

Carl Pickhardt

Here's help for parents who must cope with the details of raising children in the often-demanding contemporary environment. Bringing up

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children today is different, and in many ways, more difficult, than it was in past generations. Barron's Parenting Keys speak to today's parents with answers to today's problems.

This book explores issues

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pertaining to divorce and children, including children's rights in divorce, custody and visitation decisions, the duties of the parents during divorce, and blended families. Essays debate each issue, allowing readers to

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think critically while learning new information.

Surviving Your Child's Adolescence How to Understand, and Even Enjoy, the Rocky Road to Independence John Wiley & Sons

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Carl Pickhardt, 1971-1981

Report of the Alien Property
Custodian

Figurative Expressionism as
Alternative Modernism

A Psychological Journey

Hearings Before a Subcommittee

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of the Committee on the
Judiciary, United States Senate,
Eighty- Third Congress, First
Session, on July 20-22, 1953
Holding On While Letting Go
**As the teenage brain
rewires, hormones surge,**

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and independence beckons, a perfect storm for family conflict emerges. Parenting just got tougher. But help is at hand. This uniquely practical parenting book

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for raising teenagers in today's world explores the science at work during this period of development, translates teenage behaviour, and shows you how you can

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best respond as a parent
- in the moment and in
the long term. Taking
over 100 everyday
scenarios, the book
tackles real-world
situations head-on -

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from what to do when
your teenager slams
their bedroom door in
your face to how to
handle worries about
online safety, peer
group pressure, school

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work and sex. Discover how to create a supportive environment and communicate with confidence - to help your teenager manage whatever life brings.

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ROMANSWERS - Practical answers to common questions troubling relationships, romance, and marriage. by Carl Pickhardt Ph.D. In a fast changing,

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increasingly complex world, committed caring relationships seem harder to maintain than ever before, yet the desire for these unions remains strong, whether

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in dating, cohabitation, significant partnerships, or marriage. Although about half of marriages end in divorce, more than half divorced people elect to

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remarry. From answering questions about relationships over the internet for a year and a half (for Cox Interactive Media/Austin 360), certain abiding

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concerns kept recurring. Not only did people want answers; they also wanted instruction about the nature of certain problems built into the nature of chosen caring

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relationships, problems that in many cases won't go away. In response to this desire for help in managing these basic problems, ROMANSWERS was written. Each of the

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twenty-seven sections in the book is built around a topic of concern that is subjected to four questions, the answers to which provide understandings many

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people seek. A list of all the sections and questions that are answered follow. ABUSE §
“When I give everything to a man, and do everything he wants, why

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do I end up getting pushed around, demeaned, and cheated on?" § "When my boyfriend loses his temper, cuts me down in anger, later says he's sorry and didn't mean

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what he said, should I accept his apologies when he keeps doing it again?" § "Why does a man from a loving, healthy, and giving family background keep

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getting into
relationships with women
who turn out to be
exploitive, even turning
abusive when they don't
get their way?" § "After
two abusive wives, is it

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just a matter of time before I get over my hurt and general anger at women?" AFFAIRS § "To regain my trust, should my husband be completely honest and describe the

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sexual details of his affair so we can get through this unhappiness and start moving on?" §
"Is it the wife's fault when her husband has an affair, and how does the

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couple recover the marriage?" § "How am I ever going to get beyond superficial relationships with women after my fiancée, whom I love more than ever,

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broke off our engagement by having an affair?" §
"When your wife comes back from a high school reunion having had a fling (not sexual) with an old flame, what needs

to happen to make the marriage okay?"

ATTRACTION § "Why would a stunning, dynamic, confident, and high salaried woman put off the kind of men she

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wants to meet, and attract the kind she doesn't?" § "Although I would never cheat on someone I was involved with and still care about, do you think it's

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okay to date her best friend now that I've broken up with my ex?" §
"When the woman I'm ready to marry says she wants a man who can offer her everything

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from A to Z, and some undefinable Z is lacking in me, what is missing in my attractiveness to her?" § "What should I do about a man I first met on the internet who,

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without asking me, is now planning a future for us, a guy it turns out I don't really know, who doesn't really know me?" BREAKING UP §
"Since my girlfriend has

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broken up with me and I don't know why, is it worthwhile my finding out, or is it better to avoid further hurt and just let the relationship go?" § "How

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do you break up without causing the other person a lot pain, and then go from being romantic to just being good friends?" § "Why is breaking up so hard to

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do, and why would a man act so angry when he is really feeling hurt?" §
"How do I recover my self-respect and remove a man from my life who convinced me I was crazy

