

#### Aa Came To Believe

Could the story of mankind be far older than we have previously believed? Using tools as varied as archaeo-astronomy, geology, and computer analysis of ancient myths, Graham Hancock presents a compelling case to suggest that it is. “A fancy piece of historical sleuthing . . . intriguing and entertaining and sturdy enough to give a long pause for thought.”—Kirkus Reviews In Fingerprints of the Gods, Hancock embarks on a worldwide quest to put together all the pieces of the vast and fascinating jigsaw of mankind’s hidden past. In ancient monuments as far apart as Egypt’s Great Sphinx, the strange Andean ruins of Tihuanaco, and Mexico’s awe-inspiring Temples of the Sun and Moon, he reveals not only the clear fingerprints of an as-yet-unidentified civilization of remote antiquity, but also startling evidence of its vast sophistication, technological advancement, and evolved scientific knowledge. A record-breaking number one bestseller in Britain, Fingerprints of the Gods contains the makings of an intellectual revolution, a dramatic and irreversible change in the way that we understand our past—and so our future. And Fingerprints of God tells us something more. As we recover the truth about prehistory, and discover the real meaning of ancient myths and monuments, it becomes apparent that a warning has been handed down to us, a warning of terrible cataclysm that afflicts the Earth in great cycles at irregular intervals of time—a cataclysm that may be about to recur. “Readers will hugely enjoy their quest in these pages of inspired storytelling.”—The Times (UK)

Narcotics Anonymous (NA) describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem". Narcotics Anonymous uses a traditional 12 step model that has been expanded and developed for people with varied substance abuse issues. This work is the so-called "Basic Text" and is divided into two parts. Part 1 discusses the basics of the NA fellowship program and the twelve steps and traditions. Part 2 is composed of many personal recovery stories.

Dick B. is regarded as the leading historian of A.A. today. He is a retired attorney, Bible student, and recovered AA who has sponsored over 100 men in recovery. He has published 33 titles on the history of early A.A.'s spiritual roots and successes. He frequently speaks before recovery audiences throughout the United States.

The first and only modernization of the "bible" of Alcoholics Anonymous, A Simple Program provides an accessible, gender-equal translation for today's readers while maintaining the book's complete core text, which serves as the basis of all 12-step programs.

Heartbeat of AA

A Tale of Redemption

Inmate to Inmate

Bill W. and Dr. Bob

Alcoholics Anonymous Comes of Age

An Interpretation by Steve K.

Writing the Big Book

*True, lasting recovery requires us to create and maintain inner peace. For many, it springs from a practice of mindfulness, for others from the rituals of religion. But not everyone finds a connection with a Higher Power in those ways. Through daily reflection and meditation, In God’s Care gifts a healing inspiration to our spirit. Steadily, we find spiritual growth. Recovery is an act of faith. An addict is promised healing and self-development through the rigors of counseling, treatment, therapy, and a Twelve Step program. With motivational guidance, addictive behaviors are abandoned, coping skills are learned, and sobriety is lasting. The cycle of addiction is broken by trusting in the process. This is the power of faith: a new way of life. Co-author Karen Casey, who wrote the bestselling recovery classic Each Day a New Beginning, harnesses this power to transform life’s struggles into a devotional outlook. These heartfelt meditations encourage the optimism needed for continuous change. It doesn’t matter what we call the goodness we wish to be and see—God or otherwise. It only matters that we hold it in our hearts and affairs as we create a new life. That is the truest definition of a Higher Power.*

*Staying Sober Without God is a guide for non-believers who want to get sober without an act of faith. Traditional 12-step programs push for a belief in God or a higher power. The practical 12 steps outlined in this book provide a path to lasting recovery that requires no belief in the supernatural.*

*Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it’s the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced memebers develop a deeper understanding of the Twelve Steps.*

*"A comprehensive two part essay offering an interpretation of the 12 Step Philosophy of Alcoholics Anonymous"--Page 4 of cover.*

*Moments of Clarity*

*The Hand of AA : Selected Stories from the AA Grapevine*

*In God's Care*

*Getting Started in AA*

*Distilled Spirits*

*Finding our own spirituality in Alcoholics Anonymous*

*The Spiritual Adventure of A. A. as Experienced by Individual Members*

The definitive history of writing and producing the"Big Book" of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies in many languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved unreliable. Writing the Big Book brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's Not-God, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book was first proposed, and April 1939 when Alcoholics Anonymous was published, Schaberg's history is the most thorough research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been told.

