

No B S Guide To Maximum Referrals And Customer Retention: The Ultimate No Holds Barred Plan To Securing New Customers And Maximum Profits

Be a Small Business with BIG IMPACT Called the “professor of harsh reality,” Dan S. Kennedy, joined by local-level marketing specialist Jeff Slutsky, delivers a hard-to-swallow truth to local small business owners like you: You Are in a Fight for Your Life. As a local small business you’re vulnerable to distant online discounters, big box retailers, and other competition, you’ve got to do more than merely get customers—you have to keep them FOR LIFE. And, you have to win them over where your competition can’t—at the street level. Kennedy and Slutsky present local business owners, retailers, service providers, restaurateurs, and professional practice owners with a tactical grassroots marketing plan to help increase customer retention, generate greater referrals, and build a thriving business for the long-term. Covers: 9 inconvenient truths of grassroots marketing Zero-Based Marketing—the solution when you figure out traditional and “non-traditional” marketing is failing you How to use the media as an extension of personality and of relationship—NOT a substitute for it Why most local marketing programs fail and what you need to do to succeed (a 7-Step Plan and tactics) On-site promotions—increase revenue without spending money, time or leaving your operation How to use—and how to waste dollars on—the Internet and other technology PLUS gain access to: FREE – Glazer-Kennedy University Webinar Series FREE – Elite Gold Insider’s Circle Membership* FREE – Income Explosion Guide & CD FREE – Income Explosion FAST START Tele-Seminar

David Marion has been addicted to everything from Rice Krispie bars to Heroin, hookers to slot machines. He made tens of millions of dollars and gambled it all away. He lost his only wife to divorce, his two daughters for a time, and his extremely successful brokerage firm to bankruptcy. And eventually, he lost his freedom, too, when he was indicted and sentenced to five years in federal prison for mail fraud and money laundering, all because of his addictions. Through these experiences, David has become an expert in addiction and recovery and now spends his time as a Recovery Coach, Professional Interventionist, and Public Speaker. He now brings that expertise to a wider audience with his first book, Addiction Rescue; The NO-BS Guide to Recovery. Addiction or Substance Use Disorder (SUD) is a disease of the body mind and spirit and Addiction Rescue is the one, all-inclusive book with the how-to’s to restore all three areas of life. As the chapters progress, the reader sees how addiction plays out from start, to destruction, to recovery and through David’s 5-Action process, walks the reader through attaining and maintaining recovery, covering absolutely everything needed to do so.In Addiction Rescue; The NO-BS Guide to Recovery, there is a perfect blend of David’s authentic and raw story, enlightening facts and wisdom, along with advice and tools for anyone suffering from an addiction of any kind or anyone affected by someone else’s addiction. This book shows what to look for and what to avoid in getting out of addictive behavior and into recovery. There are rules that addiction and recovery require and they are laid out in list form for an easy to understand, comprehensive guide. There are Tear-Out Sheets at the end of the book so the reader can easily refer to these rules on a regular basis. And, there are also tear-out sheets sighting the excuses addicts use to stay stuck, the warning signs to relapse, and how to disrupt obsessive thinking. These are essential tools to stay on track and keep in check. With the opioid epidemic that faces our country, taking 198 lives a day, 210 million people suffering from internet and social media addiction, 6-8% of the population addicted to sex, 2.6% of the population suffering from gambling addiction, and the plethora of other addictive distractions out there, there’s never been a more pertinent time in history for this book. Substance use disorder doesn’t discriminate, it affects people of all ages and walks of life and Addiction Rescue; The NO-BS Guide to Recovery is an absolute must for an addicted nation.

