

Read Online I'm Fast!

I'm Fast!

I'm Fast! Balzer + Bray

Two trains race each other on the way to Chicago.

An instant New York Times bestseller and #1 Wall Street

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Journal bestseller. JIM KWIK, the world's #1 brain coach, has written the owner's manual for mental expansion and brain fitness. Limitless gives people the ability to accomplish more--more productivity, more transformation,

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more personal success and business achievement--by changing their Mindset, Motivation, and Methods. These “3 M’s” live in the pages of Limitless along with practical techniques that unlock the

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superpowers of your brain and change your habits. For over 25 years, Jim Kwik has worked closely with successful men and women who are at the top in their fields as actors, athletes, CEOs, and business leaders from all

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walks of life to unlock their true potential. In this groundbreaking book, he reveals the science-based practices and field-tested tips to accelerate self learning, communication, memory, focus, recall, and speed reading, to

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create fast, hard results. Learn how to: **FLIP YOUR MINDSET**
Your brain is like a supercomputer and your thoughts program it to run. That's why the Kwik Brain process starts with unmasking assumptions, habits,

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and procrastinations that stifle you, redrawing the borders and boundaries of what you think is possible. It teaches you how to identify what you want in every aspect of your life, so you can move from negative thinking to

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positive possibilities. **IGNITE YOUR MOTIVATION** Uncovering what motivates you is the key that opens up limitless mental capacity. This is where Passion + Purpose + Energy meet to move you closer to your goals, while

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staying focused and clear. Your personal excitement will be sustainable with self-renewing inspirations. Your mind starts strong, stays strong, and drives further exponentially faster.

MASTER THE METHOD We've

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applied the latest neuroscience for accelerated learning. Our process, programs, podcasts, and products unleash your brain's own superpowers. Finish a book 3x faster through speed reading (and remember every part of it),

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learn a new language in record time, and master new skills with ease. These are just a few of the life-changing self-help benefits. With Kwik Brain, you'll get brain-fit and level-up your mental performance. With the best

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Mindset, Motivation and Method,
your powers become truly
limitless.

Our eyes are involved in most of
our experiences and in forming
our memories. It seems logical
that we can use our eyes to

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change hurtful memories. Emotional Transformation Therapy (ETT) was developed with this concept in mind. Emotions play an extraordinary role in our lives. Every event is labeled with a corresponding

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emotion in our brains. An experience can be characterized as pleasant or dangerous-or by any other identifier that influences our thoughts and actions or determines whether we want to remember a particular

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occurrence. Events do not change if the emotional labels are altered, but we think and react differently to different labels. People can go from feeling victimized to becoming proud survivors if the labels are changed. A crisis

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situation can become either a tragedy or a new beginning based on a person's emotional evaluation. ETT does not change facts, but it can help transform shame, fear, loneliness, emptiness, and other often

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paralyzing feelings, opening up a person to the possibility of more realistic and empowering mind-sets. ETT offers quick, goal-oriented treatment for severe psychological problems like PTSD, abuse, and eating

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disorders and everyday situations such as stress in one's professional life, anxiety that hinders achievement, and more. Learn more about this revolutionary new treatment method designed by a licensed

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clinical psychologist, and unlock the secret to fast, effective recovery.

Emotional Transformation
Therapy (ETT)

The Big Book of Conflict
Resolution Games: Quick,

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Effective Activities to Improve
Communication, Trust and
Collaboration

Notebook: I'm Fast

the perfect feel-good romantic
comedy for 2021

Gift for Your Coach & Dearest

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People

The Fastest Way to Fall

"I'm already focussing on my next fight!" - Anthony Joshua

This Journal is for sitting Goals,
daily To Do List, track your
Progress, let go your Thoughts,

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and push yourself closer to realizing your Dreams. Details of this notebook: 120 pages 6x9 inches Awesome, matte cover This is a blank, lined notebook and makes a perfect gag gift for friends and family, male or

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female. Are you looking for a fun gift for someone close to you? This is a perfect blank, lined notebook for men, women, and children. Great for taking down notes, reminders, and crafting to-do lists. Also a great creativity

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gift for decoration or for a notebook for school or office! This notebook is an excellent accessory for your desk at home or at the office. It's the perfect travel size to fit in a laptop bag or backpack. **WANNA KNOW A**

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FUNNY FACT? DOESN'T NEED
A CHARGER!!

