

HOW TO MAKE A FORTUNE DURING FUTURE STOCK MARKET CRASHES WITH STRATEGIC STOCK ACCUMULATION: LEARNING A NEW INVESTMENT STRATEGY TO BUY STOCKS AND BONDS ON SALE WITH A DEFINITE RULES BASED FORMULA

Textured pages invite young readers to help build a snowman, starting with snow for the body and finishing with a twig for his mouth.

With more than 3 million fans, TheDadLab has quickly become an online sensation by creating a solution for parents when they hear the dreaded 'I'm bored' complaint, and now, for the first time, Sergei Urban has transferred his most popular experiments to print in this beautifully illustrated and mind-blowing book! Using everyday ingredients that you can find in your kitchen cupboard, Sergei shows experiments that are not only fun for children, but fun for adults too! With 40 wonderful activities, including 15-never-before-posted, TheDadLab includes additional information not found on his online posts: each activity will feature a detailed explanation simplifying the information that stems from the fields of Science, Technology, engineering, and Mathematics (STEM) for a parent to help explain their curious child and answer the questions 'how' and 'why.'

In the mid-1950s, legendary avant-garde composer John Cage and artist Lois Long created a truly marvelous object. Part artist's book, part cookbook, and part children's book, Mud Book is a spirited, if not satirical, take on almost every child's first attempt at cooking and making. Through the humble mud pie—add dirt and water!—Cage and Long encourage children to explore their imagination and to get their hands dirty, and they offer this warning: "Mud pies are to make and look at, not to eat." A unique hybrid of art book, unconventional cookbook, and inspiration for young makers, this new edition of Mud Book will delight children and parents alike, and makes a charming gift for all ages.

In 14th century France, Aida is accused of being a witch when the Black Death wipes through her village. Abandoned by her family, she is surrounded by death and disease, but when a woman who may actually be a witch tells her how to cure the plague, it may mean uncovering a dark magic.

How to Make Innovative Books and Paper Structures

How to Make a Book

Turning Products Into Profits

How to Win Friends and Influence People

Fold, Cut & Stitch Your Way to a One-of-a-Kind Book

The Art of the Fold

In Search of the Recipe for Our Universe

The #1 NEW YORK TIMES BESTSELLER THE SUNDAY TIMES BESTSELLER 'If LePera's Instagram feed is full of aha moments illuminating the inner workings of your psyche, the revelations in the book are more like a full firework display.' Red magazine 'This book is a must-read for anyone on a path of personal growth.' GABBY BERNSTEIN, author of number one New York Times bestsellers Super Attractor and The Universe Has Your Back 'The book I wish I had read in my twenties.' ELIZABETH DAY, author of How to Fall How to Do the Work will transform how you see yourself and your ability to change. I believe this book could change lives. If not the world.' HOLLY BOURNE, bestselling author of How Do You Like Me Now?' 'Want more from life? Looking for answers? How to Do the Work will teach you how to find them within yourself. A masterpiece of empowerment - this book changed my life and, trust me, it'll change yours too.' MEL ROBBINS, author of The 5 Second Rule As a clinical psychologist, Dr Nicole LePera found herself frustrated by the limitations of traditional psychotherapy. Wanting more for her patients - and for herself - she began a journey to develop a united philosophy of mental, physical and spiritual health that equips people with the tools necessary to heal themselves. After experiencing the life-changing results herself, she began to share what she'd learned with others - and The Holistic Psychologist was born. Now Dr LePera is ready to share her much-requested protocol with the world. In How to Do the Work, she offers both a manifesto for self-healing and an essential guide to creating a more vibrant, authentic, and joyful life. Drawing on the latest research from both scientific research and healing modalities, Dr LePera helps us recognise how adverse experiences and trauma in childhood live with us, keeping us stuck engaging in patterns of codependency, emotional immaturity, and trauma bonds. Unless addressed, these self-sabotaging behaviours can quickly become cyclical, leaving people feeling unhappy, unfulfilled, and unwell. In How to Do the Work, Dr LePera offers readers the support and tools that will allow them to break free from destruct behaviours to reclaim and recreate their lives. Nothing short of a paradigm shift, this is a celebration of empowerment that will forever change the way we approach mental wellness and self-care.