Millionaire maker Dan S. Kennedy and pricing/marketing strategist Jason Marrs empower small business owners to take control of their profits by taking charge of the source: their price. Entrepreneurs are dared to re-examine their every belief about pricing and take a more creative, bold approach, using price to their extreme advantage and allowing them to be as profitable as possible. Liberating small business owners from all fear and timidity toward pricing, Kennedy and Marrs teach small business owners uncover how to avoid the 9 ultimate price and fee failures including excess concern about competitors’ lower prices, attracting customers who buy by price, and not offering premium pricing options. They also reveal how to discount without damage, the secret to price elasticity, how to break free from the price-product link, and, most importantly, how to set prices for the greatest profits. • Kennedy and Marrs disclose little-known revelations about the power of pricing including: • the 9 ultimate price and fee failures • the trick behind discounting without devaluing • the 5 price-related propositions to be concerned with • the million-dollar secret behind “FREE” • how to win price wars with competitors • Includes access to price strategy support tools at www.simplepricingsystem.com • Covers pricing strategies specific to recessions Even though women-owned businesses in the United States have grown by 114% in the past 20 years, they still only account for 4.2% of total U.S. business revenue.Best-selling author Jaclyn DiGregorio knows what it’s like to work long hours on your business and be disappointed time and time again. After struggling for three years to build a sustainable business, she made a powerful decision to change her mindset. In Stop Getting In Your Own Way, Ms. DiGregorio details the many ways that ambitious women can shorten the time it takes to build a successful business, increase their income and expand their impact. Explore business growth strategies, mindset development and goal-setting as Jaclyn dives into the secrets of stepping into the business (and life) of your dreams. You already have everything inside of you to build your dream business. It’s time to to let go of the fears, limiting beliefs and bad habits that have been holding you back. You were destined for so much more than to stand in your own way.

No B.s. Time Management for Entrepreneurs

No B.S.Trust-Based Marketing

The Transition

The No-Bs Guide to English Vocabulary and Effective Communication

HOW TO STOP FEELING SO DAMN DEPRESSED

No B.S. Guide to Marketing to Leading Edge Boomers & Seniors

If you are looking to Build an Educated Vocabulary and Speak English More Pleasant To The Ears, Then Keep Reading... Here's the deal. You have tried vocabulary videos and lists online, you have tried memorizing words without a system in place, you have also wasted your time randomly trying to figure out spellings, but, you still see no difference in your practical everyday vocabulary. You still can't figure out spellings and pronounce words the right way. No matter how hard you try, you always seem to find a roadblock. You just can't figure out a laid-out path to all of this. Sounds familiar? If it does, then the protocol inside this book is your answer. Because this is not some theoretical guide filled up with fluff, which leaves you frustrated and takes you nowhere. This is scientifically constructed, yet easy to follow protocol designed for long term vocabulary gains. In this guide, you will discover: The #1 Problem English Speakers have with Building Vocabulary and How to Overcome it. The Golden Blueprint to Effectively Building a Lasting Vocabulary. The Hidden Benefits behind a Strong Vocabulary You Didn't Know About. Simple Hacks to Getting your Pronunciation on Point and Speaking English More Pleasant to the Ears. 4 Simple Rules to Nail Spellings Almost Always. The Proper Mindset required to get you through this Journey. Even if you have failed at every other vocabulary building program in your life, this book has a Step-by-Step Plan written in Plain Simple English that even Beginners can follow and implement to see results for themselves. If you want to learn more about Building Vocabulary Effectively and Getting Better at English Overall, without having to spend hours only to forget it all at the end, then simply Click the Buy Now button on this page to get started.

Business authors Jack and Suzy Welch return, nearly a decade after publishing their international bestseller, Winning, to tackle the most pressing business challenges in the modern world. From creating winning strategies to leading and managing others The Real Life MBA acts as an essential guide for every person in business today - and tomorrow.

This hands-on guide from Mel Robbins, one of America’s top relationship experts and radio/tv personalities, addresses why over 100 million Americans secretly feel frustrated and bored with their lives and reveals what you can do about it. Mel Robbins has spent her career teaching people how to push past their self-imposed limits to get what they truly desire. She has an in-depth understanding of the psychological and social factors that repeatedly hold you back, and more important, a unique set of tools for getting you where you want to be. In Stop Saying You’re Fine, she draws on neuroscientific research, interviews with countless everyday people, and ideas she’s tested in her own life to show what works and what doesn’t. The key, she explains, is understanding how your own brain works against you. Because evolution has biased your mental gears against taking action, what you need are techniques to outsmart yourself. That may sound impossible, but Mel has created a remarkably effective method to help you do just that--and some of her discoveries will astonish you. By ignoring how you feel and seizing small moments of rich possibility--a process she calls “leaning in”--you can make tiny course directions add up to huge change. Among this book’s other topics: how everything can depend on not hitting the “ snooze” button; the science of connecting with other people, what children can teach us about getting things done; and why five seconds is the maximum time you should wait before acting on a great idea. Blending warmth, humor and unflinching honesty with up-to-the-minute science and hard-earned wisdom, Stop Saying You’re Fine moves beyond the platitudes and easy fixes offered in many self-help books. Mel’s insights will actually help vault you to a better life, ensuring that the next time someone asks how you’re doing, you can truthfully answer, “Absolutely great.”

