

La Dieta Delle Insalate (Leggere)ditore)

Per Georgie York, un tempo la protagonista di una delle sitcom preferite dagli americani, è proprio un periodo no. La sua carriera cinematografica è in stallo e dover badare a suo padre la sta facendo letteralmente impazzire. Per di più, suo marito l'ha appena lasciata... Un bel danno d'immagine per una delle attrici più amate dal grande pubblico. In un momento del genere, andare a Las Vegas e imbatersi nel suo ex collega, il detestabile ma fascinoso Bramwell Shepard, sarebbe stata per chiunque la peggiore delle soluzioni. Ma Georgie non è una donna come le altre, la sua vita è uno straordinario e inestricabile groviglio di guai. Quando ai suoi peró si aggiungono quelli di Bramwell Shepard, la situazione diventa a dir poco esplosiva, perché i destini dei due ex rivali sono piú legati di quanto loro stessi avessero mai sospettato. Dalla penna di una delle grandi maestre del romance internazionale, intrighi amorosi, vanità, ripicche e gelosie, per una commedia romantica indimenticabile, raccontata con la giusta dose di ironia e sensualità, sullo sfondo della città piú pazza e trasgressiva d'America.

Per scettici, amanti delle stelle e cuori erranti
Una guida astrologica con consigli enogastronomici, psicologici, grafologici, cine-letterari e di home décor.

A prima vista Samantha McAllister sembra essere come tutte le ragazze della sua età, ma dietro il suo aspetto curato nasconde un segreto che non ha mai confidato a nessuno. Tormentata da un flusso continuo di pensieri negativi, paranoie e fissazioni, come quella per il numero tre, Sam soffre di un disturbo ossessivo-compulsivo che rende difficile non solo il suo rapporto con gli altri ma anche e soprattutto con sé stessa. C'è solo un luogo in cui riesce a sentirsi veramente libera: la piscina, per lei fonte di ispirazione, riconncazione con il mondo e, soprattutto, con la propria mente. Ma una volta fuori dall'acqua, è tutta un'altra storia... Forse ciò di cui avrebbe bisogno è circondarsi di amici migliori, veri e profondi, proprio come lei. Decide così di entrare in un gruppo segreto, l'Angolo dei Poeti, per aprirsi a nuove esperienze. E qui, in modo del tutto inaspettato, incontra Aja da cui si sente subito attratta. Per Sam, però, è tutt'altro che naturale lasciarsi andare, e assecondare i propri sentimenti non sarà affatto un'impresa facile... Un romanzo sull'importanza dell'amicizia autentica e vera, per ritrovare sé stessi lungo un emozionante percorso attraverso le parole.

Focuses on the economic theory that is relevant to business decision making, examines business practice in the light of this theory and gives recent examples of business practice. This edition features "empirical cases" which require the student to analyze business situations using real data.

Impaled Upon a Thistle: Scotland since 1880

The Prince Catchers

La grande fuga

Love in My Language

La ragazza dagli occhi scuri

La dieta del digiuno alternato

What happens on vacation stays on vacation... It's the first vacation that workaholic couple Leo and Caitlyn have had for a long while, and the sun-drenched South of France offers the perfect opportunity to relax, take in the local sights and completely unwind. But after an unexpected row threatens to ruin everything, Caitlyn has a chance encounter with an attractive and charming European couple which turns her head to wicked possibilities. Making it up with Leo, she reveals ideas that could blow their relationship apart - or turn out to be the most incredible journey of self discovery. The temptation of what could happen with the fiery Marco and his beautiful blonde lover Sofia proves strong, but along with the whirlwind of lust and breathless sensual exploration, will they be able to handle the emotional consequences that come with being so intimate with others? And how will it affect their upcoming marriage? One last summer before the wedding... One last chance to test their boundaries.

More than twenty years have passed since Walter Auffenberg's monumental The Behavioral Ecology of the Komodo Monitor. In the intervening years the populations of Komodo dragons—native only to a handful of islands in southeast Indonesia—have dwindled, sparking intensive conservation efforts. During the last two decades new information about these formidable predators has emerged, and the most important findings are clearly presented here. A memoir from Walter Auffenberg and his son Kurt is followed by the latest information on Komodo dragon biology, ecology, population distribution, and behavior. The second part of the book is dedicated to step-by-step management and conservation techniques, both for wild and captive dragons. This successful model is a useful template for the conservation of other endangered species as well, for, as Kurt and Walter Auffenberg note, "The species may well indeed survive in the wild for generations to come while countless other organisms are lost."

