

Access Free The Mindful Dragon: A Dragon Book  
About Mindfulness Teach Your Dragon To Be  
Mindful A Cute Children Story To Teach Kids

The Mindful Dragon: A Dragon Book  
About Mindfulness, Focus And Peace (My Dragon  
Books) (Volume 3)  
Teach Kids About Mindfulness, Focus And  
Peace (My Dragon Books) (Volume 3)

*Having a pet dragon is very fun! He can sit, roll over, and play... He can candle a birthday cake, lit a campfire, or so many other cool things... But what if your dragon talks a lot and speaks really fast? What if: - he's very active and always run*

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*around? - he likes to interrupt when others are talking? - he has hard time concentrating and staying on task? - he's disorganized, forgetful and often loose his things? And more... What if your dragon is diagnosed with ADHD? What if he is worried, scared and wonders what is wrong with him? What should you do? You help him understand ADHD! You teach him ADHD is not a "defect" and with the right attitude and help, it can be his asset! How? Get this book and learn how! Fun, cute, and entertaining with beautiful illustrations, this is a must have book for children,*

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*parents and educators to teach kids about ADHD and how to get organized, focus and succeed in life, GET THIS BOOK NOW!*

*"Me and E: A Baseball Odyssey is a reflection on parenting a highly skilled, nationally-ranked and difficult baseball prodigy, told through the author's eyes as he witnessed and participated in the successes and failures of his son playing baseball and growing up in Central Florida. It deals with the changing world of competitive youth sports, over-involved parents, fanatical coaches, the hypocrisies inherent in high school athletics, the*

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*college recruiting process and how we teach our kids to grow up and become decent human beings - despite ourselves. It involves well-known sports figures as well as local sports icons with traits and characteristics that everyone will recognize. It's a book about flawed parenting, about living vicariously through a gifted child and learning, finally, that being a good father is as much about letting go as it is about being there. Call it Moneyball meets Everything I Know I Learned in Kindergarten.*

*Having a pet dragon is very fun. But your dragon*

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*can get very angry and upset when you tell him "NO!" He can burn your house down to the ground and everything you own! What do you do? You need to teach your dragon how to accept "No" for an answer! Get this book now and learn how. Fun, cute and entertaining with beautiful illustrations, this playful book will teach kids how to handle Disagreement, Emotions and Anger Management. A must have book for children and parents to teach kids about Disagreement, Emotions and Anger Management. Get this book now and enjoy! In the battle between mazes and kids, who will*

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*win? Your child might, if he/she has the patience and right strategy to get out of all these mazes.*

*Answering mazes is a fun learning experience that will help improve your child's ability to think of strategies quite fast. Start your child's training with one book of mazes at a time.*

*Greymalkin is not just the Queen's beloved cat, he is also her confidant and staunchest friend. In this story, Greymalkin has an adventure without the Queen and has to deal with a perilous situation including a baby dragon.*

*A Second Language Learner's Journey*

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*Kids Vs. Mazes*

*Part 1: the Book of Seregon*

*Teach Your Dragon It's OK to Make Mistakes. A  
Cute Children Story To Teach Kids About  
Perfectionism and How To Accept Failures.*

*A Dragon With ADHD*

*An Immaculate Figure*

*A Dragon Book To Teach Kids How To Make New  
Friends. A Cute Children Story To Teach Children  
About Friendship and Social Skills.*

"He Walks with Dragons" takes place when what  
was, what is, and what shall be were one in

## Access Free The Mindful Dragon: A Dragon Book About Mindfulness Teach Your Dragon To Be

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the same. Draig, a boy on the verge of his manhood, is summoned to the majestic mountain by the Great Ones. There he finds out he is about to transcend the ages and risk his life to prevent the destruction of mankind. Born into the naïve innocence of ancient man, Draig lives a simple pastoral existence in a quiet, small village. But one day he is flung on a magical journey into a forbidden new world. There, Draconos, a dragon, befriends the boy, training him in the art of warfare. From this day forward, the young boy finds himself in awe at the wonders the world holds for him. Not only has Draig become a man, but



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he is living like a dragon and learning their mystical powers. "From the time Man first crawled upon this earth...we found him worthy to take his rightful place among the creatures that walk upon the earth. While hiding in the shadows, we have protected him. We have nurtured him all these many ages. But now man grows in great numbers and makes war on everything he sees." And when the time comes, will Draig be willing to lay down his life for the sake of saving the dragons? And when the dragons are gone, where will he go? He is no longer just a man. Having a pet dragon is very fun. But what do

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you do if he refuses to poop? Get this book and learn how to potty train your dragon! A must have book for children and parents with potty training. Teach your child how to poop easily everyday. Fun, cute and entertaining with beautiful illustrations, this playful book will make the frustrating toilet training process easy and fun. Get this book now and enjoy!