“Trust No One” is the new mantra. Seniors, affluent individuals, business leaders and investors have seen virtually every institution and corporate leader and even the premise of 'homeland security' and government response to emergency prove themselves spectacularly untrustworthy, and are given sensationalized reasons daily by every media to distrust banks, insurers and others on Wall Street, so it is perfectly understandable that they are NOT prepared to trust you, NOT one word you say, NOT any promise you make, NOT any organization or product you represent. The dirty little secret of widespread bank insolvency and thin trading volume is that over a trillion dollars of private “mom 'n pop” capital has been withdrawn from commercial investment and is now mattress-savings...literally, flooding into gold, with the affluent-art and classic cars, with seniors-cash and U.S. Treasuries; and otherwise, parked in places thought safest, without regard to yield. To some extent, this has benefited the annuity and insurance industry. However, any professional advisor or agent seeking to establish new relationships and secure new clients in this environment finds himself severely handicapped, with his chief obstacle - fully understood or not - exceptionally high, exceptionally firm and stubborn distrust. This is reflected in shrinking seminar attendance and rising costs of buying such attendance, declining response to advertising, longer sales cycles, even heightened reluctance by clients to refer, as well as lower initial transactions. THERE ARE EFFECTIVE RESPONSES and strategies, but they are not the same ones that worked nicely, pre-2008. And even before tackling the subject of more appropriate and effective strategies for this time, a new understanding of where the prospective client is at, psychologically and emotionally when you first 'arrive' is essential-and that is where this timely, groundbreaking and frank book, TRUST, begins.

No Holds Barred, Take No Prisoners, Guide to Getting Really Rich

The Ultimate No Holds Barred Plan to Creating and Profiting from a Powerful Brand Without Buying It

No B. S. Guide to Direct Response Social Media

The Ultimate No Holds Barred Take No Prisoners Roadmap to the Money

No B.S. Price Strategy

How to Start Up Without Losing Out on Love, Life and Happiness

The Angry Therapist

A successful entrepreneur who has influenced one million business owners as an advisor and business coach provides new tactics and strategies to help business owners attract opportunity, increase personal value, and change their lives. Original.

Funny, insightful, and relentlessly honest, this book is the manual for living with depression that everyone should have been given.It's packed with bite-sized chapters covering big-picture concepts, 60+ research-backed tools, and a friendly, no-nonsense style. This guide will get you through visits from depression and into a value-filled life.

For the next 20 years, roughly 10,000 citizens will hit medicare eligibility each and every day. Understanding their attitudes, interests, spending patterns, buying preferences and the emerging opportunities for profiting by targeted development and marketing of products and services to them is vital to the forward thinking entrepreneur and marketing executive. There is no product, service, industry or profession category unaffected by this demographic sea-change.

The leading-edge boomer and senior population quietly controls the majority of the deiscretionary spending and investing capability, so this is the roadmap to the money.

Offers businessowners suggestions for building trust in customers and gaining the trust of potential clients, discussing risk, exclusivity, the influence of the media, and how to avoid coming off as a salesman.

Overflow

The Ultimate No Holds Barred Plan to Sell Anything with Webinars, Online Media, Speeches, and Seminars

No B.S. Grassroots Marketing: Ultimate No Holds Barred Take No Prisoners Guide to Growing Sales and Profits of Local Small Businesses

The Ultimate Guide to Creating Trust in an Understandably UN-Trusting World

No BS Marketing to Seniors and Leading Edge Boomers

The Business Survival Kit

No B. S. Marketing to the Affluent

Kennedy dares marketers to dramatically simplify their marketing, refocusing on what works. Updated to address the newest media and marketing methods, this marketing master plan – from marketing master Kennedy–delivers a short list of radically different, little-known, profit-proven direct mail strategies for ANY business. Strategies are illustrated by case history examples from an elite team of consultants—all phenomenally successful at borrowing direct marketing strategies from the world of mail-order, TV infomercials, etc., to use in 'ordinary' businesses including retail stores, restaurants, and sales.

