

Get Free The Test:
My Autobiography

The Test: My Autobiograph y

***FINALIST FOR
THE NATIONAL
BOOK AWARD***

***Longlisted for the
Andrew Carnegie
Medal for Excellence
in Non-fiction How***

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*do you tell the real
story of someone
misremembered - an
icon and idol -
alongside your own?
Jenn Shapland's
celebrated debut is
both question and
answer: an
immersive, surprising
exploration of one of
America's most
beloved writers,*

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alongside a genre-defying examination of identity, queerness, memory, obsession, and love. Shapland is a graduate student when she first uncovers letters written to Carson McCullers by a woman named Annemarie. Though Shapland recognizes

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*herself in the letters,
which are intimate
and unabashed in
their feelings, she
does not see
McCullers as history
has portrayed her.
Her curiosity gives
way to fixation, not
just with this newly
discovered side of
McCullers's life, but
with how we tell*

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queer love stories.

*Why, Shapland asks,
are the stories of
women paved over by
others' narratives?*

*What happens when
constant revision is
required of queer
women trying to
navigate and self-
actualize in straight
spaces? And what
might the tracing of*

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McCullers's life?her history, her secrets, her legacy?reveal to Shapland about herself? In smart, illuminating prose, Shapland interweaves her own story with McCullers's to create a vital new portrait of one of our nation's greatest literary treasures, and shows

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*us how the writers we
love and the stories
we tell about
ourselves make us
who we are.*

SHORTLISTED

FOR THE

TELEGRAPH

RUGBY BOOK OF

THE YEAR *The truth*

about being a rugby

player from the

horse's mouth. This

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*book is not just about
how a psychiatrist
called Humphrey
helped me get back
on my horse and
clippity-clop all the
way to the World Cup
semi-final in Japan.
It's the story of how a
fat kid who had to live
up to the nickname
Psycho grew up to
play and party for*

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*over a decade with
rugby's greatest pros
and live weird and
wonderful moments
both in and out of the
scrum. That's why
I'm letting you read
my diary on my
weirdest days. You
never know what
you're going to get
with me. From being
locked in a police cell*

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*to singing Adele on
Jonathan Ross (I'll
let you decide which
is worse), being
kissed by a murderer
on the number 51 bus
to drug tests where
clipboard-wielding
men hover inches
away from my naked
genitalia, melting
opponents in rucks,
winning tackles, and*

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*generally losing
blood, sweat and ears
in the name of the
great sport of rugby.
This is how (not) to
be a rugby player.
Rio Ferdinand is one
of the finest
footballers of his
generation - a born
winner and one of the
game's greatest
stoppers. Full of*

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*outstanding stories
and forthright
opinions, #2Sides sees
Rio reflect on his
unique rise to the top
of the game: - Cutting
his teeth in the West
Ham youth teams and
becoming captain of
Leeds United at the
age of 22 - His record-
breaking transfer to
Manchester United*

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*that made him one of
the most revered
centre-backs in world
football - On life
under Sir Alex
Ferguson and how
winning became a
habit - Why David
Moyes failed as
Manchester United
manager - On
Cristiano Ronaldo,
Lionel Messi and why*

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Paul Scholes is the greatest player ever to grace the Premier League With a Foreword by Harry Redknapp, #2Sides is a superb retrospective from one of the most outspoken voices of England's golden generation.

Ronan O'Gara is one of the greatest

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*sportsmen Ireland
has ever produced. A
brilliant kicker both
from the hand and at
penalty goals, a
sublime orchestrator
of play from the out-
half position he has
made his own, and a
cool head in the
pressure-cooker of
club and
international rugby,*

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the list of the Cork man's achievements goes on and on. The leading points scorer in Irish rugby history, the Six Nations and the Heineken Cup. The architect of two amazing Munster triumphs in Europe. The man whose last minute drop-goal sensationally won the

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Grand Slam in 2009, Ireland's first for 61 years. In his candid, illuminating autobiography, O'Gara tells the story of those many on-field successes and, with brutal honesty, the darker days as well, most notably at the 2007 World Cup. He tells the inside

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*story of Ireland's
disappointments in
France, and responds
to the allegations
about his personal
life that made front-
page news that
autumn. Ronan
O'Gara: My
Autobiography is the
unforgettable story of
a rugby player at the
top of his game, of a*

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*life lived to the full,
and of a passionate
and proud
representative of the
people of Cork and
Ireland.*

*The Autobiography
Opening Up
The road to the top
Proud*

Sir Alex
Ferguson's

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compelling story is always honest and revealing he reflects on his managerial career that embraced unprecedented European success for Aberdeen and 26 triumphant seasons with Manchester

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United. Sir Alex Ferguson's best-selling autobiography has now been updated to offer reflections on events at Manchester United since his retirement as well as his teachings at the Harvard

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Business School, a night at the Oscars and a boat tour round the Hebrides, where he passed unrecognised. The extra material adds fresh insights and detail on his final years as United's manager. Both the

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psychology of
management and
the detail of
football strategy at
the top level can
be complex
matters but no-one
has explained
them in a more
interesting and
accessible way for
the general reader

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than Sir Alex does here. MY AUTOBIOGRAPHY is revealing, endlessly entertaining and above all inspirational. Dickie Bird's retirement was an international event shown on TV

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screens and newspapers throughout the world. He is a household name, an eccentric, and one of the most loved and respected characters in world cricket. His idiosyncratic style

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and infectious
humour has
endeared him to
millions,
transcending his
sport. Fiercely
proud of his
background as a
Yorkshire miner's
son, his account
follows his youth in
Barnsley, his early

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days as a cricketer, through to his career as an umpire and his experiences of the international scene, all told with total honesty by this very private person. As the most respected umpire in the

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game, Dickie has serious and constructive points to make about modern cricket. He has fearlessly berated fast-bowlers when necessary. He has some sharp comments to make about ball

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tampering and he has mixed feelings about the introduction of the third umpire.

