

El Infierno: Drugs, Gangs, Riots And Murder: My Time Inside Ecuador's Toughest Prisons

'It won't happen to me. That's what I thought when I got on the plane to Venezuela. But it did – I got caught.' Caught smuggling half a million euros' worth of cocaine, Paul Keany was sexually assaulted by Venezuelan anti-drugs officers before being sentenced to eight years in the notorious Los Teques prison outside Caracas. There he was plunged into a nightmarish world of coke-fuelled killings, gun battles, stabbings, extortion and forced hunger strikes until finally, just over two years into his sentence, he gained early parole and embarked on a daring escape from South America . . . Aided by his extensive prison diaries, Keany reveals the true horror of life inside Los Teques: a shocking underworld behind bars where inmates pay protection money to stay alive, prostitutes do the rounds and vast amounts of cocaine are smuggled in for cell-block bosses to sell on to prisoners for huge profits. The Cocaine Diaries is a remarkable story, told by Keany with honesty, courage and even humour, despite knowing that every day behind bars might have been his last.

2003: The European Arrest Warrant (EAW) is introduced under the Extradition Act. A mechanism intended to facilitate the speed and ease with which criminals are brought to justice, it prevents British courts from considering any evidence before extraditing a person wanted by the authorities of another European member state - a mechanism open to abuse and error. 2007: Eighteen-year-old Andrew Symeou travels to Greek island Zante to celebrate the end of exams with friends. While there, another British boy is punched in a nightclub and tragically dies two days later. The pair had never met and Andrew was in another nightclub at the time. Greek police beat witnesses, fabricate statements and pin the crime on a man from a photograph - one taken on a different night to the incident. 2008: Andrew is arrested at his north London home by British police with an EAW. He is wanted for murder. Private Eye described the Greek investigation as 'flawed, contradictory and in places ludicrous'. A British coroner slammed it as being 'a misguided effort to solve the crime'. Regardless, a British court was unable to prevent his extradition and, despite never having been questioned by police and publicly protesting his innocence, Andrew was thrown into a Greek prison with hardened criminals. He spent almost a year awaiting trial in truly horrific conditions, encountering violence, drugs, racism and rioting - the most extreme of which he witnessed in the infamous Korydallos Prison. In 2011, Andrew was acquitted as the Greek police's case unravelled. Extradited is the honest, moving, yet witty account of Andrew's incredible fight for justice.

For college student Emily Sheppard, the thought of spending a summer alone in New York is much more preferable than spending it in France with her parents. Just completing her freshman year at Callister University, Emily faces a quiet summer in the city slums, supporting herself by working at the campus library. During one of her jogs through the nearby cemetery while visiting her brother Bills grave, Emily witnesses a brutal killing and then she blacks out. When Emily regains consciousness, she realizes she's been kidnapped by a young crime boss and his gang. She is hurled into a secret underworld, wondering why she is still alive and for how long. Held captive in rural Vermont, she tries to make sense of her situation and what it means. While uncovering secrets about her brother and his untimely death, Emily falls in love with her very rich and very dangerous captor, twenty-six-year-old Cameron. She understands it's a forbidden love and one that won't allow her to return to her previous life. But love may not be enough to save Emily when no one even knows she is missing.

Creative folks often know all too well that the muse doesn't always strike when you want it to, or when the deadline for your next brilliant project is creeping up on you like an ill-fitting turtleneck. Originality doesn't follow a time clock, even when you have to. While conventional time management books offer tons of instruction for using time wisely, they are traditionally organized in a linear fashion, which just isn't helpful for the right-brain mind. In Time Management for the Creative Person, creativity guru Lee Silber offers real advice for using the strengths of artistic folks—like originality and resourcefulness—to adopt innovative time-saving solutions, such as: * Learning to say no when your plate is just too full * How to know when a good job, not a great one, is good enough * Making "to do" lists that include fun stuff, too—that way you won't feel overwhelmed by work * Time-saving techniques around the house that give you more time to get your work done and more time to spend with your loved ones * The keys to clutter control that will keep your work space and your living space neat With these and lots of other practical tips, Lee Silber will help anyone, from the time-starved caterer rushing to prepare for her next party to the preoccupied painter who forgets when the electric bill is due, make the most of their time and turn the clock and the calendar into friends, not foes.

