

## A Smart Girl's Guide: Money (Revised): How To Make It, Save It, And Spend It (Smart Girl's Guides)

Congratulations! This big world is now yours to explore and conquer. And it costs money. Together we'll walk through some really big and important life-changing decisions you will soon face from paying off student loans, switching jobs, buying a house, getting married, comingling your finances, having a baby, giving up your career (or not) to be a full-time mom, and what to do if tragedy strikes. Money is at the heart of these decisions and experiences. Prepare yourself now. This book is a practical, real-life guide for transforming young women into financially confident adults. You will turn to this book again and again as your life evolves through your twenties and thirties for unbiased, straightforward money advice rather than relying on parents, significant others, or inexperienced family and friends to tell you what to do with your finances. It's your life. Smart money moves will help you live it better every day.

Contains quizzes, tips, and advice on money, and includes a section with 101 moneymaking ideas.

This book—now with updated content and illustrations—offers girls straight talk on what to do when it seems like everyone's wondering “who likes who?” It includes sensitive, insightful, honest advice from girls and boys on being friends, going out, breaking up, and just being themselves. Plus, it includes tips and quizzes that lend valuable perspective on the beginning and ending of relationships.

THE SMART GIRL'S GUIDE TO FRIENDSHIP is the essential guide to making, keeping and being a brilliant friend. Every smart girl knows the importance of friendship as she grows up - best friends share support, love and laughter, but what happens when things go wrong?

A Smart Girl's Guide to Staying Home Alone

Cooking

The Smart Girl's Guide To Life

How to Use Your Body and Mind to Play and Feel Your Best

Everything You Need to Know About Open Relationships, Non-Monogamy, and Alternative Love

Is This Normal?

Making Money

**Merryn Somerset Webb, star of Channel 4's hit series 'Superscrimpers', shows you how to face the future with both money and confidence in this financial bible for sassy women.**

Through her phenomenally popular and award-winning podcast, She's on the Money, Victoria Devine has built an empowered and supportive community of women finding their way to financial freedom. Honest, relatable, non-judgemental and motivating, Victoria is a financial adviser who knows what millennial life is really like and where we can get stuck with money stuff. (Did someone say 'Afterpay'...?) So, to help you hit your money goals without skimping on brunch, she's put all her expert advice into this accessible guide that will set you up for a healthy and happy future. Learn how to be more secure, independent and informed with your money - with clear steps on how to budget, clear debts, build savings, start investing, buy property and much more. And along with all the practical information, Victoria will guide you through the sometimes-tricky psychology surrounding money so you can establish the values, habits and confidence that will help you build your wealth long-term. Just like the podcast, the book is full of real-life money stories from members of the She's on the Money community who candidly share their experiences, wins and lessons learned to inspire others to turn their stories around, too. And with templates and activities throughout, plus a twelve-month plan to get you started, you can immediately put Victoria's recommendations into action in your own life. You are not alone on your financial journey, and with the money principles in this book you'll go further than you ever thought possible.

Filled with more than 100 letters from everyday girls, a fact-filled resource provides expert answers about adolescence and the body while offering advice about how to talk with parents about uncomfortable subjects. Original.

Offers advice to girls dealing with various aspects of divorce, remarriage, and stepfamilies.

How to Make Food for Your Friends, Your Family and Yourself

Games and Activities for a Smart Girl's Guide: Babysitting Making Them & Keeping Them

A Smart Girl's Guide to Her Parents' Divorce

Staying True to Yourself in Changing Times

Boys

A Girl's Guide to Feeling Safe and Having Fun

Provides tips and guidance for young girls when navigating their digital worlds, discussing such issues as the ways in which people communicate online, the need for taking breaks from technology, and the importance of online safety.

In this book, personal development coach Mary Hartley explains how women can discover the secrets of assertiveness in order to live happier, healthier and more fulfilling lives. Taking a fun and sophisticated approach, the book is designed to be appealing to students, career girls and yummy mummies. Mary begins by explaining what assertiveness is and why it matters. She goes on to help the reader identify common patterns of behaviour - aggression, passivity and manipulation - providing guidance as to why we sometimes behave in these ways and the problems such patterns of behaviour can cause. Mary shows how assertive behaviour brings about the best results in every aspect of your life - helping you achieve both your career and personal goals. By being assertive we can learn how to express our needs and views honestly, effectively and gracefully, without leaving a disaster in our wake. You will find tips on effective communication and body language, as well as guidance on how to handle common difficult situations, including: ? Dealing with criticism ? Giving an honest opinion ? Coping with intimidation ? Overcoming shyness

The Smart Girl's Guide to Life is the essential guide to navigating the tricky and unexpected moments in life. Perfect for teen and 'tween' girls moving from primary to secondary school, this book is filled with practical and friendly advice about money, careers, boys and self-confidence.

A practical reference for young girls helps them identify personal spending styles while outlining strategies for earning money, saving funds and making smart shopping choices as recommended through the quotes and tips of other girls. Original.

Drama, Rumors & Secrets

How to Look Great, Feel Fabulous, and Be a Better You

A Good Girl's Guide to Murder

Practical Tips for Staying Safe Online

A Smart Girl's Guide to Manners

The Smart Girl's Guide to Getting What You Want

How to Connect, Share, Play, and Keep Yourself Safe

Every smart girl knows when to ask for advice, and this book is an indispensable companion to growing up. Addressing all those cringey questions about periods, boys and boobs that adults squirm at answering, Anita Ganeri's sensible, light-hearted advice will calm the fears of any worried young woman.