It is important for children to have consideration and respect for others. And Cay is learning just that as she struggles with doing what's right. She sometimes needs a little reminding as she falls short when it

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comes to her manners. Can Cay show us that she can be on her best behavior?

Rosandra White is the proverbial perfect blonde. Exquisitely proportioned, desirable, her pale beauty exerts a powerful and dangerous allure. When she meets her childhood admirer Jem after years of risky liaisons, he finds that she has become a figure of intrigue.

Imagine a class of disenchanted, turned-off teens, mostly males. Then imagine those same students feeling poorly about themselves - feeling they are dumb because they have not been told it takes time to learn a second

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language. Imagine adults passing through  
their lives and finally one sticks around to  
show them they are loved. They are safe. They  
are good. Just imagine.

The Therapeutic Science Relax Meditation

Mindful Mosaic

Me and E

A Boy and a Dragon

Conquering the Dragons That Keep You from  
Success

Mindful Dragon

Abstract Doodles to Color

***Having a pet dragon is very fun. But what  
do you do if he get angry or upset? What do***

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***you do when your dragon lost his cool and wants to burn everything to the ground?***

***Get this book and learn how to train your angry dragon! A must have book for children and parents to teach kids about emotions and anger management. Fun, cute and entertaining with beautiful illustrations, this playful book will teach kids how to handle when things don't go their way. Get this book now and enjoy!***

***Is that a shell? A pile of rocks? Waves, leaves, clouds? A stained glass window? Or just an inviting group of lines and shapes?***

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***And what do you want to do with it? It's all up to you, and it doesn't matter what you decide. This coloring book is a no-pressure invitation - to play, explore, focus, dream, or rest. These abstract, mosaic-style doodles can stimulate your imagination, free you from constraints, and pull you into a whimsical world of color. Color the shapes, color the spaces between the shapes, or color both. Emphasize patterns or fill spaces randomly. Use ninety-six colors or six, or just one! Get out a fine-tip pen and add to the designs - draw in***

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***borders, or shapes within or around the given shapes. There are even some blank pages at the end to fill with your own completely original doodles. Doodler JoAnne Lehman lives in Madison, Wisconsin, where she co-manages Zwerg Acres Urban Farm and Zwerg Acres Productions.***

***Far in the distant reaches of the universe is a world called Azmantium. A planet with lilac skies, jade green seas and fiery red suns. A planet where everything, from the tides of the sea to life itself, is rooted in magic. Children are assessed at an early***

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***age and trained according to their unique magical talents. Lara, an orphan who has no memory of her true origins, is unaware that she has a vital role to play in the ancient prophecies that are about to begin coming true. Older than most who are just beginning their magical training, Lara will soon find out that destiny waits for no one, especially when the fate of the world rests on their shoulders. With the help of her new friends, Lara will learn that in order to save the future, she must journey into the past - to a time when Dragons ruled the world!***



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***This is the first book in the upcoming  
Dragon Born series!***

***This book reviews the research and  
philosophical foundations for using  
mindfulness, acceptance, and Buddhist  
psychology in couple and family therapy. It  
also provides a detailed and practical  
approach for putting these ideas into action  
in the therapy room, including a mindful  
approach to therapeutic relationships, case  
conceptualization, treatment planning,  
teaching meditation, and intervention.  
This book shows you how to draw dragons***

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**in 26 different moods.**

**Help Your Dragon Learn From Mistakes**

**He Walks with Dragons**

**Dragon Born**

**Dylan The Dragon & The Playground Ride**

**The Dragon's Path**

**DRAGONS LUCK**

**Train Your Dragon To Be Respectful. A Cute  
Children Story To Teach Kids About  
Manners, Respect and How To Behave.**

A Dragon Book To Teach Kids How To Make  
New Friends. A Cute Children Story To  
Teach Children About Friendship and Social

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About Mindfulness Teach Your Dragon To Be  
Mindful A Cute Children Story To Teach Kids  
Skills

Train Your Dragon To Be Respectful. A Cute  
Children Story To Teach Kids About  
Manners, Respect and How To Behave.

The Doodle Mandala Colouring Book is a fun  
and relaxing creative colouring book  
created especially of all ages , and makes  
the perfect gift for all person in your  
life! Whether they're into Doodle Mandala  
, this book has a fantastic variety of  
designs created especially colour and  
enjoy! Each of these beautiful individual  
designs are printed on a single page with

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the reverse left blank - so no bleed through, and perfect whether you use pencils, pens or paints. Collect the whole 'Really Relaxing Colouring Book' series, the lovely 'Completely Calming Colouring Books' series or try our unique 'Cool Colouring Books' Collection too!