Fast-paced, engaging, and contrary, Writing the Big Book presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful. Includes How to listen to God / by John E. Batterson (pages 63-72) and The seven-day mental diet / by Emmet Fox (pages 73-91).

2011 Reprint of 1954 Edition. Richard Walker, the author of this work, is the second most popular Twelve Step recovery author in total sales, after Bill Wilson. Walker has helped untold numbers of alcoholics through his writings. "Twenty-Four Hours a Day" is a book of meditation, thought, and prayer that is soul inspiring, spiritually uplifting and life changing.

While geared toward members of Alcoholics Anonymous to help them in their daily program of recovery, the book has much to offer any individual who is working on self-improvement and personal growth, and who is searching for spiritual uplifting and guidance. The book is divided into the 365 days of the calendar year, offering a thoughtful message for each day. Much of the material is based on the Big Book and other A.A. literature. A classic work.

If You Want What We Have

The 12 Step Philosophy of Alcoholics Anonymous

The Spiritual Adventure of A.A.as Experienced by Individual Members

Getting High, Then Sober, with a Famous Writer, a Forgotten Philosopher, and a Hopeless Drunk

Bill W.'s Grapevine Writings

A. A. in Prison

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses and Other Tricky Situations at Work

Staying Sober Without God

Christopher Kennedy Lawford’s New York Times bestselling memoir, Symptoms of Withdrawal, offered readers a startling, first-hand look at his own addictions to drugs and alcohol, prompting People magazine to write, “Few have written so well about the joy of drugs, and few are as unsparing about their drug-driven selfishness.” In his bestselling follow-up, Moments of Clarity, Lawford presents “Voices from the Front Lines of Addiction and Recovery.” With contributions from Tom Arnold, Alec Baldwin, Meredith Baxter, Jamie Lee Curtis, Richard Dreyfuss, Anthony Hopkins and many others, Moments of Clarity is an important addition to the literature of recovery.

A handbook for newcomers to Alcoholics Anonymous providing program principles and historical references.

A biography, with recollections of early A.A. in the Midwest.

"I am responsible, when anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible." Read this special collection of Grapevine stories on the impact of AA's Responsibility Declaration for both individuals and the Fellowship as a whole.

I Am Responsible

The Golden Text of A.A.

Daily Reflections

The Evidence of Earth's Lost Civilization

Dr. Bob and the Good Oldtimers

The Creation of A.A.

Alcoholics Anonymous

*Gathered in this booklet are the heartfelt stories of more than 75 A.A. members from around the world who share what the phrases "Higher Power" and "God as we understood Him" mean to them. The title — the first three words in the second of A.A.’s Twelve Steps — hints at the book’s theme: that recovery in Alcoholics Anonymous is not a destination, but a spiritual journey that takes place over time, while living “life on life’s terms.” Sometimes humorous, sometimes poignant, but always honest, the stories in Came to Believe present a wide range of perspectives on what spirituality can look like in the context of Alcoholics Anonymous, demonstrating how the A.A. program is best described as “spiritual but not religious.” The rich diversity of voices we hear reflect the infinite number of paths available to those seeking freedom from alcohol. From newcomers just finding their way to longtimers seeking new perspectives, A.A. members of all kinds may find in Came To Believe added insight and inspiration to breathe enrich their recovery journey. Came to Believe has been approved by the General Service Conference.*

*This large print edition of Language of the Heart contains all of AA cofounder Bill W.'s Grapevine, including a vivid description of how he came to organize the Steps.*

