

Piccole Dolomiti Pasubio 1:25 000 Ediz Italiana E Tedesca

Located in northern Italy, the 'Pale Alps' contain climbing of every shape and size. The area is particularly renowned for its via ferrata, cabled routes pre-dating the Great War. This guide covers everything you need for a climbing trip, regardless of ability.

It is found among the old, old histories of the Tibetans that a female demon living among the mountains in Northern India mated with a monkey from the forests of Tibet, and from this union sprang the Tibetan race of people. The greater part of their literature is of a sacred nature, telling of their creation, of the formation of the world, of Buddha and his miraculous birth and death, of his reincarnations and the revisions of his teachings. A kind of almanac, a little astronomy, plans for casting a horoscope, and many books filled with religious teachings and superstitions, including the worship of devils and demons, are about all that can be found. The 49 little stories in this book are told as the people sit around their boiling tea made over a three stone camp-fire. They are handed down from father to son, from mother to daughter, and though often filled with their superstitious beliefs, through them all run a vein of humor and the teachings of a moral truth which is quite unexpected. These tales were gathered by Dr. A. L. Shelton on his trips among the Tibetans, around their camp-fires at night, and in their black tents high up in the mountains. Every country has its folk-lore tales that have always been a joy and pleasure to the children, not only of their own land, but of other lands as well. May these stories add a little to this pleasure and enjoyment everywhere, in whatsoever tongue they may be translated or in whatever land they may be read. Flora Beal Shelton 1925

This guidebook describes 25 hut-to-hut treks in the Dolomites of northern Italy, covering 15 regions including Cortina, Sella, Sesto, Marmolada and Latemar. Ranging from 11.3km to 40.8km and from two to four days, the graded routes are suitable for walkers with a reasonable level of fitness and experience of mountain terrain, and some feature exposed sections which demand a good head for heights. This edition includes a number of treks in less frequently visited rugged districts, as well as the more popular trips, all of which take advantage of the region's network of mountain refuges and efficient public transport system, with the majority of routes accessible by public bus. Detailed route description is presented alongside mapping and stunning colour photography and the guide also suggests alternative access and exit routes, and options for linking routes to create a longer trek. There is plenty of advice to help make the most of a trip as well as background information on the region's geology, plants and wildlife and local cuisine. The Dolomites - a UNESCO World Heritage Site - are characterised by striking volcanic and sedimentary rock formations. Walking is an ideal way to discover this breathtaking landscape of angular peaks, towering pinnacles and jagged ridges, and the carefully chosen routes in this guide will exhilarate, challenge and inspire.