El Sicario

The Damage Done

The True Story of the Only Westerner Ever to Break Out of the Bangkok Hilton

Mother California

Inside the World's Most Violent Prison System

The terrifying inside story of Britain's drug trade

Inside America's Notorious First Narcotics Squad

A blistering exposé of malfeasance, abuse and corruption within the Thai prison system. Send Them to Hell is a horrifying, authentic chronicle of life as lived by foreign inmates over the past two decades in Bangkok's notorious prison system. Murder, human-rights abuse, drugs, prisoner and child sex slavery, blackmail, extortion, extreme violence, medical maltreatment and unjustifiable death penalties are as everyday occurrences in the living hells that are Bangkok and Klong Prem jails. Sebastian Williams graphically reveals this shocking reality through the eyes of a longterm inmate who has endured it all.

first hand the unimaginable, inhuman nightmare that constitutes the Thai penal system.

The seemingly disparate lives of a DEA agent, a drug lord, a call girl, a hit man, and a priest intertwine around a nexus of the drug trade involving the Latin American drug cartels, the American underworld, and the U.S. government, from the rise of the Mexican drug Federacion in the 1970s to the present day. Reprint. 17,500 first printing.

"A compelling read about the quest for fame!" —Debbie Allen, star of Fame "Redemption is a heartbeat away." —Guadalupe Garcia McCall, author of the Pura Belpré Award winner Under the Mesquite
dreams of a life spent dancing--until tragedy on the day of her quinceañera changes everything. Up until her fifteenth birthday, the most important thing in the world to Beatriz Mendez was her dream of becoming a professional dancer and getting herself and her family far from the gang life that defined their days--that and meeting her dance idol Debbie Allen on the set of her favorite TV show. After the latest battle in a constant turf war leaves her brother, Junito, dead and her mother grieving, Beatriz has a new set of priorities. How is she supposed to feel the rhythm when her brother is running, when her mami can't brush her own teeth, and when the last thing she can remember of her old self is dancing with her brother, followed by running and gunshots? When the class brainiacs of Beatriz of her love of the dance floor, her banished dreams sneak back in. Now the only question is: will the gang let her go? Set in New Jersey in 1984, Beatriz's story is a timeless one of a teen's navigation of romance, her brother's choices, and her own family's difficult past. A companion novel to the much-lauded Like Vanessa.

A convicted murderer and award-winning prison activist currently serving a life sentence describes how he transformed from a violent and drug-addicted criminal to a philosophy student, Buddhist reformer, in a personal account that also relates his experiences of becoming a husband and father.

Becoming Beatriz

Escape

Life Is a Gift

One Man's Fight for Life Inside the Bangkok Hilton

90 Church

My Search for Redemption in the American Prison System

Our Fight to Survive South America's Deadliest Jail

"Gato's head snapped back... We could make out the shots of several 9mms, a couple of 38s and one or two 45s. I hurled myself through the doorway and into the room. I didn't look back." Caught in an Ecuador hotel room with 8kg of cocaine, Pieter Tritton was no mule or dupe. He had planned and organized everything. The consequence: a 12-year sentence inside one of the world's deadliest prison systems, where gun fights, executions and riots are a part of everyday life. As a Brit banged up abroad, Pieter had to learn how to survive - and fast - because one wrong move would mean death. This is the insider account of what it's like to live in a place worse than hell and come out a changed man on the other side.

"The US government has deported people to face abuse and even death in El Salvador. The US is not solely responsible--Salvadoran gangs who prey on deportees and Salvadoran authorities who harm deportees or who do little or nothing to protect them bear direct responsibility--but in many cases the US is putting Salvadorans in harm's way in circumstances where it knows or should know that harm is likely."--Publisher website, viewed February 14, 2020.

