

## **21 Day Fix Recipes For 21 Days 21 Day Fix Cookbook Clean Eating Recipes For Breakfast Lunch Dinner Snacks Desserts And Smoothies 21 Day Fix For 21 Days**

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21 Day Fix Recipes for Dinner. Vegetarian Recipes. Spaghetti Squash With Tomatoes and Mushrooms. This meat-less recipe features sauteéd onions, mushrooms, and cherry tomatoes with white wine, finished with fresh herbs and shaved parmesan. If you've never tried spaghetti squash before, now's your chance!

[21 Day Fix Dinner Recipes | The Beachbody Blog](#)

Another quick and easy 21 Day Fix Dinner Recipe is this Buffalo Stuffed Potato! Buffalo Stuffed Potato. It counts as 1 yellow and 1 red. Approximately 1/2 Chicken Breast Baked; 1/2 baked white potato (1 Yellow) Top with hot sauce and a little greek yogurt with the room left over in your red container; This is a quick lunch or dinner for anyone.

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Here Are 21 Recipes You NEED to Know. 10-Minute Vegan Stir-Fry. Whether or not you buy the ingredients from Trader Joe's, this tofu and veggie stir-fry comes together in no time at all.

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And here are a few side dishes I recommend to go with these 21 Day Fix dinner recipes: Grape & Walnut Salad (1 purple, 1 orange, 1 blue, 2 tsps) Roasted Broccoli (2 green, 2 tsp) Roasted Veggie Medley (1 green, 1 tsp) I have tons of other 21 Day Fix posts, too. You can see them here: [21 Day Fix journals to plan/track your food](#)

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Heat 2tsp olive oil over medium-high heat, add 1lb ground turkey, pepper to taste, 1/2 head chopped cabbage, 1 diced onion and 2 cloves chopped garlic. Cook over medium heat until the turkey is cooked through and the cabbage is soft. You can also add diced tomato near the end to keep it a bit moister.

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[21 Day Fix Chicken Recipes | It Is a Keeper](#)

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If you make any of these yummy 21 Day Fix recipes, be sure to Instagram it and hashtag #thegarlicdiaries! Pin It. Filed Under: 21 Day Fix, All Recipes, Appetizers, Dinner, Lunch Tagged With: 21 day fix, Healthy « Chicken Meatballs with Thai Coconut Curry Sauce.

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