White Fang is a novel by American author Jack London and the name of the book's eponymous character, a wild wolf-dog. Much of White Fang is written from the viewpoint of the titular canine character, enabling London to explore how animals view their world and how they view humans. White Fang examines the violent world of wild animals and the equally violent world of humans. The book also explores complex themes including morality and redemption. The story begins before the three-quarters wolf-dog hybrid is born, with two men and their sled dog team on a journey to deliver a coffin to a remote town named Fort McGurry in the higher area of the Yukon Territory, Canada. The men, Bill and Henry, are stalked by a large pack of starving wolves over the course of several days. Finally, after all of their dogs and Bill have been eaten, four more teams find Henry trying to escape from the wolves: the wolf pack scatters when they hear the large group of people coming. The story then follows the pack, which has been robbed of its last prey. When the pack finally brings down a moose, famine is ended; they eventually split up, and the story now follows a she-wolf and her mate, One Eye. The she-wolf gives birth to a litter of five cubs by the Mackenzie River, and all but one die from hunger. One Eye is killed by a lynx while trying to rob its den for food for the she-wolf and her cub; his mate later discovers his remains near the lynx's den. The surviving cub and the she-wolf are left to fend for themselves. Shortly afterward, the she-wolf kills all the lynx kittens, prompting the lynx to track her down, and a vicious fight breaks out. The she-wolf eventually kills the lynx but suffers severe injury: the lynx carcass is devoured over a period of seven days.

With polymer clay and imagination, Maureen Carlson has brought a whole world of cheery little characters to life. You can do it, too! This book makes it fun and easy—no sculpting experience or fancy equipment required! You'll find lots of full-color pictures and detailed, step-by-step projects to lead you all the way—starting with simple, neighborhood kids, and progressing to more complex characters like Grandma and Saint Nick. You'll learn how to make every detail just right, from hair to facial expressions to feet. When you get the hang of it, you can create lively little folks of your own imaginings...even personalize our clay characters for extra-special gifts. No two will ever be exactly alike, but each one is guaranteed to make you smile!

Why buy it when you can make it? From smoked bacon and dill pickles to your own home-brewed ale, trust the test kitchen experts to guide you through more than 100 foolproof kitchen projects. Pantry Staples For the freshest, best results, make your own ketchup, hot sauce, and vanilla extract. For the adventurous, there's sriracha, harissa, and wine vinegar. Jar Jellies Preserve the seasons with orange marmalade, strawberry jam, and apple butter, while wine jelly and bacon jam are great year-round options. Pickled Favorites Get your pickle fix with classics like bread-and-butters and sour dills, plus test kitchen favorites like dilly beans, giardiniera, and kimchi. The Dairy Best Making fresh cheeses like ricotta and goat cheese graham crackers fresher and better. Or take the fancier route with lavash crackers, grissini, salted caramels, and chocolate-hazelnut spread. Beverages Stock your fridge with root beer, ginger beer, and cold-brew coffee. Stock your bar with sweet vermouth, cocktail bitters, and tonic water. Plus, our IPA beer recipe is ideal for first-time home brewers.

How to Make Your Own Squishties and Slime

The Sunday Times Bestseller

How to Make a Better World

I Am Mercy

ePublishing with InDesign CS6

Cuddle Bear

Water and Moral Ecology in Turkey

George the giant, known for wearing his old patched clothes, finally buys new ones, but then gives them away to some needy animals.