Dickie wanted to go out at the top and he has certainly done so - after standing at 66 Test matches, three World Cup

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finals and 92 one-day Internationals. Combining forthright views on the game and those involved in it, compelling accounts of what it is like behind the scenes in cricket at the highest level, and the hilarious

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stories for which Dickie is so well known, here is the refreshing and enjoyable autobiography of a sporting legend. 'Extraordinary . . . great fun' Barry Egan, Irish Sunday Independent 'A wonderful story . . .

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vivid and
comprehensive.'

Stephen Jones,
Sunday Times

"Throughout it all
though there is a
feeling of warmth
for the sport and
for others. Above
all there is a sense
of achievement . . .
Best was never

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one of the glamour boys, but he deserves star billing.' Daily Telegraph Rory Best is widely-regarded as one of Ireland's greatest ever captains. Entrusted by Joe Schmidt to lead the side that

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looked on the
wane following the
2015 World Cup,
Best's inspirational
leadership skills
and abrasive
qualities proved to
be the foundation
stones for the
most successful
period in Ireland's
history. His first

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year in charge saw Ireland complete a hat-trick of victories against the southern hemisphere 'Big Three', including leading his side to a first ever victory over world champions New Zealand in

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Chicago, a feat that etched Best's place in Irish sporting folklore and ended the All Blacks' record-winning streak of 18 Test victories. Ireland's annus mirabilis under Best's captaincy would come in

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2018 however,
when he led the
side to only their
third Grand Slam
title, culminating
with a famous
victory over
England at
Twickenham, and
a record-breaking
run of 12
successive Test

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victories. When he stepped down as Ireland captain at the age of 37 following the World Cup in Japan, his fourth tournament, history will no doubt also judge Best to be one of their greatest forwards. A hugely-

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popular figure
across the game,
Best finished his
career as Ireland's
most capped
forward, behind
only Brian
O'Driscoll and
Ronan O'Gara in
the all-time
records, and also
made over 200

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appearances for
his province Ulster.

NOW A MAJOR
MOTION

PICTURE

STARRING

CHLOË GRACE

MORETZ An

award-winning

memoir and instant

New York Times

bestseller that

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goes far beyond its riveting medical mystery, *Brain on Fire* is the powerful account of one woman's struggle to recapture her identity. When twenty-four-year-old Susannah Cahalan woke up alone in a hospital

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room, strapped to her bed and unable to move or speak, she had no memory of how she'd gotten there. Days earlier, she had been on the threshold of a new, adult life: at the beginning of her first serious

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relationship and a promising career at a major New York newspaper.

Now she was labeled violent, psychotic, a flight risk. What happened? In a swift and breathtaking narrative,

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Susannah tells the astonishing true story of her descent into madness, her family's inspiring faith in her, and the lifesaving diagnosis that nearly didn't happen. "A fascinating look at

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the disease
that...could have
cost this vibrant,
vital young woman
her life" (People),
Brain on Fire is an
unforgettable
exploration of
memory and
identity, faith and
love, and a
profoundly

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compelling tale of survival and perseverance that is destined to become a classic.

Bomb

What Do You Think of That?

Guy Martin: My Autobiography

The autobiography of the legendary

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Manchester United
manager

Open Side: The
Official

Autobiography
The TestMy Autob
iographyPenguin
UK

Donncha O
Callaghan is one
of Ireland s
leading
international

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rugby players,
and a stalwart
of the Munster
side. He was a
key figure in
the Irish team
which won the
IRB 6 Nations
Grand Slam in
2009, and has
won two Heineken
Cup medals and a
Magners League
title with

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Munster. But that success did not come easy. For a player who has been capped more than 70 times for Ireland, won two Heineken Cups with Munster, and been on two Lions tours, his long battle to make a

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breakthrough at the highest level is largely unknown. In this revealing autobiography, Donncha talks in detail about the personal setbacks and disappointments at Munster and the unconventional

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ways he dealt with the frustration of not making the team for four of five years in his early 20s. He had a parallel experience with Ireland where it took him nearly six years to get from fringe

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squad member to established first choice player. Here he talks candidly about his relationships with the coaches who overlooked him and the second row rivals who kept him on the bench. Donncha

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talks with great warmth about a hectic childhood that was shaped by the death of his father when he was only six years old.