A Prayer Before Dawn is the true story of one man's fight to survive inside Klong Prem Prison, the notorious Bangkok Hilton. Billy Moore travelled to Thailand to escape a life of drug addiction and alcoholism. He managed to overcome his inner demons for a time but relapsed after trying ya ba - a highly-addictive form of methamphetamine. Moore's life quickly descended into chaos, drug dealing and violence until he was eventually arrested and imprisoned in Klong Prem, a place where life has no value. A Prayer Before Dawn is no ordinary prison memoir; it's the story of one man's struggle to survive in one of the world's toughest prisons. It's also a story of redemption in the most unlikely of places. Billy Moore was born in Liverpool, England. He has worked as a teacher, Muay Thai fighter and extra on film sets. Following his release from prison in Thailand, he returned to Britain where he now lives with his family. He is now working as a motivational speaker and a drugs counsellor.

TO KNOW THE TRUE STORY BEHIND A WAR, ASK THE PEOPLE WHO FOUGHT IT 'An observation van is running surveillance on a high-level Bradford gangster. Suddenly the van is surrounded by men in balaclavas and tied shut. Out comes the can of petrol. It is set alight and the two cops inside barely escape with their lives. This incident is never reported. The gangsters clearly have informants inside the police and alerting the public would undermine the force. Everyone shrugs it off - with so much money in the drugs game, corruption is part and parcel of the whole deal' The Drug Wars have been fought on British streets for decades, bringing destruction, corruption and violence in their wake. Yet it is a story that remains fundamentally untold. Until now. In this groundbreaking book, former undercover police officer Neil Woods, who risked his life infiltrating some of the UK's most vicious gangs, pieces together the complex and terrifying reality of the drug war in Britain. Calling upon gripping first-hand accounts from those on both sides of the battle, Drug Wars is told by those who are fighting it.

El Infierno: Drugs, Gangs, Riots and Murder

A Story of Redemption Behind Bars

The European Arrest Warrant and My Fight for Justice from a Greek Prison Cell

The Brutal Horrors of Bangkok's Nightmare Jails

A Practical Guide for Researchers and Activists

A Shanghai Prison Memoir

Unforgiving Destiny

This is the true story of Dwight Worker's brutal imprisonment in the 'inescapable' Lecumberri Prison in Mexico City. The only person ever to have escaped from the 'Black Palace' of Lecumberri was Dwight Worker. In Mexico, Dwight Worker met Barbara Chilcoate, whom he fell in love with and married. Together they devised a bold escape plan. They knew the odds, for Mexico had 'la ley de fuga', the law of escape, which allowed anyone to try to escape from prison, as long as the would-be escapee did no violence against people and destroyed no state property. But if they caught him, they killed him. So any would-be escapee had to choose between freedom or death. The choices were either freedom or death. Read about how Dwight Worker ran this gauntlet to join Pancho Villa and become only the second person to escape from Lecumberri.

Think about the most wretched day of your life. Maybe it was when someone you loved died, or when you were badly hurt in an accident, or a day when you were so terrified you could scarcely breathe. Those days in one big chunk. In 1978, Warren Fellows was convicted in Thailand of heroin trafficking and was sentenced to life imprisonment. The Damage Done is his story of an unthinkable night in a prison where sewer rats and cockroaches are the only nutritious food, and where the worst punishment is the khun deo - solitary confinement, Thai style. Fellows was certainly guilty of his crime, but he endures rights abuses beyond imagination. This is not his plea for forgiveness, nor his denial of guilt; it is the story of an ordeal that no one would wish on their worst enemy. It is an essential read: hear a story impossible to put down.

MAD MEN MEETS THE WIRE IN THIS GRIPPING TRUE-CRIME MEMOIR BY A FORMER AGENT AT THE FEDERAL BUREAU OF NARCOTICS IN 1960s NEW YORK Before Nixon famously declared a "war on drugs," there was the Federal Bureau of Narcotics. New York City in the mid-1960s: The war in Vietnam was on the nation's tongue-but so is something else. Clandestine and chaotic, but equally powerful, the Bureau were feared by the Mafia, dealers, pimps, prostitutes-anyone who did his or her business on the streets. With few rules and almost no oversight, the battle-hardened agents of the bureau were more feared than the criminals they chased. Agent Dean Unkefer was a naive kid with notions of justice and fair play when he joined up. But all that quickly changes once he gets thrown into the lion's den of the headquarters of the Federal Bureau of Narcotics, where he is shocked to see the agents he revered are often more like thugs than lawmen. When he finally gets the chance to prove his mettle in the field, the lines become increasingly blurred. As he spirals into the hell of addiction and watches his life become a complex balancing act of lies and half-truths, he begins to wonder what side he is on. This is both the memoir of one man's confrontation with the dark corners of the human experience and a fascinating window into a little-known time in American history. Learn the story of the agents and their choirboys.