"An exceptionally relevant book for this age of activism." Bob Geldof 'With a foreword by Kofi Annan, former Secretary-General of the UN (1997-2006). How to Make a Difference is a practical roadmap to modern day activism guided by the powerful and imaginative minds behind the world's biggest campaigns including Colin Kaepernick, Emma Watson, Sir Bob Geldof, Fatima Blunto, Black Lives Matter, Douzen Kross, Youmi Park, Terry Crews, Cher, Matt Damon, Paul Polman and Gna Miller; collectively they combine the latest models of thinking, their real life experiences, radical techniques and effective advice in order to help incentivize everyone and anyone who has ever wondered, how can I help? From How to Change the Law, How to Protest, How to Use Social Media Effectively, How to End a Problem Forever and How to Change a Big Organization, this book educates much as it encourages and informs us all to see the world as something that can and must be changed. This book will help you find an active role in positive, necessary activism and meaningful change on every scale across the globe. The only book to pool together the biggest names in activism and showcase how they have used their voices, their networks and their abilities to change the world around us. How to Make a Difference speaks to a generation who are switching self-sticks for protest placards and will showcase how everyone has the ability to be the change they want to see. If not now, when? If not you, who? Perfect for fans of This Is Not a Drill, No One Is Too Small to Make a Difference and There Is No Planet B.

What characteristics and values define a country? Which countries are particularly successful in terms of education, economics, or culture? In this book, Monocle provides a global perspective on the distinct qualities of nations. Monocle's books with Gestalten have shown you how to build a better life, business, and home. But now Monocle raises the bar: how do you run a great country? They are not talking about might, muscle, or nationalism --although you need a bit of a swagger every now and then. They are talking about a country that feels like a cohesive community, knows what to value, and goes out into the world to genly get its way with soft power, fine ambassadors, and compelling cultural offerings. At home, this country celebrates good education, well-made institutions, and its own people and their skills. How to Run a Nation: A Monocle Guide is a thought-provoking primer that informs and inspires. The best ideas don't need to be invented --they need to be found and copied. Let Monocle be your guide.

In the Kew Book of Sugar Flowers, sugarcraft specialist Cassie Brown teaches you how to craft stunning, authentic-looking flowers and foliage using flower paste (gum paste). Learn how to create beautiful bouquets and stunning sprays, from the early stages of germinating your ideas - taking inspiration from nature and making moulds from real flowers and leaves - to creating floral cake decorations with an exotic or wild flower theme for a special occasion. Through clear and concise step-by-step instructions, Cassie explains every facet of crafting sugar flowers, from gaining an appreciation of the flower itself, to preparing the flower paste and colouring it to wiring the flowers into an attractive and realistic bouquet. There is a veritable garden of delights to choose from, from ornate orchids to delicate daisies. The method for crafting each individual flower is demonstrated in stunning detail beginning with an 'exploded' flower photograph that illustrates each of the individual components and working through the techniques and tricks that Cassie herself applies to create her stunning floral displays. The Kew Book of Sugar Flowers is the perfect book for the established sugarcrafter looking to develop their skills and take their cake-decorating capabilities to the next level. Readers with a particular interest in flowers and plants will also love this book for its painstaking recreation of flora in flower paste (gum paste), and the book is endorsed by the Royal Botanic Gardens. Give giving extra credibility to the stunning realism of the flowers that Cassie Brown has recreated. Foreword by Eddie Spence M.B.E. Eddie Spence MBE has enjoyed an illustrious career in confectionery and cake design and his superior skills have earned him the opportunity to decorate many cakes for the royal family, including Her Majesty the Queen herself.