Unusually for a Cork rugby player, he came from a working class background and one of the

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heroes of his story is his mother Marie who showed incredible strength and resourcefulness to rear a family of six on her own. Often regarded as "the joker in the pack," Donncha has worked hard,

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with dedication and intensity, to reach the high standards required of a professional rugby player. There have been many highs and lows along the way. His autobiography is a fascinating account of a

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storming career,
filled with
anecdotes about
the players and
managers he has
worked with.

This is the full
picture, showing
sides of the man
that will be
unfamiliar to
followers of
Irish rugby and
will surprise

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the reader."

'I don't think anyone, apart from Don Bradman, is in the same class as Sachin Tendulkar.'

-Shane Warne
This is cricket icon, Sachin Tendulkar's life story in his own words - his

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journey from a small boy with dreams to becoming a cricket god. His amazing story has now been turned into a major film, A Billion Dreams, in which he stars. The greatest run-scorer in the

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history of
cricket, Sachin
Tendulkar
retired in 2013
after an
astonishing 24
years at the
top. The most
celebrated
Indian cricketer
of all time, he
received the
Bharat Ratna
Award - India's

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highest civilian honour - on the day of his retirement. Now Sachin Tendulkar tells his own remarkable story - from his first Test cap at the age of 16 to his 100th international century and the emotional final

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farewell that
brought his
country to a
standstill. When
a boisterous
Mumbai
youngster's
excess energies
were channelled
into cricket,
the result was
record-breaking
schoolboy
batting exploits

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that launched
the career of a
cricketing
phenomenon.
Before long
Sachin Tendulkar
was the
cornerstone of
India's batting
line-up, his
every move
watched by a
cricket-mad
nation's devoted

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followers. Never has a cricketer been burdened with so many expectations; never has a cricketer performed at such a high level for so long and with such style - scoring more runs and making

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more centuries than any other player, in both Tests and one-day games. And perhaps only one cricketer could have brought together a shocked nation by defiantly scoring a Test century shortly after terrorist

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attacks rocked
Mumbai. His many
achievements
with India
include winning
the World Cup
and topping the
world Test
rankings. Yet he
has also known
his fair share
of frustration
and failure -
from injuries

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and early World Cup exits to stinging criticism from the press, especially during his unhappy tenure as captain. Despite his celebrity status, Sachin Tendulkar has always remained

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a very private man, devoted to his family and his country.

Now, for the first time, he provides a fascinating insight into his personal life and gives a frank and revealing account of a

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sporting life
like no other.
Love him or
loathe him,
'Iron' Mike
Tyson is an icon
and one of the
most fascinating
sporting figures
of our time. In
this no-holds-
barred
autobiography,
Tyson lays bare

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his demons and
tells his story:
from poverty to
stardom to hell
and back again
The Battle
Becoming a Lion
Dickie Bird
I'll Never Write
My Memoirs
My Autobiography
*Shane Warne is
arguably the*

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greatest spinner of all time - he has taken 356 wickets in 82 tests since his debut in the Sydney Test in the 1991-92 series. Here he talks about his early ambitions, and offers a colourful narrative account of the various Ashes series

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in which he has been involved. He also offers his personal views on sportsmanship and the relationship between Australia and Sri Lanka, as well as providing his thoughts on captaincy and the leg-spinners he

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respects. He talks candidly about his fascination with gambling, and about the conflict between his public persona and private life.

Johnny Sexton - the man who pulled the strings for the Lions - gives an intimate insight into the

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*rugby life in
Becoming a Lion.
With three Heineken
Cups and one British
and Irish Lions tour
victory under his
belt, Johnny Sexton
is by some distance
the leading fly-half
in the northern
hemisphere. Over
the course of the*

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*Lions' first
victorious Test series
in sixteen years,
Sexton was the man
pulling the strings.
His try in the third
test was the decisive
blow, and his joyous
celebrations after
scoring were echoed
in homes across
Britain and Ireland.*

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Becoming a Lion is an intimate portrait of life at the highest levels of the professional game - at Leinster, with Ireland, and on tour with the Lions.

'Bracing and fascinating in equal measure' Malachy Clerkin, Irish Times

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'Riveting ... Opens a remarkable window into the stresses, hurts and insecurities of a professional life in rugby' Vincent Hogan, Irish Independent

'Captures all the jagged edges that make Sexton one of

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*Irish sport's most
compelling
characters' Sunday
Times 'Sets a great
benchmark for
sports
autobiographies,
given that it is so
honest' Matt Cooper,
Today FM
'Engrossing' Rugby
World Ireland 'If you*

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*crave an insight into
the life of a
professional rugby
player ... Becoming
a Lion is a must'*
*Donal Lenihan, Irish
Examiner 'Intensely
revealing' Irish
Daily Mail*
*"Gareth's inspiring
and moving story
transcends the world*

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of sports to tell a universal truth about feeling like an outsider, and facing up to who you really are"--Publisher's description.

*The bestselling autobiography of the greatest rugby player of our time:
Brian*

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O'Driscoll. Since 1999, when he made his international debut, there has been no greater player in world rugby than Brian O'Driscoll. In 2010 Rugby World magazine named him its world player of the decade - and

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*since then the legend
has only grown.*

*Now, at the end of
his amazing career -
which culminated in
fairy-tale fashion
with Ireland's
victory in the 2014
Six Nations
championship - he
tells his own story.*

Honest, gritty and

Get Free The Test: My Autobiography

thoughtful, Brian

O'Driscoll's

*Autobiography is not
just an essential*

sports book. It is an

essential book about

family, friends, hard

work, courage and

imagination. 'Honest,

charming and

revealing - a

thoroughly good

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*read' Rugby World'A
thoroughly*

enjoyable read ...