*A powerful exposé of Alcoholics Anonymous, 12-step programs, and the rehab industry—and how a failed addiction treatment model came to dominate America Alcoholics Anonymous has become so infused in our society that it is practically synonymous with addiction recovery. Yet the evidence shows that AA has only a 5-10 percent success rate—hardly better than no treatment at all. Despite this, doctors, employers, and judges regularly refer addicted people to treatment programs and rehab facilities based on the 12-step model. In The Sober Truth, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases. He also pores over the research to highlight the best peer-reviewed studies available and discovers that they reach a grim consensus on the program’s overall success. But The Sober Truth is more than a book about addiction. It is also a book about science and how and why AA and rehab became so popular, despite the discouraging data. Drawing from thirty-five years of clinical practice and firsthand accounts submitted by addicts, Dr. Dodes explores the entire story of AA’s rise—from its origins in early fundamentalist religious and mystical beliefs to its present-day place of privilege in politics and media. A powerful response to the monopoly of the 12-step program and the myth that they are a universal solution to addiction, The Sober Truth offers new and actionable information for addicts, their families, and medical providers, and lays out better ways to understand addiction for those seeking a more effective and compassionate approach to this treatable problem.*

*Chronicles the experiences of the author, a religion reporter, and his friendships with Aldous Huxley, Gerald Heard, and Bill Wilson, three men who had profound effects on the religion and spirituality of the twentieth century.*

*Alcoholics Anonymous Comes of Age,*

*Ask a Manager*

*A Book of Reflections by A.A. Members for A.A. Members*

*Al-Anons Twelve Steps & Twelve Traditions*

*The Story of How More Than One Hundred Men Have Recovered from Alcoholism*

*Came to Believe*

*A Brief History of A.A.*

Came to BelieveThe Spiritual Adventure of A. A. as Experienced by Individual MembersCame to Believe Trade EditionAA World Services

Twelve Steps to recovery.

This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as Alcoholics Anonymous, Twelve Steps and Twelve Traditions, As Bill Sees It and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. Daily Reflections has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

Drama / 3m, 3f (w/doubling) / Unit set Newly revised edition! From the author of the best-selling novel, The House of God, this critically acclaimed version which played Off-Broadway in 2007, tells the amazing story of the two men who pioneered Alcoholics Anonymous, and of their wives, who founded Al Anon. During the roaring '20s, New York stockbroker Bill Wilson rides high on money, fame, and booze. In '29, both he and the market crash and he becomes a hopeless drunk. Dr. Bob Smith, a surgeon

A Contemporary Translation of the Book Alcoholics Anonymous

Everyone Can Listen to God

Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry  
Daily Meditations on Spirituality in Recovery  
The Practical 12 Steps to Long-Term Recovery from Alcoholism and Addictions  
Twenty-Four Hours a Day  
The Sober Truth

More than half a century has gone by since A.A.'s historic 1955 convention in St. Louis, when the founding members passed on to the entire Fellowship the responsibility for the three Legacies of Recovery, Unity, and Service. This book takes A.A. members and interested friends on a quick tour of the Convention, traces the history and development of the Three Legacies, and looks at A.A. through the eyes of some early non-alcoholics who influenced the Fellowship's history. The first part is co-founder Bill W.'s reminiscent sketch of the Convention, in which he takes an appreciative look at many of the participants and reflects on events that shaped A.A. The second part consists of Bill's three Convention talks, edited and enlarged, on the Legacies of Recovery, Unity, and Service. Here is Bill's story -- how he drank, got sober, met Dr. Bob and other founding members, and how they struggled together to keep A.A. going, with little guidance beyond the lessons of experience. Then Bill moves on to describe how the Twelve Traditions developed as A.A.'s protective shield against the human faults that lead alcoholics into trouble, drunk or sober. And he finishes by laying out the development of A.A. services, culminating in the formation of the General Service Conference to serve as guardian of A.A.'s Traditions and world services. In the third part, readers will meet five early friends of A.A.: Dr. Harry Tiebout, the first psychiatrist to openly espouse A.A.; Dr. W.W. Bauer of the American Medical Association; Jesuit Father Edward Dowling and Episcopal priest Dr. Samuel Shoemaker, both of whom helped shape A.A.'s spiritual principles; and Benard B. Smith, attorney and longtime chair of the General Service Board. These nonalcoholics tell of their association with A.A., the part they played in its development, and their view of what the future holds.

Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states,

"Anyone can get sober. . .the trick is to live sober."

The personal stories of prison inmates who are recovering alcoholics.