Dinosaurs of Italy

Rock Climbs and Via Ferrata

Auf alten Kriegspfaden und -steigen durch die Dolomiten

Leichte Klettersteige in den Alpen

Dolomiti New Age. 130 Bolted Routes Up to 7a

The Story of Vajont

The gateway to Nicaragua's eastern and southern regions lies in Boaco and Chontales, ranching departments that adhere to a traditional lifestyle and a slower pace that's easy to adapt to. Known for theircheeseindustry, these departments receive few visitors.aBoaco, capital of the department of the same name, andJuigalpa, capital of Chontales department, are small-scale commercial centers that hum with low-key activity as the area's ranchers come to take care of business. Juigalpa is home to several of the region's main sights, including a nationally-recognizedazooaan d aamuseumthat displays some of the country's most importantpre-Columbian artifacts. A few days in Boaco and Chontales gives visitors a chance to experience the pleasure of rural life in Nicaragua. Aguas Claras Hot Springs, tel. 244-2916. Just a few miles west of the Empalme de Boaco, the hot springs of Aguas Claras (entry \$1.75) are the area's main draw, with good reason. The complex includes five geothermally-heated pools, a good restaurant (\$-\$\$\$), ranchos with hammocks, and the area's best hotel (\$\$), which has 20 rooms situated in a main building and in cabins. Juigalpa is perhaps best known in Nicaragua for its zoo. The town also boasts Nicaragua's best museum of pre-Columbian artifacts, as well as some of the nation's liveliest fiestas patronales. Perhaps most importantly, Juigalpa allows you to experience life in a typical friendly ranching town. In Juigalpa, Museo Arqueolgico Gregorio Aguilar Barea is famous for its Chontal statues, dating back more than a thousand years; the museum has some of the best pre-Columbian pieces in the country. As for R o San Juan, this secluded region, located in the southernmost section of Nicaragua and largely covered by dense jungle, offers some of Nicaragua's most interesting adventures. The Solentiname Archipelago, located in Lago de Nicaragua and accessible by boat from San Carlos, has a fascinating lifestyle and a beautiful natural environment. Solentiname's secluded location and infrequent public transportation renders it a challenge to visitors, but the lucky few who make it here are rewarded with beautiful views, a unique artistic culture, and possibly the friendliest people in all of Nicaragua. Solentiname is most famous for its unique Primitivist-style painting, and over 50 painters and artisans to live and work on the islands. In addition to its artistic tradition, Solentiname is also a nature lover's paradise, with abundant bird life, white-tailed deer, iguanas, caimans, howler monkeys, and, less commonly seen, boa constrictors. The beauty of the islands is at its peak when the end of the rainy season brings lush foliage, but the archipelago is pleasant to visit year-round. Another draw of the archipelago is the petroglyphs and carvings that remain undisturbed in their natural setting; locals can offer directions. This guide contains all the information you need, from where to stay and where to eat to how to get around, what to see and what to do. Color photos and maps throughout."

Thematic displays of the solar system, origins of earth and the endangered world; statistical spreads covering food production, world health, population, and other questions; detailed maps showing the latest geographical and political changes and a glossary and world index for place location.

As a boy, climbing legend Reinhold Messner was inspired by another legend: George Mallory's tragic final ascent of Mount Everest in 1924. To Messner, and to thousands of others, Mallory's attempt--whether or not it succeeded--remains the greatest exploit in the annals of mountain climbing. Though Mallory's body was finally found, we have lost, Messner believes, the spirit that guided him; summiting Everest has become merely a corporate challenge and a matter of technology, not a rendezvous with destiny. Using the British climber's journals and letters, Messner thrillingly re-creates Mallory's three assaults on Everest, including his final ascent. Here is both an investigation into the death of George Mallory and a deeply felt homage--to a mountain, to the spirit of an age, and to the man who inspired those who followed in his footsteps.

Epic Bike Rides of the World

Sketches in the Mountains of Ticino, Lombardy, the Trentino, and Venetia

Dolomites West and East Selected Climbs

Dolomites Unesco Geotrail

75 routes - north, central and east ranges

Via Ferratas of the Italian Dolomites Volume 1

A popular guidebook to short walks in the Dolomites of north east Italy. The guide describes 50 walks, graded from easy to strenuous, and varying in length from 5 km strolls to 20km full-day expeditions. The Dolomites are suitable for summer walking, and the mountains are easily accessible, just across the border from Austria and easily reached from Verona, Treviso, Venice and Innsbruck airports. The Dolomites are blessed with vast forests, high-altitude rocky landscapes and seas of beautiful wildflowers and the range is now a designated Unesco World Heritage Site encompassing a national park - Parco Nazionale Dolomiti Bellunesi - and several other protected areas. Highlights include the Tre Cime di Lavaredo, the Civetta, the Piz Boè circuit on the Sella massif and the Sentiero delle Odle. This guide offers something for every walking ability and preference, and includes all the background and planning information you need to plan a trip, including an Italian-German-English glossary and a list of accommodation providers and websites and details of all rifugios on or near the routes.