*After reading The
Test I warmed even
more to O'Driscoll
as a player and a
man. He stood for a
new ethos in Irish
sport that refused to
accept mediocrity or
glorious failure'*

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Fergal Keane, Irish Times
'O'Driscoll's honesty ... takes the reader to a place they simply have not been before'
Vincent Hogan, Irish Independent
'A must-read insight into the life and mind of Ireland's greatest rugby player'
Irish

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Mail on

*Sunday' There are
fascinating insights
into the lengths he
was willing to go to
perform at the
highest level' Sunday
Business Post*

Shane Warne

Jonny: My

Autobiography

Garry Sobers: My

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Autobiography

Pride and Passion

Unguarded

**The bestselling
autobiography of
the greatest rugby
player of our time:
Brian O'Driscoll.
Since 1999, when he
made his
international debut,
there has been no
greater player in**

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**world rugby than
Brian O'Driscoll. In
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since then the
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grown. Now, at the
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culminated in fairy-
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**the 2014 Six Nations
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tells his own story.
Honest, gritty and
thoughtful, Brian
O'Driscoll's
Autobiography is
not just an essential
sports book. It is an
essential book
about family,
friends, hard work,
courage and
imagination.**

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**'Honest, charming
and revealing - a
thoroughly good
read' Rugby World**

**'A thoroughly
enjoyable read ...**

**After reading The
Test I warmed even
more to O'Driscoll
as a player and a
man. He stood for a
new ethos in Irish
sport that refused to
accept mediocrity or**

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**glorious failure'
Fergal Keane, Irish
Times 'O'Driscoll's
honesty ... takes the
reader to a place
they simply have
not been before'
Vincent Hogan, Irish
Independent 'A
must-read insight
into the life and
mind of Ireland's
greatest rugby
player' Irish Mail on**

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Sunday 'There are fascinating insights into the lengths he was willing to go to perform at the highest level'

**Sunday Business
Post**

Jason Robinson began playing full-time rugby at the age of 16 with Wigan Warriors, the most successful

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club in Rugby League at the time. He made the transition to Rugby Union with Sale Sharks in 2000 and was fast-tracked to the England squad. His speed, unpredictability and charisma has ensured that he is now widely acknowledged as

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one of the most exciting players in the world. His extraordinary turnaround from hard-drinking, deeply troubled teenager to born again Christian and dedicated family man makes his story all the more intriguing. Fully updated with all the

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drama and excitement of the 2003 Rugby World Cup, in which Jason was a crucial and inspiring team member, this edition includes a player's account of England's triumphant victory in the final against Australia.

THE SUNDAY

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**TIMES
BESTSELLER**
'Wrighty's
characteristic
honesty means his
book is far more
engrossing than
most bland football
memoirs' Sunday
Times Ian Wright,
Arsenal legend,
England striker and
TV pundit
extraordinaire, is

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one of the most interesting and relevant figures in modern football. His journey from a South London council estate to national treasure is everybody's dream. From Sunday morning football directly to Crystal Palace; from 'boring, boring Arsenal' to

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inside the Wenger Revolution; from Saturday afternoons on the pitch to Saturday evenings on primetime television; from a week in prison to inspiring youth offenders, Ian will reveal all about his extraordinary life and career. Ian will also frankly discuss

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**how retirement
affects footballers,
why George Graham
deserves a statue,
social media, why
music matters,
breaking Arsenal's
goal-scoring record,
racism, the
unadulterated joy of
playing alongside
Dennis Bergkamp
and, of course, what
he thinks of**

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Tottenham. Not a standard footballer's autobiography, Ian Wright's memoir is a thoughtful and gripping insight into a Highbury Hero and one of the greatest sports stars of recent years.

Jonny Wilkinson's career has crossed

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three decades and four World Cups. He has accumulated phenomenal achievements, world points records, an impressive list of broken body parts, and a drop goal that will be remembered for ever. But the peculiar calmness with which he played the game

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masked a very different reality. In JONNY, he reveals the extraordinary psychology that he had to tame in order to be able to dominate his sport. For most of his life, he was driven by a quest for perfection and an obsession to be the best player in the world; here he

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shows how these two facets of his competitive mind took such a hold of him that they sent him to the top of the world, then swept him up and dragged him down into a spiral of despair. Jonny's career has spanned the far reaches: amazing highs and iconic

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**moments, then a
fight against injury
that culminated in a
battle with
depression. Here he
tells of the physical
toll he knew his
body was taking
from rugby, even
from his youth; he
tells of how he
never wanted to be
a kicking fly-half but
learned to adapt his**

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natural game to play
the style that Clive
Woodward believed
necessary to win a
World Cup, and how
he nearly walked
out on Martin
Johnson's England
team 13 years later.
The Cow Book
The Warrior's Code
Brian O'Driscoll -
The Test
The Real McCaw

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**Behind the Mask
Richie McCaw,
Rugby World Cup
winning captain
and the New
Zealand All Black's
most capped player
of all time, is
unquestionably the
greatest player of
his generation. He
is arguably the
most talented
player of all time.**

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In his bestselling autobiography, McCaw talks with brutal honesty about the roots of his family life that defined his character and how it gave him the strength to emerge from the lowest moment in his career to lift the Webb Ellis Cup,

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and become the most successful captain world rugby has ever seen. As he prepares to become the first captain to successfully defend the World Cup, McCaw has set the standard of what a professional rugby player should be.