Doing things our way got us into trouble. Now it is time to develop a relationship with our Higher Power in order to carry out God's will for us. This pamphlet explains the many benefits to us.

A Simple Program

The Narcotics Anonymous Step Working Guides

Living Sober Trade Edition

The Next Frontier : Selected Stories from the AA Grapevine

Step 11 AA

Came to Believe Trade Edition

If You Want What We Have

AA members share moving experiences about the importance and joys of belonging to an AA group. Includes stories about service, old-timers and Traditions.

Gary Ryan's life was no fairytale. His alcoholic father was gone for good and he hated his abusive stepfather! At twelve, he was stealing, fighting, and drinking, which led to jail, auto thefts, and robberies. Despite his attempts to work, attend school, and maintain good relationships, drugs and alcohol always led him back to crime and back to jail. Gary was a self-will run riot and it would be years before he discovered his problems stemmed from his disconnectedness with higher consciousness. Blessings in Disguise is the story of Gary's journey to recovery, which began when he successfully completed a two-year academic program at Camarillo State Mental Hospital as a student, not a patient. But through those years, he continued to struggle with his addictions as they got in the way of his relationships, his work and his ability to find happiness. Unsure of where to turn, he finally followed his ex-wife's suggestion to attend an AA meeting. It was her new husband that took Gary to his first meeting where he was introduced to the fellowship of AA, and soon came to believe that change was possible and that the life he had hoped for was within reach. Gary also credits A Course in Miracles for helping him grow in the understanding and peace of mind he discovered in this new life of sobriety and integrity. His remarkable story will inspire readers to find their own path to serenity and happiness!

Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him. Came to Believe - the spiritual adventure of A.A. as experienced by individual members. Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." Especially helpful to those who confuse "spiritual" with "religious."

'I'm a HUGE fan of Alison Green's "Ask a Manager" column. This book is even better' Robert Sutton, author of The No Asshole Rule and The Asshole Survival Guide 'Ask A Manager is the book I wish I'd had in my desk drawer when I was starting out (or even, let's be honest, fifteen years in)' - Sarah Knight, New York Times bestselling author of The Life-Changing Magic of Not Giving a F\*ck A witty, practical guide to navigating 200 difficult professional conversations Ten years as a workplace advice columnist has taught Alison Green that people avoid awkward conversations in the office because they don't know what to say. Thankfully, Alison does. In this incredibly helpful book, she takes on the tough discussions you may need to have during your career. You'll learn what to say when: · colleagues push their work on you · then take credit for it · you accidentally trash-talk someone in an email and hit 'reply all' · you're being micromanaged · or not being managed at all · your boss seems unhappy with your work · you got too drunk at the Christmas party With sharp, sage advice and candid letters from real-life readers, Ask a Manager will help you successfully navigate the stormy seas of office life.

God, the Pioneers, and Real Spirituality

The Home Group

Came to Believe;the Spiritual Adventure of A.A.

The Twelve Steps as a Spiritual Journey of Individuation

Emotional Sobriety

Partnership With a Higher Power

***The author visited the archives of the headquarters of A.A. in New York, and discovered new communications between Carl Jung and Bill Wilson. For the first time this correspondence shows Jung's respect for A.A. and in turn, its influence on him. In particular, this research shows how Bill Wilson was encouraged by Jung's writings to promote the spiritual aspect of recovery as opposed to the conventional medical model which has failed so abysmally. The book overturns the long-held belief that Jung distrusted groups. Indeed, influenced by A.A.'s success, Jung gave "complete and detailed instructions" on how the A.A. group format could be developed further and used by "general neurotics".Wilson was an advocate of treating some alcoholics with LSD in order to deflate the ego and induce a spiritual experience. The author explains how alcoholism can be diagnosed and understood by professionals and the lay person; by examining the detailed case histories of Jung, the author gives graphic examples of its psychological and behavioural manifestations.***

***Sponsorship Meditations***

***A Biography, with Recollections of Early A.A. in the Midwest***

***Voices from the Front Lines of Addiction and Recovery***

***Fingerprints of the Gods***

***Blessings in Disguise***

***The A.A. Way of Life (selected Writings of A.A.'s Co-founder)***

***The Language of the Heart***