advanced positions and finally creating and exploiting space in behind the defensive line. Athanasios Terzis is a successful

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author of some of the best-selling Football Coaching books, most notably with 'Jurgen Klopp's Attacking and Defending Tactics' and 'FC Barcelona Training Sessions' which won the Italian FA Award for "Best Coaching Book" in 2014. In this book the popular author presents a full and extensive analysis of the Juventus 3-5-2 formation during the 2013-14 season. This tactical blueprint is clearly presented with supporting diagrams and detailed descriptions of the attacking phase, the transition from attack to defence and the transition from defence to attack which enable you to discover exactly how Juventus played in these phases of the game, providing the positioning and movement of the players in all possible game situations. This detailed analysis has been used to produce 21 full training sessions (60 practices) including functional practices, opposed/unopposed zone play, transition games, game situations and small sided games. This will enable you to coach your team to attack like one of the most successful teams in Europe. In this book, you'll learn how to use Tactical Periodization

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to train your players at the correct intensity for each day of the week, making sure they are always prepared tactically, mentally and physically for competitive matches. Your players (and team) will react quicker, be sharper, and make better decisions in all tactical situations.

120 practices as used in the academies of La Liga providing a range of topics ideal for youth-level coaches wanting to develop teams to Spanish academy standards.

This book provides analysis of Simeone, Guardiola, Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games, game situations and small sided games.

Tactics and Training Exercises

Total Football - A graphic history of the world's most iconic soccer tactics

The Evolution

Football Coaches, Players And Formations Through The Ages Progressions, Variations & Transitions

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Coaching Transition Play Vol.2 - Full Sessions from the Tactics of Pochettino, Sarri, Jardim & Sampaoli

This book is a comprehensive resource for coaching the 3-5-2 formation at all levels. The level of detail and tactical solutions included will help you emulate how top coaches, such as Antonio Conte (Inter) and Nuno Espírito Santo (Wolverhampton Wanderers), use the 3-5-2 to great success. This book goes into great detail to show the movement of all players within the 3-5-2 system of play in various tactical situations and against different formations, in the attacking and defensive phase. This will enable you to optimise your team's tactical awareness and performance. Tactical solutions are provided for all game situations, in relation to how to counteract the opponent's positioning, organisation and decision making. This book will teach you to coordinate and solve specific game situations in a flexible way with many different options and tactical solutions. As a coach, you can train these patterns of play repetitively, so that the players' reading of the game becomes automatic and the team is quickly able to recognise and find the best solutions to solve every conceivable tactical situation. This book includes: Tactical Strengths and Weaknesses of the 3-5-2 Formation 3-5-2 Tactics Against Different Formations (4-4-2, 4-2-3-1, 4-3-3, 4-3-1-2, 3-5-2 and 3-4-3) Overcoming the First Line of Pressing (Build-up Play from the Back) Moving the Ball in Between the

Opposition's Midfield and Defensive Lines Playing in Behind the Opposition's Defensive Line Defensive Organisation and Pressing Organisation of the Defensive Line 41 Practices and Variations to Apply Tactical Solutions with the 3-5-2 Renato Montagnolo has a UEFA 'B' Coaching Licence and a Patentino Match Analyst Licence. He has been working as a First Team Assistant Manager and Match Analyst for the past few years in Serie C in Italy. With experience of writing books and articles, speaking and teaching, Renato is a respected football tactics expert.

This book provides a tactical analysis of Pep Guardiola's 4-3-3 Attacking Tactics (56 Tactical Situations) which has been used to produce 12 Full Training Sessions (70 Practices and Variations). You can use these ready-made sessions to practice Pep Guardiola's attacking tactics and implement them into your training sessions.

With Attacking Soccer- Mastering the Modern Game every coach can set up training plans according to their needs with the help of numerous training modules compiled in a book with many illustrations.

Learn to "Coach Transition Play" - from Defence to Attack and from Attack to Defence with 83 Practices based on 20 Transition Game Situations from the Tactics of: Mauricio Pochettino, Maurizio Sarri, Leonardo Jardim and Jorge Sampaoli After the hugely popular Coaching Transition Play book, volume 2

provides more new ideas to help coaches improve their training sessions in the most important phases of the modern game - the transition phases. Some of the best performing coaches and teams during the transition phases in recent years (Pochettino's Tottenham, Sarri's Napoli, Jardim's Monaco & Sampaoli's Sevilla) have been studied so you the coach, can learn to input their tactics into your training sessions. This book provides tactical analysis of Mauricio Pochettino, Maurizio Sarri, Leonardo Jardim and Jorge Sampaoli's tactics. Michail Tsokaktsidis is a UEFA 'A' Licence coach and has used this analysis to produce 20 full sessions (83 practices) including: Transition Games Fast Break Attacks Counter Attacking Small Sided Games Pressing to Win the Ball / Defensive Reactions to Recover the Ball Team Shape and Organisation You can use these ready-made sessions to practice these top coaches' tactics and find solutions for every tactical situation: Transition from Defence to Attack in the Low, Middle and High Zones. Transition from Attack to Defence in the Low, Middle and High Zones. 20 Transition Play Tactical Analysis Topics including: Sampaoli: Counter Attack with a Forward Pass, Lay-Off and Supporting Runs Pochettino: High Intensity Pressing and Fast Break Attack from the Middle Zone Sarri: Tracking Back and Forcing Opponents Wide to Protect the Goal Jardim: Condensing the Space After Losing Possession in the Low Zone 83 Practices (20 Full Sessions) including: Direct Counter Attacks with Driving

## File Type PDF Coaching The Tiki Taka Style Of Play

Support Runs in a Position Specific 2 Zone Game High Press to Win the Ball ]  
Fast Attack in a 2 Zone Small Sided Game Quickly Returning into Defensive  
Shape After an Attack in a Dynamic 11 v 6 Practice Switching the Point of  
Defence to Recover the Ball as Quickly as Possible in a Dynamic Game  
A Soccer Coach's Guide  
Coaching Transition Play - Full Sessions from the Tactics of Simeone,  
Guardiola, Klopp, Mourinho & Ranieri  
Spanish Academy Soccer Coaching - 120 Practices from the Coaches of Real  
Madrid, Atlético Madrid and Athletic Bilbao  
Insights and Wisdom from the Game's Greatest Coaches  
Attacking Soccer  
Train Like Arsenal, Play Like Arsenal