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Hugely popular and respected, his sheer presence means that he is a natural leader both on and off the pitch and his story is not just a brutal account of life on the front line, but an exhilarating portrait of modern rugby.

Updated edition

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**featuring a brand
new afterword 'A
terrific book. No
one put their body
on the line quite
like Sam
Warburton.' Brian
O'Driscoll 'It was
an absolute
privilege to play
against Sam. An
inspiring leader
with an equally
inspiring story to**

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tell.' Jonny

Wilkinson

**** TELEGRAPH**

SPORTS BOOK OF

THE YEAR **

DOUBLE WINNER:

BEST

AUTOBIOGRAPHY

& BEST OVERALL

SPORTS BOOK OF

2020 INCLUDES A

NEW CHAPTER ON

WILDER VS FURY

2

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'Incredible stories... you don't have to be a boxing fan to enjoy it'
SCOTT MILLS,
BBC RADIO 1 'One of sport's most heart-warming stories'
SUNDAY TIMES, SPORTS BOOK OF THE YEAR 'A must-read for any boxing fan.'

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**WORLD BOXING
NEWS 'If you know
someone who is a
fan of the People's
Champion then
they'll love this.'
TALKSPORT XMAS
GIFT GUIDE The
extraordinary story
of the rise and fall
and rise again of
Tyson Fury... THE
GYPSY KING. A
Manchester lad**

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**from Irish
Traveller stock,
born three months
premature and
weighing just a
pound at birth,
Tyson (named after
his father's boxing
hero) grew up to
become one of the
most unlikely
heavyweight
champions in
history. This**

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**'dream come true'
soon turned to
nightmare,
however, as alcohol
and cocaine abuse
took hold and
Tyson was stripped
of his titles. What
followed was the
darkest moment of
his life - detailed in
this book for the
first time - in
which he came**

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within seconds of ending everything. THE PEOPLE'S CHAMPION. Like all the greatest stories, though, there is redemption and Tyson defies all the odds and literally drags himself to his feet. 10 million people around the globe watched Fury

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fight Wilder in the biggest fight of the boxing calendar. Speaking candidly about his struggles with mental health, this is Tyson Fury as you have never seen him before. A BRITISH ICON. ___

_____ Behind the Mask is an unflinching

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**autobiography
from the greatest
boxer of our time
and a man who has
demonstrated
strength of a very
different kind by
conquering his
demons. _____**

**'It's a great book, if
I could read, I'd
buy it' BILLY JOE
SAUNDERS, WBO**

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**World Super-
Middleweight
Champion 'I didn't
believe boxers
could be role
models, but Tyson
Fury has changed
my mind... This
30-year-old
Mancunian has
made us all think
twice about the
possibilities of
redemption.'**

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**SIMON KELNER,
INDEPENDENT**
**'Tyson Fury has
become Britain's
most unlikely
inspirational
figure... the sight
of a broken Fury
caught a mood
with the public.
Never was the
epithet "People's
Champion" more
apt'** **RON LEWIS,**

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**THE TIMES 'Tyson
Fury is an amazing
real-life champion'
SYLVESTER
STALLONE, star of
Rocky 'You may not
have any interest
in boxing at all and
you will find this
story about Tyson's
life fascinating'
BBC RADIO 5 LIVE
'An unusual,
heartening story,**

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**nicely told. There
is much to amaze
and admire'**

SUNDAY TIMES

**Mike Atherton is
the most articulate
and perceptive
captain of English
cricket since Mike
Brearley. He was
also one of the
most determined
batsmen of the
nineties, and as an**

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opener, a vital component of the England team. Atherton has played professional cricket for Lancashire and England for 15 years, despite a serious back complaint. He represented England in 115 Test matches and

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captained his country on a record 54 occasions. His recovery from a difficult situation in 1995 (when he was accused of ball tampering during the first Test match against South Africa at Lord's) proved a tough hurdle, yet

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one that would strengthen his resolve. His autobiography contains many serious observations about world cricket, as well as humorous asides and perceptive insights into the game. A born writer, this is Atherton in his

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own words.

Loose Head

My Life and Rugby

The Test

A Life in Football:

My Autobiography

From Cricket to

Cancer and Back

In his own

words, this is

Guy Martin's

full story - from

the boy who

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learned to prep
bikes with his
dad, to the
spirited team
mechanic,
paying his way
by collecting
glasses, to the
young racer at
the start of his
first race and
the buzz he's

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been chasing
ever since.