Draws on the collective experiences and insights of many individuals, and in particular from the implementation of the WHO Multi-country Study on Women's Health and Domestic Violence against Women in five countries. Twenty years ago, violence against women was not considered an issue worthy of international concern. Gradually, violence against women has come to be recognized as a legitimate and significant threat to women's health and well-being. Now that international attention is focused on gender-based violence, methodologically rigorous research is needed to guide the formulation of effective interventions, policies, and prevention strategies. The manual has been developed in response to the growing need to improve the quality, quantity, and comparability of international data on violence against women. It outlines some of the methodological and ethical challenges of conducting research on violence against women and describes a range of innovative techniques that have been used to address these challenges.

Marching Powder

A Prayer Before Dawn

Too Close to Home

The Mexican Mafia

Journey to Hell

The Seventh Circle

The Cocaine Diaries

El Infierno: Drugs, Gangs, Riots and MurderMy time inside Ecuador's toughest prisonsRandom House

Meet your new favorite kickass heroine in this daring YA series by New York Times bestselling authors Rachel Caine and Ann Aguirre, a thrilling yet romantic futuristic adventure perfect for fans of Claudia Gray's A Thousand Pieces of You. Petty criminal Zara Cole has a painful past that's made her stronger than most, which is why she chose life in New Detroit instead moving with her family to Mars. In her eyes, living inside a dome isn't much better than a prison cell. Still, when Zara commits a crime that has her running scared, jail might be exactly where she's headed. Instead Zara is recruited into the Honors, an elite team of humans selected by the Leviathan—a race of sentient alien ships—to explore the outer reaches of the universe as their passengers. Zara seizes the chance to flee Earth's dangers, but when she meets Nadim, the alien ship she's assigned, Zara starts to feel at home for the first time. But nothing could have prepared her for the dark, ominous truths that lurk behind the alluring glitter of starlight.

A classic memoir of prison breaks and adventure - a bestselling phenomenon of the 1960s

Unforgiving Destiny follows the true story of the 37-year pursuit by authorities on five continents to imprison and execute David McMillan as he travelled as an independent smuggler. Readers have called this sprawling yet fast-paced saga, "The benchmark for true-crime writing," and includes new details of the notorious Bangkok escape. Dogged by an obsessed DEA agent, he evades the death penalty in Thailand by escaping prison, only to be 'disappeared' in Pakistan jails after crossing the Afghan border. After every downfall, McMillan rebuilds his life and network only to find the same agency people arranging capture by any means. In this private history, readers are taken to the streets of New York City and Colombia, then through the war-zones of Afghanistan and torture cells in Karachi. At the same time, McMillan balances a double life of a London gentleman with the women in his life oblivious to his true nature. Look to the author's page to hear readings, video, background, film links and see the faces behind this extraordinary journey. In one reviewer's words, "Unforgiving Destiny is a mini-masterpiece. Outstanding." "Imagine losing everything you care about. Home, family, freedom, every object that built your life," writes McMillan. "Then locked in some of the world's worst prisons. Even if you survive, there are little deaths feeding on your guts - when that repeats five times over thirty years, those little deaths drain your soul." Unforgiving Destiny - the Relentless Pursuit of a Black Marketeer reveals the ultimate cost of survival in the darkest of dark worlds. Unforgiving Destiny includes an integrated chapter on the Bangkok-prison breakout and answers many of the questions raised by the over 100,000 readers of 'Escape: The True Story of the Only Westerner Ever to Break Out of Thailand's Bangkok Hilton'. This new and most personal biography reveals the fears, ambitions and motivations of a man both driven and pursued, surviving the