Internationally recognized "millionaire-maker," Dan Kennedy, invites readers to quickly learn to recognize, understand, and market to today's brand-conscious, affluent consumer--an elite, consumer market that comprises 28% of the U.S. population and is currently in their peak earning and spending years.

Founded is the go-to reference for first-time entrepreneurs, providing lessons and inspiration to empower anyone starting a new project or business. Melissa Kaufman and Mike Raab, the directors of Northwestern's renowned student entrepreneurship program, The Garage, show you how to tap into the superpower of thinking and acting like an entrepreneur based on their experience guiding hundreds of early-stage startups. Founded

explains--through the authors' own expertise and interviews with successful young founders--how to • make the best possible decisions when launching your business, • avoid the common mistakes of first-time entrepreneurs, • take immediate, concrete steps to get started on a new idea. In this essential book for first-time and student founders, you will learn why entrepreneurship is for everyone, "failure" is inevitable (and why that's a good thing!), and how to make sure you're building something people want. Founded will shatter your misconceptions about starting a business and help you get started turning your ideas into something real today!

If you want to know once and for all what is and isn't worth your money when it comes to workout supplements...and the ridiculous tricks and ploys supplement companies use to convince you to waste your money on worthless junk...then you want to read this book.

No Bullshit Guide to Linear Algebra

The No B.S. Guide To Winning Online No Limit Texas Hold'em

No bullshit guide to math and physics

The No-Bullshit Guide to Depression

An Interactive Road-Map to Learning Words, Fixing Spellings, and Building Fluent Pronunciation Skills Forever

The No-BS Guide to Workout Supplements

The No BS Guide for Men (16pt Large Print Edition)

Updated to fit today's social media landscape with IGTV, Facebook Lives, YouTube Premium, and more, this new edition applies Dan Kennedy's No-B.S. principles to Kim Walsh Phillips' social media expertise in a no-holds-barred guide that prompts readers to invest only in the efforts that drive results and demand a measurable, proven, profitable, direct response.

READY TO KICK THE CRAP OUTTA ANXIETY, STRESS, FEAR, DOUBT, LACK OF CONFIDENCE AND EVERY OTHER LITTLE D-BAG THAT STOPS YOU LIVING YOUR BEST LIFE? THEN THIS NO BS GUIDE IS FOR YOU! Lee Bridges teaches super simple, ridiculously easy life hacks that can be actioned today with immediate effect. After a horrendous battle with drugs, a brutal car crash, loads of failed businesses, an assault, an arrest, a lost court case, and a whole shed load of other life affirming crazy before finally getting it all right, Lee shows you exactly how to learn from his mistakes to get you to the turbo-charged, 2.0 version of yourself quicksmart. What you will learn: Feel positive & happy at the flick of a switch Create a bullet-proof mindset that will inspire others Get what you want while keeping your ethics intact Grow confidence without being someone you are not Gain simple techniques to learn anything super fast Prepared to be energised!

It's 2020, and the acting business has changed dramatically. There are over 538 scripted shows on television. Amazon, Hulu and Netflix have changed the game for television, giving actors more opportunities than ever before. There are over 60 shows currently casting or filming out of New York, many more in Los Angeles, as well as in other emerging markets. Casting directors are hiring actors from self-tapes more than ever before, and actors need to be ready to turn around an amazing audition on a dime. It's ultra-competitive, and actors need to stay on their toes and keep up to date on current trends and expectations in an ever-changing world. The No. B.S. Guide to the Acting Biz is an insider's look into the business of acting, with a humorous, refreshingly candid, shoot from the hip approach by one of our top industry experts. Matt Newton, a professional actor and acclaimed acting coach, gives clear-cut, unflinching honest lessons from what he's learned through his decades in the business. With relevant, provocative and often hilarious stories he guides the reader to a greater awareness of how the modern industry works and what that means for an actor. With an inspiring foreword from the successful actor Michael Urie ("Ugly Betty," "Younger," "Partners"), The No. B.S. Guide to the Acting Biz presents current, first-hand experience and professional insight into the actual business of acting today.