‘That day I cried
like a baby not
because I feared
what cancer
would do but
because I didn’t
want the
disease. I
wanted my life
to be normal,

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which it could not be.' For the first time Yuvraj Singh tells the real story behind the 2011 World Cup when on-the-field triumph hid his increasingly puzzling health problems and

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worrying
illnesses. In his
debut book *The
test of my life*,
he reveals
how—plagued
with insomnia,
coughing fits
that left him
vomiting blood,
and an inability
to eat—he made

Get Free The Test: My Autobiography

a deal with God. On the night before the 2011 ICC Cricket World Cup final, Yuvraj prayed for the World Cup in return for anything God wanted. In this book, he lays bare his

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fears, doubts,
and the lows he
experienced
during chemoth
erapy—when he
lost his energy,
his appetite, and
his hair—and
his battle to find
the will to
survive.

Poignant,

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Get Free The Test: My Autobiography

personal, and
moving—The
test of my
life—is about
cancer and
cricket; but
more
importantly, it is
about the
human will to
fight adversity
and triumph

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despite all odds. Farming has been in John Connell's family for generations, but he never intended to follow in his father's footsteps. Until, one winter, he finds himself

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back on the
farm and begins
to learn the
ways of the
farmer and the
way of the cows.
Connell records
the hypnotic
rhythm of the
farming day -
cleaning the
outhouses,

Get Free The Test: My Autobiography

milking the
herd, tending to
sickly lambs,
helping the
cows give birth.
But alongside
the routine
events, there
are the
unforeseen
moments when
things go

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wrong: when a
calf fails to
thrive, when a
sheep goes
missing, when
illness breaks
out, when
depression
takes hold,
when an
argument
erupts and

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things are said
that cannot be
unsaid. The Cow
Book is the
story of a
calving season.
It is also the
story of the cow
itself, from its
domestication
and worship as
a God by the

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Ancient
Egyptians to the
modern practice
of mechanized
herds, via the
figure of the
cowboy, the
destruction of
the American
buffalo, the
demise of the
aboriginal

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jackaroos and
the
consequences of
BSE. And, above
all, it is the
story of
Connell's life as
a farmer, of his
relationship
with his
birthplace of
County

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Longford, with
the community
around the
family farm,
with the animals
he tends, and
with his father.
Shortlisted for
the 2017 Cross
Sports
Autobiography
of the Year 'Full

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of illuminating
anecdotes,
piercing
insights and
unsparing self-
analysis from
the former
England
batsman' The
Cricketer
Jonathan Trott
was England's

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rock during one of the most successful periods in the team's history - he scored a century on debut to clinch the Ashes in 2009, and cemented his position as their

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pivotal batsman
up to and
beyond the
team's
ascendancy to
the number 1
ranked test
team in 2011.
Yet shortly after
reaching those
heights, he
started to

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crumble, and famously left the 2012-13 Ashes tour of Australia suffering from a stress related illness. His story is the story of Team England - it encompasses the life-cycle of

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a team that
started out
united by
ambition, went
on to achieve
some of the
greatest days in
the team's
history but then,
bodies and
minds broken,
fell apart amid

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acrimony.

Having seen all
of this from the
inside,
Jonathan's
autobiography
takes readers to
the heart of the
England
dressing room,
and to the heart
of what it is to

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be a
professional
sportsman. Not
only does it
provide a
unique
perspective on a
remarkably
successful
period in
English cricket
and its

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subsequent
reversal, it also
offers a
fascinating
insight into the
rewards and
risks faced as a
sportsman
carrying the
hope and
expectation of a
team and a

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nation. And it's a salutary tale of the dangers pressure can bring in any walk of life, and the perils of piling unrealistic expectations on yourself.

Undisputed

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Truth: My
Autobiography
Ronan O'Gara
Finding My Feet
- My
Autobiography
Driving
Ambition - My
Autobiography
The Test of My
Life

Winner of the

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**Get Free The Test:
My Autobiography**

**Daily Telegraph
Rugby Book of the
Year 2020 The
Sunday Times
bestselling rugby
book of the year
2020 Brilliant,
honest, combative –
Eddie Jones is a
true legend of
world rugby and
remains an**

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**enigmatic figure in
the game. In My
Life and Rugby he
tells his story for
the first time,
including the full
inside account of
England's 2019
World Cup
campaign. He
describes his
experience growing**

Get Free The Test: My Autobiography

**up in a tough
working-class area
of Sydney, where
he first played
rugby, and how he
learnt from the
extreme highs and
lows of his own
playing career – the
numerous successes
but also the painful
disappointment of**

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**never playing for
Australia. He tells
how he then
embarked on a
coaching career
that has seen him
become one of the
most experienced
and decorated
coaches in Rugby
Union, spanning
four World Cups**

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**and three finals.
His successes have
included
masterminding
England's
spectacular victory
over New Zealand
in the 2019 World
Cup and
engineering the
sport's most
stunning upset**

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when Japan beat South Africa in 2015. My Life and Rugby is the story of one of the most compelling and singular figures in rugby. Told with unflinching honesty, this is the ultimate book for all fans of the

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**sport. Written with
Donald McRae,
twice winner of the
William Hill Sports
Book of the Year
award and three-
time Sports
Feature Writer of
the Year, My Life
and Rugby is the
story of one of the
most compelling**

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**and singular
figures in rugby.
Told with
unflinching
honesty, this is the
ultimate rugby
book for all fans of
the sport. A Best
Book of the Year –
Daily Mail, Sunday
Times, The Times
'I have been kept**

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**awake for the past
two nights, utterly
gripped by
Sharon's story . . .
She makes Keith
Richards, Kurt
Cobain et al look
like kiddies at a tea
party, overdosing
on fizzy drinks . . .
she is radiant,
confident, assertive**

Get Free The Test: My Autobiography

**and glamorous.
And enormously
successful, having
turned Ozzy's
career into a
multimillion-dollar
global industry,
having recovered
from colon cancer
herself, and having
finally seen her
husband do a year**

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without a drink.