unthinkable, and the effects upon those he loves. McMillan is the last survivor of the small band of independent smugglers, and as such has now told much that could not have been told before. Only in 2016 was he free to speak, after the Thai government abandoned all attempts to extradite him to again face a death penalty. Few other lives have been so extraordinary or more clearly told. Renowned thriller writer Stephen Leather, after reading *Escape*, wrote: 'David makes no excuses for his life as a professional drug smuggler and asks for no sympathy. While most of David's fellow prisoners gave up hope and accepted their fate, he decided from Day One that he had no alternative other than to do what no other Westerner had ever managed - to escape! David is a great writer...' Unforgiving Destiny raises the standard for fast-paced autobiographies of extraordinary people, written in a style that is heart-rending yet often humorous as McMillan sets ego aside and invites readers into his hidden domain.

Ending Violence Against Women

My Fight to Survive in Ecuador's Toughest Prisons

A Nightmare in Thailand

Forget You Had a Daughter

Surviving Seven Years in Afghanistan's Most Notorious Prison

Memoirs of an Addicted Brain

The Beast

Klong Prem prison, Thailand. The 'Bangkok Hilton', where 600 foreigners among the 12,000 inmates of this walled prison city also wait and rot. Among the tragic, ruthless resolves to do what no other has done: escape. Drug smuggler David McMillan's true story of his break out from Asia's notorious prison.

NAACP Image Award nominee for Outstanding Biography/Autobiography In her own words, Cyntoia Brown-Long shares the riveting and redemptive story of how she came out a better person while in prison, finding hope through faith after a traumatic adolescence of drug addiction, rape, and sex trafficking led to a murder conviction. "Those...years in prison transformed me into woman. They transformed me. The girl who desperately wanted to belong, who felt powerless, who clawed, and scratched her way out of every corner she was in. At the age of sixteen, Cyntoia Brown, a survivor of human trafficking, was arrested for killing a man who had picked her up for sex. Two years later, she was sentenced to life in prison. Cyntoia reflects on the isolation, low self-esteem, and sense of alienation that drove her straight into the hands of a predator. Once in prison, she attempts to build a positive life. Her beloved adoptive mother, Ellenette, taught her, but Cyntoia succumbs to harmful influences that drive her to a cycle of progress and setbacks. Then, a fateful meeting with a mentor offers Cyntoia the opportunity to make the pivotal decision to strive for a better future, even if she's never freed. In these pages, Cyntoia shares the details of a profound encounter with God, an unlikely romance, an unprecedented outpouring of support from social media advocates and A-list celebrities, and her release from prison. This memoir set against the shocking backdrop of a life behind bars, *Free Cyntoia* takes you on a spiritual journey as Cyntoia struggles to overcome a lifetime of feeling ostracized from society.

"Gato's head snapped back... We could make out the shots of several 9mms, a couple of 38s and one or two 45s. I hurled myself through the doorway and into the room. Caught in an Ecuador hotel room with 8kg of cocaine, Pieter Tritton was no mule or dupe. He had planned and organised everything. The consequence: a 12-year sentence in one of the world's deadliest prison systems, where gun fights, executions and riots are a part of everyday life. As a Brit banged up abroad, Pieter had to learn how to survive - a wrong move would mean death. This is the insider account of what it's like to live in a place worse than hell and come out a changed man on the other side.

Latin America is one of the world's most violent regions, at home and on the streets, with a homicide rate more than twice the world average. Domestic violence is also linked to societal violence: children who experience or witness chronic abuse are more likely to behave violently as adults. In *Too Close to Home*, international authorities, psychologists and doctors to economists and communication experts offer insights and strategies on this serious public policy concern.

My time inside Ecuador's toughest prisons

El Infierno - Drugs. Gangs. Riots. Murder

Riding the Rails and Dodging Narcos on the Migrant Trail

Welcome to Hell

A Venezuelan Prison Nightmare

A Neuroscientist Examines his Former Life on Drugs

Good Cop, Bad War

In this unprecedented and chilling monologue, a repentant Mexican hitman tells the unvarnished truth about the war on drugs and reveals why the violence that now defines the American-Mexican border will only worsen.