In this classic tale, Dylan learns to make friends despite obstacles. And when the happily ever after arrives, both the dragon and the reader have learnt a thing or two about relationships.

"After a human dignitary couple is killed,

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their son is adopted by Sharpclaw, a local dragon ambassador. On top of his mountain home, Sharpclaw must get used to interacting with an uncommon species, and must raise the boy and teach him to stand up for himself. Whilst trying to fit in a society where mythical creatures are the norm, James, with the help of Sharpclaw, must find out the ultimate fate of his parents." Previously known simply as 'A Boy and a Dragon'. This is the first book in the 'Tales from Mythvale' series. Others include: Tales from Mythvale: A Boy

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Books) (Volume 3)  
and a Dragon (Release year: 2013) Tales  
from Mythvale: An Arion on an Adventure  
(Release year: 2014) Tales from Mythvale:  
A Dinner with Dragons (Release year: 2015)  
Tales from Mythvale: The Phoenix Games  
(Release year: 2016) Tales from Mythvale:  
An American Pegasus (Release year: 2017)  
Each 'Tales from Mythvale' book is an  
individual story; no prior knowledge or  
reading of any other book in the series is  
required. This is a novella (longer than a  
short story yet not quite a novel) written  
in a third person perspective lasting

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almost 33,000 words.

The Sad Dragon, Focus And Peace (My Dragon  
Books) (Volume 3)  
Where Are Your Manners Child?

*The Dragon Adventure*

*Great Trainers Make It Happen*

*Teach Your Dragon To Be Patient. A Cute  
Children Story To Teach Kids About  
Emotions and Anger Management. (Dragon  
Books for Kids)*

*(The Mindful Dragon) Una simpatica storia  
per bambini, per educarli alla  
consapevolezza, alla concentrazione e alla  
serenità.*

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## *Adult Doodle Mandala Coloring Book*

The Mindful Dragon A Dragon Book about Mindfulness.

Teach Your Dragon To Be Mindful. A Cute Children Story  
to Teach Kids about Mindfulness, Focus and Peace. Dg  
Books Publishing

ATTENTION TRAINERS: It's Not About YOU - It's About  
the LEARNER! What is the biggest mistake a trainer can  
make? Quite simply, it is focusing all of their efforts on  
themselves and not their students! Many inexperienced  
trainers fall into this trap, but it doesn't have to happen to  
you! This book provides easy-to-execute examples that,  
when utilized, will make any rookie trainer look like a  
seasoned pro in just one day! You will learn how to  
structure the classroom experience in such a positive way



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that I guarantee it will make a difference in your professional life and in the lives of your participants. The techniques outlined in this book will help you to become the Great Trainer you have always wanted to be - because although good trainers may know these methods, Great Trainers make it happen! Inside, you will discover how to:

- Create an inviting physical and emotional learning environment for your students. An inviting learning environment leads to higher levels of participation, retention, and on-the-job application!
- Be less of an instructor and more of a "Tour Guide." Utilizing tour guide techniques will make your class anything-but-ordinary, causing people to look forward to your next event!
- Utilize Great Trainer techniques whether you're facilitating a

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5-day course, a 60-minute training session, or a 15-minute presentation! -Apply the techniques that will help you go WACCO for your participants - without spending a dime! Get on the road to continuous training improvement and start reading!

Un libro sui draghi e la consapevolezza. Insegna al tuo drago ad essere consapevole. Una simpatica storia per bambini, per educarli alla consapevolezza, alla concentrazione e alla serenità.

A collection of writings inspired from the journey of learning how to authentically live a value-based life.

Learning to spread my wings and stay grounded; this book follows my journey of learning to be and own the powerful dragon I am. Offering insights into self love, living your

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values, setting boundaries, getting out of your comfort zone, cultivating compassion, and learning to ride the ups and downs of life.

A Dragon Book about Mindfulness. Teach Your Dragon To Be Mindful. A Cute Children Story to Teach Kids about Mindfulness, Focus and Peace.

Fighting the Dragon

A Dragon Book about Mindfulness. Teach Your Dragon To Be Mindful. A Cute Children Story to Teach Kids about Mindfulness, Focus and Peace.

How to Potty Train Your Dragon Who Is Scared to Poop. A Cute Children Story on How to Make Potty Training Fun and Easy.