**She is totally
phenomenal'**

Sunday

Independent

(Ireland) Sharon

Osbourne has lived

- in her own words

- 'fifty lives in fifty

years'. As the

daughter of

notorious rock

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manager Don Arden, Sharon's childhood was a chaotic mix of glamour and violence, villains and diamonds. In rock star Ozzy Osbourne, Sharon found her soul mate, yet Ozzy's drug- and alcohol-

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**fuelled excesses -
which culminated
in his attempt to
strangle her - made
their marriage a
white-knuckle ride
from the start; only
her devotion to
their three children
gave her the will to
survive. From the
highs of The**

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Osbournes and The X Factor to the lows of Ozzy's near-fatal quad-bike accident and her own colon cancer, Sharon's tenacity, honesty and humour have triumphed again and again. In her long-awaited

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**autobiography,
Sharon Osbourne
reveals the truth
behind the
headlines in her
characteristically
frank, intimate and
articulate way.
Inspiring, heart-
rending and full of
love, EXTREME is
the astonishing**

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**story of a truly
remarkable
woman.**

**"Memoir from
model and actress
Grace
Jones"--Provided
by publisher.**

**Andrew Strauss,
one of the most
successful and
respected England**

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**cricket captains of
the modern era,
announced his
retirement from
professional cricket
at the end of 2012.**

**In DRIVING
AMBITION he
gives a candid
account of the
highs and lows of
his remarkable**

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**career for
Middlesex and
England. An
outstanding
opening batsman
and natural leader,
Andrew Strauss
captained his
country in 50 of his
100 Tests. During
his time in charge,
England emerged**

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**from a turbulent
and controversial
period to become
the world's top
team. Fully
updated to cover
the past year in
Andrew's life; the
transition from
player to pundit
and the fortunes of
English cricket.**

Get Free The Test: My Autobiography

This is an honest and entertaining story of a quiet, modest but fiercely ambitious man who became a magnificent man-manager, leading England to victory in the 2009 Ashes series and again in Australia the

**Get Free The Test:
My Autobiography**

following year.

**Strauss is a fine
raconteur and this
revealing**

**autobiography will
appeal to all those
who love cricket.**

Playing It My Way

Sharon Osbourne

**Extreme: My
Autobiography**

ALEX

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My Autobiography

**FERGUSON My
Autobiography
My Autobiography
– Winner of the
Telegraph Sports
Book of the Year
#2Sides**

In rugby,
there are the
Flash Harrys
and the Glory
Boys: the fly-

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halves who
run, kick and
dazzle; the
scrum-halves
who nip and
dart; the
wingers who
step and
glide. These
are the
players who
get the crowd

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on their feet,
who set
stadiums
abuzz. But
they only get
to do these
things because
other, less
glorified
figures do all
of the donkey
work. Adam

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Jones is one
such figure.
And for a
decade he was
one of the
world's best.
On many
occasions when
George North
or Shane
Williams were
careering

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under the
posts to score
a try, and the
crowd was
engulfed in
rapturous joy,
Adam Jones
would be
hauling
himself up
from the turf,
spitting blood

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and mud, and
massaging his
aching neck.
He hadn't
scored the
try; but more
often than not
it was his
graft and
strength which
had made it.
This is the

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story of
'Bomb': the
self-effacing
manual
labourer from
the Swansea
Valley who
traded laying
paving slabs
for running
out in some of
the world's

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most imposing
sporting
citadels. He
rose to the
pinnacle of
his sport,
winning
virtually
everything
there was to
be won: Grand
Slams, Six

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Nations
Championships,
Lions tours,
Pro12 titles.
In a nation of
rugby heroes,
Adam Jones has
become a
legend. Only
six Welshmen
can say
they've won

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three Grand Slams. He is one of them: not just as a bit-part player, but as the beating heart of the most successful squad in Welsh rugby history.

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His was one of the first names on the team sheet. He was - literally and metaphorically - the cornerstone of this Welsh side. In his autobiography,

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Jones reveals exactly what goes on in the murky depths of the front row: the tricks, the techniques, the physical and psychological warfare; and

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the mental
fortitude it
takes to
endure in one
of the hardest
positions, in
one of the
world's
toughest
contact
sports.