He belongs to the ocean, she belongs to the land. Now they're together, but you can't just walk away from a curse. Someone is going to have to pay - starting with her. The second instalment of this addictive, mythical love story will leave you breathless. Come on in, the water's fine... Skye Sebastian didn't believe in happy ever after. But when she fell for Hunter, a mysterious, mesmerizing swimmer, somehow she set him free. Now the beautiful boy who loves her has walked out of his ocean prison to share her world with her. It seems like fairy tales really do come true, but Skye knows there is always a price to pay. When Hunter's cursed past begin to stalk them, they fear there is no such thing as free. Has their love doomed them? Or will it save them? Once you're in too deep, there's no going back Fans of Becca Fitzpatrick, Laini Taylor, and Kami Garcia will love the Immersed series.

In the third in Katharine Ashe's Prince Catchers series, the eldest of three very different sisters must fulfill a prophecy to discover their birthright. But if Eleanor is destined to marry a prince, why can't she resist the scoundrel who seduced her? She can pour tea, manage a household, and sew a modest gown. In short, Eleanor Caulfield is the perfect vicar's daughter. Yet there was a time when she'd risked everything for a black-eyed gypsy who left her brokenhearted. Now he stands before her—dark, virtle, and ready to escort her on a journey to find the truth about her heritage. Leaving eleven years ago should have given Taliesin freedom. Instead he's returned to Eleanor, determined to have her all to himself, tempting her with kisses and promising her a passion she's so long denied herself. But if he was infatuated before, he's utterly unprepared for what will happen when Eleanor decides to abandon convention—and truly live . . .

The Digital Photography Handbook

L'astro narrante: Sagittario

Number 3 in series

Poems Uncollected

La dieta del riso

Integrated Mediterranean Cuisine and Cancer Therapies

Expert planting advice for growing fruit and vegetables in pots from the acclaimed English garden - with 50 delicious recipes Beautifully illustrated, Grow Fruit & Vegetables in Pots provides clear, practical information on growing fruit and vegetables in containers, whether that be a window box or a terracotta pot on a balcony. Aaron Bertelsen of the acclaimed English garden at Great Dixter will guide you through what to grow, which pots to use, give personal tips on varieties to choose, and advice on cultivation and care. Featuring more than 50 delicious recipes, Bertelsen shows that lack of space is no barrier to growing what you want to eat, and proves that harvesting and cooking food you have grown yourself is a total pleasure, with dishes that showcase a few perfectly chosen - and personally grown - ingredients.

He was supposed to give my broken heart back together. Instead he threw me away.Now he's just another rock star asshole.He gets everything he wants.But not me. Not again.Ethan Strong was the first man I ever loved. He was the one person who understood me, the one person who made me feel whole, the one person who set my body on fire.We were supposed to be together forever. Then things got hard and Ethan forced me to choose between him and everything I've worked for.Now he's back in my life. He says we'll be friends. It's been a long time. I can forgive, but I can't seem to forget. The taste of his lips, the sound of his groans in my ears, those calloused fingers between my legs-- I'm going out of my mind remembering all the pleasure he brought me.Worse, I keep thinking of how happy he made me.I can't fall back in love with Ethan. It doesn't matter how badly I crave his gorgeous blue eyes, his tattooed arms, and his strong guitarists' hands.

It doesn't matter that his smile still lights me up inside. It doesn't matter that I need him like I need oxygen.I'm not giving Ethan another chance to throw me away.

"At the conclusion of my discussions with one group of the Magdalene Women one of those present sang "Whispering Hope". A line from that song stays in my mind -- "when the dark midnight is over, watch for the breaking of day". Let me hope that this day and this debate heralds a new dawn for all those who feared that the dark midnight might never end." Taciseach Roda Kenny's State apology to the Magdalene women. On 19 February 2013 the Irish Taoiseach Enda Kenny apologized to the women who had been incarcerated in Ireland's Magdalene laundries. In the audience sat Steven O'Riordan, a documentary filmmaker and founder of the charity Magdalene Survivors Together. And by his side, waiting patiently for the words they'd been fighting to hear, were some of the women he had helped. For Nancy, Kathleen, Diane, Marie and Marina were confined in Magdalene laundries throughout Ireland during the 1950s, 60s and 70s. The harrowing physical and psychological abuse they endured in the institutions, run on behalf of the State, led to a lifetime of shame and secrecy. Now, in WHISPERING HOPE, these women tell their stories for the first time. Their fight for justice and forged friendships has enabled them to move forward and have their voices heard, their individual accounts weaving together in an immensely powerful narrative that shines a light on a dark chapter in Ireland's history. Inspirational and moving, this is the story of five women brave enough to confront their past and strong enough to not let it define them.