Make workplace conflict
resolution a game that
EVERYBODY wins! Recent
studies show that typical
managers devote more than a

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quarter of their time to resolving coworker disputes. The Big Book of Conflict-Resolution Games offers a wealth of activities and exercises for groups of any size that let you manage your business (instead of managing

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personalities). Part of the acclaimed, bestselling Big Books series, this guide offers step-by-step directions and customizable tools that empower you to heal rifts arising from ineffective communication,

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cultural/personality clashes, and other specific problem areas—before they affect your organization's bottom line. Let The Big Book of Conflict-Resolution Games help you to:
Build trust Foster morale

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Improve processes Overcome
diversity issues And more
Dozens of physical and verbal
activities help create a safe
environment for teams to explore
several common forms of
conflict—and their resolution.

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Inexpensive, easy-to-implement, and proved effective at Fortune 500 corporations and mom-and-pop businesses alike, the exercises in *The Big Book of Conflict-Resolution Games* delivers everything you need to

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make your workplace more efficient, effective, and engaged. 'I read this eagerly because I am desperate for tips on how to sleep better. It is based around the revolutionary idea that when it comes to sleep what matters is

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not the hours you spend in bed but the quality of the sleep you are getting - your sleep efficiency. This book was full of surprises!' -- Jeremy VineGroundbreaking sleep science from the bestselling

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author of The 5:2 Fast Diet and The Fast 800A good night's sleep is essential for a healthy brain and body. So why do so many of us struggle to sleep well? In Fast Asleep, Dr Michael Mosley explains what happens

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when we sleep, what triggers common sleep problems and why standard advice rarely works. Prone to insomnia, he has taken part in numerous sleep experiments and tested every remedy going. The result is a

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radical, four-week programme, based on the latest science, designed to help you re-establish a healthy sleep pattern in record time. With plenty of surprising recommendations - including tips for teenagers, people working

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night shifts and those prone to jet lag - plus recipes which will boost your deep sleep by improving your gut microbiome, Fast Asleep provides the tools you need to sleep better, reduce stress and feel happier.

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****AS SEEN ON CHANNEL 4****

Six years ago, Dr Michael Mosley started a health revolution with The 5.2 Fast Diet, telling the world about the incredible power of intermittent fasting. In this book he brings

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together all the latest science - including a new approach: Time Restricted Eating - to create an easy-to-follow programme. Recent studies have shown that 800 calories is the magic number when it comes to successful

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diETING - it's an amount high enough to be manageable but low enough to speed weight loss and trigger a range of desirable metabolic changes. The secret of this new programme is that it is highly flexible - depending on

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your goals, you can choose how intensively you want to do it. Along with delicious, low-carb, Mediterranean-style recipes and menu plans by Dr Clare Bailey, The Fast 800 offers an effective way to help you lose weight,

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improve mood and reduce blood pressure, inflammation and blood sugars. Take your future health into your own hands.

I'm Dancing As Fast As I Can

I'm Fast My Sticker Collecting Album

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A Novel

I'm Dying as Fast as I Can

A 30 Minute Expert Summary

I'm Dirty!

**This 105 Page Lined Journal
is perfect for recording your
notes, stories, goals, dreams,**

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**hopes, aspirations, thoughts,
and feelings. Satin Matte
Bound Paperback Cover
Crisp White Paper Gorgeous
Design
'The perfect feel-good read'
Emily Henry, New York**

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**Times bestselling author
True love never did run
smooth . . . Britta is excited
for the chance to finally
prove herself at work when
she's asked to write about a
hot new body-positive fitness**

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app that includes personal training. When her training sessions with Wes begin, the pair click immediately. He may be the app's CEO but despite his professional success, his personal life is

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in disarray and he's enjoying his return to what he really loves - coaching. As the weeks pass, Britta can't believe how much she's enjoying trying new things and finding her strength . . .