#1 Wall Street Journal Bestseller and New York Times Bestseller The business titans and #1 New York Times and Wall Street Journal bestselling authors of Winning return with a modern, essential guide for everyone in business today—and tomorrow—that explores the most pressing challenges related to creating winning strategies, leading and managing others, and building a thriving career. In the decade since their blockbuster international bestseller Winning was published, Jack and Suzy Welch have dug deeper into business, traveling the world consulting to organizations of every size and in every industry, speaking before hundreds of audiences, working closely with entrepreneurs from Mumbai to Silicon Valley, and, in 2010, starting their own fully accredited online MBA program, which now has approximately 1,000 students enrolled. Over the same time frame, Jack has advised more than seventy-five companies through private equity, and dozens more in a senior advisory role at IAC. Now, Jack and Suzy Welch draw on their experiences to address the biggest problems facing modern management—and offer pragmatic solutions to overcome them. Going beyond theories, concepts, and ideologies, they tackle the real stuff of work today. When you get down to it, they argue, winning in business is all about mastering the gritty, inescapable, make-or-break, real-life dilemmas that define the new economy, the old economy, and everything in between. Work is a grind. We just got whacked. My boss is driving me nuts. I'm stuck in career purgatory. My team has lost its mojo. IT is holding us hostage. Our strategy is outdated the day we launch it. We don't know what our Chinese partners are talking about. We're just not growing. These are some of the day-to-day issues the Welches take on. Coupled with Jack's years of iconic leadership and Suzy's insights as former editor of the Harvard Business Review, their new database of knowledge infuses The Real Life MBA with fresh, relevant stories and equally powerful solutions that every manager at any level can use right now.

The Real-Life MBA: The no-nonsense guide to winning the game, building a team and growing your career

How to Get Rich, Get Promoted, and Achieve Greatness

Your No-BS Guide to Winning the Game, Building a Team, and Growing Your Career

Addiction Rescue

Stop Getting In Your Own Way: A No B.S. Guide to Creating the Business of Your Dreams

The No B.S. Guide for Student Entrepreneurs

Mastering Your Mean Girl Deluxe

Often calculus and mechanics are taught as separate subjects. It shouldn't be like that. Learning calculus without mechanics is incredibly boring. Learning mechanics without calculus is missing the point. This textbook integrates both subjects and highlights the profound connections between them. This is the deal. Give me 350 pages of your attention, and I'll teach you everything you need to know about functions, limits, derivatives, integrals, vectors, forces, and accelerations. This book is the only math book you'll need for the first semester of undergraduate studies in science. With concise, jargon-free lessons on topics in math and physics, each section covers one concept at the level required for a first-year university course. Anyone can pick up this book and become proficient in calculus and mechanics, regardless of their mathematical background.

"Never take incoming calls!" and "Use, don't be abused by, technology!" are just two of the dozens of timesaving tips from the Professor of Harsh Reality. In this book, business-success expert Dan Kennedy delivers vital time-management techniques for the super-busy entrepreneur. In his infectiously energetic style, Kennedy, noted author, speaker, and consultant, offers up page after page of time-saving advice -- sometimes tough, sometimes surprising, but always practical. He shows how to: -- Handle the information avalanche -- Turn time into wealth -- Gain the personal discipline that will make you successful

Serve your country, and become financially free in the process! If you're considering joining the military, or already serve, and want to make the most out of your career while building passive income after your service

ends, this book is a must-read. With nearly X-pages of in-depth advice, The No Bullshit Guide to Military Life is the book I wish existed when I joined the military. The tools and tactics in this book can literally earn

you millions of dollars, and help you build enough passive income to retire, without ever having to work again! David Pere?active duty Marine, real estate investor, and host of the Military Millionaire Podcast ?has one

goal in mind: to help you create a successful career in the military while building the life of your dreams for after service. Service members and veterans alike will learn how to achieve financial freedom, have a

successful career, maximize veteran benefits, use their VA loan, invest to build wealth, transition out of the military, and become a Military Millionaire. Inside, you'll discover: How to get rich in the military with

simple, automated strategies The biggest mistakes people make with their Thrift Savings Plan, and how to avoid them How to get promoted quickly, attend the best schools, and tackle the best billets throughout your career

The right way to buy a car while in the military: "Not another Mustang" How to leverage your VA loan (properly) to live for free, and build wealth How to buy rental properties that will generate passive income for you

while you sleep How I was able to replace my income while in the military, and how you can too The best practices for transitioning out of the military and landing on your feet You've fought for our freedom-now it is time to achieve financial freedom

Starting a business isn't easy. In fact, it can be scary, exhausting and demoralising. When it finally takes off, even though you're fulfilling a lifelong dream, it can be a struggle to keep up with the rest of your life.