Drama. All Italians of a certain age remember the Vajont disaster: a giant wave raised by a landslide into a brand new hydroelectric reservoir in the Italian Alps jumped over the dam that was supposed to contain it and crushed five towns in less than seven minutes, killing over 2000 people. At the time, it was held to be a natural disaster... -- Thomas Simpson, Foreword. Directed by Gabriele Vacis, Marco Paolini's immensely popular 1993 performance monologue explores what really lay behind the catastrophe. Winner of Italy's most prestigious theater prize, the Premio Ubu, THE STORY OF VALJONT is translated and edited by Thomas Simpson, with an essay by Franco Nasi and black-and-white photographs.

Guidebook to the via ferrata routes of the southern Italian Dolomites. This guide covers via ferrata routes in the major mountain ranges of Civetta, Schiara and Pala as well as those to the west in the Brenta. A significant addition (and, as far as we are aware, not previously published in any English language guidebook) is the inclusion of routes around the northern end of Lake Garda and the Piccole Dolomites north of Vicenza. Here the mountains are generally lower and you can enjoy ferrata climbing over a much extended season, with some routes accessible for most of the year. This is the second in a series of two guidebooks to the via ferratas of the Italian Dolomites. (Volume One covers the eastern, northern and central areas of the Dolomites, while Volume Two completes the picture, focusing on the southern, Brenta and Lake Garda areas.)

Dolomiti. Falesie. 105 Proposte Di Arrampicata Sportiva. Ediz. Inglese

Mountain Bike Alto Garda. 54 Percorsi Monte Baldo, Monte Velo, Monte Tremalzo, Valle Dei Laghi, Val Di Ledro, Vallagarina, Val Di Gresta. Ediz. Inglese

Tibetan Folk Tales

Freeride in the Dolomites

Trekking in the Dolomites

The Dolomites

There are fifty-four peaks in Colorado that rise above 14,000 feet. Climbing 14ers has become a favorite activity of locals as well as climbers from all over North America. In fact, more than half a million climbers attempt at least one Colorado 14er per year.Organized by mountain range, The Colorado 14ers is a basic guidebook written in clear, concise, non-technical language with a certain amount of wit. This new edition includes notes by historian Walt Borneman on how each peak was named and who made the first ascent. The photos for this edition are by Todd Caudle, whose work has been featured in the Colorado Fourteeners calendar for the last ten years. Each route description includes precise directions for driving to the trailhead and tips on where to park, in addition to the route description itself.

Lonely Planet: The world's leading travel guide publisher Discover 200 of the best places to ride a bike in this beautifully illustrated hardback. From family-friendly, sightseeing urban rides to epic adventures off the beaten track. Destinations range from France and Italy, for the world's great bike races, to the wilds of Mongolia and Patagonia. These journeys will inspire - whether you are an experienced cyclist or just getting started. The book is organised by continent. In the Americas we join a family bikepacking trip in Ecuador; we pedal the Natchez Trace Parkway and stop at legendary music spots; we ride the Pacific Coast Highway in Oregon and California; go mountain biking in Moab and Canada; and explore the cities of Buenos Aires and New York by bicycle. European rides include easy-going trips around Lake Constance, along the Danube and the Loire, and coast-to-coast routes; routes in Tuscany, Spain and Corsica; and professional journeys up Mt Ventoux and around the Tour of Flanders. In Asia, we venture through Vietnam's valleys; complete the Mae Hong Son circuit in northern Thailand; cross the Indian Himalayas; and pedal through Bhutan. And in Australia and New Zealand we take in Tasmania and Queensland by mountain bike; cycle into Victoria's high country and around Adelaide on road bikes; and try some of New Zealand's celebrated cycle trails. Each ride is illustrated with stunning photography and a map. A toolkit of practical details - where to start and finish, how to get there, where to stay and more - helps riders plan their own trips. There are also suggestions for three more similar rides around the world for each story. Each piece shows how cycling is a fantastic way to get to know a place, a people and their culture. About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, gift and lifestyle books and stationery, as well as an award-winning website, magazines, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planet's mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in. TripAdvisor Travelers' Choice Awards 2012, 2013, 2014, and 2015 winner in Favorite Travel Guide category 'Lonely Planet guides are, quite simply, like no other.' - New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia) Important Notice: The digital edition of this book may not contain all of the images found in the physical edition.