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and perhaps her perfect match? The longer she spends with Wes the harder it is to deny their chemistry and maintain a professional distance. Walking away from each other may be the smart

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choice. but for Wes and Britta, falling never felt so good . . . Praise for Denise Williams 'Funny, flirtatious, and full of heart, The Fastest Way to Fall is an absolute winner!' Libby Hubscher 'An

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**addictive romance filled with
hilarious banter, sharp and
engaging dialogue, heartfelt
moments, and a real and
empowering heroine worth
cheering for' Jane Igharo,
author of Ties That Tether**

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**'Absolutely SPECTACULAR!!'
Priscilla Oliveras, USA Today
bestselling author 'A
charming, romantic love
story' Andie J. Christopher,
USA Today bestselling
author 'A powerhouse**

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**romance . . . funny and
charming and steamy' Sarah
Smith, author of Faker
'Funny, sexy, heartwarming
and emotional . . . I did not
want to put it down!'
Samantha Young, New York**

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**Times bestselling author
'Jake is just the type of hero
I love - sexy, smart, sweet,
and smitten' Olivia Dade,
author of Spoiler Alert
'Charming and compelling . .
. as moving as it romantic'**

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Jen DeLuca, author of Well Matched

**Meet Donald Dump Truck!
He's bright orange, has an ego the size of a skyscraper and he'll take any shortcut to get the job done. Come**

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along with Donald on his exciting first adventure as he joins a band of hardworking trucks who are busy building a bridge. After cutting one too many corners, Donald finds

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**himself stuck in a swamp
and sinking fast! Time is
running out as all the trucks
race to the rescue. Can they
save Donald?**

**The well-designed
composition notebook is**

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perfect for writing notes and jotting down thoughts.

Check out a sample of the notebook by clicking on the "Look inside" feature.

Specifications: *Layout:

Lined *Size: 6" x 9" *Paper:

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**white paper *Pages: 120
pages *Cover: Matte finished
paperback cover *Makes a
great gift for any occasion.
Jonathan Livingston Seagull
The Fast Diet
"I'm Sick of Being Fat!" -**

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**How to Lose Weight Fast
Without Exercise
Limitless
The Simple Secret of
Intermittent Fasting : Lose
Weight, Stay Healthy, Live
Longer**

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Sexual Revolution

This is a story about how modern masculinity is killing the world, and how feminism can save it. It's a story about sex and power and trauma and resistance

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and persistence. It's a story about how you can track the crisis of democracy against the crisis of White masculinity, and how the far right is rising in response to both. It's a

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story about a social change. And at the centre of that story is one simple idea: we are in the middle of a sexual revolution. Laurie Penny charts how, in our era of crisis, we are also

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witnessing a productive transformation: profound and permanent changes in how we define gender, sex, consent and whose bodies matter. These changes threaten the social and

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economic certainties that form our world. They threaten existing power structures, and they undermine the authority of institutions from the waged workplace to the nuclear

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family. No wonder the far right is fighting back so hard. Sexual Revolution is a hand grenade of a book: both a manifesto for social change and a story of how feminism can save us.

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Originally published in New York by Atria Books, 2013. The Sunday Times bestseller 'A monumental, gripping book ... Outstanding' Sunday Times Wherever there is human

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***judgement, there is noise.
"Includes the rediscovered
part four"--Cover.
The Ultimate Guide to the
Daniel Fast
The Fast 800
Noise***

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***Cooking That Fits My
Lifestyle***

***The Seven Husbands of
Evelyn Hugo***

***Zen and the Art of Staying
Sane in Hollywood***

The Ultimate Guide to the Daniel

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Fast is an inspiring resource for Christians who want to pursue a more intimate relationship with God through the 21-day commitment to prayer and fasting known as the Daniel Fast. As you deny yourself certain foods—such as sugars, processed

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ingredients, and solid fats—you will not only embrace healthier eating habits, you'll also discover a greater awareness of God's presence. Author Kristen Feola explains the Daniel Fast in easy-to-understand language, provides 21 thought-provoking devotionals

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for each day of the fast, and shares more than 100 tasty, easy-to-make recipes that follow fasting guidelines. In a conversational style, Feola helps you structure the fast so you can spend less time thinking about what to eat and more time

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focusing on God. You will also discover that “to fast” means “to feast” on the only thing that truly nourishes?God’s powerful Word. For more info, please visit www.ultimatedanielfast.com.
"I didn't heed a single warning. I let my sickness, my love, both

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rule and ruin me. I played my part, eyes wide open, tempting fate until it delivered. There was never going to be an escape. All of us are to blame for what happened. All of us serving our own sentences. We were careless and reckless, thinking our youth

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made us indestructible, exempt from our sins, and it cost us all. I'm done pretending I didn't leave the largest part of me between these hills and valleys, between the sea of trees that hold my secrets. It's the reason I'm back. To make peace with my fate." --

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Amazon.com

Our eyes are involved in most of our experiences and in forming our memories. It seems logical that we can use our eyes to change hurtful memories.