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to doubt his word when he kept lying to me, and who won't let me go now that I've broken off with him?" CHANGE § "Is it okay, once a couple becomes married, to

change and take each other for granted, not acting romantic anymore?" § "Is my boyfriend going to continue his disg Harvard-trained

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psychologist and
Psychology Today
parenting expert Carl
Pickhardt gives parents
an eye-opening look at
what to expect on rocky
road of middle school

and high school,
revealing the Four
Freedoms that every
child must master to
become a healthy
adult--and how parents
can adapt, encourage,

and grow themselves during these tumultuous times. Parenting a teenager is not for the faint of heart. It is during these roller-coaster years that

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frustrated parents find themselves at their wits' end, barely even recognizing their offspring as they move through the teen years. Carl Pickhardt, Harvard-

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trained psychologist and
the voice of reason
behind Psychology
Today's advice column,
"Surviving (Your
Child's) Adolescence,"
shares critical insights

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and practical tools that parents need to know as their children move through the teen years toward independence and adulthood. There's a reason the road is

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rocky--it's supposed to be. Children must pass through "four unfolding freedoms" in order to become competent, independent, and confident adults. How

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easily parents can
navigate these twists
and turns with less hand-
holding, angst, and
hitting the brakes
directly correlates to
how successful their

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children will be. The four unfolding freedoms are these: 1) freedom from rejection of childhood, around the late elementary school years, when they want to

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stop acting and being treated as children anymore. 2) freedom of association with peers, around the middle school years, when they want to form a second family of

friends. 3) freedom for older experimentation, around the high school years, when they want to try more grown-up activities. 4) freedom to claim emancipation,

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around the college age years, when they decide to become their own ruling authority. With each successive push for freedom, both parents and teens need to learn

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how to do less holding
on to each other while
doing more letting go.
Dr. Carl Pickhardt will
show them the way with
compassion, experience,
and time-tested

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guidance.

Carl Pickhardt,

Paintings, 1971-1981

The Everything Parent's

Guide To Positive

Discipline

How to Guide Your Child

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to a Happy and
Successful Life

Practical child
psychology for modern
parents
Surviving Your Child's

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Adolescence

Outlines the benefits and drawbacks of raising an only child, and gives tips on raising a well-balanced and properly socialized child

Psychologist Carl Pickhardt offers insight from his thirty years of

experience counseling caregivers on how to navigate the adolescent development process, from eight to eighteen. For most parents, the onset of puberty brings an unexpected, even unwelcome change in their child's behavior, which can cause

bewilderment, confusion, and sadness. Dr. Pickhardt's comforting and knowledgeable voice points out that not only can growth change many beloved characteristics of their child, but it can also alter dynamics in the relationship. Parents, teachers, and

caretakers, will find comfort with effective practices to help kids achieve responsible independence from the end of childhood through young adulthood and beyond.

Why do many good children treat one another so badly? This is a question

parents eventually face and most start thinking about as their children prepare for high school. But the hard truth is, high school is too late. The pre-teen years are actually when it begins, when the cruelty is even worse, causing more anxiety and

stress for children already facing an enormous amount of change in their lives. Early adolescence is a phase of anxiety, of uncertainty, of insecurity. To make matters worse, although all kids are going through the same transformation, none of them share

what it is like, each feeling alone, isolated, and unique. The result is that even fantastic kids will do and say harmful things. Why Good Kids Act Cruel is the first book to give you an understanding of why cruelty happens during these years and how to help

your child through these difficult times. She didn't make it; she was born with it: her nose. And in elementary school that was okay. But now in seventh grade, sometimes other girls would tease, "What's the matter Blaise, you having a bad nose

day?" Looking in the mirror before school, she could see what they were making fun of. One day, a girl she had beaten out for a starting spot on the basketball team threw a nickname at her: "Snout." Some of the girl's friends picked it up, and it stuck.

Blaise acted like she didn't care. But as she started to hate her nose, she started to hate herself.

Stop the Screaming

Understand your Child's Needs...

Tailor Your Parenting Techniques...

Help Your Child

Faces

*The Hidden Truth about the Pre-Teen
Years*

*The Case of the Scary Divorce
Hearings Before the Committee on
Ways and Means, House of
Representatives, on H.R. 2706 ... H.R.*

*6495 ... June 18-20 and July 14-18,
1919*

One afternoon, while mulling over his feelings about his parents' divorce, a young boy meets Jackson Skye, Helping Investigator. The Professor returns time and again, enlisting his new friend's

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assistance in resolving mysteries. Meanwhile, the boy learns how to deal with his own difficulties. Combining his love of writing, drawing, and psychology, author Carl Pickhardt Ph.D. has created his eighth book of illustrated psychology, **FACES, to present a**

picture gallery of one hundred fictional individuals. Every portrait personifies some human characteristic that the limerick (five-line verse) about each subject further describes sometimes to humorous, sometimes to serious effect. For example, there are

portraits of The Man Who Was Chronically Late, The Woman Who Wanted To Please, and many others. Thus the book of male and female subjects becomes a visual and verbal commentary about human nature that both pleases the eye and provokes the mind to

thought.

