

Feminist Fight Club: A Survival Manual For A Sexist Workplace

'Engaging, hilarious and practical - I will proudly proclaim myself a card-carrying member of the FCC' - Sheryl Sandberg, COO of Facebook and bestselling author of Lean In
This is a call to arms. Are you aged zero to infinity? Finished with the sexist status quo? Ready to kick ass and take names? Welcome to the Feminist Fight Club. You have lifetime membership. Feminist Fight Club provides an arsenal of weapons for surviving in an unequal world. You will learn how to fight micro-aggressions, correct unconscious bias, deal with male colleagues who can't stop "manterrupting" or "bro-appropriating" your ideas - and how to lead in without falling the P*ck over. Every woman needs this book - and they needed it yesterday. This is not a drill.

On one practical and creative, this book was feminism's Whole Earth Catalog. Originally published in 1973, The New Woman's Survival Catalog is a seminal survey of the second-wave feminist effort across the US. Edited by Kirsten Grinstead and Susan Rennie, just five months, The New Woman's Survival Catalog makes a nod to Stewart Brand's influential Whole Earth Catalog, mapping a vast network of feminist alternative cultural activity in the 1970s. Grinstead and Rennie set out on a two-month road trip in the summer of 1973, meeting and interviewing a range of organizations and individuals, and gathering vital information on everything from arts groups to bookstores and independent presses, health, parenting and rape crisis centers and educational, legal and financial resources. "These projects express a rejection of the values of existing institutional structures," Grinstead and Rennie wrote, "and, unlike the hip male counterculture, represent an active attempt to reshape culture through changing values and consciousness." Arranged in themed sections on art, communications, work and money, child care, self-help, self-defense and activism, The New Woman's Survival Catalog provides crucial insight into feminist initiatives and activism nationwide during the Women's Movement. It includes a "Making the Book" section that details the publication's production. Kirsten Grinstead and Susan Rennie are the coeditors of The New Woman's Survival Catalog and The New Woman's Survival Sourcebook (1975). They went on to cofound Chrysalis, A Magazine of Women's Culture, published out of the Woman's Building in downtown Los Angeles from 1977 to 1981. Grinstead is currently Co-Chair of Undergraduate Studies at Antioch University, Los Angeles; she is the author of The Modern Revival of Gnosticism and Thomas Mann's Doktor Faustus (2002). Rennie taught social sciences at Union Institute & University in Cincinnati, worked as a woman's health activist and now lives in Venice, California.

During the 1970s, grassroots women activists in and outside of prisons forced a radical politics against gender violence and incarceration. Emily L. Thuma traces the making of this anticarceral feminism at the intersections of struggles for racial and economic justice, prisoners' and psychiatric patients' rights, and gender and sexual liberation. All Our Trials explores the organizing, ideas, and influence of those who placed criminalized and marginalized women face when speaking up about bias or harassment. Help women reenter the workforce after taking time off—and create opportunities for them to reach their ambitions. This collection of articles includes “Women and the Labyrinth of Leadership,” by Alice H. Eagly and Linda L. Carl. “Do Women Lack Ambition?” by Anna Fels. “Women Rising: The Unseen Barriers,” by Herminia Ibarra, Robin Ely, and Deborah Kolt. “Women and the Vision Thing,” by Herminia Ibarra and Ottilia Odojardu. “The Power of Talk: Who Gets Heard and Why,” by Deborah Tannen. “The Memo Every Woman Keeps in Her Desk,” by Kathleen Rieardon. “Why Diversity Programs Fail,” by Frank Dobbin and Alexandra Kalev. “Now What?” by Joan C. Williams and Suzanne Lebock. “The Battle for Female Talent in Emerging Markets,” by Sylvia Ann Hewlett and Ripa Rashid. “Off-Ramps and On-Ramps: Keeping Talented Women on the Road to Success,” by Sylvia Ann Hewlett and Carolyn Buck Luce. and “Sheryl Sandberg: The HBR Interview,” by Sheryl Sandberg and Adi Ignatius.