Mindfulness and Acceptance in Couple and Family Therapy

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About Mindfulness Focus And Peace (My Dragon  
Book) (Volume 5)

(The Mindful Dragon) Ein Drachen Buch über Achtsamkeit.  
Eine süße Geschichte, die Kindern Achtsamkeit,  
Konzentration und Frieden näherbringt.

Journal of Galactic Romance and Global Evolution

Der achtsame Drache

*Gentry was a simple baker who knew there was more to life but did not know what it was or how to get there. One day, a traveler came to town and told Gentry that he is seeking The Destination. However, the traveler provides a warning. The path to The Destination is guarded by dragons that only seek to take travelers off of the path. Armed with a scroll, a shield and a sword, Gentry sets out*

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on his quest. As Gentry heads towards The Destination, he is expecting to face fierce dragons that he heard so many stories about growing up. He pictured himself doing battle with a large scaly beast. But what he found surprised him. The dragons were not the fire breathing animal he expected but much more deceiving. Gentry had to face each dragon before he can travel on towards The Destination or be sent back to the town as a failure. Each dragon, however, has a different name and affect on Gentry. He must use the wisdom he finds in the scroll in order to defeat each of the dragons. As we

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Mindful A Cute Children Story To Teach Kids**

*each travel the journey to success, we are often times side tracked by dragons (My Dragon Books) (Volume 2). Through this book and as you travel with Gentry, you will learn the secrets to defeating many of the common dragons that only seek to hold us back from reaching our destination.*

*Teach Your Dragon It's OK to Make Mistakes. A Cute Children Story To Teach Kids About Perfectionism and How To Accept Failures.*

*Las Vegas. City of sin, neon, and epic bad decisions. David Fraser and his fiancée, the Dragoness Rose Drake, are in Vegas for the BuzzCon gaming convention, seeking an*

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investor for the online game they are developing. It's a long shot, but even in Las Vegas, long shots occasionally pay off. The warrior god Crom has other plans. A centuries-old religious war between the Dark Elves of a distant world threatens to spill over onto Earth. Crom's followers need an artifact capable of killing the demoness known as the Bloodmaiden before she can become a full-fledged goddess and establish her worship on Earth. It's a quest worthy of a Hero. A Hero like...David. To succeed, David will need all the strength, resourcefulness, and luck he can muster. Fortunately, he has Rose to call

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*on, and she has a way of making her own luck.  
Anyone who tries to stop them will find out  
what happens when the dice come up Dragons,  
the hard way."*

*A Dragon Book About Autism. A Cute Children  
Story to Explain the Basics of Autism at a  
Child's Level.*

*Help Your Dragon Understand Empathy. A Cute  
Children Story To Teach Kids Empathy,  
Compassion and Kindness.*

*I Am Safe. I Am Good. I Am Loved.*

*Teach Your Dragon To Understand Consequences  
Learn How to Draw Cute Dragons with Different*



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Mindful A Cute Children Story To Teach Kids  
Emotions. A Fun and Easy Step by Step Guide  
To Draw Dragons for Kids.

*Return of Dragons*

*Teach Your Dragon to Make Friends*

*Teach Your Dragon To Accept 'No' For An  
Answer. A Cute Children Story To Teach Kids  
About Disagreement, Emotions and Anger  
Management*

**A Dragon Book About Grief and Loss. A Cute  
Children Story To Help Kids Understand The Loss  
Of A Loved One, and How To Get Through Difficult  
Time.**

**A Dragon Book To Teach Children About Choices**

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and Consequences. A Cute Children Story To Teach Kids Great Lessons About Possible Consequences of Small Actions and How To Make Good Choices.

What if ... You could save a rare species from extinction? What if you could travel through time, to any location at any point in history? What if you could thwart the assassination attempt of a leader? Would you take the risk? In the fifth book of this compelling, metaphysical journey, the Joy Council intervenes to prevent dragons from being lured to their deaths as the new dragon prince's life is endangered. A new world must be created if

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the dragons have any chance of escaping a 900-year-old relentless tracker. But don't get too comfortable, because a plot to kill Commander Ashtar results in the deportation of those who are not native residents of Earth. In this exhilarating otherworldly adventure, readers will meet a myriad of interesting characters, travel through time and space, and experience a voyage unlike anything you can imagine.

Bringing together western medical science and eastern wellbeing for menopause education, this book helps yoga teachers develop their understanding of menopause and women's health

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as well as support their students. Petra Coveney - creator of Menopause Yoga™ - shares yoga, breath and meditation practices, poses, and CBT and self-enquiry methods to manage menopause symptoms. Her book helps to educate and empower women going through menopause, allowing them to embrace it as an opportunity for self-growth. It includes three main yoga sequences that focus on managing specific groups of symptoms, as well as additional sequences for sleep, menorage, and osteopenia. This is the dedicated resource for yoga teachers who want to teach Menopause Yoga™, with four

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detailed 90-minute class plans also available to download. Underpinned by research and 20 years of teaching experience, Menopause Yoga helps those on their journey from peri-menopause to post-menopause to help them welcome the changes in their minds, bodies and emotions as they enter the next stage in their lives.