Una dieta da gustare in chicchi, facile e fantasiosa! Adatta a tutti, a chi ama i sapori semplici e a chi vuole dare libero sfogo alla propria creatività in cucina. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana!

Love on the Lifts

Planting Advice & Recipes from Great Dixter

La dieta vegetariana

Cosa ho fatto per amore

Anarchy of the Heart

Magic in the Shadows

Ewen Cameron explores the political debate between unionism, liberalism, socialism and nationalism, and the changing political relationship between Scotland and the United Kingdom. He sets Scottish experience alongside the Irish, Welsh and European, and considers British dimensions of historical change-involvement in two world wars, imperial growth and decline, for example - from a Scottish perspective. He relates political events to trends and movements in the economy, culture and society of the nation's regions--borders, lowlands, highlands, and islands. Underlying the history, and sometimes impelling its ambitions, are the evolution and growth of national self-confidence and identity which fundamentally affected Scotland's destiny in the last century. Dr Cameron ends by considering how such forces may transform it in this one. Like the period it describes this book has politics at its heart. The recent upsurge of scholarship and publication, backed by the author's extensive primary research, underpin its vivid and well-paced narrative.

Più che una dieta, una filosofia di vita, basata sull'antica scienza medica indiana. Adatta a chi pensa che l'equilibrio tra corpo e anima abbia inizio a tavola. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana!

Style. Beauty. Passion. Vision. These are just a few of the words often used to describe the films of the single most celebrated director in Italy, and one of the most important directors the world has ever known -- Federico Fellini. Fifty years since their initial releases, his films of the 1960s still inspire, shock, and delight. More than just encapsulating the '60s, these films also helped define the style of the decade. With a staggering twelve Academy Award nominations between his four feature films during this period, Fellini reached the heights of fame, film artistry, and worldwide prominence. Studied, analyzed, and re-released over the years, these films continue to amaze each new generation that discovers them. Their impeccable style makes them timeless. Their images make them unforgettable. Their passion brings them to life. And their singular vision makes them unique in all of cinema. Fellini: The Sixties is a stunning photographic journey through the director's most iconic classics: La Dolce Vita, 8 1/2, Juliet of the Spirits, and Fellini Satyricon. Carefully selected imagery from the Independent Visions photographic archive, many published here for the first time, illuminate these films as they have never been seen before, and reveal fascinating details of the director's working style and ebullient personality. With more than 150 photographs struck from original negatives, these images spring to life from the page with the depth and quality of the films themselves. Complemented with insightful essays from contemporary writers,

Fellini: The Sixties is a true testament to the man and his work, a remarkable compendium of the legendary filmmaker's greatest achievements. About TCM: Turner Classic Movies is the definitive resource for the greatest movies of all time. It engages, entertains, and enlightens to show how the entire spectrum of classic movies, movie history, and movie-making touches us all and influences how we think and live today.

Una dieta salutare e genuina senza rinunciare al gusto! Per chi crede che mangiare sano non voglia dire tristi rinunce e privazioni. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana!

500 Salads

Fellini: The Sixties

Scotland since 1880

Long Bright River

Komodo Dragons

Loved and Lost

Winter Break super-secret perfect cocoa recipe: 8 oz steamed whole milk (no skim! doesn't work!) 2 tbsp. dark cocoa powder (big scoops!) 1 tbsp. sugar (can't be too sweet) 4 dried, crushed mint leaves (or 1 tbsp. mint syrup) Stir thoroughly. Add mint swizzle stick. Combine with cute ski instructor, or brother's cute best friend, or cute guy you never noticed was so cute...Enjoy.