A Modest Book About How to Make an Adequate Speech

Adventures in the art of style

White Fang

How to Make Clay Characters

An Essential Guide for COVID-19 and Beyond

How to Make More Than 100 Classic and Decorative Frames

How to Make a Million ??? Slowly

Table of Contents Introduction It Is All His Fault! But I Married Too Young... Self-Justification Criticism and Contempt Escalation of the Situation The Silent Treatment Do NOT Bring Me Flowers Anymore The Importance of Physical Intimacy in a Successful Marriage Conclusion Author Bio Publisher Introduction All these years happily married and still going strong... Once while I was training under a psychologist, she told me that in her particular country, nobody had ever heard of marriage counseling, because the option of divorce, a couple splitting up was unheard of, in their culture, traditions, and upbringing. For them, marriage was a once-in-a-lifetime proposition, to be ended only after "till death do us part." And even then, many partners did not marry again, because they still considered themselves married to their spouses, even after becoming a widow or widower. I also have been brought up in such a supposedly old-fashioned milieu, and society, naturally thanks to our upbringing, culture, and one may almost say old-fashioned traditions, for every one of us, marriage is not only forever, and never ever to be broken up under any circumstances. So it was with great surprise, that I began to see the trend of divorces gaining popularity, because that had become a modern fashionable option, and if so many people in the West were doing it, this was of course the best way of getting out of a partnership which one had begun considering to be a bit of a drag, and look for more exciting options elsewhere. Sadly enough, you are going to be surprised to know that statistics say that 27% of married American men are going to have an extramarital affair, just because it happened and they could not control it. Isn't it interesting to know that just three generations ago, their own grandparents considered extramarital affairs to be a thing of shame, not a thing of which a virtuous responsible father or husband did, and faithfulness was a part of his principles, upbringing, tradition, and culture. He believed in his marriage vows. And so did his wife. And using him as an example, his children followed in his steps. But then suddenly in the 70s, 80s, and 90s, it began to be fashionable to divorce and marry again, not understanding about the emotional, psychological, spiritual, physical, and mental trauma this would have on all the members of the family, parents, and children.

How to Make A Wetland tells the story of two Turkish coastal areas, both shaped by ecological change and political uncertainty. On the Black Sea coast and the shores of the Aegean, farmers, scientists, fishermen, and families grapple with livelihoods in transition, as their environment is bound up in national and international conservation projects. Bridges and drainage canals, apartment buildings and highways—as well as the birds, water buffalo, and various animals of the regions—all inform a moral ecology in the making. Drawing on six years of fieldwork in wetlands and deltas, Caterina Scaramelli offers an anthropological understanding of sweeping environmental and infrastructural change, and the moral claims made on livability and materiality in Turkey, and beyond. Beginning from a moral ecological position, she takes into account the notion that politics is not simply projected onto animals, plants, soil, water, sediments, rocks, and other non-human beings and materials. Rather, people make politics through them. With this book, she highlights the aspirations, moral relations, and care practices in constant play in contestations and alliances over environmental change.

Man up and discover the practical and inspirational information all men should know! While it's definitely more than just monster trucks, grilling, and six-pack abs, true manliness is hard to define. The words macho and manly are not synonymous. Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors Brett and Kate McKay have created a collection of the most useful advice every man needs to know to live life to its full potential. This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend, or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to: -Shave like your grandpa -Be a perfect houseguest -Fight like a gentleman using the art of bartitsu -Help a friend with a problem -Give a man hug -Perform a fireman's carry -Ask for a woman's hand in marriage -Raise resilient kids

-Predict the weather like a frontiersman -Start a fire without matches -Give a dynamic speech -Live a well-balanced life So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

A fascinating exploration of how we learned what matter really is, and the journey matter takes from the Big Bang, through exploding stars, ultimately to you and me.' - Sean Carroll, author of Something Deeply Hidden 'If you wish to make an apple pie from scratch, you must first invent the universe.' - Carl Sagan We probably all have a vague idea of how to make an apple pie: mix flour and butter, throw in some apples and you're probably most of the way there, right? Think again. Making an apple pie from scratch requires ingredients that definitely aren't available in the supermarket, ovens that can reach temperatures of trillions of degrees, and a preparation time of 13.8 billion years. Inspired by Sagan's famous line, Harry Cliff ventures out in search of the ultimate apple pie recipe, tracing the ingredients of our Universe through the hearts of dying stars and back in time to a tiny fraction of a second after our universe began. Along the way, he confronts some really big questions: What is matter really made of? How does the stuff around us escape annihilation in the fearsome heat of the Big Bang? And will we ever be able to understand the very first moments of our universe? In pursuit of answers, Cliff ventures to the largest underground research facility in the world, deep beneath Italy's Gran Sasso mountains, where scientists gaze into the heart of the Sun using the most elusive of particles, the ghostly neutrino. He visits CERN in Switzerland to explore the 'Antimatter Factory' where this stuff of science fiction is manufactured daily (and we're close to knowing whether it falls upwards). And he reveals what the latest data from the Large Hadron Collider may be telling us about the fundamental ingredients of matter. Along the way, Cliff illuminates the history of physics, chemistry, and astronomy that brought us to our present understanding of the world, while offering readers a front-row seat to one of the most dramatic intellectual journeys human beings have ever embarked on. A transfixing deep dive into origins of our world, How to Make an Apple Pie from Scratch doesn't just put the makeup of our universe under the microscope, but the awe-inspiring, improbable fact that it exists at all.