How can you cope with the inevitable stresses and strains along the way? In The Business Survival Kit, serial entrepreneurs Byron Cole and Bianca Miller-Cole prepare you for the ride of your life. With straight-talking advice and insights from leading experts it will help you answer the fundamental question of whether you can handle being an entrepreneur in the first place and then help you navigate the inevitable ups and many downs that go hand in hand with that decision. Learn how to: *Cope with stress, anxiety and uncertainty *Build your confidence and tackle impostor syndrome *Maintain a healthy work/life balance *Build strong networks and nurture your personal relationships *And stay motivated (even in the midst of failure)

No B.S. Direct Marketing

The No-BS Guide to Silencing Your Inner Critic and Becoming Wildly Wealthy,Fabulously Healthy, and Bursting with Love

No B.S. Price Strategy: The Ultimate No Holds Barred, Kick Butt, Take No Prisoners Guide to Profits, Power, and Prosperity

The Ultimate No Holds Barred Kick Butt Take No Prisoner Guide to Profits, Power, and Prosperity

The Ultimate No Holds Barred Guide to Producing Measurable, Monetizable Results with Social Media Marketing

The No-BS Guide to English Vocabulary and Effective Communication

A No BS Guide to Finding and Living Your Own Truth

Millionaire maker Dan S. Kennedy and marketing strategist Jason Marrs dare you to re-examine your every belief about pricing and empower you to take a more creative, more effective, bold approach to your price-and prosperity. Kennedy and Marrs don't offer little tricks, like new ways to say 50% off, half off, or 2 for 1. They tell you the secret to setting prices for the greatest gain. Then they teach you how to avoid the ultimate price and fee failures-like attracting customers who buy by price. You'll discover how to compete with FREE, learn how to discount without damage, and uncover the key to price elasticity. Most importantly, you'll grasp how to use price to your extreme advantage and grant yourself the power to be as profitable as possible. Reveals: The 9 ultimate price and fee failures The trick behind discounting without devaluing The 5 price-related propositions to be concerned with The million-dollar secret behind "FREE" How to win price wars with competitors Why price cutting isn't the cure for the recession and what is Book jacket.

To avoid grabbing every business owner he meets by the shoulders and shaking them, millionaire maker Dan S. Kennedy has joined with marketing strategist Kim Walsh-Phillips to help business owners, private practice professionals, and professional marketers start making dollars and cents of their social media marketing. Daring readers to stop accepting non-monetizable "likes" and "shares" for their investment of time, money, and energy, Kennedy and Walsh-Phillips urge readers to see their social platforms for what they are-another channel to reach customers and gain leads and sales for their efforts. Illustrated by case studies and examples, this No B.S. guide delivers practical strategies for applying the same direct-response marketing rules Kennedy has himself found effective in all other mediums. Covers: •How to stop being a wimp and make the switch from a passive content presence into an active conversion tool •How to become a lead magnet by setting up social media profiles that focus on the needs of ideal prospects (not the product or service) •Creating raving fans that create introductions to their networks •How to move cold social media traffic into customers •The role of paid media and how to leverage social media advertising to drive sales

Tackling relationships, career, and family issues, John Kim, LMFT, thinks of himself as a life-styledesigner, not a therapist. His radical new approach, that he sometimes calls "self-help in a shot glass" is easy, real, and to the point. He helps people make changes to their lives so that personal growth happens organically, just by living. Let's face it, therapy is a luxury. Few of us have the time or money to devote to going to an office every week. With anecdotes illustrating principles in action (in relatable and sometimes irreverent fashion) and stand-alone practices and exercises, Kim gives readers the tools and directions to focus on what's right with them instead of what's wrong. When John Kim was going through the end of a relationship, he began blogging as The Angry Therapist, documenting his personal journey post-divorce. Traditional therapists avoid transparency, but Kim preferred the language of "me too" as opposed to "you should." He blogged about his own shortcomings, revelations, views on relationships, and the world. He spoke a different therapeutic language -open, raw, and at times subversive - and people responded. The Angry Therapist blog, that inspired this book, has been featured in The Atlantic Monthly and on NPR.