La madre di Lucy Jorik è tra le donne più famose al mondo. Per questo Lucy è abituata a tenere un comportamento che non metta mai in imbarazzo la sua famiglia... Almeno fino al giorno in cui la combina davvero grossa. Invece di dire " sì " all ' uomo più perfetto che abbia mai conosciuto, fugge dall ' altare e salta in sella a una moto sgangherata guidata da uno sconosciuto dall ' aspetto rude che non potrebbe essere più estraneo alla sua esistenza privilegiata. Nella casa di lui, su un ' isola dei Grandi Laghi lontana anni luce dagli agi della sua vita precedente, Lucy spera di trovare una nuova direzione e di scoprire i segreti di quell ' uomo che non rivela niente di sé ma che, ne è certa, nasconde qualcosa di profondo e doloroso. Quello che sicuramente scoprirà, mentre le calde giornate estive si susseguono fra brezze profumate e tempeste improvvise, sarà una passione che potrebbe cambiare la sua vita per sempre... Una giovane donna in cerca del proprio destino e un uomo ferito, che vuole imparare di nuovo a credere nelle seconde possibilità. Un racconto divertente, commovente, incantevole.

Return to McFalls County and Bull Mountain in Hard Cash Valley, where Brian Fanovich weaves another masterful tale of Southern Noir. Dane Kirby is a broken man and no stranger to tragedy. As a life-long resident and ex-aron investigator for McFalls County, Dane has lived his life in one of the most chaotic and crime-ridden regions of the south. When he gets called in to consult on a brutal murder in a Jacksonville, Florida, motel room, he and his FBI counterpart, Special Agent Rosetta Vetschew, begin an investigation that leads them back to the criminal circles of his own backyard. Arnie Blackwell ' s murder in Jacksonville is only the beginning – and Dane and Rosetta seem to be one step behind. For someone is hacking a bloody trail throughout the Southeast looking for Arnie ' s younger brother, a boy with Asperger ' s

Syndrome who possesses an unusual skill with numbers that could make a lot of money and that has already gotten a lot of people killed—and has even more of the deadliest people alive willing to do anything it takes to exploit him. As Dane joins in the hunt to find the boy, it wifely becomes a race against the clock that has Dane entangled in a web of secrets involving everyone from the Filipino Mafia to distrustful federal agents to some of the hardest southern outlaws he ' s ever known.

*A full range of salad recipes provide for every taste and appetite. Chapters include classic salads, light salads, warm salads, grain & bean salads, pasta salads, slaws & shredded salads, main course salads, and fruit salads.

The True Story of the Magdalene Women

Analogy of Strategy

La melodia delle piccole cose

Art, Perception, and Reality

Hard Cash Valley

Rainy night on Union Square, full moon. Want more poems? Wait till I'm dead. Allen Ginsberg, August 8, 1990, 3:30 A.M. Allen Ginsberg wrote incessantly for more than fifty years, and many of the poems collected for the first time in this volume were scribbled in letters or sent off to obscure publications and unjustly forgotten. Containing more than a hundred previously unpublished poems, accompanied by original photographs, and spanning from the 1940s to the 1990s, Wait Till I'm Dead is the final major contribution to Ginsberg's sprawling oeuvre, a must have for Ginsberg neophytes and long-time fans alike.

ONE OF BARACK OBAMA'S FAVORITE BOOKS OF THE YEAR NAMED A BEST BOOK OF THE YEAR BY NPR, PARADE, REAL SIMPLE, and BUZZFEED AN INSTANT NEW YORK TIMES BESTSELLER A GOOD MORNING AMERICA BOOK CLUB PICK "[Moore's] careful balance of the hard-bitten with the heartfelt is what elevates Long Bright River from entertaining page-turner to a book that makes you want to call someone you love." - The New York Times Book Review "This is police procedural and a thriller par excellence, one in which the city of Philadelphia itself is a character (think Boston and Mystic River). But it's also a literary tale narrated by a strong woman with a richly drawn personal life - powerful and genre-defying." - People "A thoughtful, powerful novel by a writer who displays enormous compassion for her characters. Long Bright River is an outstanding crime novel... I absolutely loved it!" --Paula Hawkins, #1 New York Times-bestselling author of The Girl on the Train Two sisters travel the same streets, though their lives couldn't be more different. Then one of them goes missing in a Philadelphia neighborhood rocked by the opioid crisis, two once-inseparable sisters find themselves at odds. One, Kacey, lives on the streets in the vice of addiction. The other, Mickey, walks those same blocks on her police beat. They don't speak anymore, but Mickey never stops worrying about her sibling. Then Kacey disappears, suddenly, at the same time that a mysterious string of murders begins in Mickey's district, and Mickey becomes dangerously obsessed with finding the culprit--and her sister--before it's too late. Altering its present-day mystery with the story of the sisters' childhood and adolescence, Long Bright River is at once heart-pounding and heart-wrenching: a gripping suspense novel that is also a moving story of sisters, addiction, and the formidable ties that persist between place, family, and fate.