Up-beat, pragmatic, and chock full of advice, What Works for Women at Work is an indispensable guide for working women. An essential resource for any working woman, What Works for Women at Work is a comprehensive and insightful guide for mastering office politics as a woman. Authored by Joan C. Williams, one of the nation's most-cited experts on men and work, and her daughter, writer Rachel Dempsey, this unique book offers a multi-generational perspective into the realities of today's workplace. Often women receive messages that they have only themselves to blame for failing to get ahead—Negotiate more! Stop being such a wimp! Stop being such a witch! What Works for Women at Work tells women it's not their fault. The simple fact is that office politics often benefits men over women. Based on interviews with 127 successful working women, over half of them women of color, What Works for Women at Work presents a toolkit for getting ahead in today's workplace. Distilling over 35 years of research, Williams and Dempsey offer four crisp patterns that affect working women: Prove-It-Again!, the Tightrope, the Maternal Wall, and the Tug of War. Each represents different challenges and requires different strategies—which is why women need to be savvy than men to survive and thrive in high-powered careers. Williams and Dempsey's analysis of working women is nuanced and in-depth, going far beyond the traditional cookie-cutter, one-size-fits-all approaches of most career guides for women. Throughout the book, they weave real-life anecdotes from the women they interviewed, along with quick kernels of advice like a “New Girl Action Plan,” ways to “Take Care of Yourself!,” and even “Comeback Lines” for dealing with sexual harassment and other difficult situations.

Kurdish Women's Stories Primeval The Politics of Survival in Sub-Saharan Africa The Seven Necessary Sins for Women and Girls The American Women's Rights Movement, 1945 to the 1960s Hood Feminism The No Club An enlightening and entertaining look at how to use your inner psychopath to get the most out of LIFE. What is a good psychopath? And how can thinking like one help you to be the best that you can be? Professor Kevin Dutton has spent a lifetime studying psychopaths. He first met SAS hero Andy McNab during a research project. What he found surprised him. McNab is a diagnosed psychopath but he is a GOOD PSYCHOPATH. Unlike a BAD PSYCHOPATH, he is able to dial up or down qualities such as ruthlessness, fearlessness, conscience and empathy to get the very best out of himself – and others – in a wide range of situations. Drawing on the combination of Andy McNab's wild and various experiences and Professor Kevin Dutton's expertise in studying them, together they have explored the ways in which a good psychopath thinks differently and what that could mean for you. What do you really want from life, and how can you develop and use qualities such as charm, coolness under pressure, self-confidence and courage to get it? The Good Psychopath's Guide to Success gives you a unique and entertaining road-map to self-fulfillment both in your personal life and your career. A fearless primer on the feminism we need now: tactics for advancing reproductive justice, promoting intersectionality, and pushing back against patriarchal systems of oppression Too loud. Too shrill. Too far. Too much. Despite the systematic chipping away at our voices, autonomy, and rights, women who demand more—or even just enough—continue to be pushed aside, talked over, and dismissed. From unbridled online abuse to the unspoken societal rules that dictate who can express anger, when you're a feminist the personal is political...and it's time we all embrace feminism as a matter of survival. Cultural critic and Gen-Z feminist Kylie Cheung lays bare the state of affairs for women in the twenty-first century. She discusses the challenges of our time, from misogyny to gaslighting, racism, and rampant attacks on reproductive healthcare. She also explores the empowering strides of #MeToo, unprecedented youth mobilization, and increasing recognition of the power and necessity of intersectional movements. Cheung weaves biting cultural commentary with personal narrative, sharing stories of feminist awakening, online harassment, and the effects of sexual assault, racism, fetishization, and misogyny within relationships. She speaks candidly to a new generation of feminists seeking real, unfiltered experiences and guidance as they navigate the sexist realities of our unjust world. Cheung's manifesto is a tour-de-force of fourth-wave feminism, a call to arms that speaks truth to power as we engage in the fight of and for our lives.