Written from his cell and smuggled out page by page, Colin Martin's autobiography chronicles an innocent man's struggle to survive inside one of the world's most dangerous prisons. After being swindled out of a fortune, Colin was let down by the hopelessly corrupt Thai police. Forced to rely upon his own resources, he tracked down the man who conned him and, drawn into a fight, he accidentally killed that man's bodyguard. Colin was arrested, denied a fair trial, convicted of murder and thrown into prison, where he remained for 8 years. Honest and often disturbing, but told with a surprising humour, Welcome to Hell is the remarkable story of how Colin was denied justice again and again.

When James Miles and his best friend Paul Loseby were caught smuggling ten kilos of cocaine out of Caracas, Venezuela, they couldn't deny their guilt. This title tells the true-life story of how two men endured untold savagery in the most appalling conditions.

The Toughest Man Alive is the action packed autobiography of martial arts legend and Hollywood leading stuntman Gene LeBell. Within the pages of this new second edition, you will discover never before told stories. LeBell lifts the curtain on his famous friends and co-workers, Muhammad Ali, Bruce Lee, Sylvester Stallone, Sugar Ray Robinson, Bob Wall, Chuck Norris, and Burt Reynolds to name a few. LeBell has wrestled Bears, performed some of the most dangerous stunts in Hollywood and fought some of the deadliest men in the world. This is the true story of a fascinating legend that will be treasured by martial arts enthusiasts and beyond. This new edition includes more new black and white photographs.

Papillon (Harper Perennial Modern Classics)

Escape from Lecumberri

Honor Among Thieves

Researching Violence Against Women

The Toughest Man Alive

A Challenge for Development and Humanitarian Work

Right-Brain Strategies for Stopping Procrastination, Getting Control of the Clock and Calendar, and Freeing Up Your Time and Your Life

'Undercover, you're never just acting; you're only ever a different version of yourself.' Neil Woods spent fourteen years (1993-2007) infiltrating drug gangs as an undercover policeman, befriending and gaining the trust of some of the most violent, unpredictable criminals in Britain. But Neil was never your stereotypical gung-ho, tough-guy copper. This is the story of how a thoughtful, idealistic character learned to use his empathetic nature to master some of the roughest, most dangerous work in law enforcement. There was no training, no manual and no plan for when things went wrong; he was just dropped at a corner and told to make connections. But, inevitably, having swords thrust against his jugular, witnessing beatings, stabbings, and gangsters burning suspected rats with acid took its toll. Drawing on Neil's experiences, with the insight that can only come from having fought on the front lines, GOOD COP, BAD WAR is at once a narrative-driven true crime read and a fascinating story of a character under pressure.

In 1993, Dominic Stevenson left a comfortable life with his girlfriend in Kyoto, Japan, to travel to China. His journey took him to some of the most inhospitable and dangerous places in the world, from the poppy fields of the Afghan-Pakistan border to the ancient trade routes of the Silk Road, before he was arrested for drug smuggling while boarding a boat from Shanghai to Japan. After eight months on remand in a Chinese police lock-up, Stevenson was sentenced to two and a half years in one of the biggest prisons in the world, the Shanghai Municipal Prison aka 'The Monkey House'. There, he was imprisoned alongside just five westerners amongst five thousand Chinese criminals in a block for death row inmates and political prisoners, where the guards drank green tea and let the prison run itself. The experience led him to reflect on his previous life in Japan, India and Thailand, during which time he took on a varied array of jobs, including English teacher, karaoke-bar host, factory worker, busker, crystal seller and dope smuggler. From Afghan gun shops to Tibetan monasteries, Thai brothels and the stirrings of the rave culture in Goa, Monkey House Blues is a tale of discovery and rediscovery, of friendship and betrayal.