The book covers various aspects of dairying and milk products such as dairy farm establishment, management, production and utilisation of various dairy products. Information has been included on various aspects of dairy farming starting with selection and purchase of dairy cattle, their care and management, with respect to housing, feeding, breeding and health care during various physiological states such as growth, pregnancy and lactation and during different seasons. Details of health care management along with common diseases have been covered with all information required for educated farmers and technicians working in these areas. Various means for consistent improvement of the stock has also been included. Production of clean milk, its procurement, processing and distribution has been covered with more emphasis on common processing technologies such as pasteurisation and sterilisation. Different forms of liquid milk available in the market has been described along with its standards and other specifications for the knowledge of common man and technicians.

Manufacturing methods of milk products have been included with appropriate flow chart wherever required and various categories of milk products have been covered in detail under different chapters under milk products. This book has been prepared with emphasis on second year syllabus of Vocational higher secondary course on milk products and dairying and considering the lack of a suitable textbook for this subject. Hence the book is expected to fill the gap of a textbook for the above said and similar courses. Also the book may be accepted as a textbook/manual for educated farmers, other teaching and training programmes covering similar syllabus like that of dairy farm instructors and as a handbook for Veterinary Students and Dairy Extension Officers. With these introductory notes, we presume that the book will satisfy its readers' requirements and form a valuable textbook/reference book for all those concerned with dairy animal production and utilisation of their products ultimately benefiting the farming community.

Allison Beckstrom's magic has taken its toll on her, physically marking her and erasing her memories—including those of the man she supposedly loves. But lost memories aren't the only things preying on Allie's thoughts. Her late father, the prominent businessman and sorcerer Daniel Beckstrom, has somehow channeled himself into her very mind. With the help of The Authority, a secret organization of magic users, she hopes to gain better control over her own abilities and find a way to deal with her father?

Biology and Conservation

30 Great Myths about Shakespeare

La dieta della pizza

Bk2. Immersed Series

La dieta Ayurvedica

Whispering Hope

Think you know Shakespeare? Think again. . . . Was a real skull used in the first performance of Hamlet? Were Shakespeare's plays Elizabethan blockbuster? How much do we really know about the playwright's life? And what of his notorious relationship with his wife? Exploring and exploding 30 popular myths about the great playwright, this illuminating new book evaluates all the evidence to show how historical material—or its absence—can be interpreted and misinterpreted, and what this reveals about our own personal investment in the stories we tell.

Explores questions relating to the nature of representation in art. It asks how we recognize likeness in caricatures or portraits, for instance, and presents the conflicting arguments and opinions of an art historian, a psychologist and a philosopher.

Una dieta fresca, sana e ricca di vitamine, senza rinunciare al gusto! Ideale in tutte le stagioni e per ogni palato. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, i benefici a lungo termine e la bilancia di ogni settimana!

Need to know which digital camera to buy? Want to take better photographs and retouch images? Ready to update edition of The Digital Photography Handbook will allow you to make the most of all the advantages your camera has to offer - as well as guiding you through the latest software to enhance your images, and get professional results with every shot. This book includes expert advice on the art of photography (composition, depth of field and how to photograph a variety of subjects), editing and image manipulation software, how to print your images for the best results, developing a portfolio and mastering the rules of copyright. Doug Harman includes the very latest developments in digital technology, equipping you with everything you need to become a photographer. Contents include: Types of camera, Computers and software, Memory, PEEK and magnification, Saving images, Exposure, Composition, Light, Camera modes, Special effects, Manipulating images, Photo apps, Retouching old photos, Printing digital images, Selecting printers and paper, Archiving and the cloud, Making money from your images. Copyright rules and more.

La dieta delle insalate

Grow Fruit & Vegetables in Pots

Follow Me

The Only Salad Compendium You'll Ever Need

Oceans Of Fire

Beam Edition

La dieta sana e gustosa. Patrimonio dell ' Umanità , per vivere bene e a lungo. L ' ideale per chi pratica sport e ama tenersi in forma. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana! From the lauded, bestselling author of the Cazalet Chronicles, Something in Disguise paints a candid picture of a family in crisis, from the ever witty Elizabeth Jane Howard. May's second marriage to Colonel Herbert Brown-Lacy is turning out to be a terrible mistake. Her son, Oliver, leaves home only to drift from one affair to another; his sister Elizabeth follows him, yearning for some kind of secure relationship. While even Alice, Herbert's meek daughter, is driven into marriage to escape her father's sinister behaviour At once a candid depiction of a post-war family on the cusp of change and a touching love story, Something in Disguise embodies the startling truth, wit and daring that Elizabeth Jane Howard is renowned for.