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workplace inclusion to intersectionality, #MeToo to men's rights, rom-coms to pornography, Deborah Frances-White tackles urgent questions for the modern woman. Featuring interviews with activists, businesswomen and all-round inspirations, The Guilty Feminist examines how women can abandon their guilt, say No (when they mean it), say Yes (when they want to), and to change the world - and ourselves - for the better. 'Genius' Sunday Times 'Funny, fresh, thought-provoking' Observer 'Breathes life into conversations about feminism' Phoebe Waller-Bridge 'Quite possibly the defining feminist of our generation' Elizabeth Day 'Very funny, very clever, very thoughtful and very relevant' Dolly Alderton 'Encouraging every woman to say: "I get to be heard. I deserve to be seen"' Daily Express 'A passionate and engaging manifesto, reminding readers that feminism isn't one-size-fits-all' I

'It is absolutely brilliant. I think every woman should read it' PANDORA SYKES, THE HIGH LOW 'My wish is that every white woman who calls herself a feminist will read this book in a state of hushed and humble respect ... Essential reading' ELIZABETH GILBERT All too often the focus of mainstream feminism is not on basic survival for the many, but on increasing privilege for the few. Meeting basic needs is a feminist issue. Food insecurity, the living wage and access to education are feminist issues. The fight against racism, ableism and transmisogyny are all feminist issues. White feminists often fail to see how race, class, sexual orientation and disability intersect with gender. How can feminists stand in solidarity as a movement when there is a distinct likelihood that some women are oppressing others? Insightful, incendiary and ultimately hopeful, Hood Feminism is both an irrefutable indictment of a movement in flux and also clear-eyed assessment of how to save it.

'Absolutely amazing... a cross between The Road by Cormac McCarthy and The Walking Dead' Eoin Colfer 'You'll be terrified, fascinated and above all, uplifted by Orpen - a heroine to rival Philip Pullman's Lyræ or The Passage's Amy' Stylist Raised by her mother and Maeve on Slanbeg, an island off the west coast of Ireland, Orpen has a childhood of love and stories by the fireside. But the stories grow darker, and the training begins. Ireland has been devoured by a ravening menace known as the skrake, and though Slanbeg is safe for now, the women must always be ready to run, or to fight. When Maeve is bitten, Orpen is faced with a dilemma: kill Maeve before her transformation is complete, or try to get help. So Orpen sets off, with Maeve in a wheelbarrow and her dog at her side, in the hope of finding other survivors, and a cure. It is a journey that will test Orpen to her limits, on which she will learn who she really is, who she really loves, and how to imagine a future in a world that ended before she was born.

Feminist Fight ClubA Survival Manual For a Sexist WorkplacePenguin UK

To Exist is to Resist

Notes from the Women White Feminists Forgot

The Grace Year

The Guilty Feminist

Inside the Fight for a Feminist Future

Living a Feminist Life

A Woman-Made Book

African feminism, this landmark volume demonstrates, differs radically from the Western forms of feminism with which we have become familiar since the 1960s. African feminists are not, by and large, concerned with issues such as female control over reproduction or variation and choice within human sexuality, nor with debates about essentialism, the female body, or the discourse of patriarchy. The feminism that is slowly emerging in Africa is distinctly heterosexual, pronatal, and concerned with "bread, butter, and power" issues. Contributors present case studies of ten African states, demonstrating that—as they fight for access to land, for the right to own property, for control of food distribution, for living wages and safe working conditions, for health care, and for election reform—African women are creating a powerful and specifically African feminism.

A Wall Street Journal Bestseller! Named a best book of 2016 by: Chicago Tribune, Refinery 29, Forbes, Bust, CEO Reads. It was a fight club—but without the fighting or the men. Every month, women would gather in a New York apartment to share sexist-job frustrations and trade strategies for how to tackle them. For years, these meetings were kept secret. But the time has come to talk about the club. In Feminist Fight Club, acclaimed journalist Jessica Bennett blends the personal story of her real-life fight club with a studied assessment of the gender gap that continues to plague the American workplace. With equal measures wit and rigor, Bennett provides the tactical strategies—and the camaraderie—every woman needs to fight back, as well as tools for the men who support the cause.