Parenting expert Carl E. Pickhardt brings his considerable experience to tackling the most pervasive and difficult problems parents face in childrearing. Whereas many books on family conflict focus on the prickly teenage years, Pickhardt

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takes the long view and treats a broad range of ages--starting from the early toddler years all the way through college. He empowers parents to turn conflict into an opportunity to engage with their children on a deeper level. Readers will learn to: - Manage emotion

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during a fight so that you can hear the feelings behind the vitriol without taking offense. - Give criticism to children in a way that focuses on the behavior and not the person. - Find a hook inside silent tension that will let you connect with your children's

feelings and show them a way to empathize with yours. - Consider your children's point of view during a disagreement and teach them to voice their grievances with respect. With a distinctive emphasis on how to distinguish types of conflict dependent on age and gender,

Pickhardt shows parents how to turn the daily battles into opportunities for growth. This is a practical guide that helps parents confront difficult issues with which all families grapple.

**The Future of Your Only Child
Paintings**

**Hearings, Eighty-third Congress,
First Session, Pursuant to S. Res.
245, S. Res. 47, S. Res. 120**

**A Revealing Look at Why So Many
of Our Children Are Failing on Their
Own, and How Parents Can Help
Keys to Developing Your Child's
Self-Esteem**

**Illustrated Limericks Portraying
People You May Know
Provides advice to new stepfathers
on such topics as building lasting
relationships with stepchildren,
managing conflict, and establishing
authority, all while remaining**

mindful of their marriages.

One-child households have doubled over the last two decades, making it one of the fastest-growing family units in America. Expert Carl Pickhardt aids families in understanding the common traits of

many adult "onlies"--like shyness, perfection, and intolerance--so that they can better prepare for potential outcomes. He also celebrates the positive qualities of only children and how to encourage characteristics like thoughtfulness, creativity, and

ambition. Pickhardt sheds new light on issues that many only-child families encounter, such as:

- attachment problems -conflicts between only child and parent**
- performance anxiety -unusually high personal expectations -feelings**

**of entitlement -dependence
-problems with risk-taking With a
distinctive focus on long-term
effects, this book will help refine and
improve daily parenting methods.
Parents will welcome these insightful
guidelines for the formative**

**influence they wish to provide.
Considers legislation to revise war
claims payment provisions regarding
American held foreign debts and to
authorize return of expropriated
vested U.S. assets of foreign
nationals.**

Hearings...on S. Res. 77...1922

The Connected Father

The Meaning of Masks

Living Well as a Single Mom

**Practical answers to common
questions troubling relationships,
romance, and marriage**

**The Everything Parent's Guide To
The Strong-Willed Child**

Parenting Expert Carl Pickhardt Shows How the Bonds Between Fathers and Teens Can Be Strengthened Many fathers feel unprepared for their child's adolescence, in their denial, often

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times preferring to believe that it will only happen to other people's children. In this sensitive and forthright book, Carl Pickhardt stresses that fathers need to become informed about changes and challenges that normally unfold. Helping caring fathers

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navigate the four crucial and often perplexing stages of adolescence, The Connected Father describes: * how fathers can learn to be better listeners * why they have trouble communicating and what to do about it * different emotional changes between mid- and late-

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adolescence * how to encourage independence while setting limits * how fathers can talk to teens about drugs, sex, the internet, relationships, and more
Many parents of strong-willed children feel inadequate or like they're doing something wrong.

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But this isn't true! Although strong-willed children do present a unique challenge, it is possible for Mom and Dad to tailor parenting practices and actually enjoy their time with the kids. Written by two distinguished parenting authorities, this book offers specific advice on

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the serious problems that face so many parents. Finally readers can relax, as they learn how to: regain control of their family; reap the benefits of healthy communication; discipline to teach, not to punish; resolve conflict effectively; and overcome willfulness in older

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children. When every mealtime, bathtime, and bedtime is a struggle, discouraged parents need answers—and now they have them. With this book, parents can rest assured that they too can raise a respectful, cooperative, and pleasant child.

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A practical handbook for single-child families looks at the positive qualities of children raised as "onlies" as well as how to cope with issues that such families often encounter, including attachment problems, conflicts between child and parents, performance anxiety,

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feelings of entitlement, overly high personal expectations, dependence, and more. Original. 50,000 first printing.

