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After having thought about what makes you happy and what drains your energy, focus on what living the best life looks like for you. One of the keys to this is being intentional about it. When you deliberately set intentions, you are more likely to act with purpose and drive.

How to Live Your Best Life Starting

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*Live an active and healthy lifestyle. Living your best life means being healthy and taking care of your body. The better you treat your body, the longer it will stay healthy and functioning well for you. This means you'll be able to live your best life even longer because you'll be in good health longer into your old age.*

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*Knowing Yourself* 1. Identify your core values so that you can live by them. Think about what's important to you in life, as well as the... 2. Find a purpose for your life by figuring out what drives you. Think about the things in your life that make you take... 3. Identify your personal strengths ...

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*Create a bucket list and start checking things off. You will die one day, but before you do, experience as much of...*

*2. Set goals and write them down. Set goals by month, year, 5 year, and 10 year periods. Know what you want to achieve... 3. Don't live for ...*

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*You have trouble believing they are being dishonest. You don't spend time*

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*101 Ways To Live Your Life To The Fullest - Personal ...*

*By believing you are enough, you can live the life you want. So many fake it to try to get there, and they end up losing themselves when they lose more*

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*11 Ways to Live Life for Yourself,  
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*like you don't want to live anymore,  
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*If you pay council tax, you should tell  
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