How to Make Pies and Cakes

Can It, Cure It, Churn It, Brew It

How To Do The Work

How to Make a Tornado

How to Make a Success of Your Marriage - Psychological, Spiritual, and Emotional Guidance for a Long-Lasting Marriage without Counseling

Mud Book

The Definitive Guide from the World's Most Effective Activists

A guide to the management of a home business, includes discussions of advertising, packaging, product names, test marketing, and direct selling

'If you want to achieve more (without going nuts), read this book' - Charles Duhigg, bestselling author of The Power of Habit and Smarter Faster Better 'Make Time is essential reading for anyone who wants to create a happier, more successful life.' - Gretchen Rubin, author of The Happiness Project

'You design your time. Most of our time is spent by default. We all wish for more hours in the day. We all struggle to make time for what matters. Help is here. Productivity experts Jake Knapp and John Zeratsky have created a four-step framework that anyone can use, packed with more than 80 tactics to help you design your day around the things that matter. Tactics such as: - Choose a daily highlight - Be the boss of your phone - Stay out of social media infinity pools - Slow your inbox - Make TV a "sometimes treat" - Exercise every day (but don't be a hero) - Eat without screens

- Go off grid - Spend time with your tribe - Make your bedroom a bed room With tips and tricks to help you change your life. It's time to stop daydreaming about projects and activities that you'll get to "someday," and start that someday today.

A New York Times bestseller! The historic race that reawakened the promise of manned spaceflight A Finalist for the PEN/E. O. Wilson Literary Science Writing Award Alone in a Spartan black cockpit, test pilot Mike Melvill rocketed toward space. He had eighty seconds to exceed the speed of sound and begin the climb to a target no civilian pilot had ever reached. He might not make it back alive. If he did, he would make history as the world's first commercial astronaut. The spectacle defied reason, the result of a competition dreamed up by entrepreneur Peter Diamandis, whose vision for a new race to space required small teams to do what only the world's largest governments had done before. Peter Diamandis was the son of hardworking immigrants who wanted their science prodigy to make the family proud and become a doctor. But from the age of eight, when he watched Apollo 11 land on the Moon, his singular goal was to get to space. When he realized NASA was winding down manned space flight, Diamandis set out on one of the great entrepreneurial adventure stories of our time. If the government wouldn't send him to space, he would create a private space flight industry himself. In the 1990s, this idea was the stuff of science fiction. Undaunted, Diamandis found inspiration in an unlikely place: the golden age of aviation. He discovered that Charles Lindbergh made his transatlantic flight to win a \$25,000 prize. The flight made Lindbergh the most famous man on earth and galvanized the airline industry. Why, Diamandis thought, couldn't the same be done for space flight? The story of the bullet-shaped SpaceShipOne, and the other teams in the hunt, is an extraordinary tale of making the impossible possible. It is driven by outsized characters—Burt Rutan, Richard Branson, John Carmack, Paul Allen—and obsessive pursuits. In the end, as Diamandis dreamed, the result wasn't just a victory for one team; it was the foundation for a new industry and a new age.