Understanding Your Unique Role and Responsibilities during Your Child's Adolescence

Parenting through the Four Stages

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of Adolescence

Annual Report of the Alien Property
Custodian

How to Understand, and Even
Enjoy, the Rocky Road to
Independence

Hearings

When Your Child Has a Strong-

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Willed Personality

All children need guidance, yet some are definitely more resistant to parental direction and advice than others.

Parenting a child whose personality may be described as "difficult" or "controlling" can leave you conflicted and frustrated. How do you nurture

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your child, get him to listen, and know who's in charge? It can be done. The Everything Parent's Guide to the Strong-Willed Child helps you work around stubborn and argumentative behavior. You'll learn how to encourage your child to compromise and communicate with you, rather than

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make unreasonable demands and/or shut down altogether. By learning what makes your child strong-willed, the effects of such behavior, and how to manage it, you can help your child achieve a more tempered disposition and teach him the lifelong rewards of a positive attitude. Psychologist Carl E.

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Pickhardt shows you how to: Regain control of your family Reap the benefits of healthy communication Discipline to teach, not to punish Resolve conflict between you and your child effectively Overcome willfulness in older children The Everything Parent's Guide to the Strong-Willed Child is your all-inclusive

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guide to regaining, and maintaining, a healthy and happy family.

Expert suggestions for guiding your child through the rough teenage years

Does it sometimes seem like your teenager is trying to push you over the edge? Learn what your child is going through and what you can do to help

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your teen navigate this difficult period in this practical guide from psychologist and parenting expert Carl Pickhardt. In an easy-to-read style, Dr. Pickhardt describes a 4-stage model of adolescent growth to help parents anticipate common developmental changes in their daughter or son from

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late elementary school through the college age years. Provides unique advice for dealing with arguing, chores, the messy room, homework, and many other issues Offers best practices for teaching effective communication, constructive conflict, and responsible decision-making

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Includes ideas for protecting kids against the dangers of the Internet, bullying, dating, sexual involvement, and substance use. An essential road map for parents looking to guide their children on the path to adulthood. "She's 22 years old, for heaven's sake! We thought she'd be grown up by now."

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But no, it's one more crisis after another. And then she calls on us-for emotional support, problem-solving advice. Even money...although we've gotten pretty tough about that. It's like she's still a teen! Why is it so hard for her just to act like an adult?" Around age 18, most young people expect, and

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are expected to, move out and live on their own-either at college or in an apartment. But more and more often, "boomerang kids" are returning home defeated, leaving you frustrated and at a loss for how to help them. In this breakthrough book, Carl Pickhardt, author of *Why Good Kids Act Cruel*,

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exposes the hidden period of development that's causing increasing numbers of post-high school and college age kids to fail on their own and tells parents what you can do to fix it. His new approach to understanding young adulthood proposes that 18?to?23 year-olds have reached not adulthood, but a

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final stage of adolescence called "trial independence." Boomerang Kids helps parents understand this little-discussed period in your children's lives, so you can help them get through this last and most difficult stage of adolescence and get back out on their own, to become fully, and successfully, independent

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adults.

Boomerang Kids

Keys to Parenting the Only Child

Alleged Dye Monopoly

Divorce and Children

Hearings Before a Subcommittee of the
Committee on the Judiciary, United
States Senate, Eighty-third Congress,

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First Session, on S. 34 [and Others]
Proposing Amendments to the Trading
with the Enemy Act of 1917

How to Turn Angry Conflict With Your
Child into Positive Communication

A fresh, incisive study
of the expressionist

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approach to modern art
in Boston.

The Everything Parent's
Guide to Positive
Discipline gives you all
you need to help you
cope with behavior

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issues, both large and small. Written by noted psychologist Dr. Carl E. Pickhardt, this authoritative, practical book provides you with professional advice on

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dealing with everything from getting your kids to do their homework to teaching them to respect their elders. The Everything Parent's Guide to Positive

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Discipline shows you how to:

- Set priorities;
- Promote communication;
- Establish the connection between choice and consequence;
- Enforce punishment;
- Change

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discipline style to reflect the age of the child; - Work with your partner as a team. The Everything Parent's Guide to Positive Discipline is guaranteed

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to help you keep the peace, and raise a well-behaved child in any home!

This may not be the life you expected. Still, God's promise to you and

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your kids hasn't changed. He has a plan for your family, a future that is bright with hope. Your number one priority also hasn't changed: to live well so

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you can help your kids
live well too.

Why Good Kids Act Cruel
Professional Advice for
Raising a Well-Behaved
Child

Amendments to the

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Trading with the Enemy
Act

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United States

Congressional Serial Set