Zwischen Stilfser Joch, nördlichem Gardasee und östlich der Etsch verlief im ersten Weltkrieg die Front. Entlang der alten Kriegspfade in den Ampezzaner und Sextener Dolomiten lässt sich Südtirols Geschichte heute noch hautnah erleben. Dieser außergewöhnliche Wanderführer beschreibt 30 landschaftlich reizvolle Wanderungen auf alten Militärpfaden, zeigt die Spuren des Krieges im Gelände und erläutert die geschichtlichen Hintergründe ausführlich.

The Second Death of George Mallory

The Dolomite Mountains

Scenic Shapes

Shorter Walks in the Dolomites

A Midsummer Ramble in the Dolomites

Author: Thomas Simpson

The first of a two-volume set of guides to Via Ferratas of the Italian Dolomites, this guide covers the North, Central and Eastern Dolomites, across an area stretching from Val di Fassa to Auronzo. It sets the routes out according to strategic valley bases, with some guidance on the best bases for attacking each of the routes.

Northern Italy's famous Alta Via long-distance walking routes are spread across the Dolomites, running roughly north to south and reaching as far as the Austrian border. There are six of these routes, and they increase in difficulty: Alta Via 1 has few exposed sections and is suitable for novice alpine trekkers; AV2 is much more challenging, only suitable for experienced alpine trekkers with a good head for heights, while AVs 3-6 have extended via ferrata sections and considerable exposure. AVs 1 and 2 are described in detail in this guidebook. The 120km AV1 is described over 11 day stages; AV2 covers 160km in 13 days and is more strenuous and technical. Overnight stops are at mountain huts or guesthouses. The demanding AV3-6 routes are described in outline. Now a World Heritage Site, the Italian Dolomites make a first-rate trekking destination. There is an excellent network of paths dotted with welcoming 'rifugi' (mountain huts) in stunning locations, and efficient public transport serving key trekking points. Written by an expert in Italian trekking, with information on the fascinating wartime history of the region, plants and wildlife and also practical considerations such as the best time to go, what to take and hut protocol, this guide offers trekkers all the information they need to enjoy the mountains to the full.

Leichte Klettersteige in den AlpenKlettersteigführer Alpen. Die schönsten Touren in den Bayerischen Alpen, Tirol, Dolomiten, am Gardasee, Brenta und in der Schweiz für Einsteiger und Familien.Bruckmann Verlag

Scialpinismo in Dolomiti. Oltre 100 Itinerari, 6 Traversate Di Più Giorni. Ediz. Inglese

Aircraft Performance

Italian Alps

Webster's Dictionary

Classic Dolomite Climbs

An Engineering Approach

Mehr als 230 Klettersteige in Bayern, Tirol, Vorarlberg, Südtirol, Trentino und der Schweiz mit detaillierten Kartenskizzen, Infos über Gezeiten, Anforderungen und Charakteristiken der Routen sowie Hüslers Klettersteigkreuz. Sind Sie schon einmal einen Klettersteig gegangen und haben das Abenteuer Steilwand erlebt? Wenn nicht, bekommen Sie hier die ideale Anleitung dafür. In den fünf vorgestellten Regionen erwarten Sie viele leichte Klettersteige, gerade richtig für "Beginner". Um das Steigen auf den gesicherten Routen zu lernen und zu üben, bietet der Führer die ideale Anleitung.