Do you feel stuck in life, not knowing how to make it more successful? Do you wish to become more popular? Are you craving to earn more? Do you wish to expand your horizon, earn new clients and win people over with your ideas? How to Win Friends and Influence People is a well-researched and comprehensive guide that will help you through these everyday problems and make success look easier. You can learn to expand your social circle, polish your skill set, find ways to put forward your thoughts more clearly, and build mental strength to counter all hurdles that you may come across on the path to success. Having helped millions of readers from the world over achieve their goals, the clearly listed techniques and principles will be the answers to all your questions.

How to Make a Dress

How to Build a Snowman

How to Make a Decision

How to Make a Million Dollars

How to Make a Difference

How to Make Your Home-based Business Grow

A Self-development Book for Those who Struggle to Commit when Making a Decision

' From inspiration to sketch, pattern to fabric, the making of a dress has been the structure that has held me, and my passion to dress others is the momentum of my life.' - Jenny Packham is one of Britain 's leading designers and most in-demand couturiers, known for her exquisite dresses made for brides, celebrities and even royalty. In How to Make a Dress, she explores her creative journey in a brilliant meditation on life and style. Beginning with the search for creative inspiration and taking us into her studio then onto the red carpet and beyond, she asks the questions that have preoccupied us for centuries: What makes the perfect dress? What do our clothes mean to us? And why do we dress the way we do? Whether she is on the trail of Marilyn Monroe in LA, designing a bespoke piece for the red carpet or sketching for a new collection, Jenny documents her pursuit of the eternal truths of style. Decades in the making, How to Make a Dress is an unforgettable book for anyone who has ever loved a piece of clothing.

All books begin with one brilliant idea ? Take a journey to discover how a book is made - from acquisition and artwork to publicity and printing - in this inspiring and informative illustrated guide to publishing.

Oh no! Smiley Shark has the biggest hicups ever! Soon he is doing roly-polies with Starfish, being tickled by Octopus, and holding his breath with Pufferfish. But nothing's working! Will his friends ever put a stop to his big and bothersome hicups?

' John is a hero to many private investors in the UK. By tucking money away year after year, and choosing his investments wisely, he has accumulated a portfolio worth more than £1 million. ' The Motley Fool ' I ' m a big fan of the writings of John Lee. John Lee moves the market. ' Monevator ' Lord (John) Lee of Trafford was one of the first UK investors to build an ISA portfolio worth more than £1 million, reaching that landmark in 2003. ' Daily Telegraph, March 2012 John Lee is one of the UK ' s most successful private investors. Beginning with an investment pot of £125,000 in the early 1980s, by 2003 he had turned this into a thriving portfolio of over £1 million, and it has significantly increased in value since then. Using efficient investment methods, as well as pursuing a winning ' buy and hold ' strategy, he was the UK ' s first ISA millionaire. In How to Make a Million – Slowly, John Lee offers invaluable lessons that will help you make the right decisions about your investments. Explaining why an unhurried portfolio is the best and most sustainable strategy for growth, you will learn how to spot opportunities, research and monitor the market, work with management and above all, make money.

Kew Book of Sugar Flowers

How to Make a Wetland

A Monocle Guide

The strange and wonderful things that happen when scientists break free

I Don't Want to Go to Bed!

TheDadLab: 40 Quick, Fun and Easy Activities to do at Home

How to Make an Apple Pie from Scratch

Understand the Virus – Explore the Immune System -- Discover a Vaccine -- Develop Vaccines – Evaluate the Contenders -- Don't Count on the Magic Bullet -- Overcome the Hurdles -- Embrace Many Solutions.

How to focus on what matters every day. Every aspect of the creation of a pop-up, known as the creation of a pop-up, known as paper engineering, is clearly and thoroughly covered. All types of parallel folds, angle folds, wheels, and pull tabs are accurately detailed verbally and visually, flat and in dimension. Also included is a history of pop-ups and a step-by-step photographic essay on how a pop-up is made from start to finish. This guided tour is perfect for aspiring pop-up creators, paper engineers, students, and appreciators of this unique art form.