Emotional Transformation Therapy (ETT) was developed

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with this concept in mind. Emotions play an extraordinary role in our lives. Every event is labeled with a corresponding emotion in our brains. An experience can be characterized as pleasant or dangerous—or by any other identifier that

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influences our thoughts and actions or determines whether we want to remember a particular occurrence. Events do not change if the emotional labels are altered, but we think and react differently to different labels. People can go from feeling

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victimized to becoming proud survivors if the labels are changed. A crisis situation can become either a tragedy or a new beginning based on a person's emotional evaluation. ETT does not change facts, but it can help transform shame, fear, loneliness,

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emptiness, and other often paralyzing feelings, opening up a person to the possibility of more realistic and empowering mind-sets. ETT offers quick, goal-oriented treatment for severe psychological problems like PTSD, abuse, and eating disorders and

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everyday situations such as stress in one's professional life, anxiety that hinders achievement, and more. Learn more about this revolutionary new treatment method designed by a licensed clinical psychologist, and unlock the

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secret to fast, effective recovery. When big ships get to the harbor, they need me! 'Cause I'm MIGHTY! And I can nudge, bump, butt, shove, ram, push, and pull 'em in. You think this tug's too small to pull in ships twenty times his size? Think again! This guy is

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100% MIGHTY! Kate and Jim McMullan's follow-up to the multi-award-winning I Stink! is a raucous tribute to a tireless harbor hero.

I'm Worrying As Fast As I Can
A Darker Shade of Magic
I Am Fast!

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I'm Not as Fast as a Cheetah

I'm Dancing as Fast as I Can

***This professionally designed
6x9 blank cookbook is just
the right size to be both
portable and usable. 100***

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pages with spaces for your notes, ingredients, and settings are waiting for you to fill them however you chose. Use this notebook to keep track of your favorite recipes and keep notes for

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***your favorite meals. 100
pages 6x9 size Blank
Cookbook Sarcastic Humor
Compact and easy to carry
If you are what you eat...
then I'm Fast, Cheap & Easy!
Fast, Cheap & Easy? Don't***

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take offense. Just revel in the fact that you know what you want... food that is fast to prepare, ingredients that are cheap, and directions that are easy to follow! This cookbook combines them

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all! Take delight in this no-nonsense cookbook, featuring 121 mouth-watering recipes like: Tasty Thai Noodles and Shrimp, Fast Chicken Fettuccine, Apricot Acorn Squash, Tofu

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Read Online I'm Fast!

Taco Dip and Berry Berry Parfaits. Enjoy cooking that fits your lifestyle! Book size: 5 1/4" x 8 1/4", 128 pages with Black plastic coil binding.

"I'm dying as fast as I can,"

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Gaby Maoret tells private investigator Nick Polo. "But it's not fast enough for them." Them are the two brothers of Gaucho Carmichael, Gaby's former lover, who disappeared seven

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years ago, shortly after granting Gaby a lifetime estate contract on a Telegraph Hill mansion in San Francisco, worth millions. Gaby has been living there, rent free, for all

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those years. She's a noted artist, 75 years old, cancer ridden, but with a strong lust for life. She claims that the brothers, who will inherit the house when she dies, have been making

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threats on her life. Polo agrees to help her, and soon finds himself involved in an old murder case, a missing 5-million-dollar painting, an arson investigation and in conflict with a Mexican drug

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cartel enforcer. In order to help Gaby, Polo needs the assistance of his octogenarian sidekick, Mrs. Damonte, a self-described strega, a witch who can see into the future, and his

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Uncle Dominick, a bookie with connections to the gambling mobs in Las Vegas. And then he's faced with the most perplexing problem of his career—does he tell the cops what he knows?

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***BLANK STICKER BOOK FOR
YOUR CHILDREN This is a
large blank sticker book
8"x10", 100 pages for your
kids to collect all their
favorite stickers. It could
also be used as a***

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***sketchbook, travel notebook,
gratitude journal, diary, etc.
A blank sticker book: Non-
Reuseable and Stickers NOT
included No more putting
stickers on the wall or
furniture! Premium design,***

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Matte Cover Make a great gift idea for kids, teens, students or young artists on any occasion. Birthday gift, Thank you gift, Christmas gift Let's your children's imagination run wild with

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this blank sticker notebook.

Order today!

***Slow Down, I'm Getting Well
Too Fast***

***I'm Young;I'm Handsome;
I'm Fast. I Can't Possibly be
Beat (Journal)***

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I'm Fast!