This will be the second Rockfax guidebook to this spectacular and beautiful area, the first 2008 volume won the Banff Guidebook of the Year Award and put Loften very much on the map. We have updated and expanded the information with a completely new set of crag photographs, plus some fantastic maps and all the new developments from the nine years since the last book was published. For the first time we have also included coverage of the astounding set of peaks around the Stetind area on the mainland, close to Narvik. Crag Covered - The West - Helvetestinden, Merraflestinden, Breiflogtinden, Branntuva, Maslitinden, Olstinden, Ølkontinden, Reinesvaet, Ramsberg, Stortind, Eggum Henningsvær - Rørvika, Pianokrakken, Djupfjord, Presten, Gandalfveggen, Festvågvegg, The Coast Kalle - Paradiset, Vågakallen, Øverdalen, Kallebukta, Trollfestningen, Glåmtinden Kabelvåg - Sandvika, Tjelbergvika Svolvær - Blåtinden, Svolvær Geita, Skråpillaren Stetind Walking Peaks, Bouldering, Winter. Ski Mountaineering

The author of Zinn's Cycling Primer and The Mountain Bike Owner's Manual includes how to choose the right bike, instructions for regular care, proper installation of the newest ten- and eleven-speed chains, torque specifications for tightening delicate parts, and much more. Original.

The Alpine guide

Untrodden Peaks and Unfrequented Valleys

A Travel Guide

North, Central and East

Climbing in Val Gardena-Dolomites. The 70 Finest Multi-pitch Alpine Climbing Routes

Africa and the First World War

The German rock-climbers Anette Kohler and Norbert Memmel have compiled this outstanding topo guide to the Dolomites. They have selected 100 fine rock climbs drawn from the grades III to VI with the odd harder route'

This guidebook presents 75 via ferrata routes in the stunning Italian Dolomites. Part of a 2-volume set, this book covers Val di Fassa/Canazei, Selva, Badia/La Villa, Covara, Arabba, Falzarego, Cortina, Misurina, Sesto and Auronzo in the northern, central and eastern Dolomites. Routes are graded by technical difficulty and seriousness and there are comprehensive route descriptions accompanied by access notes, maps and topos. A wide range of grades, lengths and styles, from routes for novices to difficult and technical climbs are covered. Stunning photography completes this inspirational guide to some of the most breathtaking via ferrata routes in the world. The Italian Dolomites boast some of the most magnificent mountain scenery on the planet and some of the most iconic. Soaring rocky spires and jagged ridgelines are interspersed with gentle valleys and idyllic mountain villages. The Dolomites are also home to the world's greatest concentration of via ferratas - mountain routes or climbs that are protected by a series of cables, metal rungs, pegs and ladders.

Aircraft Performance: An Engineering Approach introduces flight performance analysis techniques that enable readers to determine performance and flight capabilities of aircraft. Flight performance analysis for prop-driven and jet aircraft is explored, supported by examples and illustrations, many in full color. MATLAB programming for

performance analysis is included, and coverage of modern aircraft types is emphasized. The text builds a strong foundation for advanced coursework in aircraft design and performance analysis.

Zinn and the Art of Road Bike Maintenance

25 multi-day routes in Italy's Dolomites

Southern Dolomites, Brenta and Lake Garda

Colorado 14ers: The Standard Routes

30 spektakuläre Wanderungen auf historischen Militärpfaden

The Via Francigena. 1000 Kilometres on Foot from the Gran San Bernardo to Rome

"An all-Italian "Jurassic Park.""

Features the full text of "Untrodden Peaks and Unfrequented Valleys: A Midsummer Ramble in the Dolomites," a book written by the English author Amelia Ann Blandford Edwards (1831-1892) and provided online as part of the BUILD-A-BOOK Initiative. The online version is based on the edition published by Longman's, Green, and Co. in London in 1873.

East European models posing in very sensual way for art nude photography.

Via Ferratas of the Italian Dolomites: Vol 2

Excursions Through Tyrol, Carinthia, Carniola, & Friuli in 1861, 1862, & 1863

Via Ferratas of the Italian Dolomites

Rivista delle stazioni di cura soggiorno e turismo organo della Federazione fascista esercenti industria idrotermale

Geographical Atlas of the World

The Enigma and Spirit of Mount Everest