Cecilia Rachel Romano, per i fan di tutto il mondo Moonlight, è una popstar dalla voce potente, il ritmo nel sangue e un carattere esplosivo. Il suo tour mondiale è alle porte e dato il successo cui è destinata, la casa discografica le impone di collaborare con Ludovico J. Alberti, un genio della musica che sembra irritato tanto dalla sua ecletticità quanto dai suoi pezzi pop. Nonostante l ' esuberanza dell ' una e l ' apparente invulnerabilità di dell ' altro, i due si trovano a convivere sotto lo stesso tetto, costretti in una collaborazione che ne metter à a dura prova i nervi. Nella meravigliosa cornice di Cortina d ' Ampezzo, le loro personalit à entrano in collisione, emergendo per quelle che sono: un vulcano con le ali da farfalla lei, un astro che sembra inamovibile lui.

Seven sisters...and a legacy of magical secrets... As the third daughter in a magical bloodline, Abigail Drake was born with a mystical affinity for water, and possessed a particularly strong bond with dolphins. She spent her entire life studying them, learning from them, and swimming among them in the waters off her hometown of Sea Haven. Until the day Abby witnessed a cold-blooded murder on shore, and found herself fleeing for her life - right into the arms of Aleksandr Volstov. He's an Interpol agent on the trail of stolen Russian antiquities, a relentless man who gets what he goes after - and the man who broke Abby's heart. But he isn't going to let the only woman he ever loved be placed in harm's way - or slip away from his embrace...

La dieta disintossicante

A Novel

La dieta mediterranea

I Loved a Rogue

Milk Production and Processing

Wait Till I'm Dead

Avery Crossin è una giovane stilista di talento, appagata e felice, con una brillante carriera davanti a sé. Fino al giorno in cui la società per cui lavora fallisce e il fidanzato decide di mollarla. Come se non bastasse, l'acuirsi della malattia del padre la costringe al suo capezzale giorno e notte. Disoccupata, single e con un dolore che le attanaglia il cuore, in ospedale incontra un uomo affascinante che si offre di aiutarla. L'attrazione tra i due è irresistibile, eppure, quando lui le confessa il suo interesse, Avery lo liquida fingendosi già impegnata. Alla morte del padre, riceve una lettera: è da parte di Joe, l'affascinante sconosciuto che Avery non riesce a dimenticare, ma che ha scoperto essere in qualche modo responsabile della tragedia che sta vivendo.

La dieta delle insalateLeggere)ditore greenWo

La dieta per purificare l'organismo, riattivare le funzioni vitali e prevenire l'invecchiamento. Un vero toccasana dopo un periodo di stress o di eccessi. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana!

This limited edition pink version of "Love in my Language" will run until 12/31/14. 25% of each book sale will go to "For 3 Sisters," a BCA organization that raises awareness and improves the quality of life for men and women affected by breast cancer."Love in my Language" is the sophomore title of self published author, Alexandra Elle. Equipped with 124 pages of self discovery, Alex shares with you some of her deepest and darkest moments that are intertwined with faith, hope and finding her light. This body of work explores Alex's journey of being a young mother with baggage and daddy issues, all the while trying to find her way and purpose in life. The pages of "Love in my Language" alternate between short writings and poetry. You will get a true look into the life of the author and she hopes that readers take away peace after reading the pages. "Love in my Language" has a 30+ page journal in the back for readers to indulge in and interactive pages.

Fino all'ultima parola

An Illustrated Step-by-step Guide

Dangerous Kiss

Something in Disguise

Managerial Economics

Una dieta varia e bilanciata per vivere in perfetto equilibrio con la natura. L'ideale per chi ha deciso di dare un tocco "green" alla propria vita. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana!

Un regime alimentare per accelerare il metabolismo e rafforzare le difese del corpo. Ideale per chi pratica sport regolarmente e vuole tenersi in forma. La dieta corta o lunga e le sue origini, i consigli per mantenere la forma fisica, il diario per gli appunti del mese, i benefici a lungo termine e la bilancia di ogni settimana!