***Please Be Patient. I'm
Fucking Shit Up As Fast As
Possible.***

***I'm Hosting as Fast as I Can!
How to get a really good
night's rest***

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Now a streaming animated series! This construction vehicle with an attitude loves every second of his dirty job! For fans of Goodnight, Goodnight, Construction Site and

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Steam Train, Dream Train comes a noisy addition to the hilarious read-aloud series from Kate and Jim McMullan, the popular creators of I'm Bad! and I Stink! Clank! Rattle! Bang!

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Who's making all that noise? Backhoe Loader, reporting for duty. Life in the slow lane is the focus of these essays, taken from the files of Moseyin' Along, a popular

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weekly column that has been a staple in a group of upstate New York newspapers for twenty years. Topics range from the childhood excitement of digging to China to the

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**adventure of building
furniture from a kit, from
the techniques used in
greetings by hand to the
joys of people watching.
Within the pages of this
small, dip-into book are**

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**thoughtful pauses and
humorous pieces that make
for a comfortable take-
along reading companion.
For readers of John
O'Hurley's It's Okay to Miss
the Bed on the First Jump**

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and Chelsea Handler's Are You There, Vodka? It's Me, Chelsea, Daytime Emmy-winner Tom Bergeron—host of ABC's Dancing with the Stars and America's Funniest Home

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Videos—offers a series of humorous and inspirational stories on surviving Hollywood, including behind-the-camera stories with A-list celebrities. Most people only know one

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London; but what if there were several? Kell is one of the last Travelers—magicians with a rare ability to travel between parallel Londons. There's Grey London, dirty

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and crowded and without magic, home to the mad king George III. There's Red London, where life and magic are revered. Then, White London, ruled by whoever has murdered

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**their way to the throne. But
once upon a time, there
was Black London...
Upgrade Your Brain, Learn
Anything Faster, and
Unlock Your Exceptional
Life**

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**How to combine rapid
weight loss and
intermittent fasting for
long-term health
Donald Dump Truck
If We Are What We Eat I'm
Fast, Cheap, and Easy**

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Exodus
Cute Funny Sloth Animal
Design Journal Notebook - 6
X 9 - Lined 120 Pages

Now a streaming animated series!
For fans of Goodnight, Goodnight,
Construction Site and Steam Train,

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Dream Train comes a noisy addition to the hilarious read-aloud series from Kate and Jim McMullan, the popular creators of I'm Bad! and I'm Dirty! "Know what I do at night while you're asleep? Eat your trash, that's what!" With ten wide

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tires, one really big appetite, and an even bigger smell, this truck's got it all. His job? Eating your garbage and loving every stinky second of it! And you thought nighttime was just for sleeping.

NEW YORK TIMES BESTSELLER

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*“If you’re looking for a book to take on holiday this summer, *The Seven Husbands of Evelyn Hugo* has got all the glitz and glamour to make it a perfect beach read.” —Bustle*
*From the New York Times bestselling author of *Daisy Jones &**

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the Six—an entrancing and “wildly addictive journey of a reclusive Hollywood starlet” (PopSugar) as she reflects on her relentless rise to the top and the risks she took, the loves she lost, and the long-held secrets the public could never

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imagine. Aging and reclusive Hollywood movie icon Evelyn Hugo is finally ready to tell the truth about her glamorous and scandalous life. But when she chooses unknown magazine reporter Monique Grant for the job, no one is more

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astounded than Monique herself. Why her? Why now? Monique is not exactly on top of the world. Her husband has left her, and her professional life is going nowhere. Regardless of why Evelyn has selected her to write her biography,

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Monique is determined to use this opportunity to jumpstart her career. Summoned to Evelyn's luxurious apartment, Monique listens in fascination as the actress tells her story. From making her way to Los Angeles in the 1950s to her

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decision to leave show business in the '80s, and, of course, the seven husbands along the way, Evelyn unspools a tale of ruthless ambition, unexpected friendship, and a great forbidden love. Monique begins to feel a very real

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connection to the legendary star, but as Evelyn's story near its conclusion, it becomes clear that her life intersects with Monique's own in tragic and irreversible ways. "Heartbreaking, yet beautiful" (Jamie Blynn, Us Weekly), The

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*Seven Husbands of Evelyn Hugo is
“Tinseltown drama at its finest”
(Redbook): a mesmerizing journey
through the splendor of old
Hollywood into the harsh realities of
the present day as two women
struggle with what it means—and*