From zines you can fold in a minute to luxurious leather journals and sumptuous sketchbooks, How to Make Books will walk you through the easy basics of bookmaking. Whether you're a writer, a scrapbooker, a political activist, or a postcard collector, let book artist Esther K. Smith be your guide as you discover your inner bookbinder. Using foolproof illustrations and step-by-step instructions, Smith reveals her time-tested techniques in a fun, easy-to-understand way.

Science tells us grand things about the universe: how fast light travels, and why stones fall to earth. But scientific endeavour goes far beyond these obvious foundations. There are some fields we don't often hear about because they are so specialised, or turn out to be dead ends. Yet researchers have given hallucinogenic drugs to blind people (seriously), tried to weigh the soul as it departs the body and planned to blast a new Panama Canal with atomic weapons. Real scientific breakthroughs sometimes come out of the most surprising and unpromising work. How to Make a Tornado is about the margins of science - not the research down tried-and-tested routes, but some of its zanier and more brilliant by-ways. Investigating everything from what it's like to die, to exploding trousers and recycled urine, this book is a reminder that science is intensely creative and often very amusing - and when their minds run free, scientists can fire the imagination like nobody else.

Make Time

Classic Skills and Manners for the Modern Man

The Spiffiest Giant in Town

How To Get A Girlfriend Faster

For Every Kid Who Wants to Make a Difference

Elements Of Pop Up

My guiding principles from a lifetime of successful investing

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If you are a kid with big dreams and a passion for what is right, you're a world-changer in the making. There's a lot that can be changed by just one person, if you know what to do. Start by making yourself into the awesome person you want to be by learning all about self-care and kindness. Using those skills, work your way up to creating activist campaigns to tackle climate change or social injustice. This fun and inspiring e-guide will help the world a better place and become a good citizen includes ideas and tips for kids who want to know how to make a difference. Through ideas as small as creating a neighbourhood lending library to as important as public speaking and how to talk about politics, How to Make a Better World is a practical guide to activism for awesome kids.

"Where I come from, from modesty is a sin, Flintoff 's book would be called 'The Indispensable Guide to Giving an Unforgettable Speech.'"Jay Heinrichs, New York Times bestselling author Most of us dread public speaking. But at some point we find ourselves forced to make a speech. And we worry: Will my jokes fall flat? What if I freeze? Is it okay to read notes? What if people walk out? This book won't magically transform you into a fast-talking corporate hotshot.

But it will show you how to think about public speaking in a new way, and with a spot of luck, you will achieve adequacy. Or better! Drawing on ancient principles of rhetoric and his own entertaining successes and failures on the speech-giving circuit, John-Paul Flintoff provides simple but effective techniques to help you to speak with confidence to any crowd, whether it's a work presentation or a best friend's wedding. Humble but motivating, this is a guide to finding your voice, even if it's a bit craxy at first, and a reassuring affirmation that we all have something to say.

Smiley Shark and the Great Big Hiccup!

A Step By Step Guide

Design and produce digital publications for tablets, ereaders, smartphones, and more

The Art of Manliness

How to focus on what matters every day

A Band of Renegades, an Epic Race, and the Birth of Private Spaceflight

How to Make a Book

An essential how-to guide, with step-by-step techniques and projects on how to make traditional, contemporary and customized frames.

This book explain the different factors in Decision Making where people often get stuck and suggest how to overcome these to allows you to take control and be more confident in our decision making. So have a read, see where your bottleneck is and get on making those decisions!

The renowned and influential book artist Hedi Kyle shows you step-by-step how to create her unique designs, using folding techniques. Projects include flag books, blizzard books, the fishbone fold and nesting boxes. This is a wonderful insight into the work of a truly skilled artist.

Suggestions for Students in High School

How to Make Books

Character, Conduct and Study; how to Make the Most of School Life

How to Make a Spaceship

Practical Book of Picture Framing

How to Make a Nation

How to Make a Vaccine