In this no-nonsense guide for men, psychologist Jonas Horwitz presents evidence-based, straightforward, and jargon-free strategies for men struggling with severe depression. Grounded in proven-effective cognitive-behavioral therapy (CBT), the skills in this book will help readers find actionable solutions for identifying, naming, and overcoming the depression that is standing in the way of living the life they want.

Founded

DO SHIT, GET SHIT DONE: Your No BS Guide to Making Life Your Bitch and Winning Every Day

The Ultimate No Holds Barred Plan to Securing New Customers and Maximum Profits

Your No-BS Guide to Success - The Sunday Times Bestseller

The No B. S. Guide to the Acting Biz

Everything You Need to Know, and the Tools to Take It On

No B.S. Guide to Powerful Presentations

If you are looking to Build an Educated Vocabulary and speak English more pleasant to the ears without getting overwhelmed by the process and wasting your time, Then Keep Reading... Here's the deal. You have tried vocabulary videos and lists online, you have tried memorizing words without a system in place, you have also wasted your time randomly trying to figure out spellings, but, you still see no difference in your practical everyday vocabulary. You still can't figure out spellings and pronounce words the right way. No matter how hard you try, you always seem to find a roadblock. You just can't figure out a laid-out path to all of this. Sounds familiar? If it does, then the protocol inside this book is your answer. Because this is not some theoretical guide filled up with fluff, which leaves you frustrated and takes you nowhere. This is scientifically constructed, yet easy to follow protocol designed for long term vocabulary gains. In this guide, you will discover: The #1 Problem English Speakers have with Building Vocabulary and How to Overcome it. The Golden Blueprint to Effectively Building a Lasting Vocabulary. Why you Shouldn't Try to Memorize Too Many Words in a Day Without Having a System in Place, like the one given inside. The Hidden Benefits behind a Strong Vocabulary You Didn't Know About. Simple Hacks to Getting your Pronunciation on Point and Speaking English More Pleasant to the Ears. 4 Simple Rules to Nail Spellings Almost Always. How to Practically get the Benefits of all of the above skills in your day to day life. The Proper Mindset required to get you through this Journey. Even if you have failed at every other vocabulary building program in your life, this book has a Step-by-Step Plan written in Plain Simple English that even Beginners can follow and implement to see results for themselves. If you want to learn more about Building Vocabulary Effectively and Getting Better at English Overall, without having to spend hours only to forget it all at the end, then simply Click the Buy Now button on this page to get started. ?? BUY THE PAPERBACK NOW TO GET THE KINDLE VERSION ABSOLUTELY FREE ??

This deluxe eBook edition features eight exclusive videos from author and self-love instructor Melissa Ambrosini, in which she leads readers through guided meditations and practices in positive affirmations. Ready to activate your dream life? You know that sneaky voice inside your head telling you that you're not good enough, smart enough, skinny enough, whatever enough? That's your Mean Girl.

And she's doing her best to keep you stuck in Fear Town, too scared to go after the life you always imagined. But enough's enough! Melissa Ambrosini has made a life beyond her wildest dreams, all by mastering her Mean Girl, busting through limiting beliefs and karate-chopping through the fears that held her hostage for years. And now she wants to help you remember not only what you are capable of, but how amazing you truly are! In this inspiring, upbeat guide, Melissa provides a practical plan for creating your own version of a kick-ass life — one that's wildly wealthy, fabulously healthy and bursting with love. Designed to propel you out of stuck-ness and into action, this is a must read if you're ready to let go of your Mean Girl and start living the life of your dreams.

This textbook covers the material for an undergraduate linear algebra course: vectors, matrices, linear transformations, computational techniques, geometric constructions, and theoretical foundations. The explanations are given in an informal conversational tone. The book also contains 100+ problems and exercises with answers and solutions. A special feature of this textbook is the prerequisites chapter that covers topics from high school math, which are necessary for learning linear algebra. The presence of this chapter makes the book suitable for beginners and the general audience-readers need not be math experts to read this book. Another unique aspect of the book are the applications chapters (Ch 7, 8, and 9) that discuss applications of linear algebra to engineering, computer science, economics, chemistry, machine learning, and even quantum mechanics.