Dragon—Book One of the Dragon Eye series  
Ilsa has been afraid of dragons ever since she saw them in the sky the night she was chased from her village as a child. Now, a decade later, she'd love to return to the place she once called home—if only she knew where to find home. Truth

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is, Ilsa doesn't know who she is. She only knows her father left her in the care of a guy named Ram, who teaches her swordsmanship in a butcher shop until the day when it's safe for her to continue home. But it may never be safe, and their enemies are closing in. Ilsa and Ram are being hunted, and they must flee through the dangers that bar them from their homeland. The journey will require all their skill and strength, but it will also uncover the secrets of who Ilsa is and where she belongs. She's always longed for the truth, but once she learns it, can she accept it? Is she...a dragon? And do those ancient monsters

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even deserve to live?The Dragon Eye series  
books:One: DragonTwo: HydraThree:  
PhoenixFour: VixenFive: DraculSix: Basilisk

A Dragon Book To Teach Children About Choices  
and Consequences. A Cute Children Story To  
Teach Kids Great Lessons About Possible  
Consequences of Small Actions and How To Make  
Good Choices.

The Queen's Cat

A Baseball Odyssey

A Holistic Guide to Supporting Women on their  
Menopause Journey

A Dragon Book About Grief and Loss. A Cute

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Menopause Yoga

Teach Your Dragon Manners

**(The Mindful Dragon) Un libro de dragones sobre la conciencia plena. Un adorable cuento infantil para enseñar a los niños sobre la conciencia plena, el enfoque y la paz.**

**Hidden in the forgotten tunnels beneath the castle of Thorilleia lies an ancient book written by a powerful wizard. Two young men set out to find the book, which is said to contain a mysterious secret. Their**



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**journey takes them across rugged mountains and through dense forests where they encounter dangerous creatures and strange cultures. When they reach Thorilleia, they find themselves thrust into a pivotal role in a war between great kingdoms. Loaded with action and unexpected twists, Dragon's Dust is not just a quest for riches and power; it's an adventure story where integrity, determination, and courage prevail in dire circumstances.**

**Daegonlot: a floating island separated from the mainland of Darkenfel, and home to the last of the dragonriders. They have settled in the city of Goldspine and allowed the rest of the world to forget**

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**them.**  
**For decades, traditional medicine had very little to offer for individuals suffering from multiple sclerosis and other autoimmune diseases. Today, medical science has brought us wave upon wave of immunomodulatory medications to try to slow disease progression. Unfortunately, these medications come with their own health- and life-threatening side effects. And sometimes, they just stop working. “Fighting the Dragon: How I Beat Multiple Sclerosis” is the story of one woman’s thirty year battle with multiple sclerosis and what she did to reclaim her life when she realized she would need**

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**an assisted living facility within a few years. The book contains detailed descriptions of what worked and what did not, where she got the help she needed (and how the reader can locate these resources within his/her own community), and the logic behind the non-conventional therapies. "Fighting the Dragon" is a narrative of courage—courage driven by desperation, a story written by a patient who decided, when her neurologist told her, "You will never walk normally again," that she would dance. "Fighting the Dragon" is also a book the MS patient can take to his/her physician . . . it contains well-researched, easy-to-follow guidelines for what to do**

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Errors) (Volume 3)

and how. The information is also applicable to a wide range of other autoimmune conditions, cancers, and AIDS. \* \* \* \* \* Excerpt: . . . if your car kept breaking down and the mechanic you took it to kept doing the same thing to fix it—but it did not stay fixed, you would question the mechanic's competence. Maybe the mechanic pulled out a technical manual. “See. I fixed it exactly as the manual said. This is the industry-approved way to solve this problem.” When the car broke down again a week later, would you be satisfied? Probably not. You might decide it is time to replace the car. But that might be too expensive. So, what to do? If you

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**were smart, you would probably try to find a new mechanic. You might ask your friends who they would recommend. You might search on the Internet to see if other people had the same experience with their cars . . . and what caused the problem. You might telephone some repair shops to get some idea of what they thought the problem might be. If you found a new mechanic and that mechanic looked over the car and said, “I have a solution that is not in any industry-approved repair manuals, but it is safe and it works,”—would you walk away and go back to the first mechanic who never got it right? Why is your health worth any less than your car?**

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