Whether parents like it or not, romance is a part of girls' everyday lives. They see it in the media and hear about it from their friends and older family members. They may be having feelings they're not even sure how to define. It's all very exciting, but also very confusing for girls. This book helps answer all the questions popping up in her head: How can you tell if a person likes you? How do you tell someone you like them? What if you haven't had a crush yet? And, ugh, what about rejection? It includes tips and quizzes

age-appropriate and honest advice on navigating social situations and, most importantly, staying true to herself through any relationship.

Have you ever thought about how awesome cooking really is? It's actually pretty cool to take ingredients and combine them in a special way to make something totally different - and delicious! Plus, sharing your tasty creations with family and friends makes it even more fun. Think of this book as your first step toward developing your culinary skills. You'll learn the basics like chopping, mixing, and blending - then you'll practice those skills with some classic recipes. Your family and friends will be amazed when you delig

taste buds! But that's not all. Cooking is also about presentation and making things look appetizing. You'll get tips and suggestions for pretty presentations, and learn how to plan a complete meal, too. So grab an apron, pop on a chef's hat, and get cooking!

Offers girls help dealing with backstabbing, bullying, betrayal and other tough friendship problems through advice, quizzes, tips, and accounts of girls who have overcome their differences and strengthened their friendship.

Clever Girl Finance

The Smart Girl's Guide to Friendship

Everything You Need to Know about Adventuring Near and Far

The Smart Girl's Guide to Money After College

The Smart Girl's Guide to Getting Rich

Sports & Fitness

Everything You Need to Know about Juggling More Homework, More Teachers, and More Friends!

Travel is all about adventure. It's about trying new things and meeting new people. This book shows you how to be a confident and happy traveler, whether you are going to your grandma's house just a few hours away or you're making a trek across the world. Filled with fun quizzes, smart safety tips, and cool trivia, this book will help you get ready for a lifetime of adventure!

What would you love - Love what you eat - No labels. No fuss. It's not about what you call yourself - it's about how you feel. Whether you're going vegan, vegetarian, fish-only, chicken-only, or all veggies except grandma's famous pigs-in-a-blanket, this book is your new best friend. Eating less meat can boost your energy, help you lose weight, and it's better for the environment. If you're looking to cut down on meat or cut it out completely, here you'll find awesome advice and the answers you need to make it work for you. Get the Scoop On: •Daily meal ideas and easy recipes even your non-veggie friends will want to try •How to convince your family this isn't just a fad or a phase •Finding good food when you're away from home: veggie-friendly restaurants, colleges, and travel spots •Getting enough iron, protein, and other vital nutrients to be healthy (because being vegetarian does NOT mean a diet of ice cream and pasta) •Sneaky meaty things that can end up in food that seems perfectly safe for vegetarians

Are you in an abusive or unhappy relationship? Do you try too hard to please your friends at the expense of your own needs and wants? Are you subversive to others and do you find yourself unable to become independent? Do you suffer from negative self-talk? These are all signs that your self-care regimen is deficient in some way. The Smart Girl's Guide to Self-Care tackles the common problems of effective self-care with practical suggestions for practices that will create a sustainable, lifelong self-care routine. For those who are beginners to concepts like mindfulness, meditation, opposite action, positive rebellion, positive affirmations and radical acceptance, this book will provide a useful and comprehensive introduction. For those struggling from the trauma of emotionally abusive relationships, this book will guide you in recognizing the signs of abuse, creating a reverse discourse that challenges ruminations over the abuse, moving forward successfully after a break-up using no contact, and techniques on coping with trauma in constructive and meaningful ways. Each chapter of this book also provides a list of supplemental resources as well as a recommended reading list to guide you on this journey to greater self-love and self-care. Although this book is intended for everyone, its target audience is young women who are socialized to believe that their needs and wants don't matter and that their relationships with others are much more important than the relationship they have with themselves. In order to have healthy, happy relationships with others, we must first cultivate healthy, happy relationships with ourselves and eradicate the toxic habits that deplete us of the self-love and self-acceptance necessary for a fulfilling life. You may be wondering: How is it possible to banish the browbeating bully inside your own head, influenced by all the bullies you've encountered in real life? How do you learn how to be more present in the moment rather than ruminating over the pitfalls of your past? How do you learn to love yourself, despite all of the experiences that tell you you aren't even worthy of your own respect and appreciation? Using a patchwork of diverse techniques and practices, The Smart Girl's Guide to Self-Care answers these questions through a holistic program of tending to the mind, body and spirit in healthier and more productive ways, serving as the portal to immense healing and enabling you to stage your own recovery and victory in ways you never thought possible.

Take charge of your finances and achieve financial independence – the Clever Girl way Join the ranks of thousands of smart and savvy women who have turned to money expert and author Bola Sokunbi for guidance on ditching debt, saving money, and building real wealth. Sokunbi, the force behind the hugely popular Clever Girl Finance website, draws on her personal money mistakes and financial redemption to educate and empower a new generation of women on their journey to financial freedom. Lighthearted and accessible, Clever Girl Finance encourages women to talk about money and financial wellness and shows them how to navigate their own murky financial waters and come out afloat on the other side. Monitor your expenses, build a budget, and stick with it Make the most of a modest salary and still have money to spare Keep your credit in check and clean up credit card chaos Start and succeed at your side hustle Build a nest egg and invest in your future Transform your money mindset and be accountable for your financial well-being Feel the power of real-world stories from other “clever girls” Put yourself on the path to financial success with the valuable lessons learned from Clever Girl Finance.

A Smart Girl's Guide to Starting Middle School

How to Feel Less Stressed and Have More Fun

The Smart Girl's Guide to Going Vegetarian

The Smart Girl's Guide To Growing Up

More Girls' Questions, Answered by the Editors of the Care and Keeping of You

Surviving Crushes, Staying True to Yourself & Other Stuff