ONE OF THE BEST BOOKS OF THE YEAR, The Economist and The Financial Times "Harrowing" true stories from two years of immersion reporting on the migrant trail from Chiapas to Arizona—an "honorable successor to enduring works like George Orwell's The Road to Wigan Pier" (New York Times) One day a few years ago, 300 migrants were kidnapped between the remote desert towns of Altar, Mexico, and Sasabe, Arizona. A local priest got 120 released, many with broken ankles and other marks of abuse, but the rest vanished. Óscar Martínez, a young writer from El Salvador, was in Altar soon after the abduction, and his account of the migrant disappearances is only one of the harrowing stories he garnered from two years spent traveling up and down the migrant trail from Central America and across the US border. More than a quarter of a million Central Americans make this increasingly dangerous journey each year, and each year as many as 20,000 of them are kidnapped. Martínez writes in powerful, unforgettable prose about clinging to the tops of freight trains; finding respite, work and hardship in shelters and brothels; and riding shotgun with the border patrol. Illustrated with stunning full-color photographs, The Beast is the first book to shed light on the harsh new reality of the migrant trail in the age of the narcotrafficantes.

Forget You Had a Daughter is the extraordinary story of an ordinary British woman who made a mistake that changed the rest of her life. Sandra Gregory seemed to have the perfect life in Bangkok—until illness, unemployment and political unrest turned it into a nightmare. Desperate to get home by any means possible, she agreed to smuggle an addict's personal supply of heroin. She didn't even make it onto the plane. In this remarkably candid memoir, Sandra Gregory tells the full story of the events leading up to her arrest, the horrific conditions in Lard Yao prison, her trial in a language she didn't understand and how it feels to be sentenced to death. Sandra finally resumed her journey home some four and a half years later, when she was transferred to the British prison system and had to adapt to a new, yet equally harsh, regime.

Following relentless campaigning by her parents—who refused to forget they had a daughter—she was pardoned by the King of Thailand and released in 2000.

The Relentless Pursuit of a Black Marketeer

Time Management for the Creative Person

Deported to Danger

The Power of the Dog

Send Them to Hell

Banged Up Abroad - Hellhole

8. Challenging the state.

A harrowing account of Afghanistan's notorious Pul-e-Charkhi prison, written by its longest-serving western inmate. Former soldier Rob Langdon was working as a security contractor in Afghanistan when he was found guilty of murder and sentenced to death in a case that would have been ruled a clear

miscarriage of justice in the British legal system. His sentence was commuted to 20 years in jail, and he served his time in Kabul's most notorious prison, Pul-e-Charkhi, described as the world's worst place to be a westerner. Rob was there for seven years, the longest sentence served by a westerner since the fall of the Taliban, and every one of those 2,500 days was an act of extraordinary survival in a jail filled with Afghanistan's most dangerous extremists and murderers. In 2016 Robert was pardoned and returned to Australia. In this highly-anticipated book he will talk about his experiences for the first time.

Marc Lewis's relationship with drugs began in a New England boarding school where, as a bullied and homesick fifteen-year-old, he made brief escapes from reality by way of cough medicine, alcohol, and marijuana. In Berkeley, California, in its hippie heyday, he found methamphetamine and LSD and heroin. He sniffed nitrous oxide in Malaysia and frequented Calcutta's opium dens. Ultimately, though, his journey took him where it takes most addicts: into a life of addiction, desperation, deception, and crime. But unlike most addicts, Lewis recovered and became a developmental psychologist and researcher in neuroscience. In *Memoirs of an Addicted Brain*, he applies his professional expertise to a study of his former self, using the story of his own journey through addiction to tell the universal story of addictions of every kind. He explains the neurological effects of a variety of powerful drugs, and shows how they speak to the brain -- itself designed to seek rewards and soothe pain -- in its own language. And he illuminates how craving overtakes the nervous system, sculpting a synaptic network dedicated to one goal -- more -- at the expense of everything else.

Jenny struggles to cope with life when her baby daughter is born with serious medical problems.

Monkey House Blues

United States Deportation Policies Expose Salvadorans to Death and Abuse

Free Cyntoia

Extradited

Drug Wars

Escape from Venezuela's Deadliest Prison

Twelve Years Of Hell In A Bangkok Prison

"Banged up for drug smuggling, Donald MacNeil found himself surrounded by torture, murder and full-scale war, in the scariest prison in the world..."