Everyone knows

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the story, or
thinks they
do. The leg-
spinner who
rewrote the
record books.
One of
Wisden's five
cricketers of
the twentieth
century. A
sporting idol

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across the
globe. A
magnet for the
tabloids. But
the millions
of words
written and
spoken about
Shane Warne
since his
explosive
arrival on the

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Test cricket scene in 1992 have only scratched the surface. The real story has remained untold. In No Spin, Shane sets the record straight. From

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his
extraordinary
family history
to his
childhood as a
budding Aussie
Rules
footballer in
suburban
Melbourne.
From the
legendary

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'Gatting ball'
to his history-
making 700th
Test wicket.
From the
controversy
surrounding
the diuretic
pill in South
Africa to his
high-profile
relationship

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with Hollywood
star Elizabeth
Hurley.

Nothing is off
limits, and
Shane tackles
it all with
his trademark
directness and
humour. These
days an
incisive,

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charismatic TV
commentator
and analyst,
the 'Sultan of
Spin' also
lets us in on
the mysterious
art of leg-
spin bowling,
revealing the
secrets of
some of his

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deadliest
deliveries. As
Shane says,
'Few batsmen,
if any, truly
know what I
do.' A
sporting
great, a
celebrity, a
family man and
a self-

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confessed
regular Aussie
bloke from the
suburbs, in No
Spin Shane
offers a
compelling
insight into
how a boy from
Black Rock
changed the
face of

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cricket
forever.

SHORTLISTED
FOR RUGBY BOOK
OF THE YEAR AT
THE 2020
TELEGRAPH
SPORTS BOOK
AWARDS.

'excellent'
Donald McRae,
The Guardian

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'Gatland is
the master'

Sir Ian
McGeechan

'Gatland is a
coaching star'

Sir Clive
Woodward 'Gats

is one of the
all-time great

coaches' Sam
Warburton

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Warren Gatland is one of the world's most renowned and intriguing rugby coaches of the modern era, leading Wales to four Six Nations titles, three Grand Slams

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and two World Cup semi-finals and masterminding two history-making tours as Head Coach of the British and Irish Lions. As he leaves his post as Head

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Coach of Wales
at the end of
the 2019 Rugby
World Cup,
Gatland's
definitive
autobiography
provides a
colourful and
vivid
chronicle of
an

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extraordinary
three decades
at rugby's
dynamic coal-
face. The
personal
journey has
been rewarding
and
challenging in
equal measure,
spanning many

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of the sport's
most
passionate
heartlands
such as New
Zealand,
Ireland,
England and,
of course,
Wales. Gatland
reflects in ch
aracteristical

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ly forthright
and
intelligent
fashion on a
lifetime spent
playing and
coaching the
sport which
has been his
passion since
as a young boy
he first

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picked up an oval ball on New Zealand's North Island, dreaming of joining the ranks of the mighty All Blacks. Along the way we encounter the greatest

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matches,
players and
rivalries the
sport has to
offer, get
introduced to
a stunning
cast of
unforgettable
characters who
grace the
story with

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their humour
and humanity,
and emerge
with a
striking
appreciation
of what makes
this
outstanding
rugby man
tick.

The revelatory

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autobiography
of a rugby
colossus: Paul
O'Connell.

WINNER OF THE
CROSS SPORTS
BOOK AWARDS
RUGBY BOOK OF
THE YEAR There
has never been
a rugby player
quite like

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Paul
O'Connell. He
is synonymous
with passion,
heart and
determination;
but he is also
the thinking
man's rugby
player, a
legendary
student of the

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game. As the heartbeat of Munster, British and Irish Lions captain in 2009, and captain of the first Ireland team to defend a Six Nations championship,

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O'Connell has emerged as perhaps the most beloved of the golden generation of Irish rugby players. In an autobiography as intense as its author, he tells the

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story of his
remarkable
career. 'The
years of
O'Connell and
O'Driscoll
were as close
to a golden
age as ever
Ireland will
get and
O'Connell's

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book tells you
how it all
happened ...
It should be
mandatory for
every Irish
squad member
to read
O'Connell's
book to better
understand
what it takes

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to make a
team' David
Walsh, Sunday
Times
'O'Connell has
emptied the
tank here. ...
What has come
out ... is a
psychological
profile that
is almost

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shocking at
times in what
it reveals
about the
bloody single-
mindedness of
the
competitive
gene' Hilary
A. White,
Irish
Independent

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'The intense physicality of his rugby upbringing is an abiding theme ... along with humour, the craic and an extensive knowledge of how teams

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work' Paul
Hayward, Daily
Telegraph 'I
found The
Battle
entrancing'
Stephen Jones,
Sunday Times
'Excellent ...
[an] eye-
opening
account of the

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never-ending
battles he
fought' Rugby
World
'Revelatory

...
Unflinchingly
charts his
personal
evolution ...
He is not at
all easy on

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himself' Keith
Duggan, Irish
Times

A Story of
Life on a
Family Farm

No Spin
Confessions of
an (un)profess
ional rugby
player

No Hiding

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Brain on Fire

Garry Sobers is a cricketing legend, the greatest all-rounder of all time. In this revealing and honest autobiography, Sobers talks about his upbringing and about the tragic accident that inspired him throughout his career. He explains how he helped the

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West Indies to become the most feared cricketing nation in the world, setting them on a course of success that would run for another 20 years. He also provides authoritative views on the current state of the game and the future of cricket.

My Autobiography of
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Carson McCullers
My Month of Madness
Joking Apart