SUNDAY TIMES BESTSELLER With straightforward, heart-felt advice, The Business Survival Kit guides you to a thriving business while nurturing your humanity -- Marie Forleo, #1 NY Times bestselling

author of Everything is Figureoutable This book will help you make clearer, smarter, braver decisions in all areas of your life -- Emma Gannon, author of The Multi-Hyphen Method Starting a business isn't

easy. In fact, it can be scary, exhausting and demoralising. When it finally takes off, even though you're fulfilling a lifelong dream, it can be a struggle to keep up with the rest of your life. How can

you cope with the inevitable stresses and strains along the way? In The Business Survival Kit, serial entrepreneurs Byron Cole and Bianca Miller-Cole prepare you for the ride of your life. With straight-

talking advice and insights from leading experts it will help you answer the fundamental question of whether you can handle being an entrepreneur in the first place and then help you navigate the

inevitable ups and many downs that go hand in hand with that decision. Learn how to: *Cope with stress, anxiety and uncertainty *Build your confidence and tackle impostor syndrome *Maintain a healthy

work/life balance *Build strong networks and nurture your personal relationships *And stay motivated (even in the midst of failure)

The Ultimate No Holds Barred Kick Butt Take No Prisoners Direct Marketing for Non-Direct Marketing Businesses

The No Bullshit Guide to Military Life

No B.S. Guide to Maximum Referrals and Customer Retention

The No B.S. Guide to the Abundant Life

Stop Saying You're Fine

No B.S. Guide to Direct Response Social Media Marketing

The No Bs Guide for Men

"Millionaire maker Dan S. Kennedy and co-founders of Iron Tribe Fitness, Forest Walden and Jim Cavale, debunk branding lies and myths and reveal the truth behind the power, value, creation, and care and feeding of brand identity for products, services, small businesses, and entrepreneurs"--

Can One Great Presentation Make You Rich? The answer is YES. Packed with battle-tested strategies and formulas to craft audience-retaining powerful presentations, this No B.S. guide is designed to turn any ordinary business into an extraordinary sell. Millionaire maker Dan S. Kennedy and public speaking expert Dustin Mathews teach you their blueprint for creating life-changing presentations and prove that your success is not just determined by what you're presenting—but also why you're presenting, how you're presenting it, and who you're presenting to. Kennedy and Mathews cover: The 12-Step Speaker's Formula A Blueprint for Creating Irresistible Offers The 4 Secrets of Mass Persuasion The 7-Minute Rule of Audience Engagement How to Automate Your Webinars and Your Profits How to Double Your Sales with a Multimedia Follow-up System Discover the battle-tested, carefully-crafted, revenue-generating tools to creating, delivering, and marketing presentations that can change everything.

FACT: NOTHING IS COSTLIER OR MORE DIFFICULT THAN GETTING A NEW CUSTOMER. Business owners agree. The referred customer is far superior to the one brought in by 'cold' advertising. Yet most business owners will invest more money to find new customers than getting referrals from current, happy customers. Millionaire maker Dan S. Kennedy and customer retention expert Shaun Buck dare you to stop chasing new customers and keep an iron cage around the ones you already have. Kennedy and Buck present a systematic approach to help you keep, cultivate, and multiply customers so that your entire business grows more valuable and sustainable, and you replace income uncertainty with reliable income through retention and referrals. Learn how to: • Apply the #1 best retention strategy (hint: it's exclusive) • Catch customers before they leave you • Grow each customer's value (and have more power in the marketplace) • Implement the three-step customer retention formula • Use other people's events to get more referrals • Create your own Customer Multiplier System • Calculate the math and cost behind customer retention Discover the referral-getting, sales-increasing, battle-tested tactics designed to help you build a thriving business for the long-term.

Presents a guide for small business owners on successfully managing social media activity to convert traffic into sales, including tips on creating fans, turning passive content into an active conversion tool, and creating niche markets.

No B.S. Guide to Brand-Building by Direct Response

The Ultimate, No Holds Barred, Kick Butt, Take No Prisoners, Guide to Time, Productivity, and Sanity

Creating Trust

In an Understandably Un-Trusting World

No B.S. Wealth Attraction in the New Economy

The No-BS Guide to Getting What You Want

The NO-BS Guide to Recovery

No B.S. Guide to Maximum Referrals and Customer RetentionThe Ultimate No Holds Barred Plan to Securing New Customers and Maximum ProfitsEntrepreneur Press

How to Stop Feeling So Damn Depressed

The Real-Life MBA