MAXIM "A truly compelling true life story." KNAVE Sailing instructor Donald MacNeil was delighted when he was hired to skipper a yacht across the Mediterranean. The pay was good and the work was easy - or so he thought. Then the truth was revealed: he had to sail to South America to collect one of the biggest shipments of cocaine ever bound for the UK. And to the gangsters who hired him, refusal was not an option. There followed a harrowing journey to Venezuela, where almost £50 million of coke was waiting. But someone had tipped off the authorities. Donald and his fellow crewman were arrested, convicted of drug smuggling and sentenced to six years in the notorious island prison of San Antonio. He soon discovered why Venezuela's prisons are the most violent in the world, a nightmare gulag where hundreds are killed and thousands maimed every year in riots, vendettas and petty disputes. Thrown into a filthy, over-crowded dormitory known as Pavilion 4, and surrounded by armed gangs, crack addicts, death and disease, he faced a daily fight to survive. Ferocious guards beat prisoners indiscriminately and many cut themselves in "blood strikes" to protest against the scarce food, undrinkable water and lack of medical care. Finally a war broke out between two prison compounds, involving guns, machetes and even grenades. Through it all, and despite witnessing the brutal killing of his friend and mentor, MacNeil clung to the belief that one-day he would be home. *Journey To Hell* is a harrowing but compelling account of man's extraordinary will to survive in a world gone mad.

After getting arrested at a Venezuelan airport with a suitcase of cocaine, Natalie was clueless about the danger she was facing. Sentenced to 10 years, she arrived at a prison with armed men on the roof, whom she mistakenly believed were the guards, only to find out they were homicidal gang members. Immediately, she was plunged into a world of unimaginable horror and escalating violence, where murder, rape and gang warfare were carried out with the complicity of corrupt guards. Male prisoners often entered the females' housing area, bringing gunfire with them and leaving corpses behind. After 4.5 years, Natalie risked everything to escape and flee through Colombia, with the help of a guard who had fallen deeply in love with her.

It has been called the most dangerous gang in American history. In Los Angeles alone it is responsible for over 100 homicides per year. Although it has fewer than 300 members, it controls a 40,000-strong street army that is eager to advance its agenda. It waves the flag of the Black Hand and its business is murder. Although known on the streets for over fifty years, the Mexican Mafia has flown under the radar of public awareness and has flourished beneath a deep cover of secrecy. Members are forbidden even to acknowledge its existence. For the first time in its history, the Mexican Mafia is now getting the attention it has been striving to avoid. In this briskly written and thoroughly researched book, Tony Rafael looks at the birth and the blood-soaked growth of this criminal enterprise through the eyes of the victims, the dropouts, the cops and DAs on the front lines of the war against the Mexican Mafia. The first book ever published on the subject, *Southern Soldiers* is a pioneering work that unveils the operations of this California prison gang and describes how it grew from a small clique of inmates into a transnational criminal organization. As the first prison gang ever to project its power beyond prison walls, the Mexican Mafia controls virtually every Hispanic neighborhood in Southern California and is rapidly expanding its influence into the entire Southwest, across the East Coast, and even into Canada. Riding a wave of unchecked immigration and seemingly beyond the reach of law enforcement, the Mexican Mafia is poised to become the Cosa Nostra of twenty-first-century America.

Marching Powder by Rusty Young is the story of Thomas McFadden, a small-time English drug smuggler who was arrested in Bolivia and thrown inside the

notorious San Pedro prison. He found himself in a bizarre world, the prison reflecting all that is wrong with South American society. Prisoners have to pay an entrance fee and buy their own cells (the alternative is to sleep outside and die of exposure), prisoners' wives and children often live inside too, high quality cocaine is manufactured and sold from the prison. Thomas ended up making a living by giving backpackers tours of the prison - he became a fixture on the backpacking circuit and was named in the Lonely Planet guide to Bolivia. When he was told that for a bribe of \$5000 his sentence could be overturned, it was the many backpackers who'd passed through who sent him the money. Sometimes shocking, sometimes funny, *Marching Powder* is an always riveting story of survival.

[Domestic Violence in the Americas](#)

[Blood on the Rising Sun: The Japanese Invasion of the Philippines](#)

[Confessions of a Cartel Hit Man](#)

[Crow'S Row](#)