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*what it costs—to face the truth.
"I may not be the fastest, strongest,
or smartest. But I can use what I
have to do good. And that's good
enough." It's not what you have but
what you do with what you have
that matters. Sometimes children*

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can be anxious about the fact that they are not the fastest, strongest, or smartest. But the truth is only one person can ever be the fastest; the rest are not. Despite knowing that only one person can ever be the fastest, children can sometimes

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feel less worthy because that one person isn't them. This story teaches that being the best at something is not important if those talents are not used for good; and that people without such talents are still valuable because they still have

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the ability to be good. This is an expression of the Stoic concept that 'Virtue is the only good'

An Emmy-winning TV producer recounts her Valium-induced breakdown, her stays in two mental hospitals, and her struggle to begin

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a new life

The Complete Edition

I Stink!

*Cute Sloth Animal - Fun Children
Family Activity Book for Boys, Girls,
Kids, Toddlers - To Put Stickers in
Ultimate Blank Permanent Sticker*

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*Album Journal for Collecting,
Sketching, Writing, Drawing and
Autographs
I'm Mighty!*

*If You Are What You Eat... Than I'm
Fast, Cheap & Easy
Stupid Fast*

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Decisions: You make hundreds every day, but do you really know how they are made? When can you trust fast, intuitive judgment, and when is it biased? How can you transform your thinking to help avoid overconfidence and become a better decision maker? Thinking, Fast and Slow ...in 30 Minutes is the essential guide to

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quickly understanding the fundamental components of decision making outlined in Daniel Kahneman's bestselling book, Thinking, Fast and Slow. Understand the key ideas behind Thinking, Fast and Slow in a fraction of the time: Concise chapter-by-chapter synopses Essential insights and takeaways highlighted Illustrative case

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studies demonstrate Kahneman's groundbreaking research in behavioral economics In Thinking, Fast and Slow, Daniel Kahneman, best-selling author and recipient of the Nobel Prize in Economics, has compiled his many years of groundbreaking research to offer practical knowledge and insights into how people's

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minds make decisions. Challenging the standard model of judgment, Kahneman aims to enhance the everyday language about thinking to more accurately discuss, diagnose, and reduce poor judgment. Thought, Kahneman explains, has two distinct systems: the fast and intuitive System 1, and the slow and effortful System 2.

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*Intuitive decision making is often effective, but in *Thinking, Fast and Slow* Kahneman highlights situations in which it is unreliable-when decisions require predicting the future and assessing risks. Presenting a framework for how these two systems impact the mind, *Thinking, Fast and Slow* reveals the far-reaching impact of cognitive biases-from*

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creating public policy to playing the stock market to increasing personal happiness-and provides tools for applying behavioral economics toward better decision making. A 30 Minute Expert Summary of Thinking, Fast and Slow Designed for those whose desire to learn exceeds the time they have available, the Thinking, Fast and Slow

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expert summary helps readers quickly and easily become experts ...in 30 minutes.

A startlingly honest portrait of a woman's sensuality, sexuality, and spirituality . . . and the seeming madness of a passionate life.

Visual and emotional narratives on romantic love and the soul, a lifetime of falling in and out of love and the agonies of

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infatuations. For anyone who has searched for true love.

Can a train pullin' half a mile of heavy-duty freight cars make it to Chicago ahead of a speedy little race car? Through the desert . . . Through the mountains . . . Through a blizzard . . .

Vvrrrrrrrrrrrrrrrrum! Chooka Chooka

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Chooka Chooka The race is on!

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I'm Brave!

Fast Asleep

***For fans of Goodnight,
Goodnight, Construction
Site and Steam Train,
Dream Train comes the
perfect noisy addition***

Read Online I'm Fast!

to this hilarious read-aloud series from the popular creators of I'm Bad!, I Stink!, and I'm Dirty!: a fire truck. I'm Brave! is the most irresistible addition

Read Online I'm Fast!

*yet to Kate and Jim
McMullan's hilarious
read-aloud series. He's
a big red engine With a
siren, A horn, A tank
full of water, And a
whole lotta hose! He's a*

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*good-lookin' fire truck,
And he's brave, too.
When the alarm sounds Ee
eeeeeeeeeeeeeeeeoooooooooooo
He's gotta drive through
Smoke and heat Straight
to a blazing fire! Honk!*

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Honk!

*Slow Down, I'm Getting
Well Too Fast*

*How Young Widows and
Widowers Can Cope and
Heal*